Dear parent/guardian,

Your child has an appointment scheduled in the Allergy Clinic at Children’s National Medical Center.

Prior to your child’s appointment, please go through the following checklist to ensure your visit goes smoothly:

☐ Complete the enclosed questionnaire and bring it with you on the day of the appointment.
☐ If your child has had previous allergy evaluations, please bring copies of all letters and test results with you. This could include doctor’s letters, skin tests, blood tests, endoscopy results, x-ray results, and any others you feel might be helpful.
☐ If your child is currently taking medications, please bring all of them with you to the appointment.
☐ If your child is being seen for allergy testing, please stop all antihistamine medications for 5 days prior to the appointment.
  ○ Those include most allergy, cold, and cough preparations that taken by mouth, such as: Alavert® (loratidine), Allegra® (fexofenadine), Astelin® (azelastine), Atarax® (hydroxyzine), Benadryl® (diphenhydramine), Clarinex® (desloratidine), Claritin® (loratidine), Dimetapp® (brompheniramine), Xyzal® (levocetirizine), Zyrtec® (cetirizine)
  ○ Antihistamine eyedrops, inhaled asthma medicines, Singularair® (montelukast), nasal sprays, and topical medicines for eczema may be continued.
☐ Please contact your pediatrician’s office to obtain a referral form, if needed, prior to the appointment. If a referral is needed and is not available at the time of the visit, the appointment will need to be rescheduled.

If you must cancel this appointment, please notify us at least 2 business days in advance of your appointment at 202-476-4490.

If you have questions about your child’s upcoming appointment, please call:
  202-476-3016 – For appointments at our Washington D.C. location
  571-226-8380 – For appointments at our Fairfax, Virginia location
  301-765-5684 – For appointments at our Rockville, Maryland location

Thank you in advance. We look forward to meeting you and your child!