

WHY USE AN INHALER AND SPACER?



- IMPACT DC recommends an inhaler and spacer for use of your child's asthma medicine.
- Using an inhaler and spacer correctly is as effective at delivering asthma medicines to your child's lungs as a nebulizer.
- Inhalers and spacers are portable, quick to use and easy to clean.
- Nebulizers can be expensive, bulky, and treatments can take up to 20 minutes.*
- Medicine given with an inhaler and spacer is less likely to increase your child's heart rate.

*Nebulizer treatments may feel better for some children during asthma flare-ups.

This project is generously supported by:

