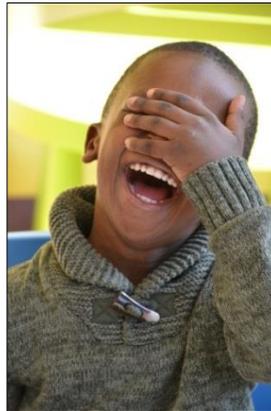


The DC Collaborative for Mental Health in Pediatric Primary Care's Child & Adolescent Mental Health Resource Guide

The DC Collaborative for Mental Health in Pediatric Primary Care aims to improve the integration of mental health in pediatric primary care for children in the District of Columbia. We have a strong commitment to addressing the mental health needs of diverse children, from birth through 20, and their families, through culturally competent, family-focused initiatives. The Collaborative is a multidisciplinary group, comprised of the following lead organizations, and guided by a Community Advisory Board: Children's Law Center, Children's National Health System, DC Chapter of the American Academy of Pediatrics, DC Department of Behavioral Health, DC Department of Health, DC Department of Health Care Finance, and Georgetown University.

As part of our work, we have compiled the following **mental health resource guide for use by pediatric primary care providers in the Washington, DC area**. If you have updates, questions or comments, please contact Penelope Theodorou at pthodoro2@childrensnational.org or Erica Smith-Grasse at esmithgras@childrensnational.org.



OVERVIEW OF GUIDE AND REFERRAL PATHS¹

Introduction

This guide aims to provide a comprehensive listing of community behavioral health resources for children and adolescents in the District of Columbia. While comprehensive, the listing is not exhaustive. This is a working document, and will continually be updated. The main scope is on those providers in the District of Columbia that serve children and families on Medicaid. However, some providers in Maryland and Virginia are included, as well as a few providers across the D.C. area that offer services on a sliding fee scale or accept commercial insurance. A separate section includes some providers that accept self-pay or commercial insurance only.

Organization of Guide

The guide is organized by the following main sections:

- Crisis Services/Inpatient Hospital Units
- Early Childhood (0– 5 yrs)
- Perinatal Mental Health
- Therapy/Psychology Services
- Psychiatrists
- Core Service Agencies
- School-Based Mental Health Services
- Alcohol and Substance Use
- Family Support & Resources
- Self-Pay/Commercial Insurance Psychiatrists/Therapists
- Common Disorders and Treatment Modalities
- Other Helpful Resources and Websites
- Alphabetical Index

¹ Information for parts of this section were provided by the DC Behavioral Health Association (DCBHA), and is available in their Membership Directory. More information about DCBHA is available at their website, <http://www.dcbbehavioralhealth.org/>.

Each major section and sub-section includes the following information about each organization:

- ***Organization:*** Address, phone number, website and public transportation access.
- ***Services:*** Brief description of services provided and languages other than English available.
- ***Ages Served:*** The age ranges of children and adolescents the organization serves.
- ***Insurance, Referral and Availability:*** Insurances accepted, whether a referral is required and general appointment availability. Given that this information can change quickly, and sometimes daily, we strongly recommend calling to verify.
- ***Note about “Unable to verify:”*** Throughout the guide, entries contain the language “unable to verify.” This means that we have contacted the organization to obtain the listed information, but the organization has not responded to our request.

Referral and Treatment Paths:

The D.C. Medicaid program has different paths for accessing mental health treatment, depending on the severity of a beneficiary’s mental health condition. Based on a positive behavioral health screen indicating the need for further assessment, a primary care provider may make a referral to a behavioral health care provider in a Medicaid managed care organization or Medicaid fee-for-service network, or to a Core Service Agency (CSA). Please see below for further information.

1. ***Medicaid Managed Care Organization Beneficiaries.*** People enrolled in a Medicaid managed care organization can receive office-based treatment through mental health providers who are in the managed care organization’s provider network. Office-based treatment includes therapy, medication management, and day treatment programs. Patients also have a right to care coordination, language translation services and transportation assistance. Beneficiaries must locate a provider who participates in each MCO’s network:
 - **AmeriHealth/Performcare:** Call Member Services at 202-408-4720 or 1-800-408-7511. A provider directory is available here: <http://amerihealthdc.com/apps/provider-directory/index.asp>
 - **MedStar/ValueOptions:** Call Member Services Department at 1-877-398-0124 or search for a behavioral health provider here: http://www.medstarfamilychoice.com/hf_body.cfm?id=151&UserAction=PlanSelected&SelectedPlanId=02&action=
 - **Trusted/Beacon:** Call Member Services at 202-821-1100 or toll free at 1-855-326-4831 or search for a behavioral health provider here: <http://www.trustedhp.com/provider-locator.php>
 - **Health Services for Children with Special Needs (HSCSN):** Call 202-467-2737 or search the provider directory: <http://www.hscsn-net.org/node/15>

2. **Core Service Agencies:** A primary care provider may make a referral to a Core Service Agency (CSA) for a diagnostic assessment. Generally, to then receive services at the CSA, a child must be given a severe social/emotional disorder diagnosis. The Department of Behavioral Health (DBH) administers different types of therapeutic interventions delivered by its contract providers – Core Service Agencies, sub-providers and specialty providers. These are known as Mental Health Rehabilitation Services (MHRS), and provide community-based or in-home services for children with severe social/emotional disorder diagnoses. Available services include diagnostic assessments, medication management, counseling, community support, community-based interventions, day services, and crisis intervention. Providers who offer the four “core services” (diagnostic assessments, medication management, community support, and counseling) are classified as CSAs; those providers who offer a subset of these core services (e.g., assessment and counseling) can be certified as a sub-provider or specialty.

3. **Fee-for-Service Beneficiaries.** People with disabilities and children in formal state custody (such as Child and Family Services Agency (CFSA) or Department of Youth Rehabilitation Services (DYRS)) may be enrolled in fee-for-service (FFS) Medicaid (or known as Straight/Regular Medicaid). These individuals can receive all of their mental health services through the Department of Behavioral Health’s provider network of core service agencies, or they can connect to free-standing mental health clinics for office-based services. You can also contact DC Department of Health Care Finance regarding mental health services for FFS beneficiaries at 202-698-2000.

Acknowledgements: We would like to gratefully acknowledge the generous support of the Howard and Geraldine Polinger Family Foundation, with which we were able to create this guide. This guide was strengthened by the ability to use resource guides published by the DC Behavioral Health Association, DC Lawyers for Youth, DC Public Defender Service, and Student Support Center, and review by the DC Behavioral Health Association, Department of Behavioral Health, and Department of Health Care Finance. We are also very grateful for input, review, and resources provided by the members of our Community Advisory Board and Working Group, and other community organizations.

Disclaimer: The resources contained in this document are for informational purposes only. It is not intended to diagnose or treat any medical or psychological condition. Please consult a health care provider for individual advice regarding specific situations and needs.

QUICK REFERENCE SHEET FOR REFERRALS

Medicaid MCO/FFS Referral

To locate a network behavioral health care provider, call the following member services numbers:

- **AmeriHealth/Performcare:**
202-408-4720 or 1-800-408-7511
- **MedStar/ValueOptions:**
1-877-398-0124
- **Trusted/Beacon:**
202-821-1100 or 1-855-326-4831
- **Health Services for Children with Special Needs (HSCSN):**
202-467-2737 or 1-(866)-WE-R-4-KIZ (937-4549)
- **DC FFS Medicaid:**
202-698-2000

Core Service Agency Referral

Provide at least the four core services:

- Diagnostic assessment
- Community support
- Medication management
- Counseling (select CSAs also provide evidence-based practices such as Trauma-Focused CBT and Child Parent Psychotherapy)

After an assessment, generally to continue receiving services at a CSA, the child must have a serious emotional disturbance diagnosis.

To connect a patient with a CSA, call the Access HelpLine at 1-888-793-4357

CRISIS SERVICES & INPATIENT HOSPITAL UNITS

The following services are available for children and adolescents who are in need of immediate, emergency services.

CRISIS AND INPATIENT			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>ChAMPS (Child and Adolescent Mobile Psychiatric Service) of Catholic Charities</p> <p><u>24/7 Crisis line: 202-481-1440</u></p> <p>Service comes to child wherever they are.</p> <p>1001 Lawrence St., NE WDC 20017</p> <p>http://www.catholiccharitiesdc.org/ChAMPS</p>	<ul style="list-style-type: none"> • Mobile emergency service for families and children experiencing an emotional or mental health crisis in DC. • Assess whether a child's behavior poses a danger, requiring possible psychiatric inpatient hospitalization. 	<p>Up to age 18 years</p> <p>Up to 21 years for CFSA involved youth</p>	<ul style="list-style-type: none"> ▪ Insurance: No cost regardless of insurance status. ▪ Referral: No referral necessary. ▪ Availability: 24/7.
<p>DC Child and Family Services Agency (CFSA) Mobile Crisis Stabilization Services</p> <p>During the business day, call the child's social worker. He/she will contact CFSA Placement Services.</p> <p>At night and on weekends, call CFSA Placement Services directly at 202-497-2486.</p>	<ul style="list-style-type: none"> • Call 24/7 when you need help managing a crisis with a child or youth placed in your home. • During the business day, call the child's social worker. He/she will contact CFSA Placement Services. • At night and on weekends, call CFSA Placement Services directly at 202-497-2486. • CFSA contacts the MCS service, provides information, and dispatches a Catholic Charities MCS professional to your home. The goal is for Catholic Charities to arrive at your home within one hour of your call. • The Catholic Charities professional partners with you to de-escalate the situation and to help the child/youth re-stabilize. • The Catholic Charities professional reports back to 	<p>CFSA children and youth</p>	<ul style="list-style-type: none"> ▪ Free for CFSA families.

CRISIS AND INPATIENT			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	CFSA after the event. The first goal is to support you in working through the crisis so the child/youth can stay in your home. When that isn't possible, CFSA will take the necessary next steps for the child.		
DC Department of Behavioral Health Access Helpline 1-888-7WE-HELP or 1-888-793-4357	<ul style="list-style-type: none"> Determine what services are available and get connected with CSA if appropriate. Get emergency psychiatric care. Determine whether to seek ongoing mental health services or other types of services. 	Any age	<ul style="list-style-type: none"> Free. Referral: No referral necessary. Availability: 24/7.
Adventist Behavioral Health – In Patient 14901 Broschart Road Rockville, MD 20850 Bus: Rockville station-Bus 56. Shady Grove station-Bus 74 and 43 P: 301-251-4545 http://www.adventisthealthcare.com/locations/adventist-behavioral-health/services/acute-inpatient-services/#Children	<ul style="list-style-type: none"> Provides inpatient treatment for children and adolescents whose acute mental illnesses require immediate stabilization, accomplished through medication management, group therapy, family meetings, expressive therapy (art, movement and music) and pastoral care. Provides treatment for range of illnesses, including schizophrenia; schizoaffective disorder; mood disorder; PTSD; bipolar disorder; depression; chronic substance abuse; trauma and ADHD. Provides a Partial Hospitalization Program (PHP) day program. 	Separate units for 8-12 and 13-17	<ul style="list-style-type: none"> Insurance: Accept most major commercial insurances; MD Medicaid; call to verify re: DC Medicaid/MCOs. Referral: Patients are admitted to inpatient unit after being referred from an emergency room department and evaluated.
Brook Lane 13218 Brook Lane Drive Hagerstown, MD 21742 P: 301-733-0330 http://www.brooklane.org/childServices.aspx?details=5	<ul style="list-style-type: none"> Provides inpatient, partial hospitalization, and outpatient program. Partial Hospitalization Program offers intensive, psychotherapeutic treatment in a less restrictive setting than inpatient care. Offered in two locations; on the Brook Lane campus and in Frederick. Allows a child or adolescent to attend a structured therapeutic program during the day and return home at night. 	Early childhood-18	<ul style="list-style-type: none"> Insurance: Most major commercial plans and MD Medicaid. Does not take Cigna & Kaiser Patients are admitted to inpatient unit after being referred from an emergency room department and evaluated.

CRISIS AND INPATIENT			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Calvert Hospital</p> <p>100 Hospital Road Prince Frederick, MD 20678</p> <p>P: 410-535-8144 http://www.calverthospital.org/landing.cfm?id=34</p>	<ul style="list-style-type: none"> Provides adolescent day treatment (partial hospitalization). 	13-18	<ul style="list-style-type: none"> Insurance: MD Medicaid and most major commercial plans; generally not out of state Medicaid. Referral: Patients either transferred from referring facility or need referral from ED psych worker/physician. Program runs M-F 8:30am – 3:00pm.
<p>Children’s National Health System – Inpatient Psychiatry Unit</p> <p>111 Michigan Avenue NW WDC 20010 Shuttles from Union Station, Brookland and Columbia Heights Bus: 80, D8, H1, H2, H3, H4</p> <p>P: 202-476-4085 http://childrensnational.org/departments/psychiatry-and-behavioral-sciences/inpatient-psychiatry</p>	<ul style="list-style-type: none"> Provides inpatient psychiatric care for children and adolescents with illnesses including anorexia, bulimia, ADHD, bipolar disorder, major depression, schizophrenia and obsessive-compulsive disorder. Care provided by a multidisciplinary team of pediatric psychiatrists, nurses, social workers, academic counselors, psychologists, and expressive art therapists. <p>Languages: Access to multiple languages through interpreter service.</p>	Separate units for 4-13 and 14-17.	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, AmeriHealth, MedStar, Trusted, MD Medicaid, VA Medicaid (not straight Medicaid), most major commercial insurance. Referral: May come from ED, outpatient clinics, other medical floors/facilities
<p>Dominion Hospital</p> <p>2960 Sleepy Hollow Road Falls Church, VA 22044 Bus from East Falls Church Metro</p>	<ul style="list-style-type: none"> The children and adolescent mental health services include pediatric inpatient and partial hospitalization. The partial hospitalization program is incorporated into the inpatient unit, but allows for the child to go return home for the evening. Also includes eating disorders treatment center. 	5-18	<ul style="list-style-type: none"> Insurance: Accept most major commercial plans, most VA Medicaid plans. Generally do not accept out of state Medicaid.

CRISIS AND INPATIENT			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
P: 703-538-2872 http://dominionhospital.com/service/line/childrens-mental-health-care	<ul style="list-style-type: none"> Specialty track for eating disorders, dual diagnosis and self-injurious behaviors. 		<ul style="list-style-type: none"> Referral: Call admissions at 703-538-2872 and if warranted, will schedule in person assessment.
Inova Kellar Hospital 11204 Waples Mill Road Fairfax, VA 22030 Bus: Vienna station-2B, Cue-Gold Bus route 1&2 P: 703-218-8500 http://www.inova.org/healthcare-services/inova-kellar-center/index.jsp	<ul style="list-style-type: none"> Provides partial hospitalization; intensive substance abuse program; intensive mental health outpatient program; in-home services. 	4- 18, however age may differ depending on service requested	<ul style="list-style-type: none"> Insurance: Most insurance accepted. Tricare and Medicaid (aside from HMO plans) are not accepted. Referral: Based on intake phone call, a referral may be necessary. Availability: After intake phone call an appointment can be scheduled.
Johns Hopkins Psychiatry and Behavioral Services - Inpatient The Johns Hopkins Hospital 1800 Orleans St. Baltimore, Maryland 21287 P: 410-955-5335 http://www.hopkinsmedicine.org/psychiatry/specialty_areas/child_adolescent/patient_information/inpatient/	<ul style="list-style-type: none"> Inpatient Service offers comprehensive diagnostic evaluation and treatment of children and adolescents with a variety of emotional and behavioral problems including mood disorders, anxiety disorders, psychotic disorders, severe disruptive behavior, and suicide attempts. 	5-18	<ul style="list-style-type: none"> Insurance: Most major commercial plans, but not carve-outs. MD Medicaid, no out of state Medicaid. Referral: Must come from ED or direct admit from psychiatrist or therapist
MedStar Montgomery Medical Center 18101 Prince Philip Drive Olney, Maryland 20832 Bus: From Glenmont-Y8	<ul style="list-style-type: none"> The Addiction and Mental Health Center provides inpatient mental health, partial hospitalization, and an adolescent outpatient program, including substance abuse program. 	13-18	<ul style="list-style-type: none"> Insurance: Accept MD and DC Medicaid, call regarding carve-outs. Most major commercial insurance. Does not accept DC Medicaid for adolescent

CRISIS AND INPATIENT			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Crisis intervention: 301-774-8888 Non-emergency evaluation/info: 301-774-8800 https://www.medstarhealth.org/Pages/Services/Mental-Health/Mental-Health-at-MedStar-Montgomery-Medical-Center.aspx			outpatient program. <ul style="list-style-type: none"> ▪ Referral: Call crisis intervention, for 24-hour assessment services in the Emergency department: 301-774-8888. For non-emergency evals, call 301-774-8800. ▪ Availability: ~2 weeks
MSA – The Adolescent Center 10005 Old Columbia Road, Suite L-260, Columbia, MD 21046 P: 443-259-0400 http://www.msachild.com/	<ul style="list-style-type: none"> • Provide partial hospitalization program. 	Early childhood-21	<ul style="list-style-type: none"> ▪ Insurance: Most major commercial plans and MD Medicaid. ▪ Referral: No referral necessary. Families can call on their own. ▪ Availability: Does not currently have intensive outpatient program for adolescents.
Psychiatric Institute of Washington (PIW) 4228 Wisconsin Avenue NW WDC 20016 Tenleytown-Red Line Bus: 30N, 30S, 31, 33, 96, H4, and N2 P: 202-885-5610 http://www.psychinstitute.com/	<ul style="list-style-type: none"> • Provides inpatient services for children 5-12 and adolescents 13-17. The Children’s Program specializes in the evaluation and intensive treatment of children ages 5 through 12 who suffer from developmental and/or psychiatric illnesses. • For adolescents, services are available to address issues such as drug and alcohol abuse, self-destructive, defiant or anti-social behavior and mental health crises such as anxiety, depression or suicide. 	5-12 and 13-17	<ul style="list-style-type: none"> ▪ Insurance: DC and MD Medicaid, AmeriHealth, HSCSN, Medstar, Trusted, Acordia, Aetna, Anthem, APS, Blue Cross Blue Shield, CareFrist, Cigna, Chickering/student, First Health, GEHA, Guardian/Alliance, Coventry Iner/American Bank, Gita, Kaiser, Magellan, Malihandlers, MAMSI, Managed Health Network, MDIPA/Alliance, NCAS,

CRISIS AND INPATIENT			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
			<p>NCPPO/IBC, Optium Choice, QualCare, Tricare, Unicare/NCPPO, Unison Health Plan, United Healthcare, ValueOptions</p> <ul style="list-style-type: none"> ▪ Referral: No referral is necessary to call for an assessment. ▪ Availability: Clinical Assessment Center (CAC)- 24 hours/7 days.
<p>Sheppard and Enoch Pratt Hospital</p> <p>6501 North Charles Street P.O. Box 6815 Baltimore, Maryland 21285</p> <p>P: 410-938-3800 http://www.sheppardpratt.org/patient-care-and-services/child-adolescent-services/</p>	<ul style="list-style-type: none"> • 16-bed child unit provides rapid assessment and stabilization for children ages 4 to 12. • Two gender specific adolescent units of 20 beds each for the multi-disciplinary assessment, evaluation, crisis intervention, and stabilization of adolescents. • Child and adolescent neuropsychiatry inpatient program, consisting of 14 beds, and designed to serve psychiatric disorders in developmentally disabled youngsters ages 6 to 18. • Child and adolescent unit of 11 beds for patients with complex eating disorders. • Sheppard Pratt Child and Adolescent Day Hospital: A clinically intensive day program for children (ages 5-12) and adolescents (ages 13-18) with serious psychiatric problems. 	4-18	<ul style="list-style-type: none"> ▪ Insurance: Accept all major commercial insurances and MD Medicaid. ▪ Referral: A psychologist or psychiatrist ONLY can call the Admission Department for patient admission: 410-938-3800.

EARLY CHILDHOOD (0 – 5yrs)

This section contains resources for treating children in early childhood, generally 0-5, and includes therapists, psychiatrists, home visiting programs, developmental delay resources, school-based resources, and developmental playgroups.

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Adventist Behavioral Health</p> <p>14901 Broschart Road Rockville, MD 20850 Bus: Rockville station-Bus 56. Shady Grove station-Bus 74 and 43</p> <p>P: 301-838-4912 http://www.adventisthealthcare.com/locations/adventist-behavioral-health/services/outpatient-wellness-clinic/#.VO43h_nF_To</p>	<ul style="list-style-type: none"> Services include psychiatric evaluations and assessments, individual therapy, psychoeducation and medication management. <p>Languages: Interpreter services available.</p>	5+	<ul style="list-style-type: none"> Insurance: Accept most major commercial insurances; MD Medicaid; call to verify re: DC Medicaid/MCOs. Referral: No referral necessary. Availability: Psychiatry – 2-3 weeks; call regarding therapy availability.
<p>API Associates</p> <p>7826 Eastern Avenue NW Suite 201 WDC 20012 Bus: S2, S9, 70, 79</p> <p>P: 202-291-0912 www.apiassociatesinc.com</p>	<ul style="list-style-type: none"> Provide diagnostic assessments, including psychological and psycho-educational evaluations, and counseling services for children and families, including individual, play and family therapy for conditions including anxiety, depression, conduct difficulties, trauma, ADHD. Provides home and office-based services. The organization has specific experience evaluating the needs of children with developmental disabilities and special education needs. <p>Languages: English, Spanish.</p>	3+	<ul style="list-style-type: none"> Insurance: AmeriHealth, DC FFS Medicaid, HSCSN, Trusted Referral: Call Access Helpline at 1-888-793-4357. Or, patient can call directly to set up intake appointment. Availability: 1- 3 weeks depending on if it's for diagnostic or therapy.
<p>The Capital Region Children's Center</p>	<ul style="list-style-type: none"> Provides individual, family and group therapy, academic tutoring, art therapy, intensive clinical 	3+	<ul style="list-style-type: none"> Insurance: No private insurance accepted; HSCSN and DC Choices

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Home Based Care</p> <p>P: 202-596-5951</p> <p>www.dccrcc.com</p>	<p>mentoring (CBI), organizational coaching, respite, and supervised visitation, wrap around services, family services.</p> <p>Languages: Spanish offered for individual and family therapy.</p>		<ul style="list-style-type: none"> ▪ Referral: Can be accessed online. ▪ Availability: Depends on family needs. Immediate intake, then someone staffed within two weeks.
<p>Center for Child Protection and Family Support</p> <p>714 G Street SE WDC 20003 Eastern Market – Blue/Orange/Silver Bus: 90, 92, 93, DCN22</p> <p>P: 202-544-3144</p> <p>www.centerchildprotection.org</p>	<ul style="list-style-type: none"> • Provides parent education, school-based programs, therapeutic services and professional training. Services include play therapy, group therapy, and parent support for children and youth ages 4-17 who are victims or have been witness to abuse or domestic violence. <p>Languages: Unable to verify.</p>	4-17 years	<ul style="list-style-type: none"> ▪ Insurance: Unable to verify. ▪ Referral: Unable to verify. ▪ Availability: Unable to verify.
<p>Children’s National Health System - Child Development Clinic</p> <p>111 Michigan Avenue NW WDC 20010 Shuttles from Union Station, Brookland and Columbia Heights Bus: 80, D8, H1, H2, H3, H4</p> <p>P: 202-476-5405</p> <p>http://childrensnational.org/departmentsandprograms/default.aspx?Type=Program&Id=6180&Name=Child%20Development%20Program</p>	<ul style="list-style-type: none"> • Evaluates children from birth to 4 years of age with developmental concerns, including: <ul style="list-style-type: none"> • Delays in cognitive, language, motor skills, and attention. • High risk for delay due to birth-related complications, medical or environmental circumstances. • Common behavioral problems such as feeding, sleep, and temper tantrums or self-regulation • Atypical or uncommon patterns of development. <p>Languages: English, Spanish.</p>	0-4	<ul style="list-style-type: none"> ▪ Insurance: AmeriHealth, HSCSN, MedStar, Trusted and most major commercial plans. ▪ Referral: Generally need referral from PCP; some Medicaid plans do not require referral. ▪ Availability: 1-2 months.

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Children’s National Health System – Psychiatry/Psychology and Behavioral Sciences/Health</p> <p>111 Michigan Avenue NW WDC 20010 Shuttles from Union Station, Brookland and Columbia Heights Bus: H1, H2, H3, H4</p> <p>P: Front desk-202-476-2118 Intake-202-476-4733 http://childrensnational.org/departments/psychiatry-and-behavioral-sciences</p>	<ul style="list-style-type: none"> Offers assessment, diagnosis, and care for children and teens with behavioral, emotional, and developmental disorders. Specialty clinics/programs include: Anxiety; Attention Deficit and Hyperactivity Disorders Clinic; Bullying Related Health Risks; Gender and Sexuality Psychosocial Programs; Infant and Toddler Mental Health Program (ITP); Mood Disorders Clinic; Neurobehavior Program. <p>Languages: Access to multiple languages through interpreter service.</p>	<p>Infants – 17 yrs and 6 mos</p>	<ul style="list-style-type: none"> Insurance: Aetna, BlueCross BlueShield, DC FFS Medicaid (only MDs), AmeriHealth, HSCSN, MedStar, Trusted, Tricare, United, MD Medicaid – ValueOptions, VA Medicaid MCOs (not straight VA Medicaid). Referral: No referral necessary. Family should call intake coordinator, who will mail packet to family, which they must complete and mail or fax back. Coordinator will call to confirm receipt, and follow up call will be made after info reviewed to schedule appointment. Availability: Typically 4-6 months.
<p>Children’s National Health System – The Freddie Mac Child and Adolescent Protection Center (CAPC)</p> <p>111 Michigan Avenue NW WDC 20010 Shuttles from Union Station, Brookland and Columbia Heights Bus: H1, H2, H3, H4, 80, D8</p> <p>P: 202-476-4100 http://childrensnational.org/departments/child-and-adolescent-protection</p>	<ul style="list-style-type: none"> Located within the Children’s National Health System, the CAPC offers mental health assessments, physical examinations, and therapy for victims of trauma and sexual offender therapy. <p>Languages: Access to multiple languages through interpreter service.</p>	<p>4-22</p>	<ul style="list-style-type: none"> Insurance: Aetna, Anthem Blue Cross Blue Shield of VA, Beech Street (includes Viant), CareFirst Blue Cross Blue Shield, Choicecare (Humana), Cigna Healthcare of the Mid Atlantic (includes Great West Healthcare), Coventry Health Care of VA, Coventry National PPO, First Health (owned by Coventry), GMC Healthcare, InforMed (owned by Conifer Health Solutions), Kaiser

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
			Permanente, Multiplan/Private Healthcare Systems (PHCS), United Healthcare (all except Medicare) <ul style="list-style-type: none"> ▪ DC FFS Medicaid not accepted for mental health services. ▪ Referral: Dependent upon insurance provider requirements. ▪ Availability: Dependent upon individual therapist and treatment services.
Jacinta Coleman, MSW, LICSW 1405 42nd St SE WDC 20020 Bus: F14, M6, W4 P: 202-529-1572	<ul style="list-style-type: none"> • Play therapy for very young children including those whose verbal skills are not fully developed. Engages in corrective play actions with dolls, uses art materials, etc. <p>Languages: Unable to verify.</p>	Early childhood	<ul style="list-style-type: none"> ▪ Insurance: Amerihealth, Aetna, Carefirst, Federal Blue Cross/Blue Shield, United Health Care/United Behavioral Health and Crime Victims Compensation Program. ▪ Referral: No referral necessary. ▪ Availability: Unable to verify.
Community Connections 650 Pennsylvania Ave SE Suite 50 WDC 20003 Eastern Market – Blue/Orange/Silver Bus: 90, 92, 93, 30N, 30S, 32, 34, 36, 39 P: 202-465-4065 www.communityconnectionsdc.org	<ul style="list-style-type: none"> • Core Service Agency that provides comprehensive mental health services including assessment of needs and life domains; individualized treatment planning; community support services; in home and/or office based counseling; community-based interventions; psycho-educational training and support; medication management. • Provide Trauma-Focused Cognitive Behavioral 	6-17	<ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid, AmeriHealth, MedStar, Trusted and HSCSN. ▪ Referral: Call Access Helpline at 1-888-793-4357. ▪ Availability: Call Access Helpline.

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	<p>Therapy, Transition to Independence Process (TIP), and Functional Family Therapy.</p> <ul style="list-style-type: none"> The Get Connected! Initiative seeks to provide coordinated specialty care to young people experiencing their first episode of psychosis. Specialists offer psychotherapy, medication management, employment services, family education and resiliency skill training. <p>Languages: English, Spanish; Amharic; Hindi; Korean and others.</p>		
<p>Life Skills Center 1731 Bunker Hill Road NE WCD 20017</p> <p>Brookland/Catholic University- Red Bus: E4, 63, 79</p> <p>P: 202-836-7776</p>	<ul style="list-style-type: none"> Provides outpatient mental health services; psychiatrist for med management; social workers for therapy (in-home and group-based); and behavioral specialists. Groups for anger management, social skills and bereavement. <p>Languages: English only.</p>	5-26	<ul style="list-style-type: none"> Insurance: HSCSN (5-26 yrs old) and AmeriHealth (5-18 yrs old) Referral: Family must contact their Care Manager (MCO) Availability: Generally immediate availability.
<p>Cognitive Solutions Dr. Stephanie Johnson</p> <p>1025 Thomas Jefferson St, Suite 420 East NW WDC 20007 Monday – Wednesday</p> <p>7 Post Office Rd St Waldorf, MD 20602 Thursday-Friday</p> <p>P: 202-903-4763</p>	<ul style="list-style-type: none"> Neuropsychological Testing – Educational and memory evaluations <ul style="list-style-type: none"> ADHD – Alzheimer’s Psychotherapy - \$150 per session out of pocket and done by another physician – Lude Pierre. 	7+	<ul style="list-style-type: none"> Insurance: Medicare, BCBS, Alliance, Amerihealth, Aetna, Magellan Blue Choice, Tricare, Medicare, Carefirst, BCBS. Cigna and United require pre-authorization for testing <ul style="list-style-type: none"> Selected Education services are covered Referrals – not required. Availability – Appointments available.

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Contemporary Family Services</p> <p>Main Location 3300 Pennsylvania Ave SE WDC 20020 Bus: 30N, 36, 39, A11, J13, K11, M6 P: 202-735-0761</p> <p>Head Quarters 6323 Georgia Ave NW, 3rd Floor WDC 20011 P: 202- 525-1527</p> <p>2918 Minnesota Ave SE WDC 20019 P: 202-808-2727 http://www.contemporaryservices.net/</p>	<ul style="list-style-type: none"> Provides four core services of diagnostic and assessment services; community support services; counseling services; and medication and somatic treatments. <p>Languages: English only.</p>	5+	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid; in process of paneling with DC Medicaid MCOs. Referral: Call Access Helpline at 1-888-793-4357. Availability: Intake available within one week.
<p>Crawford Consulting & Mental Health Services (2 Locations)</p> <p>1. 2412 Minnesota Avenue SE Suite 303 WDC 20020 Bus: 30N, 30S, 32, 34, 36, 39, B2, K11, M6, V7, A11, J13, K11, V2, V8, V9 P: 202-688-3580 www.crawfordconsulting.org</p> <p>2. 6490 Landover Road Hyattsville, MD 20785</p>	<ul style="list-style-type: none"> Offers clinical services including individual, family, group, and relationship/marriage counseling. They also provide psychological services, psychiatric services, individual and group substance abuse treatment, grief therapy, insight oriented therapy, play therapy, NTU psychotherapy, child and adolescent group therapy, and adult groups therapy. <p>Languages: No services in other languages offered but Spanish-speaking doctor available for medication management.</p>	5+ (children must be accompanied by an adult)	<ul style="list-style-type: none"> Insurance: DC and MD Medicaid, HSCSN, AmeriHealth, Trusted. Sliding scale fee available. Referral: No referral needed Availability: Appointment for new patients should be made about one week after intake. Closed on Mondays. DC and MD Medicaid only

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Bus: F13, A12, T18 P: 301-341-5111 www.crawfordconsulting.org			
Creative Ways Therapy 7412 Georgia Ave #4 WDC 20012 Bus: 70 Takoma or Pentworth - Silver P: 202-670-5947 (English) Donna P: 202-413-7837 (Spanish) Teresa http://creativewaystherapy.com/	<ul style="list-style-type: none"> Bilingual mental health practice serving a diverse community of children, teens, adults, and families. Their team of licensed therapists specializes in trauma recovery, life transitions, and the dynamics of immigration and bi-culturalism. Play therapy and expressive therapy offered for children. <p>Languages: All therapy services offered in Spanish.</p>	All ages	<ul style="list-style-type: none"> Insurance: AmeriHealth, BlueCross. Offer sliding scale fee for qualifying families. Referral: No referral needed, unless required by insurance provider. Availability: About 1-2 weeks for new patients.
DC Department of Behavioral Health Parent Infant Early Childhood Enhancement Program (PIECE) and Child Psychiatric Practice Group 821 Howard Road SE WDC 20020 Anacostia – Green Line Bus: P18, W14, B2, W2, W4, 90, 94, A42, A46, A48, P6, A2, A7, A8, A4, W5, W6, W8, W2, W3, A9, Circulator P: 202-698-1838	<ul style="list-style-type: none"> The Parent Infant Early Childhood Enhancement Program (PIECE) has two components: 1) <i>Early Intervention</i> provides screening, assessment, individual, family, and art therapy, Parent Child Interaction Therapy (PCIT) and Child Parent Psychotherapy for Family Violence; and 2) <i>Healthy Start</i> works with moms with depression/other mental health issues who have a child birth-3 years. Includes psycho-educational parenting group, and home visits if mother is too ill for office-based services. Child Psychiatric Practice Group (PPG) includes 3 child psychiatrists that provide psychotropic medication assessment and management. Same day urgent care is available under certain circumstances for youth already prescribed 	PIECE: 3 – 7.5 Healthy Start: Mother and child 0-3 PPG: 4-18	<ul style="list-style-type: none"> Insurance: Accepts all DC Medicaid MCOs and DC FFS Medicaid. Serves all individuals regardless of ability to pay. Referral: Referral from physician not necessary, but helpful. Referral form obtained by calling 202-698-1838. Availability: 1-2 weeks, including psychiatrists. Trauma therapy only available up to 6 years old.

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	<p>psychotropic medication, but is not intended for psychiatric emergencies (e.g., suicidal).</p> <p>Languages: Can utilize interpreter service if necessary.</p>		
<p>Edward C. Mazique Parent Child Center</p> <p>1719 13th Street NW WDC 20009 U Street – Green/Yellow line Bus: 63, 64, 52, 53, 54</p> <p>P: 202-462-3375 www.ecmpcc.org</p>	<ul style="list-style-type: none"> Child development program includes educational, medical, nutrition, and parent support services. They also provide on-site mental health/family counseling services, with a “play therapy” room for children. <p>Languages: Spanish and Amharic translations available.</p>	0-5	<ul style="list-style-type: none"> Insurance: Unable to verify. Referral: Needed from primary care physician. Availability: Immediate availability.
<p>Family Matters of Greater Washington – Mental Health Unit</p> <p>1509 16th Street NW WDC 20036 Dupont Circle – Red Line Bus: G2, S1, S2, S4, S9</p> <p>P: 202-548-7308 www.familymattersdc.org</p>	<ul style="list-style-type: none"> Provides Play therapy for children, individual and family therapy, medication management, and psychiatric evaluation, and case managers (community support workers) available. <p>Languages: Counseling services offered in Spanish.</p>	6+	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, Trusted, AmeriHealth, HSCSN, United Behavioral Health, Cigna, Care First, Aetna, Blue Cross Blue Shield. Referral: No referral needed, unless required by insurance. Availability: ~ 2 Months for new patients to see Psychiatrist. ~ 2 weeks for Community Support Worker.
<p>First Home Care</p> <p>1012 14th Street NW WDC 20005 McPherson Square – Blue/Orange/Silver Bus: 80, D1, D3, D6, 52, 53, 54</p>	<ul style="list-style-type: none"> A CSA that provides services to children and youth with serious emotional disturbances and persons with serious mental illness. Services include diagnostic assessments, medication/somatic treatment, individual, family and group counseling, community support, which includes skills training 	5-21	<ul style="list-style-type: none"> Insurance: HSCSN, AmeriHealth, Trusted, MedStar, Medicaid Referral: Call Access Helpline at 1-888-793-4357. Availability: Call Access Helpline.

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
P: 202-737-2554 For Functional Family Therapy, contact Stephanie Sanders at 202-654-5123 http://www.firsthomecare.com/	(anger management, coping skills, study skills, stress management, etc.) and community based intervention (CBI). <ul style="list-style-type: none"> Provide Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Transition to Independence Process (TIP), and Functional Family Therapy (FFT). Languages: English only.		
George Washington University - The Metzler Psychological Services Center 2125 G Street NW #101K WDC 20052 (Located on the first floor of the Psychology Building at GWU) Foggy Bottom – Orange/Blue/Silver Bus: 31, 32, 36, 80, H1, L1, N3, X1 P: 202-994-9072 http://meltzercenter.wordpress.com/	<ul style="list-style-type: none"> Assessment services to children and adolescents (intellectual, psycho-educational, or comprehensive assessments). Therapy services offered to individuals, family, and groups for children, adolescents, and adults. NOTE: The Meltzer Center is housed in the Department of Psychology at the George Washington University and is a training center for the Clinical Psychology Program. The clinicians are advanced students in the doctoral training program, and are supervised by adjunct and full-time members of the clinical psychology faculty, all of whom are licensed clinical psychologists. Languages: English only.	Pre K and up	<ul style="list-style-type: none"> Insurance: Does not accept insurance. Fees are due at time of service by cash or check only. Fees are set based on a sliding scale, and payment plans are available if necessary. Must bring proof of income or student status to first appointment to confirm fees set on the sliding scale. Referral: No referral needed. Availability: Depends on services required. Waitlist available when services become full.
Greenbelt CARES 25 Crescent Road Greenbelt, MD 20770 P: 301-345-6660 http://www.greenbeltmd.gov/index.aspx?nid=138	<ul style="list-style-type: none"> Services include free family counseling. Languages: English, Spanish.	3+	<ul style="list-style-type: none"> No insurance needed. Free services. Referral: No referral required. Availability: Wednesday 6-8pm for appointments.

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Hillcrest Children and Family Center</p> <p>915 Rhode Island Avenue NW WDC 20001 Shaw – Green/Yellow Lines Bus: G8, 63, 64</p> <p>P: 202-232-6100 http://www.hillcrest-dc.org/</p>	<ul style="list-style-type: none"> Provides individual, group, and family therapy, psychiatric evaluation, parenting education, anger and stress management services, a youth substance abuse treatment program (Turning Point), a youth substance abuse prevention program (Project Success), community support services, community-based interventions, a depression intervention program, and crisis intervention and emergency services. Children, adolescent, and teen services include community support, individual counseling, and medication management. Provide Trauma-Focused Cognitive Behavioral Therapy and Functional Family Therapy. <p>Languages: English, Spanish- two Spanish speaking therapists on site for individual and family therapy.</p>	5+	<ul style="list-style-type: none"> Insurance: DC Medicaid only, Medstar, Trusted, AmeriHealth, HSCSN, FFS, ValueOptions Referral: Walk-in appointments for intake: Mon/Wed 8:30am-12pm and Tues/Thurs 8:30am-4pm Availability: Waitlist for therapy. Call Access HelpLine.
<p>HSC Pediatric Center for Developmental and Behavioral Clinic</p> <p>1731 Bunker Hill Road NE WDC 20017 Brookland/ CUA – Red Line Bus: HSC Shuttle Service available</p> <p>P: 202-635-4480 http://www.hschealth.org</p>	<ul style="list-style-type: none"> Provides behavioral evaluations and evidenced-based behavioral therapy for children with concern for developmental delay and co-occurring behavioral and anxiety disorders; also provides Developmental and Diagnostic Evaluations, including concerns for autism spectrum disorders Treatment concerns: tantrums, noncompliance, aggression, self-injury, toileting issues, parent training needs HSC Pediatric Center also provides: physical therapy, speech and language therapy, occupational therapy, assistive technology evaluations. <p>Language: languages other than English spoken or translation services provided (translator services available via interpreter or telephone translation).</p>	0-6	<ul style="list-style-type: none"> Insurance: Most commercial plans, HSCSN, most MedStars, Trusted, MD Medicaid, Tricare, Aetna, BCBA. (We do not accept Cigna and VA Medicaid). Referral: Not required unless the insurance requires it. Availability: Developmental and Autism Evaluations: typically seen within 2 months. Outpatient behavioral therapy provided by a clinical psychologist: waitlist is ~ 6 months.

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Inner City Family Services</p> <p>2313 Martin Luther King Jr. Avenue SE WDC 20020 Anacostia – Green Line Bus: 90, A42, A46, A48, B2, P6, U2, W2, W3, W8, 93</p> <p>P: 202-525-4855 http://www.innercityfamilyservices.com/</p>	<ul style="list-style-type: none"> Provides individual counseling, family counseling and training, community support, crisis intervention, diagnostic assessments, psychological evaluation, behavioral aid, community transition and medical management. <p>Languages: English only.</p>	4+	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, AmeriHealth, Trusted, MedStar Referral: Recommended form primary care provider or other source but not required. Availability: Open for new clients. Intakes: Monday – Saturday Families must go through Access HelpLine for services. Referral: Call Access HelpLine at 1-888-793-4357. Availability: Call Access HelpLine.
<p>Jewish Social Service Agency</p> <p>200 Wood Hill Road Rockville, MD 20850 There is no Metro station within walking distance. RideOn buses can be boarded from the Shady Grove, Rockville, or Twinbrook Metro stations.</p> <p>P: Main: 301-881-3700/Inquiry and Screening: 301-816-2633 http://www.jssa.org/</p>	<ul style="list-style-type: none"> Provides psychological, psychiatric, educational and neuropsychological evaluations, care coordination, individual, couple, family, sibling and group counseling, social skills therapy groups, medication management, parenting and family support groups and training and services for children and adolescents with disabilities. Specific center for Autism Spectrum Disorders. <p>Languages: English only.</p>	2 yrs-young adult	<ul style="list-style-type: none"> Insurance: Aetna, BlueCrossBlueShield, Cigna, MAMSI/MDIPA/Optimum Choice, Medicare, Medicaid (Maryland only), Tricare, United Behavioral Health, United HealthCare Referral: No referral necessary Availability: Generally within one month; sometimes sooner dependent on client availability.

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Latin American Youth Center</p> <p>1419 Columbia Road NW WDC 20009 Columbia Hgts Metro Station – Green/Yellow Lines Bus: 52, 53, 54, H1, H2, H3, H4</p> <p>P:202-319-2225 or 202-319-2229 Email: rocio@layc-dc.org http://www.layc-dc.org/</p>	<ul style="list-style-type: none"> Core Service Agency that provides assessment; individual, group, and family counseling; crisis intervention; psychiatric evaluations, medication management; and community support. Provides Child-Parent Psychotherapy (CPP). <p>Language: Spanish</p>	0-5 & 12-21	<ul style="list-style-type: none"> Insurance: For DC residents: <ul style="list-style-type: none"> DC FFS Medicaid, Trusted, Medstar, AmeriHealth. For MD residents: MD Medicaid, Medstar, UnitedHealthcare. Also CareFirst, Aetna, Cigna, United Healthcare. Sliding scale fee available or qualifying individuals. Referral: Needed from primary care physician. Form can be found online. Availability: Assessments ~1 month, Psychiatry ~2 weeks after assessment. Spanish sessions have longer wait.
<p>Love Your Life Healthcare (LYLE)</p> <p>1414 North Capitol Street NW WDC 20002 Noma/Gallaudet-Red Line Bus: 80, 90, 92, 93, P6, X3</p> <p>P: 202-232-4270 http://www.lylehealthcare.com</p>	<ul style="list-style-type: none"> Provide assessments, psychotherapy/counseling, positive behavior support, and medication management for children and adolescents with serious disorders such as autism, anxiety, depression, attention deficit and hyperactivity disorder (ADHD), and bipolar disorder. <p>Languages: English, Arabic, Creole, French, Spanish</p>	5+ (Psychiatry services for early childhood may vary)	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, AmeriHealth, HSCSN, BCBS, Cigna, United, Humana, not Magellan. Referral: No referral necessary. Availability: Immediate availability for assessments and therapy; 1-2 weeks for psychiatrists.
<p>Mary's Center</p>	<ul style="list-style-type: none"> Core Service Agency that provides psychiatric and therapeutic services, including Parent Child 	Therapy 2+ Psychiatry 3+	<ul style="list-style-type: none"> Insurance: DC and MD Medicaid, Trusted, Medstar, HSCSN,

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>3912 Georgia Avenue NW WDC 20011 (Psychiatry) Georgia/Petworth – Green/Yellow Lines Bus: 60, 62, 63, 64, 70, 79, H8</p> <p>100 Gallatin Street NW WDC 20011 Fort Totten – Green/ Yellow/ Red Lines Bus: 60, K6, E4, R1, K9, 64, K2, R2, E2</p> <p>P: 202-483-8196 http://www.maryscenter.org/</p> <ul style="list-style-type: none"> Schedule Appointments Find different locations 	<p>Interaction Therapy (PCIT), for children. Will conduct psychiatric assessments and medication management for children under 5.</p> <p>Languages: English, Spanish.</p>		<p>AmeriHealth, Aetna, Blue Cross Blue Shield, Cigna</p> <ul style="list-style-type: none"> Referral: Call Access Helpline at 1-888-793-4357. Appointment Line: 1-844-796-2797 24/7 Availability: Approximately 2-3 month wait for psychiatric and therapeutic services.
<p>Maryland (MD) Family Resource</p> <p>903 Brightseat Rd Landover, MD 20785 Bus from Largo Metro-Blue/Silver Line</p> <p>P: 301-333-2980 http://www.mfrinonline.com/</p>	<ul style="list-style-type: none"> Core Service Agency that provides four core services of diagnostic and assessment services; community support services; counseling services; community-based intervention and medication and somatic treatments. Provide Trauma-Focused CBT. <p>Languages: English only.</p>	5+	<ul style="list-style-type: none"> Insurance: DC Medicaid and all MD Medicaid, no DC Medicaid MCOs. Referral: DC residents, call Access Helpline at 1-888-793-4357. MD residents, call main office number. Availability: Intake appointments within one week.
<p>MBI Health Services</p> <p>2041 Martin Luther King Jr. Avenue SE WDC 20020 Anacostia – Green Line Bus: 90, 93, A9, A42, A46, A48, B2, P6, U2</p>	<ul style="list-style-type: none"> Provides four core services of diagnostic and assessment services; community support services; counseling services; Transition to Independence Process (TIP); and medication and somatic treatments. 2 child psychiatrists on staff. 	5+	<ul style="list-style-type: none"> Insurance: AmeriHealth, DC FFS Medicaid, HSCSN, MedStar, Trusted Referral: Call Access Helpline at 1-888-793-4357.

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
P: 202-547-8450 http://www.mbihealthservices.com/general/index.php	<ul style="list-style-type: none"> Developing specialty services for LGBT youth. Languages: English only.		<ul style="list-style-type: none"> Availability: When open for intake, immediate availability.
MedStar Georgetown University Hospital - H.O.Y.A. Clinic 2nd floor, Pasquerilla Healthcare Center Georgetown University Hospital 3800 Reservoir Road NW WDC 20007 Bus: D1, D2, D6 P: 202-687-7447 http://gucchd.georgetown.edu/67632.html	<ul style="list-style-type: none"> Provides individual and family therapy for children from birth to adolescence. Neuropsychological, social-emotional and learning disability evaluations are also offered. Approaches used include cognitive-behavioral therapy, collaborative problem-solving, dyadic therapy, and family therapy. Languages: Unable to verify.	Birth-adolescence	<ul style="list-style-type: none"> Insurance: Fee-for-service clinic, and insurance is not accepted. A down payment of approximately half the charges expected prior to rendering services. Referral: Unable to verify. Availability: Unable to verify.
MedStar Georgetown University Hospital - Psychiatry Department 2115 Wisconsin Avenue NW Suite 200 WDC 20007 Bus: 30N, 30S, 31, 33 P: 202-944-5400 https://www.medstarhealth.org/Pages/Services/Mental-Health/Psychiatry-at-MedStar-Georgetown-University-Hospital.aspx	<ul style="list-style-type: none"> Provides comprehensive outpatient evaluation and treatment for children and their families. The program offers individual psychotherapy, family therapy and medication treatments. Treat children who have mood disorders, anxiety disorders, post-traumatic stress disorder, attention-deficit/hyperactivity disorder, disruptive behavior disorders, and learning disorders, among others. Includes specialty clinic for Mood and Anxiety. Conduct psychiatric diagnostic evaluations for autism. Languages: Spanish and interpreter service available.	Early childhood-17	<ul style="list-style-type: none"> Insurance: Aetna, DC FFS Medicaid, HCSN (w referral only), Care First PPO (some plans), MedStar (DC only), and United Referral: No referral necessary Availability: Status of whether accepting new patients changes daily, and often not accepting new patients.
Paving The Way 2616 Martin Luther King Jr. Ave., SE WDC 20020	<ul style="list-style-type: none"> Dianostic/Assessment Medication Management Individual Therapy Family Therapy 	4-21	<ul style="list-style-type: none"> DCMedicaid, DC Medicare, Medstar

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Green Line Bus: H4,70, 79, A2, A4, A6, A7,A8,A42, A46, A48</p> <p>P: 202-724-7666 http://www.pavingthewaymsi.org/</p>	<ul style="list-style-type: none"> Group Therapy Complete Psychological Testing <p>Languages: Unable to verify.</p>		
<p>Psychological Group of Washington</p> <p>1707 L Street Suite 220 NW WDC 20036 Farragut North – Red Link Bus: 42, 43, L2, N2, N4, N6</p> <p>P: 202-223-9844 www.psychgroupdc.com</p>	<ul style="list-style-type: none"> Individual therapy for children, adolescents and seniors, family therapy, couples therapy, emotional testing, psychoeducational testing, group psychotherapy, education courses and training, and admissions testing. <p>Languages: English only.</p>	4+	<ul style="list-style-type: none"> Insurance: Blue Cross Blue Shield, United, Aetna, Cigna; Medicaid not accepted. Sliding scale available if requested Referral: No referral needed, unless required by insurance provider. Availability: About one week wait for new patients
<p>The Ross Center for Anxiety and Related Disorders</p> <p>5225 Wisconsin Avenue NW Suite 400 WDC 20015 Friendship Heights-Red Line Bus: 30N, 30S, 31, 33, N2</p> <p>P: 202-363-1010 http://www.rosscenterdc.com/</p>	<ul style="list-style-type: none"> Provides treatment by child and adolescent psychiatrists and psychologists. In addition to individual and group therapy, the Center offers family therapy and parenting skills training. <p>Languages: English, French</p>	4+	<ul style="list-style-type: none"> No insurance accepted. Referral: Normally no Referrals are necessary. <ul style="list-style-type: none"> Call for availability – one child Psychiatrist prefers referrals. Availability: Approximately 1 month. <ul style="list-style-type: none"> Therapy – waitlist Psychiatry – 3 weeks wait
<p>Safe Shores – The DC Children’s Advocacy Center</p>	<ul style="list-style-type: none"> Services offered for child victims of physical/sexual abuse or witnesses of crime. Child therapists available to assess impact of abuse and provide 	4-18	<ul style="list-style-type: none"> Insurance: No payment needed for services

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>429 O Street NW WDC 20001 Mt. Vernon/Convention Ctr - Green/Yellow Lines Bus: New Jersey Ave and O Street - 96 P Street and 5th Street – G2</p> <p>P: 202-671-7233 (to report a concern about child abuse or neglect) 202-645-3200 (to set up an appointment) www.safeshores.org</p>	<p>treatment recommendations, which may include additional sessions with the therapist. Play, art, and other expressive therapy techniques used to create a safe and supportive environment. Additional services include long-term therapy, crisis intervention, and pretrial support.</p> <p>Languages: English only.</p>		<ul style="list-style-type: none"> ▪ Referral: Must have been an investigation to receive services. An investigator, ongoing social worker, or hospital worker usually provides referral. ▪ Availability: Depends on urgency of the situation. ▪ Appointments can be made 7 days after referral
<p>Strong Start Developmental Playgroups</p> <p>Note pre-registration is REQUIRED</p> <p>For more information, or to register, please contact Jennifer Gee at Strong Start DC Early Intervention Program jennifer.gee@dc.gov or by calling 202.538.2153</p>	<ul style="list-style-type: none"> • A team of Early Intervention professionals with extensive experience and understanding of infants and toddlers facilitate Strong Start Playgroups. • Playgroup sessions include songs, stories, free play, and multisensory activities geared toward child’s developmental level. Interactions between caregivers and children are an essential part of the program, and caregivers will be asked to remain for the duration of each group. 	6 mos - 3 yrs	<ul style="list-style-type: none"> ▪ Free to all DC residents ▪ Registration is required ▪ Playgroups held at locations throughout DC
<p>Wendt Center for Loss and Healing</p> <p>4201 Connecticut Avenue NW Suite 300 WDC 20008 Van Ness/UDC – Red Line Bus: H2, L1, L2</p> <p>P: 202-624-0010</p> <p>2041 MLK Jr. Ave SE Suite 234 WDC 20020</p>	<ul style="list-style-type: none"> • The Wendt Center offers counseling for dealing with grief and loss issues, support groups, children’s services, crime victim services, professional training and community education, crisis response and Recover: Support for Survivors of Sudden Traumatic Death. They also offer Camp Forget-Me-Not during the summer. <p>Languages: Spanish services offered for individual therapy.</p>	3+	<ul style="list-style-type: none"> ▪ Insurance: Aetna, Blue Cross Blue Shield, DC FFS Medicaid, Trusted, MedStar, AmeriHealth, HSCSN. Sliding scale available for qualifying individuals and families ▪ Referral: No referral needed, unless required by insurance provider.

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Green Line Bus: H2, H3, H4 www.wendtcenter.org			<ul style="list-style-type: none"> ▪ Availability: Waitlist – about 2-3 weeks, dependent upon client availability.
Universal Healthcare Management Services 2810 Walters Lane District Heights, MD 20747 P: 301-735-1635 http://www.uhmsdc.com/	<ul style="list-style-type: none"> • Private Practice of diagnostic and assessment services; group/individual therapy, counseling services; and medication and somatic treatments. • Provides Transition to Independence Process (TIP) and Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) (4-18). • Outpatient mental health services. <p>Languages: English only.</p>	6+	<ul style="list-style-type: none"> ▪ Insurance: MD Medicaid and most commercial plans. ▪ Referral: Call 301-735-1635 to schedule. ▪ Availability: same week appointments.

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>The following are many of the developmental delay resources available in DC, but is not intended to be a comprehensive list. For further information on developmental delay and children with special health care needs, please visit the DC Resource Center for Children with Special Health Care Needs at http://dccshcn.org/community.html.</p> <p>For evaluation and assessment, contact DC Strong Start (0-3) at 202-727-3665 and DC Early Stages (~3-6) at 202-698-8037.</p>			
<p>A Piece of Mind</p> <p>713 17th Street SE WDC 20003 Potomac Ave – Blue, Orange, Silver Line Bus: 30S, 36, 96</p> <p>P: 202-549-0797 www.apieceofmindonline.org</p>	<ul style="list-style-type: none"> Provides home-based ABA services and home- or school-based FBA/BIP services. Ongoing behavioral coaching of families. Sleep and potty training coaching. Also provides parent education programs that give parents specific skills to identify, define, and alleviate problem behavior, etc. <p>Languages: English only.</p>	1-18	<ul style="list-style-type: none"> Insurance: HSCSN Referral: No referral necessary. Availability: There is currently a waitlist for home-based services.
<p>Care Resources</p> <p>1026 Crowell Bridge Road Baltimore, MD 21286</p> <p>P: 410-583-1515 www.careresourcesinc.com</p>	<ul style="list-style-type: none"> Provides occupational therapy, physical therapy, speech-language pathology, and special instruction therapy services <p>Languages: English only.</p>	Any age – infants, toddlers, and school age	<ul style="list-style-type: none"> Insurance: Blueshield and Bluecross. Does not accept Medicaid. Referral: No referral necessary. Availability: Appointments within 2 weeks.
<p>Center for Autism and Related Disorders (C.A.R.D.)</p> <p>5400 Shawnee Road Suite #208 Alexandria, VA 22312 Pentagon – Blue, Yellow Line and then Ride-On Bus 17M, 18E</p> <p>P: 703-750-0633 ext. 25 http://dcwashington.centerforautism.com/</p>	<ul style="list-style-type: none"> Provides applied behavior analysis (ABA) in the treatment of autism, Asperger's syndrome, PDD-NOS, and other related disorders. <p>Languages: Unable to verify.</p>	1-17, 18+	<ul style="list-style-type: none"> Insurance: Blue Cross Blue Shield, United Health, and Medicaid Referral: From insurance company, family can call on their own. Availability: Slowly taking new clients.

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Chatterbox PT LC 231 44th Street NE WDC 20019 Benning Road – Blue/Silver Line P: 240-604-8559	<ul style="list-style-type: none"> Provides home-based services (office is currently closed) for Articulation and language therapy; children with all developmental disabilities are accepted Languages: English only.	0-21	<ul style="list-style-type: none"> Insurance: Medicaid only (with referral) Referral: No referral necessary Availability: Unable to verify.
Chattering Children 4880 MacArthur Boulevard NW WDC 20007 Bus: D6 P: 202-333-1403 http://www.chatteringchildren.org/	<ul style="list-style-type: none"> Provides auditory-verbal therapy services to children of all ages. OT for children with hearing loss. Languages: English, Spanish.	0-18	<ul style="list-style-type: none"> Insurance: Medicaid, Aetna, Bluecross and Blueshield, Tricare Referrals: No referral necessary Availability: Appointments within 1 week.
Children’s National Health System - Center for Autism Spectrum Disorders 15245 Shady Grove Road Suite 350 (South Building) Rockville, MD 20850 Rockville – Red Line and then Ride-On Bus 54 P: 301-765-5432 http://www.childrensnational.org/DepartmentsandPrograms/default.aspx?Type=Program&Id=6092&Name=Autism%20Spectrum%20Disorders%20(CASD)	<ul style="list-style-type: none"> Provides evaluation and treatment of children from infancy to young adulthood who may have autism, Asperger syndrome, or other disorders of social development. Languages: Translation services available.	15 months – 21 years	<ul style="list-style-type: none"> Insurance: Blue Cross Blue Shield but PPO only, MDIPA, Aetna, Optimum Choice, United Behavioral Health, HSCSN, AmeriHealth, some Medicaid (not DC) plans Referral: Depends on insurance and policy. Availability: 2-3 month waiting list.
Children’s National Health System- Child Development Clinic	<ul style="list-style-type: none"> Evaluates children from birth to 4 years of age with developmental concerns, including: <ul style="list-style-type: none"> Delays in cognitive, language, motor skills, and 	0-4	<ul style="list-style-type: none"> Insurance: AmeriHealth, HSCSN, MedStar, Trusted and most major commercial plans.

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>111 Michigan Avenue NW WDC 20010 Shuttles from Union Station, Brookland and Columbia Heights Bus: 80, D8, H1, H2, H3, H4</p> <p>P: 202-476-5405 http://childrensnational.org/departmentsandprograms/default.aspx?Type=Program&Id=6180&Name=Child%20Development%20Program</p>	<p>attention.</p> <ul style="list-style-type: none"> • High risk for delay due to birth-related complications, medical or environmental circumstances. • Common behavioral problems such as feeding, sleep, and temper tantrums or self-regulation • Atypical or uncommon patterns of development. <p>Languages: English, Spanish. Access to multiple languages through interpreter service.</p>		<ul style="list-style-type: none"> ▪ Referral: Generally need referral from PCP; some Medicaid plans do not require referral. ▪ Availability: 1-2 months.
<p>Children’s National Health System - Hearing and Speech Center</p> <p>111 Michigan Avenue NW WDC 20010 Shuttles from Union Station, Brookland and Columbia Heights Bus: 80, D8, H1, H2, H3, H4</p> <p>Services also available at some outpatient locations.</p> <p>P: 202-476-5600 http://childrensnational.org/departments/hearing-and-speech</p>	<ul style="list-style-type: none"> • Provide diagnostic, treatment, and group therapy services for children with audiology (hearing) and communication disorders. • Services include screenings for age-appropriate hearing, speech, and language milestones; hearing tests for newborns, infants and children; testing for hearing loss in babies; and evaluations of feeding/swallowing conditions. <p>Languages: Translator services are available and Bilingual Spanish/English language services are offered at Scottish Rite Center in DC.</p>	0-18	<ul style="list-style-type: none"> ▪ Insurance: Most major commercial insurances and DC FFS Medicaid and MCOs. ▪ Referral: If with Medicaid MCO, must go through PCP. ▪ Availability: Approximately 4 month wait list.
<p>Children’s National Health System- Physical Medicine and Rehabilitation</p> <p>111 Michigan Avenue NW WDC 20010</p>	<ul style="list-style-type: none"> • Provides diagnostic evaluations and comprehensive rehabilitation services for neurological conditions, traumatic injuries, and congenital physical disabilities. 	0-18	<ul style="list-style-type: none"> ▪ Insurance: Most major commercial providers and Medicaid. ▪ Referral: Unable to verify.

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Shuttles from Union Station, Brookland and Columbia Heights Bus: 80, D8, H1, H2, H3, H4 P: 202-476-3094 http://www.childrensnational.org/DepartmentsandPrograms/default.aspx?Type=Dept&Id=384&Name=Pediatric%20Rehabilitation%20Medicine	Languages: Access to multiple languages through interpreter service.		<ul style="list-style-type: none"> ▪ Availability: Unable to verify.
Clear Communication 3414 Hampton Hollow Drive #H Silver Spring, MD 20904 Bus: Z6, Z8, Z11, 39 P: 202-486-5339	<ul style="list-style-type: none"> • Provides speech-language pathology therapy services as well as consultation for parents and tritherapy. Languages: English only.	0-3	<ul style="list-style-type: none"> ▪ Insurance: Does not accept insurance. ▪ Referrals: No referral necessary. ▪ Availability: Appointments within 24 hours.
Coastal Healthcare 3801 Connecticut Avenue NW Suite #100 WDC 20008 Cleveland Park – Red Line P: 202-525-1641	<ul style="list-style-type: none"> • Provides children with physical therapy, occupational therapy, and speech-language pathology services to infants and toddlers. • Feeding therapy • Evaluation for DC Start Languages: Spanish	0-13	<ul style="list-style-type: none"> ▪ Insurance: Medicaid, NCO and Bluecross/Blueshield. ▪ Referrals: No referral necessary, but expected for frequent use of services. ▪ Availability: Appointments within 3 weeks.
Connections Therapy Center 4461 Parliament Place Suit A Lanham, MD 20706 New Carrollton – Orange Line and then Ride-On Bus F13	<ul style="list-style-type: none"> • Provides occupational therapy, physical therapy, speech-language pathology and special instruction treatment services, and reassessments for infants, toddlers, and their families. Languages: English, Spanish.	0-18	<ul style="list-style-type: none"> ▪ Insurance: Accepts most insurance including Medicaid. ▪ Referral: Referral needed. ▪ Availability: Appointments

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>P: 301-577-4333</p> <p>DC Location: 3849 Alabama Avenue SE WDC 20020 Congress Heights – Green Line and then Ride-On Bus W4</p> <p>P: 202-561-1110 www.thectcenter.com</p>			depend on availability. Waitlist for certain services
<p>Early Stages Center – District of Columbia Public Schools</p> <p>Early Stages Center at Walker Jones Education Campus 1125 New Jersey Avenue, NW, 3rd Floor WDC 20001 Mt. Vernon/ Convention Center – Green/Yellow Lines and Union Station - Red Line. Bus: 96, P6, X2</p> <p>P: 202-698-8037</p> <p>Early Stages Center at Minnesota Ave 4058 Minnesota Avenue NE WDC 20019 Minnesota Avenue - Orange Line Bus: U2, U4, U5, U6, U7, V8, X1, X2, X3, X9</p> <p>http://www.earlystagesdc.org</p>	<ul style="list-style-type: none"> • Early Stages is a DC Public Schools diagnostic center for children between the ages of 2 years 8 months and 5 years 10 months. • Early Stages helps identify any delays a child may have and arranges services to address them. • They can serve any child who goes to a DC public school, is home-schooled or has not yet entered the school system, and will also help connect parents with appropriate resources if a child attends a charter school. <p>Language: Language services available.</p>	2 years 8 months and 5 years 10 months	<ul style="list-style-type: none"> ▪ All services are free. ▪ Referral: Visit http://www.earlystagesdc.org/or-professionals/referrals or call 202-698-8037

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>HSC Pediatric Center for Developmental and Behavioral Clinic</p> <p>1731 Bunker Hill Road NE WDC 20017 Brookland/ CUA – Red Line Bus: HSC Shuttle Service available</p> <p>P: 202-635-4480</p> <p>http://www.hschealth.org</p>	<ul style="list-style-type: none"> Provides behavioral evaluations and evidenced-based behavioral therapy for children with concern for developmental delay and co-occurring behavioral and anxiety disorders; also provides Developmental and Diagnostic Evaluations, including concerns for autism spectrum disorders Treatment concerns: tantrums, noncompliance, aggression, self-injury, toileting issues, and parent training needs. HSC Pediatric Center also provides: physical therapy, speech and language therapy, occupational therapy, assistive technology evaluations. <p>Language: languages other than English spoken or translation services provided (translator services available via interpreter or telephone translation).</p>	0-6	<ul style="list-style-type: none"> Insurance: Most commercial plans, HSCSN, most MedStars, Trusted, MD Medicaid, Tricare, Aetna, BCBA. (We do not accept Cigna and VA Medicaid). Referral: Not required unless the insurance requires it. Availability: Developmental and Autism Evaluations: typically seen within 2 months. Outpatient behavioral therapy provided by a clinical psychologist: waitlist is ~ 6 months.
<p>It Takes a Village</p> <p>4415 3rd Street NW WDC 20011 Brookland/CUA – Red line then Ride-On Bus H8 or 64</p> <p>P: 202-423-3939</p> <p>yolandalusane8@msn.com</p>	<ul style="list-style-type: none"> Provides physical therapy, speech, special instruction, and infant massage therapy services at the patient's location. Services are brought to child's location. <p>Languages: English only.</p>	0-21	<ul style="list-style-type: none"> Insurance: HSCSN Referral: No referral necessary but accepts from DC Early Intervention Program. No referral for physical therapy. Referral needed for speech and developmental services. Availability: Appointments within 1-2 weeks
<p>Jewish Social Service Agency</p> <p>200 Wood Hill Road</p>	<ul style="list-style-type: none"> Provides psychological, psychiatric, educational and neuropsychological evaluations, care coordination, individual, couple, family, sibling and group 	2 yrs-young adult	<ul style="list-style-type: none"> Insurance: Aetna, BlueCrossBlueShield, Cigna, MAMS/MDIPA/Optimum

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Rockville, MD 20850 There is no Metro station within walking distance. RideOn buses can be boarded from the Shady Grove, Rockville, or Twinbrook Metro stations.</p> <p>P: Main: 301-881-3700/Inquiry and Screening: 301-816-2633 http://www.jssa.org/</p>	<p>counseling, social skills therapy groups, medication management, parenting and family support groups and training and services for children and adolescents with disabilities.</p> <ul style="list-style-type: none"> • Specific center for Autism Spectrum Disorders. <p>Languages: English only.</p>		<p>Choice, Medicare, Medicaid (Maryland only), Tricare, United Behavioral Health, United HealthCare</p> <ul style="list-style-type: none"> ▪ Referral: No referral necessary ▪ Availability: Generally within one month; sometimes sooner dependent on client availability.
<p>Kennedy Krieger Institute</p> <p>Multiple locations in greater Baltimore area.</p> <p>P: 443-923-9400 http://www.kennedykrieger.org/</p>	<ul style="list-style-type: none"> • Provides care related to disorders of the brain, spinal cord, and musculoskeletal system. <p>Languages: Translation services available.</p>	0+	<ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid, some MD Medicaid programs, and most major commercial insurance companies. ▪ Referral: If insurance requires it. ▪ Availability: Dependent on clinic. Currently accepting new patients.
<p>Mary's Center – Early Intervention Program</p> <p>2333 Ontario Road NW WDC 20010 Bus: 90, 93, 96, X3, S1, S2, S4, S9</p> <p>Rosalia Villalta P: 202-420-7043 Rvillalta@maryscenter.org</p>	<ul style="list-style-type: none"> • Provides education, service coordination, advocacy, psychosocial support, home visits, and translation/interpretation services for parents of children up to three years old with disabilities or developmental delays and who are eligible for D.C. Strong Start. <p>Languages: English, Spanish.</p>	0-3	<ul style="list-style-type: none"> ▪ Services are free if eligible for Strong Start.

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>MedStar Georgetown University Hospital – Developmental Evaluation Clinic 4200 Wisconsin Avenue NW 4th Fl WDC 20016 Tenleytown – Red Line Bus: 30N, 30S, 31, 33, 96, H3, H4, X3</p> <p>P: 202-444-8569 http://gucchd.georgetown.edu/</p>	<ul style="list-style-type: none"> 2 developmental pediatricians provide developmental evaluations and services. Multiple clinics see children 0-12 mos; 12-24 mos; 2-5 yrs; 5-8 yrs; and specialty clinic for adopted children. Team developmental clinic of ped, physical therapist and psychologist provide evals for 6 mos-2 yrs. <p>Languages: English, French, Arabic, Hungarian.</p>	0-8	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, MedStar, United, Anthem Health Keepers Plus and most major commercial insurances. Referral: No referral necessary, though PCP calling directly speeds up process. Availability: 4-6 month wait.
<p>MedStar Georgetown University– Psychiatry Department</p> <p>2115 Wisconsin Avenue Suite #200 WDC 20007 Bus: 30N, 30S, 31, 33</p> <p>P: 202-944-5400 https://www.medstarhealth.org/Pages/Services/Mental-Health/Psychiatry-at-MedStar-Georgetown-University-Hospital.aspx</p>	<ul style="list-style-type: none"> Child/Adolescent Psychiatry provides comprehensive outpatient evaluation and treatment for children and their families. The program offers individual psychotherapy, family therapy and medication treatments. Specialists treat children who have mood disorders, anxiety disorders, post-traumatic stress disorder, attention-deficit/hyperactivity disorder, disruptive behavior disorders, learning disorders and autism-spectrum disorders, as well as children struggling to adjust to stressful life situations and coping with medical illnesses. Conducts psychiatric diagnostic evaluations for autism. <p>Languages: Spanish and interpreter service available.</p>	3-17	<ul style="list-style-type: none"> Insurance: Aetna, DC FFS Medicaid, HSCSN (w referral only), Care First PPO (some plans), MedStar (DC only), and United Referral: No referral necessary Availability: Status of whether accepting new patients changes daily, and often not accepting new patients.
<p>Mount Washington Pediatric Hospital</p> <p>1708 West Rogers Avenue Baltimore, MD 21209-4596</p> <p>P: 410-367-2222</p>	<ul style="list-style-type: none"> Offers broad range of psychological and psychiatric services. In-depth testing for autism spectrum disorders. <p>Language: Interpreter service available.</p>	0-17	<ul style="list-style-type: none"> Insurance: They accept all insurances except for United Healthcare. Referral: Unable to verify.

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
http://www.mwph.org/services/behavioral-and-developmental-pediatrics.htm			<ul style="list-style-type: none"> Availability: Call regarding availability.
<p>National Speech and Language Therapy Center</p> <p>Bethesda Office: 5606 Shields Drive Bethesda, MD 20817 P: 301-493-0023 Bethesda – Red Line and then Ride-On Bus 70, J2, J3, or 30</p> <p>Capitol Hill Office 412 First Street SE WDC 20003 Farragut West – Blue, Orange, Silver Line P: 202-570-4185</p> <p>Germantown Office 13238 Executive Park Terrace Germantown, MD 20874 Shady Grove – Red Line and then Ride-On Bus 100 P: 301-897-3245 www.nationalspeech.com</p>	<ul style="list-style-type: none"> Helps children with speech and language disorders, as well as children found to be on the Autism spectrum. Offers diagnostic evaluations and treatment of speech and language disorders, as well as Applied Behavioral Analysis (ABA) therapy. <p>Languages: English, Spanish, Farsi.</p>	0-21	<ul style="list-style-type: none"> Insurance: MD Medicaid for all three offices, Trusted, MedStar, AmeriHealth, and/or HSCSN health insurance. Does not accept VA or DC Medicaid. MD Medicaid does not cover ABA Therapy Referrals: No referral necessary Availability: Appointments depend on availability; must call.
<p>PSI</p> <p>770 M Street SE WDC 20003 Navy Yard-Green; Eastern Market-Blue/Orange/Silver</p>	<ul style="list-style-type: none"> Psychiatric therapy, community support, and individualized therapy <p>Languages: Unable to verify.</p>	5+	<ul style="list-style-type: none"> Insurance: Amerihealth, Medstar, Trusted, Medicaid Call Access HelpLine at 1-888-793-4357

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Bus: A42, A46, A48, P6, V7, V8, V9 P:202-547-3870 http://www.psiservicesinc.net/pages/ChildServices/ede.html			<ul style="list-style-type: none"> Availability: 1 week.
Strong Start Office of the State Superintendent of Education 810 1st Street NE 5th Floor WDC 20002 Union Station – Red Line Bus: 80, D3, D4, X2, X9, 96 P: 202-727-3665 http://osse.dc.gov/service/strong-start-dc-early-intervention-program-dc-eip	<ul style="list-style-type: none"> Strong Start DC Early Intervention Program is a statewide, comprehensive, coordinated, multidisciplinary system that provides early intervention therapeutic and other services for infants and toddlers with disabilities and developmental delays and their families. The Strong Start DC Early Intervention Program serves as the single point of entry for infants and toddlers in Washington DC whose families have concerns about their development. 	0-3	<ul style="list-style-type: none"> Federal law requires that specific services be provided at public expense to children and families who are eligible. Referral: Call The DC EIP Child Find Hotline at (202) 727-3665 between the hours of 8:15 AM and 4:45 PM. Referrals can also be emailed to osse.dceip@dc.gov or faxed to (202) 724-7230. Link to referral forms (English and Spanish): http://osse.dc.gov/publication/start-dc-early-intervention-program-dc-eip-referral-form-0
Strong Start Developmental Playgroups Note pre-registration is REQUIRED For more information, or to register, please contact Jennifer Gee at Strong Start DC Early Intervention Program jennifer.gee@dc.gov or by calling 202.538.2153	<ul style="list-style-type: none"> A team of Early Intervention professionals with extensive experience and understanding of infants and toddlers facilitate Strong Start Playgroups. Playgroup sessions include songs, stories, free play, and multisensory activities geared toward child's developmental level. Interactions between caregivers and children are an essential part of the program, and caregivers will be asked to remain for 	6 mos - 3 yrs	<ul style="list-style-type: none"> Free to all DC residents Registration is required Playgroups held at locations throughout DC

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	the duration of each group.		
<p>University of the District of Columbia – Speech and Hearing Clinic</p> <p>University of the District of Columbia 4200 Connecticut Avenue NW Bldg 41, Rm 306 WDC 20008 Van Ness/UDC – Red Line Bus: H2, L1, L2</p> <p>P: 202-274-6161 (Main); Intake coordinator: 202-274-6157 http://www.udc.edu/cue/udc_speech_and_hearing_clinic</p>	<ul style="list-style-type: none"> • Provide hearing screenings and comprehensive audiological and speech-language evaluations to support the identification of communication disorders. Provide intervention services that address all areas of communication including articulation/phonology, voice, stuttering, oral and written language. Individual and group sessions are available for children. • Services are a part of the clinical training for students in the Speech Pathology Master's program. Services are supervised by clinical faculty who are fully licensed and certified Speech-Language Pathologists and Audiologists. 	Infants-adults	<ul style="list-style-type: none"> ▪ Insurance: All services are free. ▪ Referral: No referral necessary. ▪ Availability: There is currently a waiting list; most individuals are seen within 2 months.

HOME VISITING			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>➤ For home visiting referrals for prenatal up to age 2 of the baby contact: Fernanda Ruiz at 202-420-7178 or Abayea Pelt at 202-302-6669.</p> <p>➤ For home visiting referrals for ages 3 – 5 contact: Andrea Gallegos at 202-265-0149.</p> <p>For more information about Home Visiting, please visit the Home Visiting Council webpage at: http://www.dchomevisiting.org/programs/. Program specific information is also included below, and individual programs also can be contacted to facilitate referrals.</p>			
<p>DC Healthy Start</p> <p>Call 1 (800) MOM-BABY or 1 (800) 666-2229 for information on enrolling in Healthy Start.</p>	<ul style="list-style-type: none"> Offers home visiting services from nurses and family support workers, as well as screenings and assessments, case management, and health and parenting education. Serves District of Columbia residents from Wards 5, 6, 7, and 8. Women who are pregnant or who have infants up to 3 months old can enroll, and can receive services until the child is 2 years old. 	<p>Women who are pregnant or who have infants up to 3 months old can enroll, and can receive services until the child is 2 years old.</p>	<ul style="list-style-type: none"> All services are free. Referral: Call 1 (800) MOM-BABY or 1 (800) 666-2229 for information on enrolling in Healthy Start.
<p>Family Place - Home Instruction for Parents of Preschool Youngsters (HIPPY)</p> <p>3309 16th Street NW WDC 20010 Columbia Heights – Yellow and Green Lines Bus: S1, S2, S4, 52, 53, 54, H8</p> <p>P: 202-265-0149. http://www.thefamilyplacedc.org</p>	<ul style="list-style-type: none"> Home Instruction for Parents of Preschool Youngsters (HIPPY) program is a 30 week home visit program for parents with children ages 3 to 5. The program follows a 30 week curriculum with weekly educational material and activities provided by home visitors to parents to teach their children. <p>Languages: English and Spanish.</p>	<p>3-5 years and their parents</p>	<ul style="list-style-type: none"> All services are free. Referral: No referral necessary. Availability: Call to determine if wait list.
<p>Healthy Babies Project - Home Visiting/Family Support Program Healthy Babies Project</p> <p>4501 Grant Street NE</p>	<ul style="list-style-type: none"> Home visits to pregnant and postpartum women and families with a nurse or social worker facilitates access to health care, health education, and practical support. 	<p>Only for parents ages 12-21, must enroll during prenatal or</p>	<ul style="list-style-type: none"> All services are free. Referral: Either walk-in or provider/agency referral. PCP can call agency directly.

HOME VISITING			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>WDC 20019 Silver/Blue Line-Benning Road and Silver/Orange-Minnesota Avenue U8, X9</p> <p>P: 202-396-2809 http://www.healthybabiesproject.org/</p>	<p>Languages: French, Creole, Spanish</p>	<p>postpartum period up to 3 months. Can receive services until child is 3 yrs.</p>	<ul style="list-style-type: none"> ▪ Availability: Currently no waiting list.
<p>Mary's Center – Father-Child Program</p> <p>2333 Ontario Road NW WDC 20010 Bus: 90, 93, 96, X3, S1, S2, S4, S9</p> <p>P: Carlos Merchan at 202-729-6825 or cmerchan@maryscenter.org</p> <p>http://www.maryscenter.org/course/father-child-program</p>	<p>Father-Child Attachment Program, is designed to help men develop the attitude, knowledge, and skills to become involved in and connected to their children's lives.</p> <ul style="list-style-type: none"> • Voluntary home visits • Parenting support • Information and child development activities • Assisting with community resources • Family goal planning • Health education (including prenatal/post-partum nurse home visits, child development screens, mental health, linkage to health insurance, family planning) • Activities and outings to promote bonding, healthy habits and behaviors among fathers and their children 	<p>Fathers who have a child under the age of 5 years old and are DC residents (no wards restrictions).</p>	<ul style="list-style-type: none"> ▪ All services are free. ▪ Referral: No referral necessary. ▪ Availability: Immediately; currently no waiting list.
<p>Mary's Center – Healthy Families America</p> <p>3912 Georgia Avenue NW Washington, DC 20011 (Psychiatry) Georgia Ave/Petworth – Green/Yellow Bus: 60, 62, 63, 64, 70, 79, H8</p> <p>P: Contact Fernanda Ruiz at 202-420-7178 or</p>	<ul style="list-style-type: none"> • Provides intensive, long-term home visitation services to pregnant and post-partum women and their families. Focus on parenting skills, parent/child interaction, and school readiness. To enroll, moms must be either 1) pregnant or have infant under 3 months; or 2) have infant up to 2 years old. • Father-Child provides home visiting and parenting services for fathers. Available to fathers with 	<p>Pregnant and postpartum women & families; children 0-5 years in all Wards of the District</p>	<ul style="list-style-type: none"> ▪ All services are free. ▪ Referral: No referral necessary. ▪ Availability: Immediately; currently no waiting list.

HOME VISITING			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
fruiz@maryscenter.org http://www.maryscenter.org/course/home-visiting	children 0-5 and in any city ward. Languages: English and Spanish.		
Perry School Community Services Center 128 M Street NW WDC 20001 NoMa – Red Line Bus: 96, P6 P: 202-312-2446 http://www.perryschool.org/	<ul style="list-style-type: none"> • Home Instruction for Parents of Preschool Youngsters (HIPPY) program is a 30 week home visit program. • The program follows a 30 week curriculum with weekly educational material and activities provided by home visitors to parents to teach their children. Languages: English only.	3-5	<ul style="list-style-type: none"> ▪ All services are free. ▪ Referral: No referral necessary. ▪ Availability: Open enrollment occurs in August and September.

PERINATAL MENTAL HEALTH

This section contains resources for treating mothers who may be experiencing postpartum depression or anxiety, or be in need of other supports during pregnancy or the postpartum period.

PERINATAL MENTAL HEALTH			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
DC-MD-VA Perinatal Mental Health Resource Guide Search or download guide at: http://www.dmvpmhresourceguide.com	<ul style="list-style-type: none"> Comprehensive and current regional directory of specialized mental health providers, support groups, advocacy organizations, and other clinical resources pertaining to perinatal mental health. 	Child-bearing age women	<ul style="list-style-type: none"> Guide free to use.
George Washington University Medical Center, Department of Psychiatry & Behavioral Sciences - The Five Trimesters Clinic Medical Faculty Associates Building 2120 L Street NW 6th Floor WDC 20037 Foggy Bottom/GWU – Orange and Blue Bus: D1, D3, D5, D6, H1, L1, N3, 38B P: 202-741-2888 and specify that you want to be seen in the Five Trimesters Clinic. http://www.gwdocs.com/psychiatry/women's-mental-health	<ul style="list-style-type: none"> Help women assess need for treatment before, during or after pregnancy for mood or anxiety disorder. Each woman meets once or twice with a psychiatrist-in-training; partners may be included. Each case is reviewed by senior psychiatrists specializing in perinatal mental health. Services include: outpatient evaluation and screening; short-term individual therapy and medication management; couples and family therapy; access to community resources. <p>Languages: English only.</p>	Child-bearing age women	<ul style="list-style-type: none"> Insurance: N/A. \$60 for initial assessment; \$25 for follow-up. If finance is an issue, call anyways. Women on Medicaid whose child is a Children's National Health System patient and/or delivered at George Washington may get services for free. Referral: Asks that patient tells intake coordinator the referring physician to ensure appropriate referral. Availability: Typically 1-4 weeks.
LactMed – Drugs and Lactation Database http://toxnet.nlm.nih.gov/newtoxnet/lactmed.htm	<ul style="list-style-type: none"> Contains information on drugs and other chemicals to which breastfeeding mothers may be exposed. Includes information on the levels of such substances in breast milk and infant blood, and the possible adverse effects in the nursing infant. Suggested therapeutic alternatives 	Child-bearing age women	<ul style="list-style-type: none"> Free

PERINATAL MENTAL HEALTH

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	to those drugs are provided, where appropriate. All data are derived from the scientific literature and fully referenced.		
<p>Mary’s Center, Mental Health Department- Maternal Mental Health Program</p> <p>2333 Ontario Road NW WDC 20010 Bus: 90, 93, 96, X3, S1, S2, S4, S9</p> <p>3912 Georgia Avenue NW Washington, DC 20011 Georgia Ave/Petworth – Green/Yellow Bus: 60, 62, 63, 64, 70, 79, H8</p> <p>P: 202-545-2061: Morgan Gross, Manager, Maternal Mental Health Program</p> <p>P: 202-420-7122: Cindy Flores/Jeanette Delgado, MH Program Assistant/front desk staff</p> <p>http://www.maryscenter.org/course/behavioral-health-services</p>	<ul style="list-style-type: none"> • Perinatal mental health therapist - Morgan Gross • Women’s/ perinatal mental health psychiatrist - Dr. Nicole Perras (available Tuesdays at Georgia Ave site) • Support/education/therapy groups for pregnant and postpartum women. <p>Languages: English, Spanish.</p>	<p>Child-bearing age women</p>	<ul style="list-style-type: none"> • Insurance overview: DC & MD Medicaid’s MCOs, uninsured DC residents, private insurances (if client or family member receives medical/dental services from Mary’s Center). See list of insurances below: <ul style="list-style-type: none"> Aetna, AmeriHealth, Beacon (Behavioral Health), CareFirst, MD and DC Medicaid, HSCSN, Medstar, Trusted, Unison (Alliance, Medicaid), United Health Care (Optimum Choice and Mamsi). Uninsured DC residents. • Referral: No referral necessary. ▪ Availability: Accepting patients.
<p>Motherisk</p> <p>P: Helpline for mothers and health care providers: 1-877-439-2744 www.motherisk.org</p>	<ul style="list-style-type: none"> • Provides evidence-based information and guidance about the safety; or risk to the developing fetus/infant; of maternal exposure to drugs, chemicals, diseases, radiation and environmental agents. 	<p>Child-bearing age women</p>	<ul style="list-style-type: none"> ▪ Free

PERINATAL MENTAL HEALTH

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
MothertoBaby P: Helpline for mothers, health care professionals, and the general public: 1-866-626-6847 http://www.mothertobaby.org/	<ul style="list-style-type: none"> Provides evidence-based information about medications and other exposures during pregnancy and while breastfeeding. 	Child-bearing age women	<ul style="list-style-type: none"> Free
National Institute of Mental Health Behavioral Endocrinology Branch Annie Shellswick, LCSW-C P: 301-402-9207 annieshellswick@mail.nih.gov https://www.nimh.nih.gov/labs-at-nimh/join-a-study/adults/adults-postpartum-depression.shtml	<ul style="list-style-type: none"> Series of outpatient studies to learn more about the cause of and effective treatments for PPD. Study participants are women with past PPD currently medication free, including birth control. Languages: English, Spanish.	Contact NIMH for details	<ul style="list-style-type: none"> No charge; participants may be compensated.
PACE Marketing, hiring, donations contact Judy Itkin: pace.registrar@gmail.com General information & Public Relations contact Beth Morgenstern: beth624@gmail.com http://www.pacemoms.org/	<ul style="list-style-type: none"> Provides educational and emotional support groups for new and second time around mothers in the DC area led by professional mental health educators. 	New and second time mothers	<ul style="list-style-type: none"> \$175-\$325 depending on chosen workshop.
Peer Support Groups for Expectant/New Moms (not clinically led/based)	<ul style="list-style-type: none"> <u>Mamistad</u>: Groups in DC and NoVA http://www.meetup.com/Mamistad/ <u>Moms on the Hill</u> (MOTH - A virtual and real-world community for parents living in Capitol Hill.) 	Child-bearing age women	<ul style="list-style-type: none"> Mamistad – one time fee of \$50 if placed in private group

PERINATAL MENTAL HEALTH

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	<p>https://www.facebook.com/pages/Moms-on-The-Hill/83988628593</p> <ul style="list-style-type: none"> Mothers of North Arlington, VA (MONA is a local social and support group for mothers) <p>https://www.monamoms.org/</p>		
<p>Postpartum Support International</p> <p>DC Contact: Michelle High 202-643-7290 info@postpartumdc.org</p>	<ul style="list-style-type: none"> Telephone, email and in-person supportive counseling Referrals for reproductive mental health specialists in DC Twice-monthly peer support group in Tenleytown neighborhood of NW DC (English) <p>Languages: Spanish & French</p>	<p>Child-bearing age women</p>	<ul style="list-style-type: none"> No cost for group or other services. Email or telephone communication with PSI volunteer is necessary before attending first group.
<p>SPRING Project</p> <p>Multiple locations in NW Washington, MD, and VA Metro and bus accessible: Red, Blue, Yellow lines</p> <p>P: 301-654-2322, Dr. Laura Hickock P: 703-356-4710, Elizabeth Fritsch www.springproject.org</p>	<ul style="list-style-type: none"> The SPRING Project offers affordable psychotherapy for expectant and postpartum mothers and their families experiencing perinatal mood problems. The Project has a network of experienced psychodynamic therapists trained in work with this population committed to working on a reduced fee basis with session fees set as low as \$20/session for a period of up to one year. 	<p>All ages</p>	<ul style="list-style-type: none"> Insurance: Fees are set based on need. Within network insurance availability is limited but all providers will work on a reduced fee basis so that insurance limitations are not a concern. Referral: Contact Dr. Laura Hickock, Laurahickok@verizon.net or Dr. Elizabeth Fritsch, DrElizabethFritsch@gmail.com and the patient will be connected to an available, conveniently located provider. Availability: Contact will be made within 48 hours and wait times are minimal.

PERINATAL MENTAL HEALTH

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Women’s Mental Health Clinic, MedStar Washington Hospital Center</p> <p>110 Irving St NW Room 5B25 Washington, DC 20010 Bus: 80, D8, H1, H2, H3, H4</p> <p>Clinic hours are Mondays 8am-3:30pm.</p> <p>P: Health care providers- 292-877-6321 P: Patient- 202-877-6333</p>	<ul style="list-style-type: none"> • Dr. Nicole Perras is a psychiatrist who specializes in maternal mental health. Clinic hours are Mondays 8am-3:30pm. • Services include psychiatric evaluations, medication management, consultations for psychiatric medications in pregnancy, short-term therapy, grief and loss counseling, and fertility support. <p>Languages: English</p>	<p>Child-bearing age women</p>	<ul style="list-style-type: none"> • Insurance: DC Medicaid, most major insurance plans. • Referral: Women must be receiving services at WHC and/or delivered at WHC to qualify for services. Providers should call Thalia Nash at 202-877-6321 to refer a patient, or have the patient call 202-877-6333 to make an appointment. ▪ Availability: Currently accepting new patients
<p>Women’s Mental Health Program- Department of Psychiatry, MedStar Georgetown University Hospital</p> <p>2115 Wisconsin Avenue Suite 200 WDC 20007 Bus: 30N, 30S, 31, 33</p> <p>P: 202-944-5400 for appointments</p> <p>Director: Aimee Danielson, PhD. Psychiatrist: Nicole Perras, MD Providers should call 202-944-5400 with questions.</p> <p>http://www.medstargeorgetown.org/ou</p>	<ul style="list-style-type: none"> • Offers outpatient evaluation and treatment of psychiatric disorders and adjustment problems experienced by women who are transitioning into motherhood. Provide diagnostic evaluations and multidisciplinary treatment for women experiencing mood and anxiety disorders during pregnancy and postpartum, infertility-related distress, pregnancy loss, and difficulty with the transition to motherhood. • In cases where psychiatric medication is necessary, psychiatrists with expertise in use of medication in pregnant and lactating women are available. • Reproductive psychiatrists on staff, as well as residents in training, and part-time therapists who specialize in perinatal mental health. • Services are generally time-limited for 1 year postpartum (may be longer dependent on when woman is diagnosed). 	<p>Child-bearing age women</p>	<ul style="list-style-type: none"> ▪ Insurance: Most major private insurance and MedStar Family Choice (MCO). ▪ Referral: No referral necessary. ▪ Availability: Accepting new patients.

PERINATAL MENTAL HEALTH

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
r-services/psychiatry/treatments/womens-mental-health	Languages: English, Spanish.		

THERAPY/PSYCHOLOGY SERVICES

The following organizations provide therapy, counseling and psychological services for children and adolescents. This section is organized by geographic quadrant.

THERAPY SERVICES IN NORTHEAST			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Comprehensive Community Health & Psychological Services LLC</p> <p>1250 H Street NE WDC 20002 Union Station or Noma/Gallaudet – Red Line Bus: X1, X2, X3,X9, B2, D3, D4, D8</p> <p>P: 202-543-5830 www.cchpsonline.org/</p>	<ul style="list-style-type: none"> Provides individual therapy, cognitive-behavioral therapy, family therapy, couples therapy, group therapy, play therapy/psychodrama, psychiatric assessment & medication management, substance abuse screening/counseling, psychological/personality testing forensic evaluations, and a co-occurring disorders program, which treats clients suffering from both chemical addiction and mental illness. <p>Languages: Unable to verify.</p>	Unable to verify	<ul style="list-style-type: none"> Forms of payment accepted include Medicaid, state financed (other than Medicaid), private health insurance, or self-payment (no sliding scale). Unable to verify further. Referral: Unable to verify. Availability: Unable to verify.
<p>Family Preservation Services</p> <p>3341 Benning Road NE WDC 20019 Minnesota Avenue – Orange/Silver Line Bus: X1, X2, X3</p> <p>P: 202-543-0387 http://www.pathways.com/washington-d-c/</p>	<ul style="list-style-type: none"> Specialty provider that provides diagnostic and assessment services, medication/somatic treatment, counseling and psychotherapy. Community based interventions (CBI) are also provided to children and youth age 6 to 21 and their families. Transition to Independence Process (TIP). <p>Languages: Spanish offered for community based interventions.</p>	6+	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, AmeriHealth, Trusted, MedStar Family Choice, HSCSN; United Healthcare commercial insurance, Value Options Referrals: Call Access HelpLine at 1-888-793-4357. Availability: Immediate.
<p>Life Enhancement Services</p> <p>1818 New York Ave NE Suite 115 WDC 20002 Green, Yellow Line</p>	<ul style="list-style-type: none"> Provides medication management; diagnostic & comprehensive clinical assessments; behavioral health screenings; therapy (individual, group, family); community support; case management; in home therapy. Provides Transition to Independence Process (TIP). 	5+	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, AmeriHealth, HSCSN, Trusted Referral: Call Access HelpLine at 1-888-793-4357.

THERAPY SERVICES IN NORTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Bus: E2, T14, H6, D8 P: 202-260-2404 http://www.lifeenhancementservices.org/dc/	Languages: Unable to verify.		<ul style="list-style-type: none"> ▪ Availability: One month.
Life Skills Center 1731 Bunker Hill Road NE WCD 20017 Red Line- Brookland/Catholic University Bus: E4, 63, 79 P: 202-836-7776	<ul style="list-style-type: none"> • Provides outpatient mental health services; psychiatrist for med management; social workers for therapy (in-home and group-based); and behavioral specialists. Groups for anger management, social skills and bereavement. Languages: English only.	5-26	<ul style="list-style-type: none"> ▪ Insurance: HSCSN (5-26 yrs old) and AmeriHealth (5-18 yrs old) ▪ Referral: Family must contact their Care Manager (MCO) ▪ Availability: Generally immediate availability.
MBI Health Services 4017 Minnesota Ave NE WDC 20019 Main Campus Minnesota Ave – Orange/Silver Line Bus: U2, U5, U6, V7, V8 P: 202-388-9202 http://www.mbihealthservices.com/general/index.php	<ul style="list-style-type: none"> • Provides four core services of diagnostic and assessment services; community support services; counseling services; Transition to Independence Process (TIP); and medication and somatic treatments. • 2 child psychiatrists on staff. • Developing specialty services for LGBT youth. Languages: English only.	5+	<ul style="list-style-type: none"> ▪ Insurance: AmeriHealth, DC FFS Medicaid, HSCSN, MedStar, Trusted ▪ Referral: Call Access HelpLine at 1-888-793-4357. ▪ Availability: When open for intake, immediate availability. ▪ Walk-ins available from 9am – 2pm M-F
Mental Health Services Division 35 K Street NE WDC 20002 Union Station – Red Line	<ul style="list-style-type: none"> • Urgent Care Clinic - The CSA provides diagnostic and assessment services, emergency medication/somatic treatment, counseling and psychotherapy. Languages: Unable to verify.	18+	<ul style="list-style-type: none"> ▪ Insurance: Unable to verify. ▪ Referral: Call Access HelpLine at 1-888-793-4357.

THERAPY SERVICES IN NORTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Bus: D3, D4, 80 P: 202-442-4100			<ul style="list-style-type: none"> ▪ Availability: When open for intake, immediate availability.
<p>Progressive Life Center (3 Locations)</p> <p>1. 1933 Montana Avenue NE WDC 20020 Bus: E2, B2</p> <p>P: 202-842-2016 http://www.plcntu.org/</p> <p>2. 8800 Jericho City Drive Landover, MD 20785</p> <p>P: 301-773-1700</p> <p>3. 11002 Veirs Mill Road Wheaton, MD 20902</p> <p>P: 301-933-6905</p>	<ul style="list-style-type: none"> • Services include: Individual Therapy; Group Therapy; Marital Therapy; Family Therapy; Critical Incidence Stress Debriefing; Parent Training; Psychological Testing; Psycho-educational Testing; Psychiatric Evaluation; Medication Management. <p>Languages: English, Spanish (no Spanish therapist for psych).</p>	10+	<ul style="list-style-type: none"> ▪ Insurance: OptumHealth and AmeriHealth, United Healthcare, United Behavior Health, Carefirst, Beacon Healthcare, Emdeon, OptumHealth, Cigna, Unison, MHN, MD Medicaid. ▪ Referral: Dependent upon insurance provider requirements. ▪ Availability: Immediate
<p>Reasons To Hope Foundation</p> <p>216 Michigan Ave NE WDC 20017 Brookland or Rhode Island Avenue- Red Line Bus: 80, D8</p> <p>P: 202-877-6378 http://reasonstohope.org</p>	<ul style="list-style-type: none"> • Evidence Based Integrated Allied Behavioral Health Services & Support • Primary Peer Preventions (ages 5-12) <ul style="list-style-type: none"> ○ Assessments and referrals ○ HealthCare Coordination (Network Providers) ○ Supplemental Behavioral Health Services • Transitional Treatment with Technology (ages 13-17) <ul style="list-style-type: none"> ○ Assessment and referral to Network Provider of Services <ul style="list-style-type: none"> ▪ Primary & BHS Providers, Community Support 	Families with children from ages (5-12yrs) 18+	<ul style="list-style-type: none"> ▪ DC FFS Medicaid, DC Medicaid Managed Care Organizations (MCOs), HSCSN, MedStar Family Choice, Blue Cross Blue Shield, MD Medicaid –Straight, Referrals (not required but preferred), New patients (Welcome)

THERAPY SERVICES IN NORTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	<p>Partners</p> <ul style="list-style-type: none"> ○ HealthCare Coordination ○ Intentional Peer Support ○ Individual Peer Support ○ Family Support Group ○ Peer to Peer Support Groups ● Living Bridges to Recovery Programs for Adults (ages 18+) <ul style="list-style-type: none"> ○ Adult Awakened Achievements and Alerts (ages 18-49) ○ Senior Survivor Strength and Support (ages50+) <ul style="list-style-type: none"> ▪ Assessment and Direct Referral To Network Provider of Services <ul style="list-style-type: none"> ● Primary & BHS Providers ● Community Partners of Natural Supports ▪ HealthCare Coordination ▪ Intentional Peer Support ▪ Individual Peer Support ▪ Family Support Group ▪ Peer to Peer Support Groups <p>Languages: Provides effective and meaningful language interpretation services to individuals with limited English proficiency (LEP) and coordination of interpretation requests.</p>		

THERAPY SERVICES IN NORTHWEST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>API Associates</p> <p>7826 Eastern Avenue NW Suite 201 WDC 20012 Bus: S2, S9, 70, 79</p> <p>P: 202-291-0912 www.apiassociatesinc.com</p>	<ul style="list-style-type: none"> • Provide diagnostic assessments, including psychological and psycho-educational evaluations, and counseling services for children and families, including individual, play and family therapy for conditions including anxiety, depression, conduct difficulties, trauma, ADHD. • Provides home and office-based services. • The organization has specific experience evaluating the needs of children with developmental disabilities and special education needs. <p>Languages: English, Spanish.</p>	<p>3-adult</p>	<ul style="list-style-type: none"> ▪ Insurance: AmeriHealth, DC FFS Medicaid, HSCSN, Trusted ▪ Referral: Call Access HelpLine at 1-888-793-4357. Or, patient can call directly to set up intake appointment. ▪ Availability: 1- 3 weeks depending on if it's for diagnostic or therapy.
<p>Andromeda Transcultural Health</p> <p>1400 Decatur Street NW WDC 20011 Bus: 52, 53, 54, S1, S2</p> <p>P: 202-291-4707 http://www.andromedatransculturalhealth.org</p>	<ul style="list-style-type: none"> • Provides substance abuse counseling, mental health counseling; individual and group therapy for the dually diagnosed; a Children's Program, with emphasis on depression and attention deficit disorder; a Latino women's group every Thursday evening (free for all women, conducted in Spanish); an intensive psychosocial support group every Tuesday, Wednesday, Thursday, and Friday; The Circulo de Andromeda provides alcohol and drug (non-opiate) prevention, outreach, and treatment. <p>Languages: English, Spanish.</p>	<p>Ages 21+</p>	<ul style="list-style-type: none"> ▪ Insurance: Aetna, Blue Cross Blue Shield Magellan, Cigna, AmeriHealth Caritas PerformCare, United Health, DC FFS Medicaid only accepted for Primary Care, not Mental Health Services ▪ Offer sliding scale fee for essential services for those without insurance, depending upon family size and income. ▪ Referral: Dependent upon insurance provider requirements. ▪ Availability: About 1 week for new patients.

THERAPY SERVICES IN NORTHWEST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>The Capital Region Children’s Center</p> <p>Home Based Care</p> <p>P: 202-596-5951 www.dccrcc.com</p>	<ul style="list-style-type: none"> Provides individual, family and group therapy, academic tutoring, art therapy, intensive clinical mentoring (CBI), organizational coaching, respite, and supervised visitation, wrap around services, family services <p>Languages: English, Spanish offered for individual and family therapy.</p>	<p>3+</p>	<ul style="list-style-type: none"> Insurance: No private insurance accepted; HSCSN and DC Choices Referral: Can be accessed online. Availability: Depends on family needs. Immediate intake, then someone staffed within two weeks.
<p>Children’s National Health System - Child Development Clinic</p> <p>111 Michigan Avenue NW WDC 20010 Shuttles from Union Station, Brookland and Columbia Heights Bus: 80, D8, H1, H2, H3, H4</p> <p>P: 202-476-5405 http://childrensnational.org/departmentsandprograms/default.aspx?Type=Program&Id=6180&Name=Child%20Development%20Program</p>	<ul style="list-style-type: none"> Evaluates children from birth to 4 years of age with developmental concerns, including: <ul style="list-style-type: none"> Delays in cognitive, language, motor skills, and attention High risk for delay due to birth-related complications, medical or environmental circumstances Common behavioral problems such as feeding, sleep, and temper tantrums or self-regulation Atypical or uncommon patterns of development <p>Languages: Access to multiple languages through interpreter service.</p>	<p>0-4</p>	<ul style="list-style-type: none"> Insurance: AmeriHealth, HSCSN, MedStar, Trusted and most major commercial plans. Referral: Generally need referral from PCP; some Medicaid plans do not require referral. Availability: 1-2 months.
<p>Children’s National Health System – The Freddie Mac Child and Adolescent Protection Center (CAPC)</p> <p>111 Michigan Avenue NW WDC 20010 Shuttles from Union Station, Brookland</p>	<ul style="list-style-type: none"> Located within the Children’s National Health System, the CAPC offers mental health assessments, physical examinations, and therapy for victims of trauma and sexual offender therapy. <p>Languages: Access to multiple languages through interpreter service.</p>	<p>4-22</p>	<ul style="list-style-type: none"> Insurance: Aetna, Anthem Blue Cross Blue Shield of VA, Beech Street (includes Viant), CareFirst Blue Cross Blue Shield, Choicecare (Humana), Cigna Healthcare of the Mid Atlantic (includes Great West

THERAPY SERVICES IN NORTHWEST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>and Columbia Heights Bus: H1, H2, H3, H4 P: 202-476-4100 http://childrensnational.org/departments/child-and-adolescent-protection</p>			<p>Healthcare), Coventry Health Care of VA, Coventry National PPO, First Health (owned by Coventry), GMC Healthcare, InforMed (owned by Conifer Health Solutions), Kaiser Permanente, Multiplan/Private Healthcare Systems (PHCS), United Healthcare (all except Medicare)</p> <ul style="list-style-type: none"> ▪ DC FFS Medicaid not accepted for mental health services. ▪ Referral: Dependent upon insurance provider requirements. ▪ Availability: Dependent upon individual therapist and treatment services.
<p>Children’s National Health System – Psychiatry/Psychology and Behavioral Sciences/Health</p> <p>111 Michigan Avenue NW WDC 20010 Shuttles from Union Station, Brookland and Columbia Heights Bus: H1, H2, H3, H4</p> <p>P: Front desk-202-476-2118 Intake-202-476-4733</p>	<ul style="list-style-type: none"> • Offers assessment, diagnosis, and care for children and teens with behavioral, emotional, and developmental disorders. • Specialty clinics/programs include: Anxiety; Attention Deficit and Hyperactivity Disorders Clinic; Bullying Related Health Risks; Gender and Sexuality Psychosocial Programs; Infant and Toddler Mental Health Program (ITP); Mood Disorders Clinic; Neurobehavior Program. <p>Languages: Access to multiple languages through interpreter service.</p>	<p>Infants – 17 yrs and 6 mos</p>	<ul style="list-style-type: none"> ▪ Insurance: Aetna, BlueCross BlueShield, DC Medicaid (only MDs), AmeriHealth, HSCSN, MedStar, Trusted, Tricare, United, MD Medicaid – ValueOptions, VA Medicaid MCOs (not straight VA Medicaid). ▪ Referral: No referral necessary. Family should call intake coordinator, who will mail

THERAPY SERVICES IN NORTHWEST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
http://childrensnational.org/departments/psychiatry-and-behavioral-sciences			<p>packet to family, which they must complete and mail or fax back. Coordinator will call to confirm receipt, and follow up call will be made after info reviewed to schedule appointment.</p> <ul style="list-style-type: none"> ▪ Availability: Typically 4-6 months
<p>Columbia Road Health Services</p> <p>1660 Columbia Road NW WDC 20009 Bus: 42, 43, H1</p> <p>P: 202-328-3717 www.crhs.org</p>	<ul style="list-style-type: none"> • Mental health and social services. Psychotherapy offered ONLY to patients who receive primary care from a Unity Health clinic. Counseling services to cover loss and grief, depression, psychological trauma and family dysfunction. Individual counseling, couples and family counseling, and referrals to off-site psychiatric services for specialized therapy. <p>Languages: English, Spanish offered for psychotherapy.</p>	<p>16 and up</p>	<ul style="list-style-type: none"> ▪ Insurance: Blue Cross Blue Shield, United Healthcare, Aetna, DC FFS Medicaid, Trusted, Medstar, AmeriHealth, HSCSN ▪ Referral: Must have one from a primary care physician. Must be patient with Unity health. ▪ Availability: 3-4 week waitlist for new patients.
<p>Creative Ways Therapy</p> <p>7412 Georgia Ave #4 WDC 20012 Bus: 70 Takoma or Pentworth - Silver</p> <p>P: 202-670-5947 (English) Donna P: 202-413-7837 (Spanish) Teresa http://creativewaystherapy.com/</p>	<ul style="list-style-type: none"> • Bilingual mental health practice serving a diverse community of children, teens, adults, and families. Their team of licensed therapists specializes in trauma recovery, life transitions, and the dynamics of immigration and bi-culturalism. Play therapy and expressive therapy offered for children. <p>Languages: All therapy services offered in Spanish</p>	<p>All ages</p>	<ul style="list-style-type: none"> ▪ Insurance: AmeriHealth, BlueCross. Offer sliding scale fee for qualifying families. ▪ Referral: No referral needed, unless required by insurance provider. ▪ Availability: About 1-2 weeks for new patients.
<p>Edward C. Mazique Parent Child</p>	<ul style="list-style-type: none"> • Child development program includes educational, 	<p>0-5</p>	<ul style="list-style-type: none"> ▪ Insurance: Unable to verify.

THERAPY SERVICES IN NORTHWEST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Center</p> <p>1719 13th Street NW WDC 20009 U Street – Green/Yellow Lines Bus: 63, 64, 52, 53, 54</p> <p>P: 202-462-3375 www.ecmpcc.org</p>	<p>medical, nutrition, and parent support services. They also provide on-site mental health/family counseling services, with a “play therapy” room for children.</p> <p>Languages: Spanish and Amharic translations available.</p>		<ul style="list-style-type: none"> ▪ Referral: Needed from primary care physician. ▪ Availability: Immediate availability.
<p>Family Matters of Greater Washington – Mental Health Unit</p> <p>1509 16th Street NW WDC 20036 Dupont Circle – Red Line Bus: G2, S1, S2, S4, S9</p> <p>P: 202-548-7308 www.familymattersdc.org</p>	<ul style="list-style-type: none"> • Provides Play therapy for children, individual and family therapy, medication management, and psychiatric evaluation, and case managers (community support workers) available. <p>Languages: English, Spanish- counseling services offered in Spanish.</p>	6+	<ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid, Trusted, AmeriHealth, HSCSN, United Behavioral Health, Cigna, Care First, Aetna Blue Cross Blue Shield. ▪ Referral: No referral needed, unless required by insurance. ▪ Availability: ~ 2 Months for new patients to see Psychiatrist. ~2 months for Community Support Worker.
<p>First Home Care</p> <p>1012 14th Street NW WDC 20005 McPherson Square – Blue/Orange/Silver Bus: 80, D1, D3, D6, 52, 53, 54</p> <p>P: 202-737-2554 For Functional Family Therapy, contact Stephanie Sanders at</p>	<ul style="list-style-type: none"> • A CSA that provides services to children and youth with serious emotional disturbances and persons with serious mental illness. Services include diagnostic assessments, medication/somatic treatment, individual, family and group counseling, community support, which includes skills training (anger management, coping skills, study skills, stress management, etc.) and community based intervention (CBI). • Provide Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Transition to Independence Process (TIP), and 	5-21	<ul style="list-style-type: none"> ▪ Insurance: HSCSN, AmeriHealth, Trusted, MedStar, Medicaid ▪ Referral: Call Access HelpLine at 1-888-793-4357. ▪ Availability: Call Access HelpLine.

THERAPY SERVICES IN NORTHWEST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
202-654-5123 http://www.firsthomecare.com/	Functional Family Therapy (FFT). Languages: English only.		
Georgetown Family Center Clinic 4400 MacArthur Blvd NW Suite 103 WDC 20007 Bus: D5, D6 P: 202-965-0730 www.thebowencenter.org	<ul style="list-style-type: none"> Georgetown Family Center Clinic offers affordable psychotherapy to individuals, couples, families and consultation to organizations in the greater Washington community. Only work with children in family setting. No one on one services for children. Languages: All services also offered in Spanish.	All ages (under 18 needs to be accompanied by a parent/guardian)	<ul style="list-style-type: none"> Insurance: No insurance accepted. Sliding scale offered for qualifying families. Referral: No referral needed. Availability: About 1 week for new patients.
George Washington University – Center Clinic 1922 F Street NW Suite 103 WDC 20052 Foggy Bottom – Blue/Orange/Silver Lines Bus: 3Y, 11Y, 16Y, 80, S1 P: 202-994-4937 http://programs.columbian.gwu.edu/p Syd/clinic	<ul style="list-style-type: none"> Individual and couples therapy, group psychotherapy (adult process therapy group; lesbian, gay and bisexual support and process group; transsexual support group; adult women’s group), psychological assessment, developmental assessments for infants, young children and adolescents, and ongoing family support as needed. Individual psychotherapy for adults, adolescents, children, and parents can focus on self-esteem, general anxiety, depression, grief and loss, stress management, family issues, relationship difficulties, trauma, sexual orientation, and cultural factors, including acculturation. Languages: English, Spanish.	All ages (under 16 must be accompanied by a parent/guardian)	<ul style="list-style-type: none"> Insurance: Sliding scale fee offered for qualifying individuals Referral: Unable to verify. Availability: Unable to verify.
George Washington University - Community Counseling Services 2134 G Street NW Room B-11 WDC 20052 Foggy Bottom - Blue/Orange Lines Bus: 31, 32, 36, 80, H1, L1, N3, X1	<ul style="list-style-type: none"> Community Counseling Services at GWU offers individual, couples and career therapy Languages: English only.	18+	<ul style="list-style-type: none"> Insurance: They do not accept insurance and their fees are on a sliding scale - they ask that families pay \$1 for every \$1000 of gross income they receive, but are flexible based on need.

THERAPY SERVICES IN NORTHWEST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>P: 202-994-8645 http://gsehd.gwu.edu/community-counseling-services-center</p>			<ul style="list-style-type: none"> ▪ Referral: No referral needed. ▪ Availability: Immediate.
<p>George Washington University - The Metzler Psychological Services Center</p> <p>2125 G St NW #101K WDC 20052 (Located on the first floor of the Psychology Building at The George Washington University) Foggy Bottom – Orange and Blue Lines Bus: 31, 32, 36, 80, H1, L1, N3, X1</p> <p>P: 202-994-9072 http://meltzercenter.wordpress.com/</p>	<ul style="list-style-type: none"> • Assessment services to children and adolescents (intellectual, psycho-educational, or comprehensive assessments). Therapy services offered to individuals, family, and groups for children, adolescents, and adults. • NOTE: The Meltzer Center is housed in the Department of Psychology at the George Washington University and is a training center for the Clinical Psychology Program. The clinicians are advanced students in the doctoral training program, and are supervised by adjunct and full-time members of the clinical psychology faculty, all of whom are licensed clinical psychologists. <p>Languages: No services offered in other languages at this time.</p>	<p>Pre K and up</p>	<ul style="list-style-type: none"> ▪ Insurance: Does not accept insurance. Fees are due at time of service by cash or check only. Fees are set based on a sliding scale, and payment plans are available if necessary. Must bring proof of income or student status to first appointment to confirm fees set on the sliding scale. ▪ Referral: No referral needed. ▪ Availability: Depends on services needed. Waitlist available.
<p>Hillcrest Children and Family Center</p> <p>915 Rhode Island Avenue NW WDC 20001 Shaw – Green/Yellow Lines Bus: G8, 63, 64</p> <p>P: 202-232-6100 http://www.hillcrest-dc.org/</p>	<ul style="list-style-type: none"> • Provides individual, group, and family therapy, psychiatric evaluation, parenting education, anger and stress management services, a youth substance abuse treatment program (Turning Point), a youth substance abuse prevention program (Project Success), community support services, community-based interventions, a depression intervention program, and crisis intervention and emergency services. Children, adolescent, and teen services include community support, individual counseling, and medication management. • Provide Trauma-Focused Cognitive Behavioral Therapy and Functional Family Therapy. 	<p>5+</p>	<ul style="list-style-type: none"> ▪ Insurance: DC Medicaid only, Medstar, Trusted, AmeriHealth, HSCSN, FFS, ValueOptions ▪ Referral: Walk-in appointments for intake: Mon/Wed 8:30am-12pm and Tues/Thurs 8:30am-4pm ▪ Availability: Waitlist for therapy. Call Access HelpLine.

THERAPY SERVICES IN NORTHWEST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	<p>Languages: English, Spanish- two Spanish speaking therapists on site for individual and family therapy.</p>		
<p>Holy Health Care Services</p> <p>6210 North Capitol Street NW WDC 20011 Takoma Metro Station Bus: K2, 63</p> <p>P: 202-722-0404</p>	<ul style="list-style-type: none"> Psychiatry, Therapy 	5+	<ul style="list-style-type: none"> Amerihealth, DC Medicaid, Meicare, Carefirst.
<p>Howard University Outpatient Mental Health Clinic</p> <p>530 College Street NW WDC 20060 Shaw/Howard U – Green/Yellow Lines Bus: 70</p> <p>P: 202-806-7981 http://huhealthcare.com/healthcare/hospital/departments/psychiatry-behavioral-sciences</p>	<ul style="list-style-type: none"> Children and adolescent services include outpatient treatment, medication management, and individual therapy <p>Languages: English only.</p>	5-17	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, Trusted, HSCSN, VA Medicaid; Care First PPO, Aetna PPO, United Health PPO, Trusted Health PPO. Not accepting HMOs at this time. NOTE: Besides the clinic, private doctors are available who accept all forms of insurance, including Medicaid and all MCOs. Referral: No referral needed, unless required by insurance provider. Availability: About 2 week wait for new patients.
<p>La Clinica Del Pueblo, Inc. Mental Health and Substance Abuse Program</p>	<ul style="list-style-type: none"> Mental health services only available to primary care patients served by La Clinica. 	18+	<ul style="list-style-type: none"> Insurance: For DC residents: DC FFS Medicaid, Trusted, Medstar,

THERAPY SERVICES IN NORTHWEST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>2831 15th Street NW WDC 20009 Columbia Hgts Metro Station – Green/Yellow Bus: S1, S2, S4, H1, H2</p> <p>P: 202-462-4788 www.lcdp.org</p>	<ul style="list-style-type: none"> Individual, couple and family counseling services for a broad range of psychological problems, psycho-educational support groups through Mi Familia program, comprehensive outpatient substance abuse treatment services through Volviendo a Vivir program. Services to address depression, relationship/family conflicts, cultural adjustment, domestic violence, substance abuse and sexual abuse. <p>Languages: English, Spanish- most patients are Spanish speakers, but translators available for all services.</p>		<p>AmeriHealth. For MD residents: MD Medicaid, Medstar, United Healthcare. Also CareFirst, Aetna, Cigna, United Healthcare. Sliding scale fee available or qualifying individuals.</p> <ul style="list-style-type: none"> Referral: Needed from primary care physician. Availability: Waitlist – about 1-2 weeks for new patients.
<p>Latin American Youth Center</p> <p>1419 Columbia Road NW WDC 20009 Columbia Hgts Metro Station – Green/Yellow Lines Bus: 52, 53, 54, H1, H2, H3, H4</p> <p>P:202-319-2225 or 202-319-2229 Email: rocio@layc-dc.org http://www.layc-dc.org/</p>	<ul style="list-style-type: none"> Core Service Agency that provides assessment; individual, group, and family counseling; crisis intervention; psychiatric evaluations, medication management; and community support. Provides Child-Parent Psychotherapy (CPP). <p>Language: Spanish</p>	<p>0-5 & 12-21</p>	<ul style="list-style-type: none"> Insurance: For DC residents: <ul style="list-style-type: none"> DC FFS Medicaid, Trusted, Medstar, AmeriHealth. For MD residents: MD Medicaid, Medstar, UnitedHealthcare. Also CareFirst, Aetna, Cigna, United Healthcare. Sliding scale fee available or qualifying individuals. Referral: Needed from primary care physician. Form can be found online. Availability: Assessments ~1 month, Psychiatry ~2 weeks after assessment. Spanish sessions have longer wait.

THERAPY SERVICES IN NORTHWEST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Love Your Life Healthcare (LYLE)</p> <p>1414 North Capitol Street NW WDC 20002 Noma/Gallaudet-Red Line Bus: 80, 90, 92, 93, P6, X3 P: 202-232-4270 http://www.lylehealthcare.com</p>	<ul style="list-style-type: none"> Provide assessments, psychotherapy/counseling, positive behavior support, and medication management for children and adolescents with serious disorders such as autism, anxiety, depression, attention deficit and hyperactivity disorder (ADHD), and bipolar disorder. <p>Languages: English, Arabic, Creole, French, Spanish</p>	<p>5+</p> <p>(Psychiatry services for early childhood may vary)</p>	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, AmeriHealth, HSCSN, BCBS, Cigna, United, Humana, not Magellan. Referral: No referral necessary. Availability: Immediate availability for assessments and therapy; 1-2 weeks for psychiatrists.
<p>Mary's Center</p> <p>3912 Georgia Avenue NW Washington, DC 20011 (Psychiatry) Georgia Ave/Petworth – Green/Yellow Bus: 60, 62, 63, 64, 70, 79, H8 P: 202.483.8196 www.maryscenter.org</p>	<ul style="list-style-type: none"> Diagnostic assessments, treatment planning, medication evaluation and management by board-certified psychiatrists, individual and family therapy, play therapy, community/family support, and case management. Evidence-based practices include cognitive behavioral therapy (trauma focused), parent child interactive therapy, motivational interviewing, and solution focused counseling. <p>Languages: English, Spanish available for all forms of therapy.</p>	<p>All ages</p>	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid and MD Medicaid, Trusted, Medstar, HSCSN, AmeriHealth, DC Healthcare Alliance, Aetna, Blue Cross Blue Shield, Cigna Referral: No referral needed, unless required by insurance provider. Availability: 2-3 month waitlist.
<p>MedStar Georgetown University Hospital - Psychiatry Department</p> <p>2115 Wisconsin Avenue NW Suite 200 WDC 20007 Bus: 30N, 30S, 31, 33 P: 202-944-5400 https://www.medstarhealth.org/Pages/Services/Mental-Health/Psychiatry-at-</p>	<ul style="list-style-type: none"> Provides comprehensive outpatient evaluation and treatment for children and their families. The program offers individual psychotherapy, family therapy and medication treatments. Treat children who have mood disorders, anxiety disorders, post-traumatic stress disorder, attention-deficit/hyperactivity disorder, disruptive behavior disorders, and learning disorders, among others. Includes specialty clinic for Mood and Anxiety. Conduct psychiatric diagnostic evaluations for autism. 	<p>Early childhood-17</p>	<ul style="list-style-type: none"> Insurance: Aetna, DC FFS Medicaid, HSCSN (w referral only), Care First PPO (some plans), MedStar (DC only), and United Referral: No referral necessary Availability: Status of whether accepting new patients changes

THERAPY SERVICES IN NORTHWEST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
MedStar-Georgetown-University-Hospital.aspx	Languages: Spanish and interpreter service available.		daily, and often not accepting new patients.
Psychological Group of Washington 1707 L Street Suite 220 NW WDC 20036 Farragut North – Red Link Bus: 42, 43, L2, N2, N4, N6 P: 202-223-9844 www.psychgroupdc.com	<ul style="list-style-type: none"> Individual therapy for children, adolescents and seniors, family therapy, couples therapy, emotional testing, psychoeducational testing, group psychotherapy, education courses and training, and admissions testing. Languages: English only.	4+	<ul style="list-style-type: none"> Insurance: Blue Cross Blue Shield, United, Aetna, Cigna; Medicaid not accepted. Sliding scale available if requested Referral: No referral needed, unless required by insurance provider. Availability: About one week wait for new patients
Safe Shores – The DC Children’s Advocacy Center 429 O Street NW WDC 20001 Mt. Vernon/Convention Ctr - Green/Yellow Lines Bus: New Jersey Ave and O Street - 96 P Street and 5 th Street – G2 P: 202-671-7233 (to report a concern about child abuse or neglect) 202-645-3200 (to set up an appointment) www.safeshores.org	<ul style="list-style-type: none"> Services offered for child victims of physical/sexual abuse or witnesses of crime. Child therapists available to assess impact of abuse and provide treatment recommendations, which may include additional sessions with the therapist. Play, art, and other expressive therapy techniques used to create a safe and supportive environment. Additional services include long-term therapy, crisis intervention, and pretrial support. Languages: English only.	4-18	<ul style="list-style-type: none"> Insurance: No payment needed for services. Referral: Must have been an investigation to receive services. An investigator, ongoing social worker, or hospital worker usually provides referral. Availability: Depends on urgency of the situation. Appointments can be made 7 days after referral.

THERAPY SERVICES IN NORTHWEST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Washington School of Psychiatry – Adele Lebowitz Center for Youth and Family</p> <p>5028 Wisconsin Avenue NW Suite 400 WDC 20016 Friendship Heights – Red Line Bus: 30N, 30S, 31, 33, N2</p> <p>P: 202-537-6050 www.wspdc.org</p>	<ul style="list-style-type: none"> Treatment options include psychiatric services, medication management, individual psychotherapy, group therapy, couples therapy, parent counseling, psychoanalysis, and appropriate referrals. <p>Languages: English, Spanish, Portuguese.</p>	<p>3+</p>	<ul style="list-style-type: none"> Insurance: Accepts cash. Considered out-of-network provider as does not directly accept insurance. Offer a sliding fee scale. Referral: Referral not necessary. Availability: Initial intake evaluation availability is Wednesday evenings after 5pm. Later sessions and availability will be determined on case by case basis.
<p>Wendt Center for Loss and Healing</p> <p>4201 Connecticut Avenue NW Suite 300 WDC 20008 Van Ness/UDC – Red Line Bus: H2, L1, L2</p> <p>P: 202-624-0010</p> <p>2041 MLK Jr. Ave SE Suite 234 WDC 20020 Green Line Bus: H2, H3, H4</p> <p>www.wendtcenter.org</p>	<ul style="list-style-type: none"> The Wendt Center offers counseling for dealing with grief and loss issues, support groups, children’s services, crime victim services, professional training and community education, crisis response and Recover: Support for Survivors of Sudden Traumatic Death. They also offer Camp Forget-Me-Not during the summer. <p>Languages: Spanish services offered for individual therapy.</p>	<p>3+</p>	<ul style="list-style-type: none"> Insurance: Aetna, Blue Cross Blue Shield, DC FFS Medicaid, Trusted, MedStar, AmeriHealth, HSCSN. Sliding scale available for qualifying individuals and families Referral: No referral needed, unless required by insurance provider. Availability: Waitlist – about 2-3 weeks, dependent upon client availability.

THERAPY SERVICES IN SOUTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Ascensions Psychological & Community Services</p> <p>1526 Howard Road SE WDC 20020 Anacostia - Green Line Bus: W2, W3, W6, W8, & 94</p> <p>P: 202-889-4344 http://www.2ascend.org/index.html</p>	<ul style="list-style-type: none"> Provides family therapy, individual therapy for issues that require focus outside of the family unit; therapeutic groups to facilitate peer learning and psychoeducation on topics including surviving the homicide of a loved one; parenting education/support/therapy groups; clinical evaluations to assess if other community services and referrals are needed (such as special education, rehabilitation, and/or medication); home structuring visits to assist with developing house rules, consequences and reward; parenting classes to teach alternatives to physical discipline, and school based interventions. <p>Languages: English only.</p>	<p>Unable to verify.</p>	<ul style="list-style-type: none"> Insurance: Clients seen regardless of financial situation. Sliding scale fee available. Accept Aetna, AmeriHealth, APS, Blue Cross Blue Shield, Cigna, Healthright, Kaiser-Permanente, Magellan, Maryland Medicaid, MHN, Tricare, United Referral: No referral necessary. Availability: Immediately.
<p>Anacostia Center for Psychotherapy & Counseling</p> <p>2025 Martin Luther King Jr. Avenue SE WDC 20020 Bus: 90, 93, A9, A42, A46, A48, B2, P6, U2</p> <p>P: 202-561-1423</p>	<ul style="list-style-type: none"> Provides psychiatric, psychological and psycho-education evaluations; individual, group & family therapy; anger and stress management; parenting skills training and reunification parenting. <p>Languages: Unable to verify.</p>	<p>Unable to verify.</p>	<ul style="list-style-type: none"> Insurance: Unable to verify. Referral: Unable to verify. Availability: Unable to verify.
<p>Capitol Hill Center for Individual and Family Therapy</p> <p>50 E Street SE Suite 300 WDC 20003 Capitol South – Blue/Orange/Silver Bus: P17, P19, W13</p> <p>P: 202-543-4645 http://capitolhillcenterfortherapy.net/</p>	<ul style="list-style-type: none"> Provides psychotherapy services for children, adolescents and families. Individual, couples, and family therapy offered. Childhood issues addressed include learning and behavior problems, childhood depression, trauma, adjustment issues, foster care, eating and sleeping problems, abuse, and adoption. <p>Languages: Unable to verify.</p>	<p>Unable to verify.</p>	<ul style="list-style-type: none"> Insurance: They accept some insurances and offer a sliding fee scale. Referral: Unable to verify. Availability: Unable to verify.

THERAPY SERVICES IN SOUTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Center for Child Protection and Family Support</p> <p>714 G Street SE WDC 20003 Eastern Market – Blue/Orange/Silver Bus: 90, 92, 93, DCN22</p> <p>P: 202-544-3144 www.centerchildprotection.org</p>	<ul style="list-style-type: none"> Provides parent education, school-based programs, therapeutic services and professional training. Services include play therapy, group therapy, and parent support for children and youth ages 4-17 who are victims or have been witness to abuse or domestic violence. <p>Languages: Unable to verify.</p>	<p>4-17 years</p>	<ul style="list-style-type: none"> Insurance: Unable to verify. Referral: Unable to verify. Availability: Unable to verify.
<p>Jacinta Coleman, MSW, LICSW</p> <p>1405 42nd St SE WDC 20020 Bus: F14, M6, W4</p> <p>P: 202-529-1572</p>	<ul style="list-style-type: none"> Play therapy for very young children including those whose verbal skills are not fully developed. Engages in corrective play actions with dolls, uses art materials, etc. <p>Languages: Unable to verify.</p>	<p>Early childhood</p>	<ul style="list-style-type: none"> Insurance: Amerihealth, Aetna, Carefirst, Federal Blue Cross/Blue Shield, United Health Care/United Behavioral Health And Crime Victims Compensation Program. Referral: No referral necessary. Availability: Unable to verify.
<p>Community Connections</p> <p>650 Pennsylvania Ave SE Suite 50 WDC 20003 Eastern Market – Blue/Orange/Silver Bus: 90, 92, 93, 30N, 30S, 32, 34, 36, 39</p> <p>P: 202-465-4065 www.communityconnectionsdc.org</p>	<ul style="list-style-type: none"> Core Service Agency that provides comprehensive mental health services including assessment of needs and life domains; individualized treatment planning; community support services; in home and/or office based counseling; community-based interventions; psycho-educational training and support; medication management. Provide Trauma-Focused Cognitive Behavioral Therapy, Transition to Independence Process (TIP), and Functional Family Therapy. The Get Connected! Initiative seeks to provide coordinated specialty care to young people experiencing their first 	<p>6-17</p>	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, AmeriHealth, MedStar, Trusted and HSCSN. Referral: Call Access HelpLine at 1-888-793-4357. Availability: Call Access HelpLine.

THERAPY SERVICES IN SOUTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	<p>episode of psychosis. Specialists offer psychotherapy, medication management, employment services, family education and resiliency skill training.</p> <p>Languages: English, Spanish, Amharic, Hindi, Korean and others</p>		
<p>Contemporary Family Services</p> <p>Main Location 3300 Pennsylvania Ave SE WDC 20020 Bus: 30N, 36, 39, A11, J13, K11, M6 P: 202-735-0761</p> <p>Head Quarters 6323 Georgia Ave NW, 3rd Floor WDC 20011 P: 202- 525-1527</p> <p>2918 Minnesota Ave SE WDC 20019 P: 202-808-2727 http://www.contemporaryservices.net/</p>	<ul style="list-style-type: none"> Provides four core services of diagnostic and assessment services; community support services; counseling services; and medication and somatic treatments. <p>Languages: English only.</p>	5+	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid; in process of paneling with DC Medicaid MCOs. Referral: Call Access HelpLine at 1-888-793-4357. Availability: Intake available within one week.
<p>Crawford Consulting & Mental Health Services (2 Locations)</p> <p>1. 2412 Minnesota Avenue SE Suite 303 WDC 20020 Bus: 30N, 30S, 32, 34, 36, 39, B2, K11, M6, V7, A11, J13, K11, V2, V8, V9 P: 202-688-3580</p>	<ul style="list-style-type: none"> Offers clinical services including individual, family, group, and relationship/marriage counseling. They also provide psychological services, psychiatric services, individual and group substance abuse treatment, grief therapy, insight oriented therapy, play therapy, NTU psychotherapy, child and adolescent group therapy, and adult groups therapy. <p>Languages: No services in other languages offered but Spanish-speaking doctor available for medication management.</p>	5+ (children must be accompanied by an adult)	<ul style="list-style-type: none"> Insurance: DC and MD Medicaid, HSCSN, AmeriHealth, Trusted. Sliding scale fee available. Referral: No referral needed Availability: Appointment for new patients should be made about one week after intake.

THERAPY SERVICES IN SOUTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>2. 6490 Landover Road Hyattsville, MD 20785 Bus: F13, A12, T18 P: 301-341-5111</p> <p>www.crawfordconsulting.org</p>			<p>Closed on Mondays.</p> <ul style="list-style-type: none"> ▪ Insurance (#2): DC and MD Medicaid only.
<p>DC Department of Behavioral Health Parent Infant Early Childhood Enhancement Program (PIECE) and Child Psychiatric Practice Group</p> <p>821 Howard Road SE WDC 20020 Anacostia – Green Line Bus: P18, W14, B2, W2, W4, 90, 94, A42, A46, A48, P6, A2, A7, A8, A4, W5, W6, W8, W2, W3, A9, Circulator</p> <p>P: 202-698-1838</p>	<ul style="list-style-type: none"> • The Parent Infant Early Childhood Enhancement Program (PIECE) has two components: 1) <i>Early Intervention</i> provides screening, assessment, individual, family, and art therapy, Parent Child Interaction Therapy (PCIT) and Child Parent Psychotherapy for Family Violence; and 2) <i>Healthy Start</i> works with moms with depression/other mental health issues who have a child birth-3 years. Includes psycho-educational parenting group, and home visits if mother is too ill for office-based services. • Child Psychiatric Practice Group (PPG) includes 3 child psychiatrists that provide psychotropic medication assessment and management. • Same day urgent care is available under certain circumstances for youth already prescribed psychotropic medication, but is not intended for psychiatric emergencies (e.g., suicidal). <p>Languages: English. Can utilize interpreter service if necessary.</p>	<p>PIECE: 3 – 6 Healthy Start: Mother and child 0-3</p> <p>PPG: 4-18</p>	<ul style="list-style-type: none"> ▪ Insurance: Accepts all DC Medicaid MCOs and DC FFS Medicaid. Serves all individuals regardless of ability to pay. ▪ Referral: Referral from physician not necessary, but helpful. Referral form obtained by calling 202-698-1838. ▪ Availability: 1-2 weeks, including psychiatrists. Trauma therapy only available up to 6 years old.
<p>Family Wellness Center</p> <p>2526 Pennsylvania Avenue SE Suite C WDC 20020 Bus: U2, V7, V9, 30N, 30S, 32, 34, 36, 36, 39, B2, A11, J13, K11, M6 P: 202-748-5641</p>	<ul style="list-style-type: none"> • CSA that provides diagnostic assessments, medication management, group and individual therapy, community support. <p>Languages: German and Urdu.</p>	8+	<ul style="list-style-type: none"> ▪ Insurance: Straight Medicaid, HSCSN, Medstar, Trusted. ▪ Referral: Call Access HelpLine at 1-888-793-4357. ▪ Availability: Less than one week.

THERAPY SERVICES IN SOUTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Inner City Family Services</p> <p>2313 Martin Luther King Jr. Avenue SE WDC 20020 Anacostia – Green Line Bus: 90, A42, A46, A48, B2, P6, U2, W2, W3, W8, 93</p> <p>P: 202-525-4855 http://www.innercityfamilyservices.com/</p>	<ul style="list-style-type: none"> Provides individual counseling, family counseling and training, community support, crisis intervention, diagnostic assessments, psychological evaluation, behavioral aid, community transition and medical management. <p>Languages: English only.</p>	<p>4+</p>	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, AmeriHealth, Trusted, MedStar Referral: Recommended form primary care provider or other source but not required. Availability: Open for new clients. Intakes: Monday – Saturday Families must go through Access HelpLine for services. Referral: Call Access HelpLine at 1-888-793-4357. Availability: Call Access HelpLine.
<p>Integrated Behavioral Services Group</p> <p>2041 Martin Luther King Jr. Ave SE #201 WDC 20020 Anacostia – Green Line Bus: 90, 93, A42, A46, A48, B2, P6, U2</p> <p>P: 202-610-1444 http://www.ibsginc.com/services.html</p>	<ul style="list-style-type: none"> Diagnostic assessments, therapy and children’s day rehabilitation. Individual Therapy: Depression, Anxiety, Trauma & Post-Traumatic Stress, Sexual Abuse, Grief and Loss, Acting Out Behaviors, Anger Management, Physical and Emotional Abuse, Abusive Relationship Issues, Substance Abuse Family Therapy : RAD Therapy (Reactive Attachment Disorder), Parenting Skills Enhancement, Parent & Child Issues, Siblings, Blended Families, Adoptive Family Issues, Recovering from Divorce/Separation, Grief, Loss and Adjustment, Custody/Visitation Related Issues Children’s Group Therapy: Trauma, Sexual Abuse, Grief & 	<p>6-14</p>	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, Trusted, Medstar, AmeriHealth, HSCSN. Most (if not all) commercial insurance accepted and billed. Referral: Call Access HelpLine at 1-888-793-4357. Availability: About 3 weeks.

THERAPY SERVICES IN SOUTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	Loss Languages: English only.		
MBI Health Services 2041 Martin Luther King Jr. Avenue SE WDC 20020 Anacostia – Green Line Bus: 90, 93, A9, A42, A46, A48, B2, P6, U2 P: 202-547-8450 http://www.mbihealthservices.com/general/index.php	<ul style="list-style-type: none"> Provides four core services of diagnostic and assessment services; community support services; counseling services; Transition to Independence Process (TIP); and medication and somatic treatments. 2 child psychiatrists on staff. Developing specialty services for LGBT youth. Languages: English only.	5+	<ul style="list-style-type: none"> Insurance: AmeriHealth, DC FFS Medicaid, HSCSN, MedStar, Trusted Referral: Call Access HelpLine at 1-888-793-4357. Availability: When open for intake, immediate availability.
North American Family Institute (NAFI) 720 I Street SE WDC 20003 Eastern Market – Blue/Orange/Silver Bus: V7, V8, 90, 92, 93 P: 202-525-2631 http://www.nafi.com/nafinfi/	<ul style="list-style-type: none"> Certified to provide Multisystemic Therapy for Emerging Adults (MST-EA), which aims to help emerging adults with Serious Mental Health Conditions (SMHC) and justice system involvement to decrease offending and increase their involvement in the normative activities of this age group. Languages: Not yet verified.	17-21	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid. Referral: Call Access HelpLine at 1-888-793-4357. Availability: Not yet verified.
Paving The Way 2616 Martin Luther King Jr. Ave., SE WDC 20020 Green Line Bus: H4,70, 79, A2, A4, A6, A7,A8,A42, A46, A48 P: 202-724-7666 http://www.pavingthewaymsi.org/	<ul style="list-style-type: none"> Dianostic/Assessment Medication Management Individual Therapy Family Therapy Group Therapy Complete Psychological Testing Languages: Unable to verify.	4-21	<ul style="list-style-type: none"> DC FFS Medicaid, DC Medicare, Medstar

THERAPY SERVICES IN SOUTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>PSI</p> <p>770 M Street SE WDC 20003 Navy Yard-Green; Eastern Market-Blue/Orange/Silver Bus: A42, A46, A48, P6, V7, V8, V9</p> <p>P:202-547-3870 http://www.psiservicesinc.net/pages/ChildServices/ede.html</p>	<ul style="list-style-type: none"> Psychiatric therapy, community support, and individualized therapy Only provides Mental Health Services <p>Languages: Unable to verify.</p>	<p>5+</p>	<ul style="list-style-type: none"> Insurance: Amerihealth, Medstar, Trusted, DC FFS Medicaid Call Access HelpLine at 1-888-793-4357 Availability: 1 week.
<p>Wendt Center for Loss and Healing</p> <p>4201 Connecticut Avenue NW Suite 300 WDC 20008 Van Ness/UDC – Red Line Bus: H2, L1, L2</p> <p>P: 202-624-0010</p> <p>2041 MLK Jr. Ave SE Suite 234 WDC 20020 Green Line Bus: H2, H3, H4</p> <p>www.wendtcenter.org</p>	<ul style="list-style-type: none"> The Wendt Center offers counseling for dealing with grief and loss issues, support groups, children’s services, crime victim services, professional training and community education, crisis response and Recover: Support for Survivors of Sudden Traumatic Death. They also offer Camp Forget-Me-Not during the summer. <p>Languages: Spanish services offered for individual therapy.</p>	<p>3+</p>	<ul style="list-style-type: none"> Insurance: Aetna, Blue Cross Blue Shield, DC FFS Medicaid, Trusted, MedStar, AmeriHealth, HSCSN. Sliding scale available for qualifying individuals and families Referral: No referral needed, unless required by insurance provider. Availability: Waitlist – about 2-3 weeks, dependent upon client availability.
<p>Total Family Care Coalition</p> <p>1214 I Street SE Suite 11 WDC 20003 Potomac Ave – Orange/Blue Lines</p>	<ul style="list-style-type: none"> Provides Transition to Independence Process (TIP). 	<p>5-29</p>	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid Referral: Call Access HelpLine at 1-888-793-4357. Availability: Call Access

THERAPY SERVICES IN SOUTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Bus: 32, 34, 36, V7, V9 P: 202-758-3281 http://www.totalfamilycarecoalition.org/programs.html			HelpLine.
Zocalo Outreach Program 745 8th Street SE WDC 20002 Potomac Ave – Blue/Orange Lines Bus: 90, 92, 93 P: 202-675-9350 http://sashabruce.org/programs/show/healthy-lives/zocalo-outreach-program/	<ul style="list-style-type: none"> Provides home-based individual and family counseling and support services to at-risk youth. Stabilizes families through home-based services, including crisis intervention, individual youth and parent/guardian counseling, family counseling, school support and advocacy, substance abuse and pregnancy prevention counseling, family activities and support groups, comprehensive case management, and referrals to additional community resources. Languages: English only.	5 th -9 th grade	<ul style="list-style-type: none"> Insurance: All services are free, no insurance needed. Referral: Self-referral by parent needed for services. Availability: Immediate availability.

THERAPY SERVICES IN MARYLAND & VIRGINIA

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Adventist Behavioral Health</p> <p>14901 Broschart Road Rockville, MD 20850 Bus: Rockville station-Bus 56. Shady Grove station-Bus 74 and 43</p> <p>P: 301-838-4912 http://www.adventisthealthcare.com/locations/adventist-behavioral-health/services/outpatient-wellness-clinic/#.VO43h_nF_To</p>	<ul style="list-style-type: none"> Services include psychiatric evaluations and assessments, individual therapy, psychoeducation and medication management. <p>Languages: English. Interpreter services available.</p>	5+	<ul style="list-style-type: none"> Insurance: Accept most major commercial insurances; MD Medicaid; call to verify re: DC Medicaid/MCOs. Referral: Not necessary. Availability: Psychiatrist – 2-3 weeks; therapy – call for current availability.
<p>BHIPP – Maryland Behavioral Health Integration in Pediatric Primary Care</p> <p>855-MD-BHIPP (855-632-4477) http://www.mdbhipp.org/</p>	<ul style="list-style-type: none"> BHIPP supports the efforts of primary care providers (PCPs) to assess and manage the mental health needs of their patients from infancy through the transition to young-adulthood. BHIPP is available to PCPs without charge for a phone consultation and without regard to a patient’s insurance status. PCPs can initiate a phone consultation by calling 855-MD-BHIPP. BHIPP also aids in finding Maryland behavioral health resources and referrals. 	Infancy-young adult	<ul style="list-style-type: none"> Insurance: Free, regardless of insurance. Referral: No referral, primary care providers may call 855-MD-BHIPP. Availability: Calls will be returned within 24 hours, if not sooner.
<p>Greenbelt CARES</p> <p>25 Crescent Road Greenbelt, MD 20770</p> <p>P: 301-345-6660 http://www.greenbeltmd.gov/index.aspx?nid=138</p>	<ul style="list-style-type: none"> Services include free family counseling. <p>Languages: English, Spanish.</p>	3+	<ul style="list-style-type: none"> No insurance needed. Free services. Referral: No referral required. Availability: Wednesday 6-8pm for appointments.
<p>Jewish Social Service Agency</p>	<ul style="list-style-type: none"> Provides psychological, psychiatric, educational and 	2 yrs-young adult	<ul style="list-style-type: none"> Insurance: Aetna, BlueCrossBlueShield, Cigna,

THERAPY SERVICES IN MARYLAND & VIRGINIA

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>200 Wood Hill Road Rockville, MD 20850 There is no Metro station within walking distance. RideOn buses can be boarded from the Shady Grove, Rockville, or Twinbrook Metro stations.</p> <p>P: Main: 301-881-3700/Inquiry and Screening: 301-816-2633 http://www.jssa.org/</p>	<p>neuropsychological evaluations, care coordination, individual, couple, family, sibling and group counseling, social skills therapy groups, medication management, parenting and family support groups and training and services for children and adolescents with disabilities.</p> <ul style="list-style-type: none"> • Specific center for Autism Spectrum Disorders. <p>Languages: English only.</p>		<p>MAMSI/MDIPA/Optimum Choice, Medicare, Medicaid (Maryland only), Tricare, United Behavioral Health, United HealthCare</p> <ul style="list-style-type: none"> ▪ Referral: No referral necessary ▪ Availability: Generally within one month; sometimes sooner dependent on client availability.
<p>Maryland (MD) Family Resource</p> <p>903 Brightseat Rd Landover, MD 20785 Bus from Largo Metro-Blue/Silver Line</p> <p>P: 301-333-2980</p>	<ul style="list-style-type: none"> • Core Service Agency that provides four core services of diagnostic and assessment services; community support services; counseling services; community-based intervention and medication and somatic treatments. • Provide Trauma-Focused CBT. <p>Languages: English only.</p>	5+	<ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid and all MD Medicaid, no DC Medicaid MCOs. ▪ Referral: DC residents, call Access HelpLine at 1-888-793-4357. MD residents, call main office number. ▪ Availability: Intake appointments within 1 week.
<p>Campbell Psychological Services, LLC</p> <p>8607 Second Ave, Suite 506-A Silver Spring, MD 20910</p> <p>P: 301-589-5533 http://www.camppsychserv.com/</p> <p>Red Line Bus: 80, H2, H3, H4</p>	<ul style="list-style-type: none"> • Individual, family, group, and play therapy. 	6+	<ul style="list-style-type: none"> ▪ Self Pay does not accept insurance • Availability – within one to two weeks

THERAPY SERVICES IN MARYLAND & VIRGINIA

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Multicultural Human Services</p> <p>Locations throughout Northern Virginia. Please call for more information.</p> <p>P: 571-748-2800 http://www.nvfs.org/</p>	<ul style="list-style-type: none"> Provides Individual, Couples, Group, & Family Therapy ; Domestic Violence Counseling; Anger Management Counseling; Batterer’s Intervention Program; Program for Survivors of Torture & Severe Trauma (PSTT); Parenting Classes; Substance Abuse Education & Counseling ; Medication Management/Consultation with Psychiatrist. <p>Languages: English, Spanish, French, Arabic, Portuguese, Farsi, Vietnamese.</p>	Unable to verify.	<ul style="list-style-type: none"> Insurance: Self-Pay, Sliding Scale, Insurance. Referral: For referral form: http://www.nvfs.org/pages/page.asp?page_id=91704 Availability: Call to confirm.
<p>Outreach Solutions</p> <p>14760 Main Street Suite 117 Upper Marlboro, MD 20772</p> <p>P: 301-574-8027</p>	<ul style="list-style-type: none"> Certified Specialty provider to provide Community-Based Intervention: Intensive Home and Community-based Services (IHCBS) and supports. <p>Languages: English only.</p>	6-21	<ul style="list-style-type: none"> Insurance: Medicaid. Referral: Call Access HelpLine at 1-888-793-4357. Availability: Contact Access HelpLine.
<p>Universal Healthcare Management Services</p> <p>2810 Walters Lane District Heights, MD 20747 P: 301-735-1635</p> <p>http://www.uhmsdc.com/</p>	<ul style="list-style-type: none"> Private Practice of diagnostic and assessment services; group/individual therapy, counseling services; and medication and somatic treatments. Provides Transition to Independence Process (TIP) and Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) (4-18). Outpatient mental health services. <p>Languages: English only.</p>	6+	<ul style="list-style-type: none"> Insurance: MD Medicaid and most commercial plans. Referral: Call 301-735-1635 to schedule. Availability: same week appointments.
<p>Virginia Community Service Boards</p> <p>Searchable directory of CSBs: http://www.vacsb.org/directory.html</p>	<ul style="list-style-type: none"> Each city or county in Virginia has a Community Service Board (CSB) that delivers community-based mental health, developmental, and substance abuse services to individuals with mental health or substance use disorders, intellectual disability, or co-occurring disorders. 	Children-adults	<ul style="list-style-type: none"> CSBs are single point of entry to VA’s public mental health system. Contact individual CSB for more information. Directory of CSBs available at: http://www.vacsb.org/director

THERAPY SERVICES IN MARYLAND & VIRGINIA

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Youth Villages 1911 Fort Myer Drive, Suite 305 Arlington VA 22209 Rosslyn – Orange Line/ Blue/ Silver Bus: 3A P: 703-516-6940 www.youthvillages.org</p>	<ul style="list-style-type: none"> • Provides intensive in-home treatment programs for troubled teenagers, children and families only where the children are covered by DC Medicaid, parents can have other insurances. • Provides Multisystemic Therapy and Multisystemic Therapy for Youth with Problem Sexual Behavior. <p>Languages: Spanish offered for intensive in-home treatment.</p>	<p>10-17</p>	<p>y.html</p> <ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid, AmeriHealth, Medstar, HSCSN, Trusted. ▪ Referral: No referral necessary. ▪ Availability: Immediate availability.

PSYCHIATRISTS

This section provides information on psychiatric providers located in hospitals, health systems, and nonprofits.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Aetna Pediatric Behavioral Health Management Program</p> <p>For more info, including how to participate, see: http://www.aetna.com/healthcare-professionals/tools/Pediatric-Behavioral-Health.html</p>	<ul style="list-style-type: none"> The Aetna Pediatric Behavioral Health Management Program is designed to support pediatricians in the diagnosis and treatment of mood and behavior problems. The program is open to Aetna participating pediatricians treating any Aetna member 5 to 18 years of age who has Aetna medical and behavioral health benefits. 	5-18	<ul style="list-style-type: none"> Insurance: Aetna Referral: Provider contacts Aetna directly. Availability: Contact Aetna.
<p>BHIPP – Maryland Behavioral Health Integration in Pediatric Primary Care</p> <p>855-MD-BHIPP (855-632-4477) http://www.mdbhipp.org/</p>	<ul style="list-style-type: none"> BHIPP supports the efforts of primary care providers (PCPs) to assess and manage the mental health needs of their patients from infancy through the transition to young-adulthood. BHIPP is available to PCPs without charge for a phone consultation and without regard to a patient’s insurance status. PCPs can initiate a phone consultation by calling 855-MD-BHIPP. BHIPP also aids in finding Maryland behavioral health resources and referrals. 	Infancy-young adult	<ul style="list-style-type: none"> Insurance: Free, regardless of insurance. Referral: No referral, primary care providers may call 855-MD-BHIPP. Availability: Calls will be returned within 24 hours, if not sooner.
<p>Children’s National Health System – Psychiatry/Psychology and Behavioral Sciences/Health</p> <p>111 Michigan Avenue NW WDC 20010 Shuttles from Union Station, Brookland and Columbia Heights Bus: H1, H2, H3, H4</p>	<ul style="list-style-type: none"> Offers assessment, diagnosis, and care for children and teens with behavioral, emotional, and developmental disorders. Specialty clinics/programs include: Anxiety; Attention Deficit and Hyperactivity Disorders Clinic; Bullying Related Health Risks; Gender and Sexuality Psychosocial Programs; Infant and Toddler Mental Health Program (ITP); Mood Disorders Clinic; Neurobehavior Program. 	Infants – 17 yrs and 6 mos	<ul style="list-style-type: none"> Insurance: Aetna, BlueCross BlueShield, DC Medicaid (only MDs), AmeriHealth, HSCSN, MedStar, Trusted, Tricare, United, MD Medicaid – ValueOptions, VA Medicaid MCOs (not straight VA Medicaid).

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
P: Front desk-202-476-2118 Intake-202-476-4733 http://childrensnational.org/departments/psychiatry-and-behavioral-sciences	Languages: Access to multiple languages through interpreter service.		<ul style="list-style-type: none"> ▪ Referral: No referral necessary. Family should call intake coordinator, who will mail packet to family, which they must complete and mail or fax back. Coordinator will call to confirm receipt, and follow up call will be made after info reviewed to schedule appointment. ▪ Availability: ~ 4-6 months.
Comprehensive Community Health & Psychological Services LLC 1250 H Street NE WDC 20002 Union Station – Red Line Bus: X1, X2, X9, B2 P: 202-543-5830 www.cchpsonline.org/	<ul style="list-style-type: none"> • Provides individual therapy, cognitive-behavioral therapy, family therapy, couples therapy, group therapy, play therapy/psychodrama, psychiatric assessment & medication management, substance abuse screening/counseling, psychological/personality testing forensic evaluations, and a co-occurring disorders program, which treats clients suffering from both chemical addiction and mental illness. Languages: Unable to verify.	Unable to verify.	<ul style="list-style-type: none"> ▪ Forms of payment accepted include Medicaid, state financed (other than Medicaid), private health insurance, or self-payment (no sliding scale). Unable to verify further. ▪ Referral: Unable to verify. ▪ Availability: Unable to verify.
Congress Heights Life Skills Center 3029 Martin Luther King, Jr. Ave SE Suite 300 WDC 20032 Congress Heights- Green Line Bus: A2, A4, A6, A7, A8, A9, A42, A46, A48, W2, W3, W4 P: 202-971-4055	<ul style="list-style-type: none"> • Provides outpatient mental health services; psychiatrist for med management; social workers for therapy (in-home and group-based); and behavioral specialists. Groups for anger management, social skills and bereavement. Languages: English only.	1-26	<ul style="list-style-type: none"> ▪ Insurance: HSCSN only ▪ Referral: Must go through Cathy Ruffin at HSCSN at 202-495-7715 ▪ Availability: Generally immediate availability.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>DC Department of Behavioral Health Child Psychiatric Practice Group</p> <p>821 Howard Road SE WDC 20020 Anacostia – Green Line Bus: P18, W14, B2, W2, W4, 90, 94, A42, A46, A48, P6, A2, A7, A8, A4, W5, W6, W8, W2, W3, A9, Circulator</p> <p>P: 202-698-1838</p>	<ul style="list-style-type: none"> Child Psychiatric Practice Group (PPG) includes 3 child psychiatrists that provide psychotropic medication assessment and management. Same day urgent care is available under certain circumstances for youth already prescribed psychotropic medication, but is not intended for psychiatric emergencies (e.g., suicidal). <p>Languages: Can utilize interpreter service if necessary.</p>	6-18	<ul style="list-style-type: none"> Insurance: Accepts all DC Medicaid MCOs and DC FFS Medicaid. Serves all individuals regardless of ability to pay. Referral: Referral from physician not necessary but helpful. Availability: 1-2 weeks, including for psychiatrists.
<p>DC Department of Behavioral Health Core Service Agencies</p> <p>Please see CSA section or call Access HelpLine at 1-888-793-4357</p>	<ul style="list-style-type: none"> CSAs offer diagnostic assessments; medication management, community support, and counseling. 	Variable	Please see individual listings.
<p>Holy Health Care Services</p> <p>6210 North Capitol Street NW WDC 20011 Takoma Metro Station Bus: K2, 63</p> <p>P: 202-722-0404</p>	<ul style="list-style-type: none"> Psychiatry, Therapy 	5+	<ul style="list-style-type: none"> Amerihealth, DC Medicaid, Medicare, Carefirst.
<p>Howard University Outpatient Mental Health Clinic</p> <p>530 College Street NW WDC 20060 Shaw/Howard U – Green/Yellow Lines Bus: 70</p>	<ul style="list-style-type: none"> Children and adolescent services include outpatient treatment, medication management, and individual therapy <p>Languages: English only.</p>	5-17	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, Trusted, HSCSN, VA Medicaid; Care First PPO, Aetna PPO, United Health PPO, Trusted Health PPO. Not accepting HMOs at this time. NOTE: Besides the clinic, private

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
P: 202-806-7981 http://huhealthcare.com/healthcare/hospital/departments/psychiatry-behavioral-sciences			doctors are available who accept all forms of insurance, including Medicaid and all MCOs. <ul style="list-style-type: none"> ▪ Referral: No referral needed, unless required by insurance provider. ▪ Availability: About 2 week wait for new patients.
Jewish Social Service Agency 200 Wood Hill Road Rockville, MD 20850 There is no Metro station within walking distance. RideOn buses can be boarded from the Shady Grove, Rockville, or Twinbrook Metro stations. P: Main: 301-881-3700/Inquiry and Screening: 301-816-2633 http://www.jssa.org/	<ul style="list-style-type: none"> • Provides psychological, psychiatric, educational and neuropsychological evaluations, care coordination, individual, couple, family, sibling and group counseling, social skills therapy groups, medication management, parenting and family support groups and training and services for children and adolescents with disabilities. • Specific center for Autism Spectrum Disorders. Languages: English only.	2 yrs-young adult	<ul style="list-style-type: none"> ▪ Insurance: Aetna, BlueCrossBlueShield, Cigna, MAMSI/MDIPA/Optimum Choice, Medicare, Medicaid (Maryland only), Tricare, United Behavioral Health, United HealthCare ▪ Referral: No referral necessary ▪ Availability: Generally within one month; sometimes sooner dependent on client availability.
Love Your Life Healthcare (LYLE) 1414 North Capitol Street NW WDC 20002 Noma/Gallaudet-Red Line Bus: 63, 64	<ul style="list-style-type: none"> • Provide assessments, psychotherapy/counseling, positive behavior support, and medication management for children and adolescents with serious disorders such as autism, anxiety, depression, attention deficit and hyperactivity disorder (ADHD), and bipolar disorder. 	5+ (Psychiatry services for early childhood)	<ul style="list-style-type: none"> ▪ Insurance: DC Medicaid, AmeriHealth, Trusted, HSCSN, BCBS, Cigna, United, Humana, not Magellan. ▪ Referral: No referral necessary.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
P: 202-232-4270 http://www.lylehealthcare.com	Languages: English, Arabic, Creole, French, Spanish.	may vary)	<ul style="list-style-type: none"> ▪ Availability: Immediate availability for assessments and therapy; 1-2 weeks for psychiatrists.
Mary's Center 3912 Georgia Avenue NW Washington, DC 20011 (Psychiatry) Georgia Ave/Petworth – Green/Yellow Bus: 60, 62, 63, 64, 70, 79, H8 P: 202-483-8196 http://www.maryscenter.org/	<ul style="list-style-type: none"> • Provides psychiatric and therapeutic services, including Parent Child Interaction Therapy (PCIT), for children. Will conduct psychiatric assessments and med management for children under 5. Languages: English, Spanish.	3+ years	<ul style="list-style-type: none"> ▪ Insurance: DC and MD Medicaid, Trusted, Medstar, HSCSN, AmeriHealth, Aetna, Blue Cross Blue Shield, Cigna ▪ Referral: No referral necessary. ▪ Availability: Approximately 2-3 months for psychiatric and therapeutic services.
MedStar Georgetown University Hospital - Psychiatry Department 2115 Wisconsin Avenue NW Suite 200 WDC 20007 Bus: 30N, 30S, 31, 33 P: 202-944-5400 https://www.medstarhealth.org/Pages/Services/Mental-Health/Psychiatry-at-MedStar-Georgetown-University-Hospital.aspx	<ul style="list-style-type: none"> • Provides comprehensive outpatient evaluation and treatment for children and their families. The program offers individual psychotherapy, family therapy and medication treatments. • Treat children who have mood disorders, anxiety disorders, post-traumatic stress disorder, attention-deficit/hyperactivity disorder, disruptive behavior disorders, and learning disorders, among others. • Includes specialty clinic for Mood and Anxiety disorders. • Conduct psychiatric diagnostic evaluations for autism. Languages: Spanish and interpreter service available.	Early childhood-17	<ul style="list-style-type: none"> ▪ Insurance: Aetna, DC FFS Medicaid, HSCSN (w referral only), Care First PPO (some plans), MedStar (DC only), and United ▪ Referral: No referral necessary ▪ Availability: Status of whether accepting new patients changes daily, and often not accepting new patients.
The Ross Center for Anxiety and Related Disorders 5225 Wisconsin Avenue NW Suite 400	<ul style="list-style-type: none"> • Provides treatment by child and adolescent psychiatrists and psychologists. In addition to individual and group therapy, the Center offers family therapy and parenting skills training. 	4+	<ul style="list-style-type: none"> ▪ No insurance accepted. ▪ Referral: Normally no Referrals are necessary.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
WDC 20015 Friendship Heights-Red Line Bus: 30N, 30S, 31, 33, N2 P: 202-363-1010 http://www.rosscenterdc.com/	Languages: English, French.		<ul style="list-style-type: none"> ○ Call for availability – one child Psychiatrist prefers referrals. ▪ Availability: Approximately 1 month. Therapy – waitlist. Psychiatry – 3 weeks wait
Washington School of Psychiatry – Adele Lebowitz Center for Youth and Family 5028 Wisconsin Avenue NW Suite 400 WDC 20016 Friendship Heights – Red Line Bus: 30N, 30S, 31, 33, N2 P: 202-537-6050 www.wspdc.org	<ul style="list-style-type: none"> • Treatment options include psychiatric services, medication management, individual psychotherapy, group therapy, couples therapy, parent counseling, psychoanalysis, and appropriate referrals. Languages: English, Spanish, Portuguese.	3+	<ul style="list-style-type: none"> ▪ Insurance: Accepts cash. Considered out-of-network provider as does not directly accept insurance. Offer a sliding fee scale. ▪ Referral: Referral not necessary. ▪ Availability: Initial intake evaluation availability is Wednesday evenings after 5pm. Later sessions and availability will be determined on case by case basis.

CORE SERVICE AGENCIES

DBH contracts with a number of agencies to deliver Mental Health Rehabilitation Services, and provide community-based or in-home services for children with severe social/emotional disorder diagnoses. Providers who offer the four core services (diagnostic assessments, medication management, community support, and counseling) are classified as CSAs; those providers who offer a subset of these core services (e.g., assessment and counseling) can be certified as a sub-provider or specialty provider. The following list includes child-serving agencies that are CSAs, as well as agencies that are certified as sub-providers of MHRS. CSAs are noted with an asterisk (*). DBH Choice Providers that provide behavioral health services to CFSA children/youth are noted with a plus sign (+). This section is organized by geographic quadrant.

Call the 24/7 Access Helpline 1-888-793-4357 to connect with one of the CSAs.

CORE SERVICE AGENCIES IN NORTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Family Preservation Services</p> <p>3341 Benning Road NE WDC 20019 Minnesota Avenue – Orange/Silver Line Bus: X1, X2, X3</p> <p>P: 202-543-0387 http://www.pathways.com/washington-d-c/</p>	<ul style="list-style-type: none"> • Specialty provider that provides diagnostic and assessment services, medication/somatic treatment, counseling and psychotherapy. • Community based interventions (CBI) are also provided to children and youth age 6 to 21 and their families. • Transition to Independence Process (TIP). <p>Languages: Spanish offered for community based interventions.</p>	6+	<ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid, AmeriHealth, Trusted, MedStar Family Choice, HSCSN; United, commercial insurance, Value Options. ▪ Referrals: Call Access HelpLine at 1-888-793-4357. ▪ Availability: Immediately.
<p>Federal City Recovery Services – ASTEP Provider</p> <p>316 F Street NE Suite 118 WDC 20002 Union Station – Red Line Bus: 80, 90, 92, 93, 96, 97, D1, D3, D4, D6, D8, X1, X2, X8 DC Circulator</p> <p>P: 202-548-8460 http://www.federalcityrecovery.org/</p>	<ul style="list-style-type: none"> • Certified by DBH to provides Adolescent Community Reinforcement Approach (substance use evidence-based practice). <p>Languages: Unable to verify.</p>	12-22	<ul style="list-style-type: none"> ▪ Insurance: No insurance required. ▪ Referral: No referral necessary. ▪ Availability: Call regarding intake hours.

CORE SERVICE AGENCIES IN NORTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Life Enhancement Services</p> <p>1818 New York Ave NE Suite 115 WDC 20002 Green, Yellow Line Bus: E2, T14, H6, D8</p> <p>P: 202-260-2404</p> <p>http://www.lifeenhancementservices.org/dc/</p>	<ul style="list-style-type: none"> Provides medication management; diagnostic & comprehensive clinical assessments; behavioral health screenings; therapy (individual, group, family); community support; case management; in home therapy. Provides Transition to Independence Process (TIP). <p>Languages: Unable to verify.</p>	<p>5+</p>	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, AmeriHealth, HSCSN, Trusted Referral: Call Access HelpLine at 1-888-793-4357. Availability: One month.
<p>MBI Health Services*</p> <p>4017 Minnesota Ave NE WDC 20019 Minnesota Ave – Orange/Silver Line Bus: U2, U5, U6, V7, V8</p> <p>P: 202-388-9202</p> <p>http://www.mbihealthservices.com/general/index.php</p>	<ul style="list-style-type: none"> Provides four core services of diagnostic and assessment services; community support services; counseling services; Transition to Independence Process (TIP); and medication and somatic treatments. 2 child psychiatrists on staff. Developing specialty services for LGBT youth. <p>Languages: English only.</p>	<p>5+</p>	<ul style="list-style-type: none"> Insurance: AmeriHealth, DC FFS Medicaid, HSCSN, MedStar, Trusted Referral: Call Access HelpLine at 1-888-793-4357. Availability: When open for intake, immediate availability. Walk-ins available from 9am – 2pm M-F
<p>Mental Health Services Division *</p> <p>35 K Street NE WDC 20002 Union Station – Red Line Bus: D3, D4, 80</p> <p>P: 202-442-4100</p>	<ul style="list-style-type: none"> Urgent Care Clinic - The CSA provides diagnostic and assessment services, emergency medication/somatic treatment, counseling and psychotherapy. <p>Languages: Unable to verify.</p>	<p>18+</p>	<ul style="list-style-type: none"> Insurance: Unable to verify. Referral: Call Access HelpLine at 1-888-793-4357. Availability: When open for intake, immediate availability.

CORE SERVICE AGENCIES IN NORTHWEST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Family Matters of Greater Washington – Mental Health Unit +</p> <p>1509 16th Street NW WDC 20036 Dupont Circle – Red Line Bus: G2, S1, S2, S4, S9</p> <p>P: 202-548-7308 www.familymattersdc.org</p>	<ul style="list-style-type: none"> Provides play therapy for children, individual and family therapy, medication management, and psychiatric evaluation, and case managers (community support workers) available. <p>Languages: English, Spanish- counseling services offered in Spanish.</p>	6+	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, Trusted, AmeriHealth, HSCSN, United Behavioral Health, Cigna, Care First, Etna Referral: No referral needed, unless required by insurance. Availability: ~ 2 Months for new patients to see Psychiatrist. ~2 weeks for Community Support Worker.
<p>First Home Care*+</p> <p>1012 14th Street NW WDC 20005 McPherson Square – Blue/Orange/Silver Bus: 80, D1, D3, D6, 52, 53, 54</p> <p>P: 202-737-2554 For Functional Family Therapy, contact Stephanie Sanders at 202-654-5123 http://www.firsthomecare.com/</p>	<ul style="list-style-type: none"> A CSA that provides services to children and youth with serious emotional disturbances and persons with serious mental illness. Services include diagnostic assessments, medication/somatic treatment, individual, family and group counseling, community support, which includes skills training (anger management, coping skills, study skills, stress management, etc.) and community based intervention (CBI). Provide Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Transition to Independence Process (TIP), and Functional Family Therapy (FFT). <p>Languages: English only.</p>	5-21	<ul style="list-style-type: none"> Insurance: HSCSN, AmeriHealth, Trusted, MedStar, Medicaid Referral: Call Access HelpLine at 1-888-793-4357. Availability: Call Access HelpLine.
<p>Hillcrest Children and Family Center</p> <p>915 Rhode Island Avenue NW WDC 20001 Shaw – Green/Yellow Lines Bus: G8, 63, 64</p>	<ul style="list-style-type: none"> Provides individual, group, and family therapy, psychiatric evaluation, parenting education, anger and stress management services, a youth substance abuse treatment program (Turning Point), a youth substance abuse prevention program (Project Success), community support services, community-based interventions, a 	5+	<ul style="list-style-type: none"> Insurance: DC Medicaid only, Medstar, Trusted, AmeriHealth, HSCSN, FFS, ValueOptions Referral: Walk-in appointments for intake: Mon/Wed 8:30am-

CORE SERVICE AGENCIES IN NORTHWEST

<p>P: 202-232-6100 http://www.hillcrest-dc.org/</p>	<p>depression intervention program, and crisis intervention and emergency services. Children, adolescent, and teen services include community support, individual counseling, and medication management.</p> <ul style="list-style-type: none"> • Provide Trauma-Focused Cognitive Behavioral Therapy and Functional Family Therapy. <p>Languages: English, Spanish- two Spanish speaking therapists on site for individual and family therapy.</p>		<p>12pm and Tues/Thurs 8:30am-4pm</p> <ul style="list-style-type: none"> ▪ Availability: Waitlist for therapy. Call Access HelpLine.
<p>Latin American Youth Center</p> <p>1419 Columbia Road NW WDC 20009 Columbia Hgts Metro Station – Green/Yellow Lines Bus: 52, 53, 54, H1, H2, H3, H4</p> <p>P:202-319-2225 or 202-319-2229 Email: rocio@layc-dc.org http://www.layc-dc.org/</p>	<ul style="list-style-type: none"> • Core Service Agency that provides assessment; individual, group, and family counseling; crisis intervention; psychiatric evaluations, medication management; and community support. • Provides Child-Parent Psychotherapy (CPP). <p>Language: Spanish</p>	<p>0-5 & 12-21</p>	<ul style="list-style-type: none"> ▪ Insurance: For DC residents: <ul style="list-style-type: none"> ○ DC FFS Medicaid, Trusted, Medstar, AmeriHealth. ○ For MD residents: MD Medicaid, Medstar, UnitedHealthcare. Also CareFirst,Aetna, Cigna, United Healthcare. ○ Sliding scale fee available or qualifying individuals. ▪ Referral: Needed from primary care physician. Form can be found online. ▪ Availability: Assessments ~1 month, Psychiatry ~2 weeks after assessment. Spanish sessions have longer wait.
<p>Mary’s Center*</p> <p>3912 Georgia Avenue NW WDC 20011 (Psychiatry)</p>	<ul style="list-style-type: none"> • Core Service Agency that provides psychiatric and therapeutic services, including Parent Child Interaction Therapy (PCIT), for children. Will conduct psychiatric assessments and med management for children under 5. 	<p>Therapy 2+ Psychiatry 3+</p>	<ul style="list-style-type: none"> ▪ Insurance: DC FFS and MD Medicaid, Trusted, Medstar, HSCSN, AmeriHealth, Aetna, Blue Cross Blue Shield, Cigna

CORE SERVICE AGENCIES IN NORTHWEST

Georgia/Petworth – Green/Yellow Lines
Bus: 60, 62, 63, 64, 70, 79, H8

P: 202-483-8196
<http://www.maryscenter.org/>

Languages: English, Spanish.

- Referral: Call Access HelpLine at 1-888-793-4357.
- Availability: ~ 2-3 month wait for psychiatric and therapy services.

CORE SERVICE AGENCIES IN SOUTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Community Connections*+</p> <p>650 Pennsylvania Ave SE Suite 50 WDC 20003 Eastern Market – Blue/Orange/Silver Bus: 90, 92, 93, 30N, 30S, 32, 34, 36, 39</p> <p>P: 202-465-4065 www.communityconnectionsdc.org</p>	<ul style="list-style-type: none"> • Core Service Agency that provides comprehensive mental health services including assessment of needs and life domains; individualized treatment planning; community support services; in home and/or office based counseling; community-based interventions; psycho-educational training and support; medication management. • Provide Trauma-Focused Cognitive Behavioral Therapy, Transition to Independence Process (TIP), and Functional Family Therapy. • The Get Connected! Initiative seeks to provide coordinated specialty care to young people experiencing their first episode of psychosis. Specialists offer psychotherapy, medication management, employment services, family education and resiliency skill training. <p>Languages: English, Spanish, Amharic, Hindi; Korean, others.</p>	<p>6-17</p>	<ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid, AmeriHealth, MedStar, Trusted and HSCSN. ▪ Referral: Call Access HelpLine at 1-888-793-4357. ▪ Availability: Call Access HelpLine.
<p>Contemporary Family Services</p> <p>Main Location 3300 Pennsylvania Ave SE WDC 20020 Bus: 30N, 36, 39, A11, J13, K11, M6</p> <p>P: 202-735-0761</p> <p>Head Quarters 6323 Georgia Ave NW, 3rd Floor WDC 20011</p> <p>P: 202- 525-1527</p>	<ul style="list-style-type: none"> • Provides four core services of diagnostic and assessment services; community support services; counseling services; and medication and somatic treatments. <p>Languages: English only.</p>	<p>5+</p>	<ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid; in process of paneling with DC Medicaid MCOs. ▪ Referral: Call Access HelpLine at 1-888-793-4357. ▪ Availability: Intake available within one week.

CORE SERVICE AGENCIES IN SOUTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>2918 Minnesota Ave SE WDC 20019</p> <p>P: 202-808-2727 http://www.contemporaryservices.net/</p>			
<p>Family Wellness Center*</p> <p>2526 Pennsylvania Avenue SE Suite C WDC 20020 Bus: U2, V7, V9, 30N, 30S, 32, 34, 36, 36, 39, B2, A11, J13, K11, M6</p> <p>P: 202-748-5641</p>	<ul style="list-style-type: none"> CSA that provides diagnostic assessments, medication management, group and individual therapy, community support. <p>Languages: English, German and Urdu.</p>	8+	<ul style="list-style-type: none"> Insurance: Straight Medicaid, HSCSN, Medstar, Trusted. Referral: Call Access HelpLine at 1-888-793-4357. Availability: Less than one week.
<p>Inner City Family Services*</p> <p>2313 Martin Luther King Jr. Avenue SE WDC 20020 Anacostia – Green Line Bus: 90, A42, A46, A48, B2, P6, U2, W2, W3, W8, 93</p> <p>P: 202-525-4855 http://www.innercityfamilyservices.com</p>	<ul style="list-style-type: none"> Provides individual counseling, family counseling and training, community support, crisis intervention, diagnostic assessments, psychological evaluation, behavioral aid, community transition and medical management. <p>Languages: English only.</p>	4+	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, AmeriHealth, Trusted, MedStar Referral: Recommended form primary care provider or other source but not required. Availability: Open for new clients. Intakes: Monday – Saturday Families must go through Access HelpLine for services. Referral: Call Access HelpLine at 1-888-793-4357. Availability: Call Access HelpLine.

CORE SERVICE AGENCIES IN SOUTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Integrated Behavioral Services Group</p> <p>2041 Martin Luther King Jr. Ave SE #201 WDC 20020 Anacostia – Green Line Bus: 90, 93, A42, A46, A48, B2, P6, U2</p> <p>P: 202-610-1444 http://www.ibsginc.com/services.html</p>	<ul style="list-style-type: none"> Diagnostic assessments, therapy and children’s day rehabilitation. Individual Therapy: Depression, Anxiety, Trauma & Post-Traumatic Stress, Sexual Abuse, Grief and Loss, Acting Out Behaviors, Anger Management, Physical and Emotional Abuse, Abusive Relationship Issues, Substance Abuse Family Therapy : RAD Therapy (Reactive Attachment Disorder), Parenting Skills Enhancement, Parent & Child Issues, Siblings, Blended Families, Adoptive Family Issues, Recovering from Divorce/Separation, Grief, Loss and Adjustment, Custody/Visitation Related Issues Children’s Group Therapy: Trauma, Sexual Abuse, Grief & Loss <p>Languages: English only.</p>	<p>6-14</p>	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, Trusted, Medstar, AmeriHealth, HSCSN. Most (if not all) commercial insurance accepted and billed. Referral: Call Access HelpLine at 1-888-793-4357. Availability: About 3 weeks.
<p>MBI Health Services*</p> <p>2041 MLK Avenue SE WDC 20020 Anacostia – Green Line Bus: 90, 93, A9, A42, A46, A48, B2, P6, U2 P: 202-547-8450 http://www.mbihealthservices.com/general/index.php</p>	<ul style="list-style-type: none"> Provides four core services of diagnostic and assessment services; community support services; counseling services; Transition to Independence Process (TIP); and medication and somatic treatments. 2 child psychiatrists on staff. Developing specialty services for LGBT youth. <p>Languages: English only.</p>	<p>5+</p>	<ul style="list-style-type: none"> Insurance: AmeriHealth, DC FFS Medicaid, HSCSN, MedStar, Trusted Referral: Call Access HelpLine at 1-888-793-4357. Availability: When open for intake, immediate availability.
<p>North American Family Institute (NAFI)</p> <p>720 I Street SE WDC 20003 Eastern Market – Blue/Orange/Silver</p>	<ul style="list-style-type: none"> Certified to provide Multisystemic Therapy for Emerging Adults (MST-EA), which aims to help emerging adults with Serious Mental Health Conditions (SMHC) and justice system involvement to decrease offending and increase their involvement in the normative activities of 	<p>17-21</p>	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid. Referral: Call Access HelpLine at 1-888-793-4357.

CORE SERVICE AGENCIES IN SOUTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Bus: V7, V8, 90, 92, 93 P: 202-525-2631 http://www.nafi.com/nafinfi/	this age group. Languages: Unable to verify.		<ul style="list-style-type: none"> ▪ Availability: Not yet verified.
PSI * 770 M Street SE WDC 20003 Navy Yard-Green; Eastern Market-Blue/Orange/Silver Bus: A42, A46, A48, P6, V7, V8, V9 P:202-547-3870 http://www.psiservicesinc.net/pages/ChildServices/ede.html	<ul style="list-style-type: none"> • Psychiatric therapy, community support, and individualized therapy Languages: Unable to verify.	5+	<ul style="list-style-type: none"> ▪ Insurance: Amerihealth, Medstar, Trusted, DC FFS Medicaid ▪ Referral: Required ▪ Availability: 1 week.
Riverside Treatment Center 2041 Martin Luther King Jr. Ave. SE WDC 20020 Anacostia – Green Line Bus: 90, 93, A9, A42, A46, A48, B2, P6, U2 P: 202-889-3182	<ul style="list-style-type: none"> • Certified by DBH to provide Adolescent Community Reinforcement Approach (substance use evidence-based practice). Languages: Unable to verify.	12-22	<ul style="list-style-type: none"> ▪ Insurance: Unable to verify. ▪ Referral: Unable to verify. ▪ Availability: Unable to verify.
Total Family Care Coalition 1214 I Street SE Suite 11 WDC 20003 Potomac Ave – Orange/Blue Lines Bus: 32, 34, 36, V7, V9	<ul style="list-style-type: none"> • Provides Transition to Independence Process (TIP). Languages: English.	5-29	<ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid ▪ Referral: Call Access HelpLine at 1-888-793-4357. ▪ Availability: Call Access HelpLine.

CORE SERVICE AGENCIES IN SOUTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
P: 202-758-3281 http://www.totalfamilycarecoalition.org/programs.html			

CORE SERVICE AGENCIES IN MARYLAND AND VIRGINIA			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Maryland (MD) Family Resource *+</p> <p>903 Brightseat Rd Landover, MD 20785 Bus from Largo Metro-Blue/Silver Line</p> <p>P: 301-333-2980</p>	<ul style="list-style-type: none"> Core Service Agency that provides four core services of diagnostic and assessment services; community support services; counseling services; community-based intervention and medication and somatic treatments. Provide Trauma-Focused CBT. <p>Languages: English only.</p>	5+	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid and all MD Medicaid, no DC Medicaid MCOs. Referral: DC residents, call Access HelpLine at 1-888-793-4357. MD residents, call main office number. Availability: Intake appointments within one week.
<p>Outreach Solutions</p> <p>14760 Main Street Suite 117 Upper Marlboro, MD 20772</p> <p>P: 301-574-8027</p>	<ul style="list-style-type: none"> Certified Specialty provider to provide Community-Based Intervention: Intensive Home and Community-based Services (IHCBS) and supports. <p>Languages: English only.</p>	6-21	<ul style="list-style-type: none"> Insurance: Medicaid Referral: Call Access HelpLine at 1-888-793-4357. Availability: Contact Access HelpLine.
<p>Youth Villages</p> <p>1911 Fort Myer Drive, Suite 305 Arlington VA 22209 Rosslyn – Orange Line Bus: 3A</p> <p>P: 703-516-6940 www.youthvillages.org</p>	<ul style="list-style-type: none"> Provides intensive in-home treatment programs for troubled teenagers, children and families only where the children are covered by DC Medicaid, parents can have other insurances. Provides Multisystemic Therapy and Multisystemic Therapy for Youth with Problem Sexual Behavior. <p>Languages: Spanish offered for intensive in-home treatment.</p>	10-17	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, AmeriHealth, Medstar, HSCSN, Trusted. Referral: No referral necessary. Availability: Immediate availability.
<p>Universal Healthcare Management Services*+</p> <p>2810 Walters Lane</p>	<ul style="list-style-type: none"> Private Practice of diagnostic and assessment services; group/individual therapy, counseling services; and medication and somatic treatments. Provides Transition to Independence Process (TIP) and 	6+	<ul style="list-style-type: none"> Insurance: MD Medicaid and most commercial plans. Referral: Call 301-735-1635 to

CORE SERVICE AGENCIES IN MARYLAND AND VIRGINIA

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
District Heights, MD 20747 P: 301-735-1635 http://www.uhmsdc.com/	Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) (4-18). <ul style="list-style-type: none"> • Outpatient mental health services. Languages: English only.		schedule. <ul style="list-style-type: none"> ▪ Availability: same week appointments.

SCHOOL-BASED MENTAL HEALTH SERVICES & ADVOCACY

The School Mental Health Program promotes social and emotional development and addresses psycho-social and mental health problems that become barriers to learning and arise in the school setting. The SMHP serves youth, families, teachers and school staff in the DC Public Schools and DC Public Charter Schools. There are tiered levels of intervention:

Tier 1: A clinician is available to the school on a full-time basis to provide prevention, early intervention and treatment services. Existing schools that have demonstrated high utilization of the program, and new schools who have enrollment of at least 200 students, demonstrate a readiness for the SMHP program, and have identified need through a needs assessment process will qualify for consideration for tier 1 service.

Tier 2: A clinician is available to the school on a part-time basis to provide prevention, early intervention and treatment services.

SCHOOL LISTING FOR SY2016-17:

DCPS Elementary Schools	DCPS Middle/Education Campuses	DCPS High Schools	DC Public Charter Schools
Aiton (T1)	Cardozo (T1)	Anacostia (T1)	Center City PC School Congress Heights (T2)
Amidon-Bowen (T1)	Brookland (T1)	Ballou (T1)	Center City PC School Capitol Hill (T2)
Beers (T2)	Browne (T2)	Cardozo Senior (T1)	Cedar Tree Academy PC School (T2)
Garfield (T1)	Columbia Heights (T1)	Columbia Heights (T1)	Cesar Chavez-Parkside PC School (T1)
Garrison (T2)	Eliot-Hine (T1)	Coolidge (T1)	Cesar Chavez PCS for public policy Capitol Hill (T2)
Ketcham (T1)	Hart (T1)	McKinley Tech (T1)	DC International PCS (T2)
Kimball (T2)	Jefferson (T1)	Washington Metropolitan (T1)	Democracy Prep Congress Hts (T1)
Langley (T2)	Johnson (T1)	Wilson (T1)	Eagle Academy PCS at McGogney (T1)
Malcolm X (T1)	Kelly Miller (T1)		Eagle Academy PCS at New Jersey (T2)
Miner (T1)	Kramer (T1)		E.L. Haynes PCS Kansas Ave Campus (T1)
Moten (T1)	McKinley Technology (T1)		Friendship Blow-Pierce Junior Academy PCS (T1)
Noyes (T1)	Sousa (T1)		Friendship Collegiate Academy PCS (T2)
Orr (T1)	Stuart-Hobson (T1)		The Inspired Teaching Demonstration PCS (T2)
Patterson (T1)	Langley (T2)		Latin America Montessori Bilingual (LAMB) (T2)
Payne (T2)	LaSalle-Backus (T1)		Maya Angelou PC Middle/High School (T1)
Simon (T1)	Takoma (T1)		Mundo Verde Bilingual PCS (T2)
Stanton (T1)	Walker-Jones (T1)		Richard Wright PCS, Journalism & Media Arts (T1)
Thomas (T1)	Wheatley (T2)		SELA PC School (T2)
Turner (T1)			Thurgood Marshall HS (T1)
Tyler (T1)			Two Rivers PCS (T2)
Van Ness (T2)			Washington Math and Science (T1)
			Washington Yu-Ying (T1)

MARY'S CENTER SCHOOL-BASED MENTAL HEALTH PROGRAM

The School-Based Mental Health Program is committed to building better futures for the students and their families by providing mental health services and community support in schools. Please contact the listed therapist or family support worker for more information or by calling Mary's Center at (202) 420-7122.

School	Therapist	Community Support Worker
Harriet Tubman Elementary School 3103 13th St., NW, WDC 20010	Marybeth Mangas: 202-754-0034 Veronica Zapata-Velez: 202-617-1733	N/A
Bancroft Elementary School 1755 Newton St., NW, WDC 20010	Carmelita Naves: 202-794-0280	N/A
Columbia Heights Education Campus Bell High School & Lincoln Middle School 3101 16th St., NW, WDC 20010	<u>High school:</u> Mary Zick: 202-939-7700 x.5037 Jennifer Virgo: 202-939-7700 x.4046 <u>Middle school:</u> Lindsay Eidman: 202-939-6680	Maria Alejandra Salas Baltuano: 202-525-0147
EL Haynes High School 4501 Kansas Ave., NW WDC 20011	Rachel Osborn: 202-957-6020	N/A
EL Haynes Middle School 3600 Georgia Ave., NW, WDC 20010	Carissa Parsley: 202-697-0673	N/A
Powell Elementary School 1350 Upshur St., NW, WDC 20011	Inma Iglesias: 202-528-4491 Mali Jimenez: 202-525-0220	N/A
Briya Public Charter School, Adult Ed & Pre-School 2333 Ontario Rd., NW, WDC 20009 1755 Newton St., NW, WDC 20010 3912 Georgia Ave., NW, WDC 20011	Gloria Saez: 202-697-0673	N/A
Cesar Chavez Prep Public Charter School 770 Kenyon St., NW, WDC 20010	Begona Cortina: 202- 697-1607 or 202-723-3975	N/A
Roosevelt High School 4301 13th St., NW, WDC 20011 (Temporary location: 4400 Iowa Ave, NW)	Claudia Hernandez: 202-576-6130	Maria Alejandra Salas Baltuano: 202-525-0147
Bruce Monroe 3560 Warder St., NW, WDC 20010	Maureen O'Keefe: 202-573-1389	N/A
HD Cooke Elementary School	Inma Iglesias: 202-528-4491	N/A

2525 17 th Street NW, WDC 20009		
Barnard Elementary School 430 Decatur Str NW, WDC, 20011	Vanessa Leon:202-650-7958	Sharon Perez: 202-577-6082
City Arts And Prep 705 Edgewood St NE, WDC, 20009	Jessica Cates- Bristol: 202-740-4210	N/A

SCHOOL AND CHILD DEVELOPMENT CENTER MENTAL HEALTH PROGRAMS

Organization	Services Provided & Site Locations	
Note: While a PCP would not make a direct referral for these programs, s/he may want to make a linkage or otherwise know these services are available in certain locations.		
<p>DC Department of Behavioral Health - Primary Project For further information, contact Primary Project Program Managers: J’Wan Griffin, LICSW at 202-698-2469, or jwan.griffin@dc.gov; or Monique Malone, LMFT at 202-698-2432, or monique.malone@dc.gov</p> <p>http://dmh.dc.gov/service/children-youth-and-family-services</p>	<p>This evidence based practice provides early intervention services to children identified with mild school adjustment issues in pre-kindergarten through first grade in select public schools and child development centers.</p> <p>Primary Project Schools</p> <ul style="list-style-type: none"> • Aiton Elementary Elementary (DCPS) • Amidon-Bowen Elementary (DCPS) • Beers Elementary (DCPS) • Browne Education Campus (DCPS) • Cedar Tree Academy Public Charter School • EAGLE – (2 campuses) Public Charter School • Friendship—Blowe-Pierce Public Charter School • Garfield Elementary (DCPS)* • HDCooke Elementary (DCPS) • Houston Elementary (DCPS) • Ketchum Elementary (DCPS) • Kimball Elementary (DCPS) • Langley Elementary (DCPS) • LaSalle-Backus Education Campus (DCPS) 	<p>Primary Project Child Development Centers</p> <ul style="list-style-type: none"> • Barbara Chambers • Big Mama’s • First Rock Baptist • IDEAL I and II • Kiddie’s Kollege • Kids Are Us Learning Center • Martha’s Table • Matthews Memorial • Paramount • Randall Hyland Private School • Springfield Baptist • Step-by-Step • St. Philip • St. Timothy

SCHOOL AND CHILD DEVELOPMENT CENTER MENTAL HEALTH PROGRAMS		
Organization	Services Provided & Site Locations	
	<ul style="list-style-type: none"> • Malcolm X Elementary (DCPS) • Miner Elementary (DCPS) • Moten Elementary (DCPS) • Mundo Verde Public Charter School • Noyes Elementary (DCPS) • Payne Elementary (DCPS) • SELA Public Charter School • Simon Elementary (DCPS)* • Thomas Elementary (DCPS) • Turner Elementary (DCPS) • Walker-Jones Elementary (DCPS) • Washington Yu Ying Public Charter School 	<ul style="list-style-type: none"> • Sunshine Early Learning
<p>DC Department of Behavioral Health - Healthy Futures (Early Childhood Mental Health Consultation Project) – For further information, contact: Dr. Shana Bellow, Supervisory Clinical Psychologist, at 202-698-2393 or shana.bellow@dc.gov.</p> <p>http://dmh.dc.gov/service/children-youth-and-family-services</p>	<p>Operates in child development centers throughout DC and offers child and family-centered consultation services to care providers and family members that build their skills and capacity. Services include:</p> <ul style="list-style-type: none"> ▪ Services to improve social-emotional competence ▪ Education about children’s mental health issues ▪ Individual child & classroom observations ▪ Screening for the early identification of social-emotional concerns ▪ Referrals & linkages to community resources & services 	<p>Healthy Futures Child Development Centers</p> <ul style="list-style-type: none"> • Associates for Renewal in Education, Inc. (W5)(PreK) • Barbara Chambers (W1)(plus Pre-K) • Bell Teen and Child Development Center (W1)(QIN) • Big Mama’s Children Center (W8)(plus PreK) • Board of Child Care (W6)(QIN) • Bright Beginnings (W6)(PreK) • Bright Start Child Childcare & Preschool (W4)(plus PreK) • CentroNia (W1)(plus PreK) • Christian Tabernacle (W1)(QIN) • Community Educational Research Group (W7)(QIN) • Dawn to Dusk (W8)(PreK) • Easter Seals (W1)(PreK) • Educare of Washington D.C. (W7)(PreK) • First Rock Baptist Child Development Center (W7) • Gap Community Children Center (W4)(QIN/PreK) • Goldies Child Development Center #1and #2 (W4) • Happy Faces Child Development Center (W5)(plus PreK)

SCHOOL AND CHILD DEVELOPMENT CENTER MENTAL HEALTH PROGRAMS

Organization	Services Provided & Site Locations
	<ul style="list-style-type: none"> • Ideal Child Care Development Center #1and #2 (W4)(plus PreK) • Jubilee Jumpstart (W1)(QIN/PreK) • Kennedy Institute (W5)(QIN) • Kiddies Kollege (W8)(plus PreK) • Kids Are Us Learning Center I and II (W8)(plus PreK) • Love and Care Child Development Center LLC(W4)(QIN) • Loving Care (W5)(QIN) • Martha’s Table Child Development Center (W1) • Matthews Memorial Baptist Church Child Development Center (W8) (plus PreK) • National Children’s Center (W4)(PreK) • Randall Hyland Private School (W7) • Rosemount Center (W1)(PreK) • Saint Phillip’s Child Development Center (W8) • Saint Timothy Episcopal Child Development Center (W7) • Southeast Children’s Fund Child I and II (W8)(QIN) • Spanish Education Center (W4) • Sunshine Early Learning Center (W8)(plus PreK) • Tiny Findings Child Development Center (W6) • Vision of Victory Child Development Center (W8)

OFFICE OF THE OMBUDSMAN FOR PUBLIC EDUCATION (DISTRICT OF COLUMBIA)

**Office of the Ombudsman
for Public Education**

DC State Board of Education
441 4th Street, NW
Suite 723N
Washington, DC
202.741.0886
Ombudsman@dc.gov

- The Office of the Ombudsman for Public Education will resolve complaints, disputes, and problems faced by students, parents/guardians, and educators in the District of Columbia Public Schools and in DC Public Charter schools.
- The Office of the Ombudsman for Public Education is independent, impartial, neutral, and confidential. The Ombudsman will facilitate and/or mediate conversations between parents/guardians and school officials and guide all parties towards the resolution of problems, with the primary focus on what is best for the student.
- The Office serves as an informational resource to the public regarding applicable laws, student policies and procedures that impact students within the District of Columbia public school systems.
- Issues that the Ombudsman for Public Education will handle:
 - ✓ Bullying/Harassment
 - ✓ Suspensions
 - ✓ Expulsions
 - ✓ Special Education Transition from Pre-K to Kindergarten
 - ✓ Enrollment
 - ✓ Transportation
 - ✓ Discipline
 - ✓ Academic Progress
 - ✓ Truancy
 - ✓ And More

Contact the Ombudsman and staff at:

- ombudsman@dc.gov
- (202) 741-0886

Complaints may also be filled out at the following website:

<http://sboe.dc.gov/ombudsman>

ALCOHOL AND SUBSTANCE USE

This section provides information on outpatient and residential substance use treatment centers.

ALCOHOL/SUBSTANCE USE			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Addiction Prevention and Recovery Administration - Adolescent Substance Abuse Treatment Expansion Program (ASTEP)</p> <p>Assessment and Referral Center (ARC) 70 N Street NE WDC 20002</p> <p>P: 202-727-8473 http://dmh.dc.gov/node/107042</p>	<ul style="list-style-type: none"> • The District of Columbia offers 4 locations where DC youth can go to seek help for a drug or alcohol issue. Through ASTEP youth may access services directly from the substance abuse treatment provider of their choice within the network. Call to schedule an appointment with the provider of your choice from the list below: <ul style="list-style-type: none"> ○ Latin American Youth Center (Ward 1) - 1419 Columbia Rd. NW – 202-319-2229. ○ Hillcrest Children’s Center (Ward 4) - 244 Taylor Street NW – 202-232-6100. ○ Federal City Recovery Services (Ward 6) - 316 F St. NE, Suite 118 – 202-548-8460. ○ Riverside Treatment Center (Ward 8) - 2041 MLK Jr. Ave. SE – 202-889-3182. 	21 and under	<ul style="list-style-type: none"> ▪ All youth served regardless of ability to pay. ▪ No referral necessary. ▪ Youth should contact one of listed service providers directly.
<p>Alcoholics Anonymous Hotline</p> <p>4530 Connecticut Avenue NW Suite 111 WDC 20008 Van Ness/UDC – Red Line Bus: L1, L2, H2</p> <p>P: 202-966-9115 www.AA-DC.org</p>	<ul style="list-style-type: none"> • Alcoholics Anonymous is a fellowship of men and women who share their experiences, strength, and hope with each other so that they may solve their common problems and help others to recover from alcoholism. 	Adults	<ul style="list-style-type: none"> ▪ Services are free. ▪ No referral necessary. ▪ Time and place of meetings can be given upon request when calling the hotline.
<p>Washington Metropolitan Area AL-ANON Hotline</p> <p>278 Carroll Street NW</p>	<ul style="list-style-type: none"> • AL-ANON is a fellowship of relatives and friends of alcoholics who share their experiences, strength, and hope in order to solve their common problems. Services through AL-ANON are free. 	All ages	<ul style="list-style-type: none"> ▪ Services are free.

ALCOHOL/SUBSTANCE USE			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
WDC 20012 P: 202-635-2023 www.al-anon-alateen-dcmd.org	<ul style="list-style-type: none"> The Washington Metropolitan Area Al-Anon/Alateen Information Service serves Washington, D.C., Montgomery County, Prince George's County, Charles County and Calvert County. 		
Circles of Hope Psychotherapy and Addictions Therapy 3000 Connecticut Ave NW WDC 20008 Woodley Park – Red Line Bus: L1, L2, 96 P: 202-265-2343 http://www.wecare44u.com/	<ul style="list-style-type: none"> Provides outpatient substance abuse care and DUI/DWI drug and education courses, as well as grief counseling, marriage and family therapy, couples counseling and individual counseling. <p>Languages: English only.</p>	Adults and families.	<ul style="list-style-type: none"> Insurance: Payment assistance is available through a sliding fee scale (fee is based on income and other factors). Referral: No referral necessary. Availability: Must check website for appointment availability or call.
Clean and Sober Streets 425 2nd Street NW WDC 20001 Judiciary Square – Red Line Bus: D6, 13Y P: 202-783-7343 www.cleanandsobrestreets.org	<ul style="list-style-type: none"> Offers a 4 phase recovery program which includes transitional housing, AA/NA meetings, GED and/or job training and employment services. Participants can also receive help to get a birth certificate, ID card, clothing, food, and other items. Participants must agree to abide by community rules and must maintain their sobriety in order to remain eligible to live in the residence. <p>Languages: English only.</p>	21+	<ul style="list-style-type: none"> Insurance: Services are free. Referral: Accepts walk-ins and referrals from APRA and other programs. Availability: Admissions is on rolling basis.
Family and Medical Counseling Service Inc. 2041 Martin Luther King, Jr. Ave SE #206 WDC 20020 Anacostia – Green Line Bus: 90, 93, A9, A42, A46, A48, B2, P6, U2	<ul style="list-style-type: none"> Provides screening, assessment, and placement for substance-use treatment. Individual and group counseling is provided by licensed addiction counselors to promote alcohol and other drug education and recovery. There is also a traffic alcohol education and counseling programs works with individuals who have been charged with DWI/DUI. 	Adolescents	<ul style="list-style-type: none"> Insurance: Methods of payment include self-payment, Medicaid, Medicare, and private health insurance. Payment assistance is available through a sliding fee scale (fee is based on income and other factors).

ALCOHOL/SUBSTANCE USE

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
P: 202-889-7900 www.fmcsinc.org	Languages: English only.		<ul style="list-style-type: none"> ▪ Referral: No referral necessary. ▪ Availability: Proof of DC residence and proof of income required. Appointment can be made by calling 202-889-7900
Federal City Recovery Services – ASTEP Provider 316 F Street NE Suite 118 WDC 20002 Union Station – Red Line Bus: 80, 90, 92, 93, 96, 97, D1, D3, D4, D6, D8, X1, X2, X8 DC Circulator P: 202-548-8460 http://www.federalcityrecovery.org/	<ul style="list-style-type: none"> • Federal City Recovery Services applies its highly effective HYPPER (Helping Young People Perform Excel and Recover) program within a Level I Outpatient and Level II Intensive Outpatient treatment environment. Intake, assessment, orientation, individual counseling, and therapy take place Monday through Friday from 9:00 a.m. to 4:00 p.m. Group treatment takes from 3:30 pm to 8:00 pm. • Provides Adolescent Community Reinforcement Approach (substance use evidence-based practice). Languages: Unable to verify.	12-22	<ul style="list-style-type: none"> ▪ Insurance: No insurance required. ▪ Referral: No referral necessary. ▪ Availability: Call regarding intake hours.
Harbor Lights 2100 New York Avenue NE WDC 20002 Bus: D4, B2, E2 P: 202-269-6333 http://salvationarmynca.org/locations/herman-ave-nw-dc/ For additional information contact the Intake Coordinator at Ext. 212 or the Clinical Director at Ext. 226.	<ul style="list-style-type: none"> • 136-bed facility that provides a comprehensive, six-month residential treatment program for men and women struggling with drug and alcohol addiction. Clients are primarily homeless, with limited or no access to other treatment programs. Educational assistance along with classes such as relapse prevention and anger management prepare graduates for independence and meaningful employment. Languages: Unable to verify.	18 and over	<ul style="list-style-type: none"> ▪ Insurance: Unable to verify. ▪ Referral: Unable to verify. ▪ Availability: Unable to verify. Must be drug and alcohol free for a minimum of 72 hours, agree to a medical examination and 30 day supply of medication, and have a current TB results or chest X-Ray.

ALCOHOL/SUBSTANCE USE

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Hillcrest Children and Family Center – ASTEP Provider</p> <p>915 Rhode Island Avenue NW WDC 20001 Shaw – Green/Yellow Lines Bus: G8</p> <p>P: 202-232-6100 http://www.hillcrest-dc.org/</p>	<ul style="list-style-type: none"> The program will provide accessible, culturally appropriate and multi-level intensive outpatient treatment which includes: case management, diagnosis, referral and other substance abuse support services, individual and group therapy, social services, prevention, drug education, criminal-related activities, and vocational training. The program will provide services to families to eliminate or reduce drug/alcohol use to facilitate recovery services using a holistic approach to treatment. Youth will be engaged in the Cannabis Youth Treatment Model. Provides Adolescent Community Reinforcement Approach (substance use evidence-based practice). <p>Languages: English only.</p>	12-21	<ul style="list-style-type: none"> Insurance: Insurance not required. Referral: No referral necessary. Availability: Must call number for intake process and appointment availability.
<p>Holy Comforter Saint Cyprian Community Action Group</p> <p>325 34th Street SE WDC 20019 Bus: 96, V7</p> <p>P: 202-543-4558 http://www.communityactiongroup.org/Programs.htm</p>	<ul style="list-style-type: none"> Drug or alcohol rehabilitation center with residential, transitional and outpatient treatment. <p>Languages: English only.</p>	18 and older	<ul style="list-style-type: none"> Insurance: Services free for DC resident. Referral: No referral necessary. Availability: Assessment done upon intake to determine what services will be needed.
<p>Howard University Hospital – Drug Abuse Institute</p> <p>2041 Georgia Ave NW Suite 6B-13 WDC 20060 Shaw-Howard U – Green/Yellow Lines</p>	<ul style="list-style-type: none"> The primary focus of the Drug Abuse Institute is outpatient substance abuse treatment. Special programs are offered for persons with co-occurring mental and substance abuse disorders. <p>Languages: English, ASL/hearing impaired.</p>	Adults	<ul style="list-style-type: none"> Insurance: Payment methods accepted include self-payment, Medicaid, Medicare, private health insurance, and Military insurance (e.g. VA TRICARE). Payment assistance is offered

ALCOHOL/SUBSTANCE USE

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Bus: 70, 90, 92, 93, 96, X3 P: 202-865-6611			via a sliding scale. <ul style="list-style-type: none"> ▪ Referral: Unable to verify. ▪ Availability: Unable to verify.
Kolmac Clinic 1411 K Street NW Suite 703 WDC 20005 McPherson Square – Blue/Orange/Silver Lines Bus:D1, D3, D6, 16Y, 52, 53, 54, A9, 80 P: 202-638-1992 http://www.kolmac.com/	<ul style="list-style-type: none"> • The Kolmac Clinic serves the Washington, DC metro area with six outpatient alcohol and drug treatment centers for substance abuse treatment, outpatient rehabilitation and outpatient continuing care. The treatment plan includes detoxification, rehabilitation, and continuing care. Professionals with addiction are the predominant population treated at the Kolmac Clinic DC office. Most patients come to Kolmac via their employer or Employee Assistance Program, but others through physicians, therapists or psychiatrists. <p>Languages: English only.</p>	Adults	<ul style="list-style-type: none"> ▪ Insurance: Aetna; AmericanPsychSystems; Carefirst BlueCross BlueShield (FEP, HMO, PPO); CIGNA; Kaiser; Magellan; MAMSI; National Capital PPO (NCPPO); United Behavioral Health; United Healthcare; ValueOptions ▪ Referral: No referral necessary. ▪ Availability: Must call for appointment and intake process
Latin American Youth Center 1419 Columbia Road NW WDC 20009 Columbia Hgts Metro Station – Green/Yellow Lines Bus: 52, 53, 54, H1, H2, H3, H4 P:202-319-2225 or 202-319-2229 Email: rocio@layc-dc.org http://www.layc-dc.org/	<ul style="list-style-type: none"> • Core Service Agency that provides assessment; individual, group, and family counseling; crisis intervention; psychiatric evaluations, medication management; and community support. • Provides Child-Parent Psychotherapy (CPP). <p>Language: Spanish</p>	0-5 & 12-21	<ul style="list-style-type: none"> ▪ Insurance: For DC residents: <ul style="list-style-type: none"> ○ DC FFS Medicaid, Trusted, Medstar, AmeriHealth. ○ For MD residents: MD Medicaid, Medstar, UnitedHealthcare. Also CareFirst,Aetna, Cigna, United Healthcare. ○ Sliding scale fee available or qualifying individuals. ▪ Referral: Needed from primary care physician. Form can be

ALCOHOL/SUBSTANCE USE

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
			<p>found online.</p> <ul style="list-style-type: none"> ▪ Availability: Assessments ~1 month, Psychiatry ~2 weeks after assessment. Spanish sessions have longer wait.
<p>La Clinica del Pueblo Mental Health and Substance Abuse Program</p> <p>2831 15th Street NW WDC 20009 Columbia Heights – Green/Yellow Lines Bus: S1, S2, S4, 52, 53, 54, H2, 42</p> <p>P: 202-462-4788 Ext 241 www.lcdp.org</p>	<ul style="list-style-type: none"> • La Clinica del Pueblo offers <i>Volviendo a Vivir</i>, an outpatient substance abuse treatment program for Latinos with drug and/or alcohol dependency. Targets recent ex-offenders and those awaiting trial in the Latino community. There are two levels of treatment, Level 1 and Level 2 (intensive). The treatment consists of individual and group therapy as well as HIV education and testing, and case management. <p>Languages: English, Spanish.</p>	18+	<ul style="list-style-type: none"> ▪ Insurance: Services are free, but insurance will be accepted. ▪ Referral: Walk-ins or referrals accepted. ▪ Availability: Unable to verify.
<p>Narcotics Anonymous Hotline</p> <p>P: 1-800-543-4670 or 202-399-5316 www.cprna.org</p>	<ul style="list-style-type: none"> • Narcotics Anonymous is a global, community-based organization with a multi-lingual and multicultural membership. Offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. <p>Languages: Multi-lingual.</p>	Any age	<ul style="list-style-type: none"> ▪ Services are free.
<p>Next Step Program - Foundation for Contemporary Mental Health</p> <p>2112 F Street NW Suite 404 WDC 20037 Foggy Bottom – Blue and Orange Lines Bus: 80, 31, 32, 36, N3, S1, X1</p>	<ul style="list-style-type: none"> • The Next Step Program focuses on outpatient substance abuse treatment. Special programs are offered for DUI/DWI offenders. <p>Languages: Unable to verify.</p>	21+	<ul style="list-style-type: none"> ▪ Patients who are D.C. residents and have no insurance or whose insurance does not cover substance abuse treatment services may be eligible to receive a paid voucher for treatment at The Next Step. In order to receive a voucher for

ALCOHOL/SUBSTANCE USE

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>P: 202-296-4422 http://fcmhdc.org/</p>			<p>the program of their choice, patients must first be assessed for eligibility and referred by APRA’s Assessment and Referral Center.</p> <ul style="list-style-type: none"> ▪ Referral: Referral required. ▪ Availability: Unable to verify.
<p>Riverside Treatment Center</p> <p>2041 Martin Luther King Jr. Ave. SE WDC 20020 Anacostia – Green Line Bus: 90, 93, A9, A42, A46, A48, B2, P6, U2</p> <p>P: 202-889-3182</p>	<ul style="list-style-type: none"> • The Riverside Outpatient Program is specifically designed to provide a continuum of treatment for adolescents and young adults who are abusing or addicted to substances and who may present with co-occurring psychiatric disorders. The multidimensional modalities offered include assessment, treatment, education, prevention, case management, systems coordination, family interventions, home visits and evidence based manualized treatment approaches that include the Cannabis Youth Treatment (CYT), Motivational Enhancement Therapy (MET), and Cognitive Behavioral Therapy (CBT) 12 Series. Twelve Step A.A. /N.A. materials geared towards young people’s interest levels are utilized. Program elements also include an aggressive family outreach program, cultural enrichment activities, life skills, ethics, conflict resolution, self-esteem, anger management and socialization curricula. Transportation and meals are provided for all clients. • Provides Adolescent Community Reinforcement Approach (substance use evidence-based practice). <p>Languages: Unable to verify.</p>	<p>12-21</p>	<ul style="list-style-type: none"> ▪ Insurance: Unable to verify. ▪ Referral: Unable to verify. ▪ Availability: Unable to verify.

ALCOHOL/SUBSTANCE USE

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Samaritan Inns – Intensive Recovery Program</p> <p>2523 14th Street NW WDC 20009 Columbia Heights – Green/Yellow Lines Bus: 52, 53, 54, 70</p> <p>P: 202-667-8831 http://www.samaritaninns.org/</p>	<ul style="list-style-type: none"> Offers 3 phases of treatment. The first is a highly structured, 28-day residential program where men and women experiencing homelessness and addiction learn the 12-step AA/NA principles and practices, and benefit from individual and group counseling. The second stage is transitional living, a 4-6 month program that empowers residents to practice the principles learned during their 28-day treatment. The final stage is single room occupancy (SRO) housing. Treatment facilities for women and children available. <p>Languages: Unable to verify.</p>	<p>18+</p>	<ul style="list-style-type: none"> Insurance: Clients come from APRA Referral: Applicants must be referred for transitional living. Availability: Unable to verify.

FAMILY SUPPORT/ RESOURCES

This section includes resources for parents/families/caregivers, including support groups and parenting classes.

FAMILY SUPPORT/RESOURCES			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>CentroNia</p> <p>1420 Columbia Road NW WDC 20009 Columbia Heights – Green/Yellow Lines Bus: H1, H2, H3, H4, H8, 52, 53, 54</p> <p>P: 202-332-4200 https://centronia.org/family-center/</p>	<ul style="list-style-type: none"> The Family Center offers ongoing educational opportunities to adults and the community through workshops, counseling and classes on topics such as parent leadership, crisis intervention, child abuse prevention, child safety, child development and employment readiness. <p>Languages: English, Spanish.</p>	<p>Parents and Caregivers</p>	<ul style="list-style-type: none"> Unable to verify.
<p>Collaborative Solutions for Communities</p> <p>1816 12th St NW Ste 201 WDC 20009 U Street – Green/Yellow Lines Bus: 63, 64, 52, 53, 54</p> <p>P: 202-518-6737 http://chsfsc.org/</p>	<ul style="list-style-type: none"> Parenting classes available to anyone who lives in DC. For more information, contact Silvia Diaz at 202-319-7599 or sdiaz@chsfsc.org Work force development, Youth Department <p>Languages: English, Spanish.</p>	<p>Adolescents and Adults</p>	<ul style="list-style-type: none"> All parenting classes are free.
<p>East River Family Strengthening Collaborative</p> <p>3917 Minnesota Avenue NE WDC 20019 Minnesota Ave – Orange Line Bus: U2, U4, U5, U6, V7, V8, X1, X2, X3, X9</p>	<ul style="list-style-type: none"> Services include: case management, crisis intervention, and life skills/workforce development, parenting empowerment, adolescent services, housing assistance, fatherhood support, youth activities, financial education classes, community engagement, capacity building and technical assistance. <p>Languages: If translator is needed, they can provide.</p>	<p>Parents and Caregivers</p>	<ul style="list-style-type: none"> Insurance: None All services are free to Ward 7 residents.

FAMILY SUPPORT/RESOURCES

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>P: 202-397-7300, ext.226 http://www.erfsc.org/index.html</p> <p>Edgewood/Brookland Family Support Collaborative</p> <p>200 K Street NW Ste. 1 & 3 WDC 20001 Bus: 80</p> <p>P: 202-832-9400</p> <p>611 Edgewood Street NE Suite 106 WDC 20017 Bus: 84,86,G8 Rhode Island – Red Line</p> <p>P: 202-832-9400 http://www.ebfsc.org/</p>	<ul style="list-style-type: none"> Parenting Support Services provide parents with information, peer support and skill-building through parenting education seminars, workshops and support programs. The Fatherhood Education Empowerment and Development (FEED) Program is designed to support fathers' involvement in the lives of their children. FEED offers a 12-week Quenching the Father's Thirst training program for fathers interested in forming closer and more meaningful connections with their children. <p>Languages: Unable to verify.</p>	<p>Parents and Caregivers</p>	<ul style="list-style-type: none"> All services are free to families.
<p>Family Place</p> <p>3309 16th Street NW WDC 20010 Columbia Heights – Yellow/Green Lines Bus: S1, S2, S4, 52, 53, 54, H8</p> <p>P: 202-265-0149 http://www.thefamilyplacedc.org</p>	<ul style="list-style-type: none"> <u>Parenting</u> classes offered in conjunction with Children’s Hospital Community Health Center at Adam’s Morgan clinic. Class covers topics such as: Parenting styles; Preparing our children for success/ Cultural values; Identifying and changing behaviors; Child development/ Teaching responsibility; Acculturation/ Risk and protective factors for violent behaviors. <u>Prenatal and infant</u> classes offered in conjunction with Children’s Hospital Community Health Center at Adam’s Morgan clinic. Prenatal class covers topics such as: what to expect in each trimester; embryotic development; breastfeeding; nutrition; what to expect when giving birth and different forms of delivery; and post-partum depression. Infant class covers healthy eating habits; the 	<p>Parents and pregnant women for prenatal class</p>	<ul style="list-style-type: none"> No cost for classes and no referral required. Parenting class at meets every Wednesday from 10-11:30 AM for 11 weeks and runs constantly throughout the year. Call main number to enroll. Prenatal/Infant class is offered every Wednesday from 12:30-2:00 PM for 10 weeks and runs throughout the year.

FAMILY SUPPORT/RESOURCES

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	<p>importance of play and safety measures; information on hygiene, etc.</p> <p>Languages: Classes only offered in Spanish.</p>		
<p>Far Southeast Family Strengthening Collaborative</p> <p>2041 Martin Luther King Jr. Ave SE #304 WDC 20020 Anacostia – Green Line Bus: 90, 93, A42, A46, a48, B2, P6, U2</p> <p>P: 202-889-1425 http://www.fsfsc.org/</p>	<ul style="list-style-type: none"> Men and Boys Program provides a variety of services to promote healthier functioning among African American Men and Boys. Services include Parent skills training; Life skills training; Fatherhood training; Supportive case management. <p>Languages: Unable to verify.</p>	<ul style="list-style-type: none"> Fathers who live in DC Fathers with children that live within a 20 mile radius of DC Fathers who have children under the age of 18 Non-custodial fathers 	<ul style="list-style-type: none"> Classes are free of charge.
<p>FAPAC (Foster and Adoptive Parent Advocacy Center)</p> <p>6200 2nd Street NW WDC 20012 Bus: 62, 63</p> <p>P: 202-269-9441 www.dcfapac.org</p>	<ul style="list-style-type: none"> FAPAC provides comprehensive support to help families get services for children in their homes. They provide monthly peer support groups, intensive trainings for foster parents who are parenting children who have been neglected/abuse, develop advocacy skills among families, coordinate family participation in policy initiatives, provide a Mobil Stabilization Service, and builds partnership and collaboration between foster parents and social workers, and foster parents and birth parents, and among agencies to improve outcomes. <p>Languages: Spanish</p>	<p>Foster and birth parents</p>	<ul style="list-style-type: none"> Trainings are free. Refundable deposits may be required for child care. There are some age restrictions such as new infants. No formal referrals needed. Accept self referrals from parents. There is no waiting list for support services. Trainings require registration and often fill fast.

FAMILY SUPPORT/RESOURCES

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Georgia Avenue Family Support Collaborative</p> <p>4420 Georgia Avenue NW WDC 20011 Georgia Ave/Petworth Bus: 62, 63, 70</p> <p>P: 202-722-1815 ext. 218 http://gafsc-dc.org/</p>	<ul style="list-style-type: none"> Provide parenting classes and support. Classes are for 6 weeks, held continuously throughout the year and meet in the evenings. The Fatherhood Empowerment and Educational Development (FEED) Program is designed to support fathers' involvement in the lives of their children and includes parenting classes for DC fathers with children under 18. <p>Languages: English only.</p>	Parents; any father in DC.	<ul style="list-style-type: none"> Classes are free of charge.
<p>Healthy Babies Project</p> <p>4501 Grant Street NE WDC 20019 Silver/Blue Line-Benning Road and Silver/Orange-Minnesota Avenue U8, X9</p> <p>P: 202-396-2809 http://www.healthybabiesproject.org/</p>	<ul style="list-style-type: none"> Teen Parent Empowerment Program provides comprehensive health, education, and support services to young adults ages 13-21, promoting primary health care, abstinence choices, family planning, pregnancy prevention services, HIV/STD testing, health education, counseling, case management, referrals and academic support, and college preparation. Uses the evidence-based <u>Chicago Parent curriculum</u> as core component of program. <p>Languages: English only.</p>	Parents ages 13-21	<ul style="list-style-type: none"> All classes are free.
<p>Hillcrest Children and Family Center</p> <p>915 Rhode Island Avenue NW WDC 20001 Shaw – Green/Yellow Lines Bus: G8, 70, 79, 63, 64</p> <p>P: 202-232-6100 http://www.hillcrest-dc.org/</p>	<ul style="list-style-type: none"> Parenting Education: Individuals and groups learn and practice skills essential to successful child rearing and healthy family relationships. <p>Languages: Unable to verify.</p>	Parents and Caregivers	<ul style="list-style-type: none"> Insurance required.

FAMILY SUPPORT/RESOURCES

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Home Visiting Programs</p> <p>Please see Early Childhood section for more information on available maternal, infant and early childhood home visiting programs.</p>			
<p>Jewish Social Service Agency</p> <p>200 Wood Hill Road Rockville, MD 20850</p> <p>There is no Metro station within walking distance. RideOn buses can be boarded from the Shady Grove, Rockville, or Twinbrook Metro stations.</p> <p>P: Main: 301-838-4200/Inquiry and Screening: 301-816-2633 http://www.jssa.org/</p>	<ul style="list-style-type: none"> Rockville MD site offers group for caregivers of special needs children of any age. There is another meeting site for those with older children 		<ul style="list-style-type: none"> Free. Contact social worker Katie Giganti to RSVP (301)-610-8382.
<p>Little Blue House</p> <p>524 Irving Street NW WDC 20010</p> <p>Bus: H1, H2, H3, H4</p> <p>P: Contact Malca Gottlieb, Licensed Social Worker at 202-304-3661 http://www.littlebluehouse.org/</p>	<ul style="list-style-type: none"> Provides parent social services support program and parent education program. Social services support involves working with parent(s) to identify issues which often include housing, legal issues or child-specific issue, and connecting with referrals and supporting family through process. Parent education program involves goal-directed therapeutic based process groups. <p>Languages: Spanish</p>	Parents	<ul style="list-style-type: none"> All services are free and available immediately after initial interview. To determine whether a parent is a good fit for a program, parent should contact Malca at 202-304-3661 to conduct brief interview.
<p>Male Caregivers Advocacy Support Group (HSCSN)</p> <p>2124 Martin Luther King Jr. Ave SE</p>	<ul style="list-style-type: none"> Support group for male caregivers of children with special needs facilitated by HSCSN. Do not need to be HSCSN member. 	Male caregiver of child w/ special needs	<ul style="list-style-type: none"> Support group is free of charge and available to any male caregiver of a child with special needs. Do not need to be

FAMILY SUPPORT/RESOURCES

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>WDC 20020 Anacostia – Green Line Bus: 90, 93, A42, A46, a48, B2, P6, U2 P: 202-580-6485</p>	<p>Languages: English only.</p>		<p>HSCSN member.</p> <ul style="list-style-type: none"> ▪ Meet every Wednesday from 6-9pm at MLK Jr location. ▪ Child care and dinner provided; transportation available for HSCSN members.
<p>Parent Advocate Leaders Group (HSCSN) DC Dept of Park and Recreation Therapeutic Recreation 3030 G Street SE WDC 20019 Bus: U2, V7, V9 P: 202-580-6485</p>	<ul style="list-style-type: none"> • Support group for parents/caregivers of children with special needs. Do not need to be HSCSN member. Provides forum for support, advocacy and education. <p>Languages: Spanish interpreter at all meetings.</p>	<p>Parents and caregivers of children with special needs.</p>	<ul style="list-style-type: none"> ▪ Support group is free of charge. Do not need to be HSCSN member. ▪ Meet 3rd Saturday of every month; 10am-3pm. Parent discussion and breakfast in AM; lunch and presentation in PM. ▪ Child care and breakfast and lunch provided; transportation available for HSCSN members. ▪ Contact Jackie at (202)-495-7637 about dates and to RSVP.
<p>Paving The Way 2616 Martin Luther King Jr. Ave., SE WDC 20020 Green Line Bus: H4,70, 79, A2, A4, A6, A7,A8,A42, A46, A48</p>	<ul style="list-style-type: none"> • Dianostic/Assessment • Medication Management • Individual Therapy • Family Therapy • Group Therapy • Complete Psychological Testing <p>Languages: Unable to verify.</p>	<p>4 -21</p>	<ul style="list-style-type: none"> ▪ DCMedicaid, DC Medicare, Medstar

FAMILY SUPPORT/RESOURCES

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
P: 202-724-7666 http://www.pavingthewaymsi.org/			
PSI 770 M Street SE WDC 20003 Navy Yard-Green; Eastern Market-Blue/Orange/Silver Lines Bus: A42, A46, A48, P6, V7, V8, V9 P:202-547-3870 http://www.psiservicesinc.net/pages/ChildServices/ede.html	<ul style="list-style-type: none"> Parenting Skills Training Group and individual 24-hour parenting classes to develop parenting skills and attitudes and prevent child abuse or neglect. Classes meet at PSI or in the home. Classes are offered for a fixed fee, and are open to all interested parents. Languages: Unable to verify.	Parents and caregivers.	<ul style="list-style-type: none"> Cost: Unable to verify.
Text4baby – Free service of nonprofit National Healthy Mothers, Healthy Babies Coalition (HMHB) https://www.text4baby.org/	<ul style="list-style-type: none"> Text4baby is mobile information service designed to promote maternal and child health through text messaging. Women who text BABY (or BEBE for Spanish) to 511411 receive three free text messages a week, timed to their due date or their baby's birth date, through pregnancy and up until the baby's first birthday. The messages address topics such as labor signs and symptoms, prenatal care, urgent alerts, developmental milestones, immunizations, nutrition, birth defect prevention, safe sleep, safety, and more. Languages: Spanish.	Parents and Caregivers	<ul style="list-style-type: none"> Free.
THEARC 1901 Mississippi Avenue SE WDC 20020	<ul style="list-style-type: none"> 6-week parenting class offered for free at THEARC for families who are primary care patients at Children's National (any site). Run class series every 8 weeks. 	Parents and caregivers	<ul style="list-style-type: none"> Free to any family who is a primary care patient at Children's National

FAMILY SUPPORT/RESOURCES

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Southern Ave – Green Line Bus: 30S, 32, W1, W2, W3 P: 202-436-3076 (ask for Ellen Wiggins)	Languages: English.		<ul style="list-style-type: none"> ▪ For more info about schedule, contact Ellen Wiggins at 202-436-3076
Total Family Care Coalition 1214 I Street SE Suite 11 WDC 20003 Potomac Ave – Orange/Blue Lines Bus: 32, 34, 36, V7, V9 P: 202-758-3281 http://www.totalfamilycarecoalition.org/programs.html	Provides Transition to Independence Process (TIP).	5-29	<ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid ▪ Referral: Call Access HelpLine at 1-888-793-4357. ▪ Availability: Call Access HelpLine.

SELF PAY/COMMERCIAL INSURANCE ONLY – THERAPISTS/PSYCHIATRISTS

This section provides information on therapists (psychologists, social workers) and psychiatrists who only accept commercial insurance or self-pay clients. It is not a comprehensive list, and for those with commercial insurance, we recommend calling your insurance company for a complete list of behavioral health care providers.

SELF PAY/COMMERCIAL INSURANCE THERAPISTS/PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Abrams and Associates LLC</p> <p>3841 Farragut Avenue Kensington, MD 20895</p> <p>P: 301-949-2098 http://abramsandassociates.com</p>	<ul style="list-style-type: none"> Provides individual, couples, and family therapy services. 	Children and adults	<ul style="list-style-type: none"> No insurance accepted.
<p>Ana Aguirre-Deandreis, PhD</p> <p>6325 Executive Blvd. Rockville, MD 20852</p> <p>P: 301-571-2324</p>	<ul style="list-style-type: none"> Provides psychology services. 	Unable to verify	<ul style="list-style-type: none"> Unable to verify.
<p>The Sibley Group</p> <p>5236 44th Street #4 NW WDC 20015</p> <p>P: 202-237-1196 http://thesibleygroupdc.com/</p>	<ul style="list-style-type: none"> Services include child and adolescent individual and group therapy, parent consultations, family therapy, parent workshops, individual adult, couples, and group therapy. 	Children and adults	<ul style="list-style-type: none"> No insurance accepted. Accepts cash and major credit cards. Referral not necessary.
<p>Susan Alvarado</p> <p>105 North Virginia Avenue Suite 304 Falls Church, VA 22046</p>	<ul style="list-style-type: none"> Provides therapy services to those that are adopted and those seeking to adopt. Also offers family and individual therapy to those suffering from anxiety, depression, PTSD, physical or sexual abuse, etc. 	Children and adults	<ul style="list-style-type: none"> Carefirst Blue Cross Blue Shield PPO. Initial consultation appointments need to be made by phone. Current office hours are Sundays.

SELF PAY/COMMERCIAL INSURANCE THERAPISTS/PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
P: 703-302-0769 http://www.adoptiontherapist.org/index.html			
Loren Amdursky, MD 4701 Willard Avenue Chevy Chase, MD 20815 P: 301-951-4463	<ul style="list-style-type: none"> Provides psychiatric services. 	Unable to verify	<ul style="list-style-type: none"> Unable to verify.
Mimi Blasiak, MSW 4701 Willard Avenue Suite 233 Chevy Chase, MD 20815 P: 240-447-3388 http://mimiblasia.com/	<ul style="list-style-type: none"> Provides psychotherapy. 	Children, adolescents	<ul style="list-style-type: none"> Unable to verify.
Center for Anxiety and Behavioral Change 414 Hungerford Drive Rockville, MD 20850 P: 301-610-7850 http://www.changeanxiety.com/about.htm	<ul style="list-style-type: none"> Services provided for children and adults including treatment of anxiety disorder, OCD, adjustment disorders, ADHD, and panic disorders. 	Children and adults	<ul style="list-style-type: none"> Unable to verify.
Cheryl Collins, MD 4000 Albemarle Street NW Suite 600 WDC 20016 P: 202-537-7045	<ul style="list-style-type: none"> Provides psychiatric services. 	Unable to verify	<ul style="list-style-type: none"> Unable to verify.

SELF PAY/COMMERCIAL INSURANCE THERAPISTS/PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Counseling for Contentment</p> <p>13200 New Hampshire Avenue Silver Spring, MD 20904 4405 East West Highway Suite #508, Bethesda, MD 20814</p> <p>P: 301-625-9102 http://www.counselingforcontentment.com/</p>	<ul style="list-style-type: none"> Comprehensive psychotherapy practice. 	Children and adults	<ul style="list-style-type: none"> Unable to verify.
<p>Patricia DeLorme</p> <p>1730 Rhode Island Ave NW Suite 806 WDC 20036</p> <p>P: 202-496-1818</p>	<ul style="list-style-type: none"> Provides psychology services. 	Unable to verify	<ul style="list-style-type: none"> Unable to verify.
<p>Susan Dranitzke</p> <p>124 12th Street SE WDC 20003</p> <p>P: 202-544-5222 http://www.therapydc.net/Home.html</p>	<ul style="list-style-type: none"> Therapy and counseling for depression, anxiety, anger, stress, panic attacks, adoption, marriage/family issues, couples counseling, and child behavioral problems. 	Children and adults	<ul style="list-style-type: none"> Unable to verify.
<p>Carol Ann Dyer, MD</p> <p>2825 Albemarle Street NW WDC 20008</p> <p>P: 202-362-1261</p>	<ul style="list-style-type: none"> Provides psychiatric services. 	Unable to verify	<ul style="list-style-type: none"> Unable to verify.
<p>David Eddy</p>	<ul style="list-style-type: none"> Provides individual, couples, and family counseling with treatment specialization in therapy for depression and 	Children and adults	<ul style="list-style-type: none"> Tricare only. Cash, check, Visa or Mastercard accepted. Call for

SELF PAY/COMMERCIAL INSURANCE THERAPISTS/PSYCHIATRISTS

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
11404 Old Georgetown Road Suite 103 Rockville, MD 20852 P: 301-881-5981 http://www.familytherapyassociates.net/index.html	anxiety, grief. Trauma counseling, stress management, addiction and recovery, etc.		appointment availability.
Francis and Associates 601 Pennsylvania Ave SE Suite 900S WDC 20004 Eastern Market – Orange/Blue/Silver Bus: 30N, 30S, 32, 34, 36 P: 202-638-6942 www.faa-pc.org	<ul style="list-style-type: none"> • Provides counseling services for corporations, individuals, and families for help in depression, anxiety, and anger issues, grief and loss, separation or divorce, life stage transitions, parent-child issues, post-traumatic stress, domestic violence, couples communication, and ADD/ADHD. • Father’s Support Group, sports psychology, and supervised visitation exchange aimed at providing a forum for children and their non-custodial parent to develop or re-establish an ongoing familial relationship in a safe environment. Languages: English only.	6+	<ul style="list-style-type: none"> ▪ Insurance: They only accept Blue Cross Blue Shield PPO insurance; otherwise fees are paid out of pocket. ▪ Referral: No referral need, unless required by insurance provider. ▪ Availability: At least one week wait for new patients.
Groups4kids 3200 Tower Oaks Blvd. Suite 200 Rockville, MD 20852 P: 301-593-6554 http://www.groups4kids.com/aboutus.html	<ul style="list-style-type: none"> • Provides individual and family therapy including cognitive-behavioral therapy. Also has groups for kids in grades K-12 called the Resilience Builder Program. 	Children and adults	<ul style="list-style-type: none"> ▪ No insurance accepted. Call number and ext. 23 for intake process.
Healing Arts of Capitol Hill 316 F Street NE Suite 203 WDC 20002	<ul style="list-style-type: none"> • Provides psychotherapy treatment. • Josh Greene, Psychotherapist, MSW, LICSW 617-571-2338 jgreene@healingartscapitolhill.com 	Children and adults	<ul style="list-style-type: none"> ▪ No insurance accepted. ▪ Returns calls within 48 hours

SELF PAY/COMMERCIAL INSURANCE THERAPISTS/PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
202-544-9389 ext.4 http://healingartscapitolhill.com/index.html	<ul style="list-style-type: none"> Amy Hunter, Psychotherapist, MSW, LICSW 617-571-6390 ahunter@healingartscapitolhill.com 		
Joseph Hochheiser, MD 4701 Willard Avenue Chevy Chase, MD 20815 P: 301-657-2200	<ul style="list-style-type: none"> Provides psychiatric services. 	Children and adolescents	<ul style="list-style-type: none"> Unable to verify.
Iman Hypolite, MD 4405 East West Highway Suite 311A Bethesda, MD 20814 P: 240-401-9474 http://www.drhypolite.com/welcome.html	<ul style="list-style-type: none"> Offers child and adult services including treatment of anxiety and stress depression, sleep disorders, bipolar disorder, ADHD, and adjustment disorders. 	Ages 4- 60	<ul style="list-style-type: none"> No insurance accepted. Cash, checks, health spending account cards, and credit cards accepted. Full payment due at time of service. Call for initial evaluation and appointment availability.
Inova Kellar Hospital 11204 Waples Mill Road Fairfax, VA 22030 Bus: Vienna station-2B, Cue-Gold Bus route 1&2 P: 703-218-8500 http://www.inova.org/healthcare-services/inova-kellar-center/index.jsp	<ul style="list-style-type: none"> Provides partial hospitalization; intensive substance abuse program; intensive mental health outpatient program; in-home services. 	4- 18, however age may differ depending on service requested	<ul style="list-style-type: none"> Most insurance accepted. Tricare and Medicaid (aside from HMO plans) are not accepted. Based on intake phone call, a referral may be necessary. After intake phone call an appointment can be scheduled.
Institute for Behavior and Health	<ul style="list-style-type: none"> Provides services regarding prevention of drug use, treatment improvement, drugged driving, and prescription 	Unable to verify	<ul style="list-style-type: none"> No insurance accepted.

SELF PAY/COMMERCIAL INSURANCE THERAPISTS/PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
6191 Executive Blvd. Rockville, MD 20852 P: 301-231-9010 http://www.ibhinc.org/aboutus.html	drug abuse.		
Integrative Therapy of Greater Washington 5818 B Hubbard Drive Rockville, MD 20852 P: 301-468-4849 http://www.greaterwashingtontherapy.com/ITGW/Home.html	<ul style="list-style-type: none"> Services include individual therapy, couples therapy, parent coaching, psycho-educational evaluations, ADHD assessments, etc. 	Infants to adults	<ul style="list-style-type: none"> No insurance accepted. Fill out and email intake form from website.
ITS-PALSS, Inc 10605 Concord Street Suite100 Kensington, MD 20895 P: 301-962-0800 http://www.its-palss.com/aboutpalss.html	<ul style="list-style-type: none"> Provides services to clients experiencing a range of challenges including ADHD, hyperactivity, anxiety, attachment and separation difficulties, behavioral problems, autistic spectrum disorders, post-partum depression, etc. Offers individual, family, and couples therapy. 	Children and adults	<ul style="list-style-type: none"> No insurance accepted. To schedule appointment please call 301-962-0800 ext. 2. Availability will be determined upon completion of evaluation and intake process.
Eleanor Mattis, LCSW 6073 Arlington Blvd Falls Church, VA 22044 P: 703-550-4334	<ul style="list-style-type: none"> Provides therapy services. 	Unable to verify	<ul style="list-style-type: none"> Unable to verify.
Metropolitan Counseling Associates	<ul style="list-style-type: none"> Services offered include individual, family, and group therapy; parent guidance and parenting seminars, and 	Child and adults	<ul style="list-style-type: none"> No insurance accepted.

SELF PAY/COMMERCIAL INSURANCE THERAPISTS/PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
7201 Wisconsin Avenue Suite 700 Bethesda, MD 20814 P: 301-654-7770 http://www.metcounseling.com	evaluation services.		
Andrea Morenoff 5411 W. Cedar Lane #207A Bethesda, MD 20814 P: 301-897-8990	<ul style="list-style-type: none"> Provides family therapy. 	Unable to verify	<ul style="list-style-type: none"> Unable to verify.
Hector Parada 5480 Wisconsin Avenue Suite 421 Chevy Chase, MD 20815 P: 301-312-8188 http://drhectorparada.com/	<ul style="list-style-type: none"> Specializes in treatment and consultation for patients with ADHD, mood and anxiety disorders, autism spectrum disorders, etc. 	Unable to verify	<ul style="list-style-type: none"> Unable to verify.
Lillian M. Payne, MD 1314 Vincent Place McLean, VA 22101 P: 703-821-1018	<ul style="list-style-type: none"> Provides psychiatric services. 	Unable to verify	<ul style="list-style-type: none"> Unable to verify.
Debby Rager 1308 Constitution Avenue NE WDC 20002 P: 202-505-4325 Email: debbyragermsw@gmail.com	<ul style="list-style-type: none"> Provides psychology services. 	Unable to verify	<ul style="list-style-type: none"> Unable to verify.

SELF PAY/COMMERCIAL INSURANCE THERAPISTS/PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Wanda Rappaport 2440 M Street Suite 512 NW WDC 20037 P: 202-872-0708	<ul style="list-style-type: none"> Provides psychology services. 	Unable to verify	<ul style="list-style-type: none"> Unable to verify.
The Ross Center for Anxiety and Related Disorders 5225 Wisconsin Avenue NW Suite 400 WDC 20015 Friendship Heights-Red Line Bus: 30N, 30S, 31, 33, N2 P: 202-363-1010 http://www.rosscenterdc.com/	<ul style="list-style-type: none"> Provides treatment by child and adolescent psychiatrists and psychologists. In addition to individual and group therapy, the Center offers family therapy and parenting skills training. <p>Languages: English, French</p>	4+	<ul style="list-style-type: none"> No insurance accepted. Referral: Normally no Referrals are necessary. <ul style="list-style-type: none"> Call for availability – one child Psychiatrist prefers referrals. Availability: Approximately 1 month. Therapy – waitlist Psychiatry – 3 weeks wait
Neil Schiff 4545 Connecticut Ave Suite 309 NW WDC 20008 P: 202-244-8614/ 301-320-5258	<ul style="list-style-type: none"> Provides family therapy. 	Unable to verify	<ul style="list-style-type: none"> Unable to verify.
Mary Alice Silverman 5225 Wisconsin Avenue Suite 513 NW WDC 20015 P: 202-603-6346 http://www.msilvermanphd.com/	<ul style="list-style-type: none"> Services include parent consultation, assessment and treatment of younger children, families coping with major stressors, and anxiety disorder. 	Children and adults	<ul style="list-style-type: none"> No insurance accepted.

SELF PAY/COMMERCIAL INSURANCE THERAPISTS/PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Eileen Solomon 608 Sisson Street Silver Spring, MD 20902 P: 301-681-2779	<ul style="list-style-type: none"> Provides psychology services. 	Unable to verify	<ul style="list-style-type: none"> Unable to verify.
Sound, Body and Mind Psychiatric Services 6830 Elm Street #6 McLean, VA 22101 P: 571-282-8254	<ul style="list-style-type: none"> Provides psychiatric services. 	Unable to verify	<ul style="list-style-type: none"> Unable to verify
The Stixrud Group 8720 Georgia Avenue Suite 606 Silver Spring, MD 20910 P: 301-565-0534 http://stixrud.com/	<ul style="list-style-type: none"> Provides evaluations to patients of clinical /learning/educational disorders, lectures and workshops, and follow-up services to patients. 	5+	<ul style="list-style-type: none"> No insurance accepted. For intake evaluation contact via website.
Teresa Talierco 8550 Arlington Blvd Suite 310 Fairfax, VA 22031 P: 703-533-8098/8064	<ul style="list-style-type: none"> Provides counseling services. 	Unable to verify	<ul style="list-style-type: none"> Unable to verify.
Guy Van Syckle 803 Franklin St Alexandria, VA 22314 P: 703-836-7225	<ul style="list-style-type: none"> Provides psychology services. 	Unable to verify	<ul style="list-style-type: none"> Unable to verify.

SELF PAY/COMMERCIAL INSURANCE THERAPISTS/PSYCHIATRISTS

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>The Wake Kendall Group</p> <p>5247 Wisconsin Avenue Suite 4 NW WDC 20015</p> <p>P: 202-686-7699 http://www.wakekendall.com/</p>	<ul style="list-style-type: none"> Therapy is provided for children, adolescents, and adults suffering from conditions such as depression, bipolar disorder, anxiety, borderline personality disorder, etc. Individual, family, couples, and group therapy is also offered. 	<p>Children, adolescents, and adults</p>	<ul style="list-style-type: none"> No insurance accepted- not within network for any managed care companies. For intake procedures call Sunita Duggal at 202-686-7699 ext.17
<p>Washington Behavioral Medicine Associates, LLC</p> <p>5480 Wisconsin Avenue Suite 223 Chevy Chase, MD 20815</p> <p>P: 301-576-6044 http://www.wbma.cc</p>	<ul style="list-style-type: none"> Offers specialized assess and treatment for mood and anxiety disorders, autism spectrum disorders, attention deficit hyperactivity disorder, and a psychiatric management of genetic disorders. 	<p>Children and adults</p>	<ul style="list-style-type: none"> No insurance accepted. Call for intake process.
<p>Washington School of Psychiatry – Adele Lebowitz Center for Youth and Family</p> <p>5028 Wisconsin Avenue NW Suite 400 WDC 20016</p> <p>P: 202-537-6050 www.wspdc.org</p>	<ul style="list-style-type: none"> Treatment options include psychiatric services, medication management, individual psychotherapy, group therapy, couples therapy, parent counseling, psychoanalysis, and appropriate referrals. <p>Languages: Spanish and Portuguese</p>	<p>3+</p>	<ul style="list-style-type: none"> Insurance: Accepts cash. Considered out-of-network provider as does not directly accept insurance. Offer a sliding fee scale. Referral: Referral not necessary. Availability: Initial intake evaluation availability is Wednesday evenings after 5pm. Later sessions and availability will be determined on case by case basis.
<p>Josh Weiner</p>	<ul style="list-style-type: none"> Offers medication management and therapy. Treats patients with range of mental health issues such as ADHD, 	<p>Adolescents to adults</p>	<ul style="list-style-type: none"> No insurance accepted. Call for intake process.

SELF PAY/COMMERCIAL INSURANCE THERAPISTS/PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
1320 Vincent Place, 3rd Floor McLean, VA 22101 P: 703-288-9545 http://www.joshuaweinermd.com/	depression, anxiety, bipolar disorder, OCD, behavioral problems, etc.		
Woodmont Psychiatric Group 7910 Woodmont Avenue Suite 1300 Bethesda, MD 20814 P: 301-654-2255 http://woodmontpsychiatric.com/Julie_D._Klepper_M.html	<ul style="list-style-type: none"> Provides services in individual psychotherapy, psychopharmacology, and the treatment of eating disorders. 	6+	<ul style="list-style-type: none"> No insurance accepted. Payment due at time of visit.

COMMON DISORDERS & TREATMENT MODALITIES

- 1) **ADHD** symptoms benefit most from psychopharmacological intervention (particularly **stimulant medication**) with or without behavior therapy (the latter especially beneficial in the context of comorbid psychiatric disorders, family stress or suboptimal response to medication). **Behavioral parent training** may include guidance on home token economy and enhanced school-home communication (classroom accommodations including use of daily classroom behavioral report card).
- 2) **Disruptive Behavior Disorder (including Oppositional Defiant Disorder, Conduct Disorder, and anger management problems)** include symptoms of oppositionality, angry or vindictive behavior, problems with temper control or aggression (verbal and / or physical).
 - a. **Parent Management Training**, including Parent-Child Interaction Therapy, aims to support the caregiver in reducing positive reinforcement for negative behavior, increasing positive reinforcement for prosocial and compliant behavior and providing consistent limits.
 - b. **Problem-Solving Skills Training** introduces children to five steps to handle hypothetical and real-life problematic situations.
 - c. **Multi-Systemic Therapy** provides extensive and intensive treatment (case management, family interventions, prosocial activity) in the child's own psychosocial environment.
 - d. **Functional Family Therapy** is an intervention for the treatment of violent, criminal, behavioral, school, and conduct problems with youth and their families.
 - e. Medication is ineffective as monotherapy but may be considered as an adjunctive treatment when therapies are insufficient.
- 3) **Anxiety Disorders** involve excessive fears that may be generalized or that may be focused on varying themes including separation from caregivers or social situations.
 - a. Exposure-based **Cognitive Behavioral Therapy** (CBT) equips children with coping skills and provides practice in developing a sense of mastery over anxiety triggers and symptoms.
 - b. With moderate or severe anxiety or symptoms persistent despite regular psychotherapy, **SSRIs** are considered first-line psychopharmacologic intervention.
- 4) **Depression** may manifest as depressed or irritable mood in the context of loss of interest in previously enjoyed activities or changes in sleep, appetite, energy and concentration; also of concern are suicidal ideation or attempt.
 - a. **Psychoeducation, supportive management and simple case management** (relating to family or school stress) are reasonable initial interventions for mild depression.

- b. **Cognitive Behavioral Therapy (CBT)** involves cognitive restructuring (changing negative thinking patterns) and behavioral activation (engaging in positive activities).
- c. **Interpersonal Therapy (IPT)** directly addresses interpersonal conflicts or deficits, role transitions, or grief.
- d. **SSRIs** are considered first-line psychopharmacologic intervention.

5) Trauma Disorder symptom clusters include re-experiencing of the trauma, persistent avoidance of trauma reminders or negative alterations in cognitions and mood, and persistent symptoms of hyperarousal.

- a. **Trauma Focused- Cognitive Behavioral Therapy (TF-CBT)** introduces stress-management skills with exposure-based interventions with the objective of providing a sense of mastery over trauma reminders.
- b. **Child-Parent Psychotherapy** targets younger children (younger than age 7 years) and their parent with focuses on the attachment relationship, processing traumatic grief, and emotional and technical support to the dyad.

6) Autistic Spectrum Disorder symptoms include social communication deficits and restricted, repetitive behaviors in the early developmental period.

- a. **Applied Behavioral Analysis (ABA)** involves functional analysis of maladaptive behaviors and utilization of targeted behavioral techniques to provide desired behavioral alternatives generalizable to other areas of life.
- b. **Pivotal Response Treatment (PRT)** focuses upon target behaviors with a more child-driven approach (child's own interests and situation determining behavioral activities and rewards).
- c. Communication skills are enhanced and optimized in **Speech and Language Therapy**- while this intervention is widely accepted as beneficial, diversity of models lends to smaller mass of research studies and therefore weaker evidence base.
- d. Contingent upon the child's level of function, **Social Skills Groups** may provide education and practice on social reciprocity- while this intervention is widely accepted as beneficial, diversity of models lends to smaller mass of research studies and therefore weaker evidence base.

OTHER HELPFUL RESOURCES AND WEBSITES

AmeriHealth http://amerihealthdc.com/
Children’s Law Center http://www.childrenslawcenter.org/
DC 211, Answers Please! Free service that links District residents to government and community programs. Available 24/7 202-463-6211 http://dhs.dc.gov/page/211-answers-please
DC Child and Family Services Agency http://cfsa.dc.gov/
DC Department of Behavioral Health http://dmh.dc.gov/page/about-dbh
DC Department of Health http://doh.dc.gov/
DC Department of Health Care Finance http://dhcf.dc.gov/
DC Health Check Training and Resource Center http://www.dchealthcheck.net/
DC Home Visiting Council http://www.dchomevisiting.org/programs/
DC Rape Crisis Center Phone: 202.232.0789 24 Hour Hotline 202.333.7273 www.dcrcc.org
DC Resource Center for Children with Special Health Care Needs http://www.dccshcn.org
Georgetown University Center for Child and Human Development http://gucchd.georgetown.edu/

Health Care for Children with Special Needs (HSCSN) http://www.hscsn-net.org/
Maternal and Child Library at Georgetown University http://www.mchlibrary.info/
MedStar http://www.medstarfamilychoice.com/
Student Support Center Resource Guide – comprehensive listing of DC community resources http://www.studentsupportcenter.org/resources/commonResources/SSC_CommunityResourceGuide.pdf
Trusted http://www.trustedhp.com/

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