Helping Kids Play, Grow and Excel
STUDENT ATHLETES
Deserve Care That Helps Them Be Their Own Champion

- Have 40% higher test scores
- Are 50% less absent than non-athletes
- Have an 11% higher graduation rate
- Are four times more likely to attend college
KIDS & TEENS WILL
Heal Quickly and Build Strength to Stay Active After an Injury

90 percent experienced an injury while playing a sport

Source: Safekids Worldwide, Changing the Culture of Youth Sports (August 2014)
TAILORED TRAINING & RECOVERY REGIMENS
Will Meet Each Patient’s Unique Needs

Less than half of the 1,005 coaches surveyed hold certification on how to prevent and recognize sports injuries

Source: Safekids Worldwide, Changing the Culture of Youth Sports (August 2014)
HIGH-TECH ASSESSMENTS
Will Help Players & Dancers Alike Safely Reach Their Athletic Peak

54 percent of student athletes felt pressure—from themselves or someone else—to continue playing despite their injury

Source: Safekids Worldwide, Changing the Culture of Youth Sports (August 2014)
EXPERT CARE
Will Guide Athletes, Families & Coaches Through Recovery and Return to Play

Between 1.1 million and 1.9 million sports-and recreation-related concussions happen each year in the U.S.
WHERE THE POWER OF SPORTS,
Community and Care Will Change Lives

Children’s National Hospital’s community presence includes:

- 5 health centers in D.C.
- 8 regional outpatient centers in D.C., Maryland and Virginia
- School nurses in 200 D.C. public and public charter schools
- 29 school-based programs in 84 D.C., Maryland and Virginia schools