

Patient Instructions for Sharing Using the Glooko App

Compatible Meters:

Accu-Check: Avviva Connect, Guide, Guide Me, Performa Connect

Contour Next One

True Metrix Air

One Touch: Verio Flex, Verio Sync

Compatible Smart Pens:

InPen

Notify Children's National so that we can link an account.

1. Please email diabetesteam@cnmc.org with the patient's name, date of birth, and the email address you plan to use for the account.
2. After we receive this email and add your email address to the Glooko account, you will receive an email to confirm this. Please accept the email invitation.

Download the Glooko Account on your Smart Phone

1. Download the Glooko app through the app store.
2. During the registration you will need to enter the CNH ProConnect Code: "childrensnational"
3. Please confirm the type of meter you use in the registration process. If you have one of the meters listed above, you will be able to sync your data to the app without any cables or connections.
 - a. If you do not have one of the meters listed above, the app will offer you the option to purchase a device to sync your data. We do not recommend this. Please check the Instructions for using Tidepool below.

More help

- Step by Step Guide: <https://support.glooko.com/hc/en-us/articles/360001498489>

Patient Instructions for Sharing Using Tidepool on a Computer

Compatible Meters: Complete List: <https://www.tidepool.org/clinicians/devices>

Bayer Next, Next One, Next Link

Abbot Freestyle Lite, Freedom Lite, Freestyle Precision

Precision Xtra

True Metrix, Air, Go

One Touch: Verio, Verio IQ, Verio Flex, Ultra 2, Ultra Mini

Download GoogleChrome

This is the only browser compatible with Tidepool.

Create a Personal Tidepool Account

<https://app.tidepool.org/signup>

Download the Tidepool Uploader (windows or mac) and Upload your Meter

<https://www.tidepool.org/users>

1. [This walkthrough explains how to use Tidepool Uploader.](#)
2. If you need specific instructions for your insulin pump, CGM, or blood glucose meter, you can find upload instructions in [this group of device guides](#).

Share your Data with Children's National

1. After uploading your data, select Share below your name.
2. Select "invite new member"
3. Enter the email address for Children's National- diabetesteam@cnmc.org
4. We will be able to see your data as soon as we accept the email invitation this will generate.

<https://support.tidepool.org/hc/en-us/articles/360029684951-Share-your-Data>

More help

<https://support.tidepool.org/hc/en-us/categories/360001187732-Uploading-your-Data>