

## Support Opportunities for Community Members

Interested in being notified when volunteer applications reopen? Complete our [Volunteer Interest Form](#).



### Donate to Dr. Bear's Closet

The Volunteer Services office is currently accepting monetary and in-kind donations of brand new toys, games, and clothing to Dr. Bear's Closet via our online Wish List. Visit [childrensnational.org/volunteer](https://childrensnational.org/volunteer) and click on "Donations to Dr. Bear's Closet" for more information!



### Donate Blood or Plasma

Even during the COVID-19 pandemic, the need for blood and plasma donations remains. Learn more about why blood and plasma donations are essential and how to schedule an appointment by visiting our Blood Donor Center's webpage: <https://childrensnational.org/departments/pathology-and-laboratory-medicine/blood-donor-center>.



### Show Support for Children's National Staff

We are all so grateful to the essential personnel working tirelessly across the country right now, including healthcare employees. Add a message or photo of appreciation to the virtual Kudos board to recognize and thank caregivers, staff and volunteers: <https://www.kudoboard.com/boards/childrens-national-hospital>.



### Create Digital Cards for Patients

Help support our patients by sending in virtual cards! Cards can include positive messages or quotes, and can be made for holidays and birthdays. Please avoid any religious, violent, or political messaging, and do not include any of your own personal information. Cards/images must be saved in PNG format and emailed to [volunteerservices@childrensnational.org](mailto:volunteerservices@childrensnational.org). Click [here](#) for more detailed information and examples.



### Be a Compassionate Crafter

Assemble coloring/activity kits, boredom buster bags, or caregiver comfort kits. Detailed information on how to create these kits can be found [here](#)!

*\*All items must be brand new for infection control purposes and safe hand hygiene must be practiced when handling and packaging items. Items with latex, religious, violent, political content, and sharp items (ie: scissors) are not permitted. Once kits are completed, contact Volunteer Services to arrange delivery.*



### Create Cloth Dolls

Our Child Life Team is able to use Cloth Dolls to provide children with a fun activity, make them feel more relaxed, and cope with their treatment process. We are looking for volunteers to sew cloth dolls for our Child Life Team by following the [cloth doll pattern](#) and the [cloth doll gown pattern](#). Once dolls are created, please mail donation to the Volunteer Services office or contact the Volunteer Services team to schedule a drop-off.



### Virtual Story Time

Record a video of yourself reading a story for our patients! Detailed information for how to properly record and submit virtual story time sessions can be found [here](#).



### Share a Musical Talent

Record a video of yourself playing an instrument and/or singing and email it to our Performance Coordinator. Videos will be shared with visitors and patients at the hospital! For more information regarding video submission, click [here](#)!



### Host a Virtual Fundraiser

Host a virtual fundraiser and have participants make a donation to Children's National during your event. Examples include virtual trivia/game night, movie night, talent show or benefit concert, cooking class, exercise class, dance party, craft night, or birthday party! All monetary donations can be made online to [Dr. Bear's Closet](#) or to the [Children's National Foundation](#).

