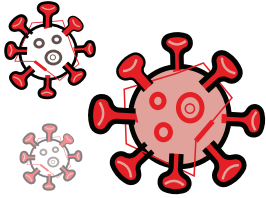


MY TELEHEALTH VISIT



1 Germs are tiny dots that can make people sick.

There is a new germ called coronavirus that makes people cough and have a fever for a little while.



2 Many places like my school and the library are closed to keep everyone healthy. My doctor is seeing some kids on a computer instead of at the office so we don't spread coronavirus. **This is called a "telehealth visit."**



3 I will stay home and see my doctor on a tablet, phone, or computer instead of at the office. This helps keep us healthy because we won't share germs.



4 My doctor will call me and my grown-up on our tablet, phone, or computer. I will see my doctor's face and hear their voice on the tablet.



5 My doctor will see me and my grown-up on their tablet. It is important that the doctor can see my face and hear my voice so they can help me. I will stay seated and use a regular inside voice.



6 Sometimes the video may freeze or the voices may sound funny because the internet gets too busy. We are all still okay. I can take deep breaths and talk to my grown-up if I feel scared or angry. My grown-up may call the doctor on the phone instead if the video freezes too much.

7 When my grown-up says it is okay, I can go play. My grown-up and I will be proud of me for sitting still and visiting my doctor!

