

Children's National Congenital Zika Virus Program

Guidelines for referring clinicians

If you suspect that your patient has been exposed to the Zika virus, please refer to the guidelines below to determine whether to refer to the Congenital Zika Virus Program at Children's National Health System. Program staff will streamline and coordinate all testing and schedule all follow-up tests, as needed. Please call 202-476-7409 to refer a patient who fits **one or more** of the following criteria:

Pregnant women who:

- have traveled to or live in an area¹ with active Zika virus transmission—with or without symptoms²
- have had unprotected sex with a symptomatic² or asymptomatic partner who
 - has confirmed Zika infection
 - or has traveled to or lives in an area¹ with active Zika virus transmission
- have a history of mosquito bite(s) and have symptoms consistent with Zika²
- have ultrasound images that show a fetal head circumference that is not increasing as expected for gestational age, microcephaly, or intracranial calcifications

Infants who:

- were born to a mother who had a positive or inconclusive test result for Zika virus infection
- have microcephaly or intracranial calcifications—diagnosed prenatally or after birth
- have symptoms of Zika² in the first two weeks of life not explained by another etiology

Notes

1: An updated list of Zika-affected regions may be found here: cdc.gov/zika/geo/index.html

2: Symptoms of Zika virus infection include fever, rash, joint pain, eye redness, headache, or muscle pain

This information is current as of May 13, 2016. Please note that these guidelines will be updated as new information becomes available.