

Diagnostic Criteria:

1. Signs and symptoms of diabetes in association with a random blood sugar ≥ 200 mg/dl (laboratory value, NOT finger stick)- typical presentation for T1DM
2. Fasting blood sugar on 2 occasions >126 mg/dl
3. Oral glucose tolerance test : 2 hour post prandial blood sugar after consumption of 75 grams carbohydrate ≥ 200 mg/dl
4. Hb A1c ≥ 6.5 % (3 month average blood sugar @ 140 mg/dl)

TYPICAL ED CAVEATS THAT MAY BE MISTAKEN FOR NEW ONSET T1DM:

1. stress induced hyperglycemia
2. Steroid induced hyperglycemia
3. Medication induced hyperglycemia

Diagnosis: New onset diabetes, most likely Type 1 based on criteria #s: 1 and 4