

PL-2 Residents

Categorical Residents

Nada Alabdulkarim, M.D.



nalabdulka@cnmc.org
Pronouns: she/her
Hometown: Saudi Arabia
Medical School: King Saud University
Languages: Arabic/English
Why Children's National: Being in a program with great exposure to a variety of medical conditions, having a supportive environment and

enjoying a beautiful hospital ;).

Post-residency plans: Pulmonology/Immunology fellowship.

Favorite DC activity: Kayaking!

Fun Fact: If you see me looking at the sky and very excited it's certainly because I found a full moon and then will spend the rest of the night pointing at it!

Sara Alhousseiny, M.D.



salhoussei@cnmc.org
Pronouns: she/her
Hometown: Lebanon
Medical School: Weill Cornell Medicine- Qatar
Languages: English, Arabic
Why Children's National: Amazing program with excellent training and advocacy opportunities with an

extremely supportive environment

Post-residency plans: Thinking about a Cards Fellowship!

Favorite DC activity: Trying new restaurants!

Fun Fact: I love embroidery - find it really relaxing!

Piyawat Arichai, M.D.



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Pronouns: he/him
Hometown: Boston, MA
Undergrad: Brandeis University
Medical School: Harvard
Languages: Thai, English
Why Children's National: Large residency program in an institution that offers comprehensive pediatric

specialty care that also offers individualized pathways, mentorship, and protected time for research and career development.

Post-residency plans: Neonatology

Favorite DC activity: I enjoy camping at national parks of which there are many just outside the city.

Fun Fact: I am often found taking group selfies that I am known as the "selfie king" among my colleagues.

Molly Clarke, M.D.



clarke.molly@gmail.com
Pronouns: she/her
Hometown: Cumberland, RI; Falmouth, MA
Undergrad: Boston College
Medical School: Frank H. Netter MD SOM at Quinnipiac U
Languages: English
Why Children's National: Large,

freestanding children's hospital that sees everything and that will prepare me both in general pediatrics and for fellowship.

Post-residency plans: Cardiology/ICU fellowship

Favorite DC activity: Running around the National Mall! Love the zoo and Georgetown Waterfront, too.

Fun Fact: Baking is my favorite activity and I am down to watch the Great British Baking Show at any time.

Alex Daigle, M.D.



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Pronouns: he/him
Undergrad: Auburn University
Medical School: LSU - New Orleans
Languages: English
Why Children's National: Incredible co-residents who always have my back, supportive faculty who excel at teaching, plus DC is awesome!

Post-residency plans: NICU fellowship

Favorite DC activity: Brunch, rooftop hang-outs, seeing the Monuments at night, ice cream at Mount Desert Island (best ice cream in DC hands down)

Fun Fact: I have 7 younger siblings, and each time one of them graduates high school, we reenact my OG graduation picture with everyone in the same position

Shannon Doyle, M.D., MPH



sdoyle@cnmc.org
Pronouns: she/her
Hometown: Springfield, PA
Undergrad: George Washington University
Medical School: Sidney Kimmel Medical College (Jefferson)
Other Degrees: MPH
Why Children's National: The

program has a view of pediatrics that truly emphasizes advocacy, research, and medical education in addition to a strong clinical foundation.

Post-residency plans: I'm thinking about a neonatology or adolescent medicine fellowship

Favorite DC activity: I still get a kick out of going for a run around the monuments!

Fun Fact: I met my husband at Children's National when we were undergrad volunteers! Good things are found here :)

Kamilia Echeveste, M.D.



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Pronouns: she/her
Hometown: Takoma Park, MD
Undergrad: University of Maryland
Medical School: University of Maryland
Why Children's National: Great people, unparalleled advocacy opportunities and excellent pediatric training.

Post-residency plans: TBD

Favorite DC activity: DC has so much great food! And lots of outdoor hiking options for my dogs.

Fun Fact: In college, I interned at the White House and helped develop the National HIV/AIDS Strategy. Such an honor and privilege!

Domenica Garcia Dumler, M.D.



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Pronouns: she/her
Hometown: Lima, Peru
Undergrad/Med School: U San Martin de Porres
Languages: Spanish, English
Why Children's National: Amazing program with exposure to everything, International diversity in the program, patients and city, easily

globally accessible

Post-residency plans: Hospital Medicine

Favorite DC activity: Exploring new restaurants and international cuisine/dancing around the Meridian Hill Park drum circle on summer Sundays

Fun Fact: I lived in the amazon for a year, and once almost ran over a monkey with my motorcycle

Martin Grana, M.D.



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Pronouns: he/him/his
Hometown: Lima, Peru
Undergrad/Medical School: U San Martin de Porres
Other Degrees: MS
Languages: Spanish
Why Children's National: Great children's hospital with diverse patient

population, very academic and lots of research opportunities, and amazing supportive people.

Post-residency plans: NICU fellowship

Favorite DC activity: Trying to find the best burger and sushi in the city!

Fun Fact: Went to Russia to watch my country play a World Cup after 36 years.

Alissa Groisser, M.D.



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Pronouns: she/her
Hometown: Vienna, VA
Undergrad: Brown University
Medical School: Harvard Medical School
Languages: English, Spanish
Why Children's National: Top-notch hospital that prioritizes care of the

children of DC, including underserved kids and families -- and how obvious it is the residents ♥ each other!

Post-residency plans: Primary care / adolescent / ??

Favorite DC activity: Rooftop eating/drinking/views, walking and biking around the leafy streets

Fun Fact: Every Thanksgiving, I make 10-12 pies- my favorite is still the easiest, key lime

Leah Harburg, M.D.



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Pronouns: she/her
Hometown: Potomac, MD
Undergrad: University of Michigan (go blue!)
Medical School: New York Medical College
Why Children's National: I wanted a residency program where the residents

genuinely liked each other and were friends... I'm writing this from dinner with 6 coresidents so definitely made the right choice!

Post-residency plans: NICU? PICU?

Favorite DC activity: Going to happy hours, hosting pool parties at my parents' house in the suburbs

Fun Fact: I once had dinner at the table next to George Clooney.

John Idso, M.D.



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Pronouns: he/him/his
Hometown: Eau Claire, WI
Undergrad: University of Wisconsin - Madison
Medical School: Medical College of Wisconsin
Why Children's National: I wanted a program that would give me strong

clinical training and make me competitive for fellowship. Also, family ties to the area.

Post-residency plans: NICU fellowship

Favorite DC activity: Exploring new neighborhoods

Fun Fact: I keep a spin bike in my one-bedroom apartment, but rarely, if ever, use it. Seeing it each day makes me feel fit and active.

Paige Kennedy, M.D.



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Pronouns: she/her
Hometown: Ellicott City, MD
Undergrad: Villanova University
Medical School: University of Maryland
Why Children's National: I wanted a program that offered a large variety of complex patients, and wanted to care

for patients from every socioeconomic background. More importantly, I love how friendly and down-to-earth everyone is! Plus, DC is the best city hands down.

Post-residency plans: Doctor for cute kids! Specialty TBD

Favorite DC activity: Paddle boarding on the Potomac, hiking the beautiful trails with my dogs, escape rooms

Fun Fact: I once got Mario Lopez and the Today Show hosts to crack an egg on their head for a good cause!

Amy Law, M.D.



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Pronouns: she/her
Hometown: Arlington, VA
Undergrad: University of Vermont
Medical School: University of Virginia
Why Children's National: Children's hospital with an incredibly diverse patient population allowing for training in both "bread and butter" as

well as "zebras" in a collaborative and supportive environment.

Post-residency plans: Hospitalist via PHM Fellowship

Favorite DC activity: Caps games, Natural History Museum, Exploring new restaurants (so hard to pick just one!)

Fun Fact: Ben and Jerry's Phish Food is my all-time favorite ice cream!

Andrew Meyer, M.D.



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Pronouns: he/him/his
Hometown: College Station, TX
Undergrad: Texas A&M University
Medical School: McGovern Medical School (UT Houston)
Why Children's National: Great program with diverse patient population in a city that had incredible

advocacy opportunities. Also, the people seemed top notch, personally and professionally. Emphasis on teaching!

Post-residency plans: Primary care

Favorite DC activity: Beer Gardens, exploring all of the amazing parks, happy hours

Fun Fact: I make wooden furniture and made most of the furniture in my apartment!

Emily Olson, M.D.



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Pronouns: she/her
Hometown: West Chester, PA
Undergrad: University of Pennsylvania
Medical School: University of Cincinnati
Why Children's National: Great training in the most supportive

environment alongside some of the best people I've ever met! Plus, there are so many great opportunities in this city and program!

Post-residency plans: Fellowship - further details TBD

Favorite DC activity: Runs in Rock Creek Park and Happy Hours!

Fun Fact: My Friday night movie choice is usually a Disney movie or a Rom-com. I have very sophisticated tastes :)

April Slamowitz, M.D.



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Pronouns: she/her
Hometown: Long Beach, NY
Undergrad: Stony Brook University
Medical School: Donald and Barbara Zucker School of Medicine at Hofstra/Northwell
Why Children's National: The emphasis on teaching and the amazing,

overwhelming sense of support I felt on my interview day!

Post-residency plans: Maybe NICU? PICU? Primary Care?

Favorite DC activity: Hiking the Virginia side of Great Falls, trying out various boxing gyms, and walking the streets around Barack Obama's house!

Fun Fact: Before residency, I worked for a Children's DJ company and was the MC and DJ. I have lots of neat hidden talents from this, such as face painting, balloon animals, and every line dance ever known to a child!!

Giordano Sosa Soto, M.D.



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Pronouns: he/him/his
Hometown: San Salvador, El Salvador
Medical School: Universidad Dr. Jose Matias Delgado
Languages: Spanish
Why Children's National: Amazing co-residents, seniors and faculty, supportive environment and a diverse

patient population, with bread and butter but also complex and unique patients.

Post-residency plans: Infectious diseases, global health.

Favorite DC activity: Visiting museums, memorials and hunting for nice photography spots all over the city!

Fun Fact: I love going to heavy metal concerts! Up the Irons! Remarkable photo achievement: I was able to take pictures of two humpback whales (mother-baby) in the wild!

Hayley Sparks, M.D.



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Pronouns: she/her
Hometown: Silver Spring, MD
Undergrad: Brown University
Medical School: Northwestern University
Languages: English, French
Why Children's National: Unparalleled advocacy and research opportunities in

the nation's capitol.

Post-residency plans: General Academic Fellowship/Policy
Favorite DC activity: National Arboretum, National Zoo, Great Falls, all other urban nature (so much in DC!)
Fun Fact: I am a certified "yoga for babies" instructor

Elise Stave (CAT)



Pronouns: she/her
Hometown: Chapel Hill, NC
Undergrad: MIT
Medical School: Zucker SOM at Hofstra/Northwell
Languages: English, Spanish
Why Children's National: The people/atmosphere, location, diversity of patient presentations

Post-residency plans:
Favorite DC activity: Eating (very easy to find delicious Thai food, Laotian, Cuban, etc). There's also flying trapeze here!
Fun Fact: I love singing/playing ukulele and first started playing uke after the people camping near me at a music festival offered to teach me how to strum on their ukulele

Inbar Plaut, M.D.



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Pronouns: she/her
Hometown: Boston
Undergrad: MIT
Medical School: University of Massachusetts
Why Children's National: The residents genuinely like each other and are also always willing to help

each other out, great patient diversity, strong emphasis on resident education

Post-residency plans: Cardiology vs ED vs Hospitalist
Favorite DC activity: Going to all the free museums and trying new ice cream shops
Fun Fact: I am a certified pirate! In college I took classes in sailing, archery, fencing and pistol, and then got an eye patch and was sworn in as a pirate. Arrrrgh, matey!

Lloyd Zhao, M.D.



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Pronouns: he/him/his
Hometown: Albuquerque, NM
Undergrad: Duke University
Medical School: Duke University
Languages: English
Why Children's National: Excellent training with diverse patient populations and opportunities in

advocacy! Also amazing co-residents who truly care about each other! Also my wife is at GW Public Health School
Post-residency plans: Probably fellowship in either cardiology or EM
Favorite DC activity: Exploring the diverse food options all within walking distance! Also the great trails in and near DC with my dog, Daisy
Fun Fact: I once ran a trail race only to get lost and run a marathon...

LAUNCH Track Residents

Melissa Delia, M.D.



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Pronouns: she/her
Hometown: Columbia, MD
Undergrad: University of Pittsburgh
Medical School: Howard University College of Medicine
Why Children's National: The Community Health/LAUNCH track! And of course, amazing faculty and residents

Post-residency plans: NICU fellowship
Favorite DC activity: Discovering new restaurants and happy hours, and exploring all of the hiking trails in the area
Fun Fact: I love volleyball, and sometimes play at the beach courts near the Washington monument

Nailah Gallego, M.D.



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Pronouns: she/her
Hometown: Washington, DC
Undergrad: Brown University
Medical School: Meharry Medical College
Why Children's National: So many reasons. Here are a few - Children's National values diversity, both the

residents and faculty are super supportive, and the community health/LAUNCH track is amazing!
Post-residency plans: Primary care, possibly an Academic General Pediatrics Fellowship
Favorite DC activity: Trying all the delicious food around DC!
Fun Fact: I have an identical twin sister!

Anthony McClenny, M.D.

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Pronouns: he/him**Hometown:** Charlotte, NC**Undergrad:** UNC Chapel Hill**Medical School:** UNC Chapel Hill SOM**Why Children's National:** It had everything I wanted! Great people, excellent program -- all in an awesome semi-warm city! lol**Post-residency plans:** Academic General Pediatrics**Favorite DC activity:** Brunch**Fun Fact:** I produce music on the side. If you like to sing or play an instrument, holla**Lemaat Michael, M.D.**

lmichael2@childrensnational.org

Pronouns: she/her**Hometown:** Charlotte, NC**Undergrad:** Stanford University**Medical School:** Wake Forest SOM**Languages:** Tigrinya**Why CNMC:** Huge emphasis on diversity and inclusion. The LAUnCH track. Advocacy. Working with

supportive faculty mentors who love teaching. Co-residents who felt like family the moment I met them. Caring for patients with bread and butter pediatric illnesses, as well as those with rare diseases.

Post-residency plans: Definitely a fellowship of some sort.**Favorite DC activity:** Brunching. The food scene here is unreal.**Fun Fact:** I once got stuck in a longboat in a thunderstorm in the middle of the night off the coast of the Phi Phi Islands**Jennifer O'Neil, M.D.**

joneil@cnmc.org

Pronouns: she/her**Hometown:** Dunn Loring, VA**Undergrad:** University of Virginia**Medical School:** Virginia

Commonwealth University

Why Children's National: The incredible LAUnCH track that combines a robust community health curriculum,

bread and butter inpatient and outpatient pediatrics, and the tertiary/quaternary care that we provide as a world-class children's hospital.

Post-residency plans: Most likely primary care in an underserved setting**Favorite DC activity:** Cheering on the Caps!**Fun Fact:** Everyone in my family's name starts with a "J" and I automatically trust people with J names more than others.**Katie Pukatch, M.D.**

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Pronouns: she/hers**Hometown:** Winter Park, FL**Undergrad:** University of Miami, Go Canes!**Medical School:** University of Central Florida**Why Children's National:** I wanted an excellent academic, stand alone

children's hospital with fun people in a great city to live and work!

Post-residency plans: TBD**Favorite DC activity:** There's so much to love! Wandering around the monuments, going to breweries/wineries, a great music scene, and hiking to name a few!**Fun Fact:** I used to work at Universal Studios at the ET ride during my summers**Allison Silva, M.D.**

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Pronouns: she/hers**Hometown:** Vienna, VA**Undergrad:** University of Virginia**Medical School:** Virginia

Commonwealth University

Other Degrees: Biomedical Engineering**Why Children's National:** The LAUnCH track, size of the program (always someone to go do something fun with!), diverse patient population, and I did an away at

Children's National and really enjoyed working with everyone

Post-residency plans: Primary care, maybe ED**Favorite DC activity:** Hiking, running and biking in Rock Creek Park, trying new restaurants, picnics on the National Mall, bottomless brunch!**Fun Fact:** I took two years off before med school and worked in healthcare consulting, but more importantly I traveled to 12 different countries in those two years!**Katrina Stumbras, M.D., MPH**

kstumbras@childrensnational.org

Pronouns: she/hers**Hometown:** Barrington, IL**Undergrad:** Washington University in St. Louis**Medical School:** University of Illinois at Chicago**Other Degrees:** MPH**Why Children's National:** So many

things! Before starting, some of my top reasons included the LAUNCH track and excellent training opportunities. Now that I am here it's also most definitely the people! Such a supportive environment with everyone looking out for one another!

Favorite DC activity: So many easy ways to get outside like Rock Creek Park or a quick drive to the beach! Also Timber Pizza is pretty delicious.**Fun Fact:** The house I grew up in was used to film part of the Nightmare on Elm Street remake. (it's awful I don't recommend it)

Primary Care Track

Meghan Carter, M.D.



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Pronouns: she/hers
Hometown: D.C.
Undergrad: Hamilton College
Medical School: Eastern Virginia Medical School
Why Children's National: Great training, friendly co-workers, various track options, and being in D.C.

Post-residency plans: Still deciding, most likely hospitalist or primary care

Favorite DC activity: Taking my dog for walks in Glover and Rock Creek Parks.

Fun Fact: I used to be a high school physics teacher!

Kristina Kissiova, M.D.



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Pronouns: she/hers
Hometown: Towson, MD (originally Sofia, Bulgaria)
Undergrad: George Washington
Medical School: George Washington
Languages: Bulgarian
Why Children's National: DC is the best! I also wanted a program where

I genuinely liked working with the people in it, and I can definitely say I found that.

Post-residency plans: Undecided - probably primary care or hospitalist?

Favorite DC activity: Taking long walks through the city, day trips to Shenandoah, outdoor happy hours

Fun Fact: I love to travel! My #1 bucket list item is to see the Northern Lights (I've tried twice).

Tara Mamdouhi, M.D.



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Pronouns: she/hers
Hometown: Potomac, MD
Undergrad: University of Maryland, College Park
Medical School: Drexel University
Why Children's National: Large academic program in the best city with the best people! Also the

amazing Primary Care track

Post-residency plans: Primary care? Hospitalist? TBD!

Favorite DC activity: Brunch, happy hours, exploring new restaurants, hiking, really anything involving food and/or the outdoors!

Fun Fact: I'm only a part-time vegetarian because I really really love Chick-fil-a

Claudia Martinez, M.D.



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Pronouns: she/hers
Hometown: Dallas, TX (originally from Havana, Cuba)
Undergrad: Yale University
Medical School: Texas A&M
Languages: English, Spanish
Why Children's National: Very diverse and passionate co-residents,

supportive mentors, and the ability to train in a place with amazing advocacy/community health opportunities

Post-residency plans: Primary care in an underserved area, narrative medicine / writing

Favorite DC activity: Trying new restaurants/happy hours and sight-seeing!

Fun Fact: I love all forms of Latin dancing and was on our dance team in college!

Roberto Rosario, M.D.



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Pronouns: he/him
Hometown: Bronx, NY/ Laurel, MD
Undergrad: University of Maryland, College Park
Medical School: Zucker School of Medicine at Hofstra/Northwell
Languages: English, Spanish
Why Children's National: Too many to

list! Some are diversity of patients & patient presentations, top-notch resident-focused training, close to family in MD, supportive work culture, shall I go on?

Post-residency plans: Likely fellowship; medical education

Favorite DC activity: Happy Hours, re-visiting museums, especially National History, and hiking.

Fun Fact: My wife thinks I have an "unhealthy" obsession with iron man and the Marvel universe (she's not wrong)

Research Track

Olusegun Owotomo, M.D., PhD, MPH



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Pronouns: he/him
Hometown: Nigeria
Medical School: Olabisi Onabanjo University
Graduate School: Texas A&M University; University of Texas at Austin
Other Degrees: PhD, MPH
Why Children's National: Strong

reputation and enormous resources/opportunities!

Post-residency plans: Fellowship; research; advocacy

Favorite DC activity: Still exploring. Lots of options though!

Fun Fact: I am a huge Chelsea FC fan...The Blues!!

Jillian Smith, M.D.



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Pronouns: she/hers
Hometown: Buffalo, NY
Undergrad: Colgate University
Medical School: University at Buffalo Jacobs School of Medicine
Why Children's National: The research track! Plus, we have amazing, supportive co-residents and faculty

Post-residency plans: Hematology/Oncology fellowship

Favorite DC activity: Jazz in the Garden, wandering around the monuments, and the National Zoo

Fun Fact: My favorite place to go is Acadia National Park. The view from the top of Cadillac Mountain is absolutely beautiful!

Neurology Track

Natalie Kukulka, M.D.



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Pronouns: she/hers
Hometown: Glenview, IL
Undergrad: Lake Forest College
Medical School: "Mizzou" University of Missouri at Columbia
Why Children's National: This is an incredibly strong pediatric program that will expose you to a plethora of

pediatric cases and their variable presentations. However, the supportive faculty, staff and residents are truly what makes this program outstanding.

Post-residency plans: Neurology Fellowship

Favorite DC activity: Hiking and exploring the city

Fun Fact: I have acrophobia so I decided to go bungee-jumping and skydiving to break that fear!

Elizabeth Pickup, M.D.



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Pronouns: she/hers
Hometown: Woodbury, MN
Undergrad: University of North Carolina at Chapel Hill
Medical School: University of Minnesota
Languages: French

Why Children's National: The variety of incredible opportunities in research, advocacy, and teaching at an exceptional hospital where we see some incredible cases. Plus, my co-residents are amazing!

Post-residency plans: Child Neurology fellowship

Favorite DC activity: Happy hour, exploring museums and monuments, running in Rock Creek Park, cycling in Virginia

Fun Fact: My husband and I once celebrated the summer solstice at Stonehenge!

Mrinmayee Takle, M.D.



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Pronouns: she/hers
Hometown: Reston, VA
Undergrad: Virginia Commonwealth University
Medical School: University of Virginia
Languages: Marathi, Spanish
Why Children's National: The incredibly supportive atmosphere, opportunities

to see the rarest of cases, connections to global health, diversity of the patient population, and to be in the lovely city of DC

Post-residency plans: Child Neurology fellowship, with some incorporation of global health

Favorite DC activity: Brunching, exploring museums, running and hiking, and trying out new restaurants

Fun Fact: My #fourthyearbestyear travel plans included trekking the Inca Trail to Machu Picchu, New Orleans, Mumbai, Mexico City, and Miami!

