



## PSYCHOLOGY EXTERNSHIP EXPERIENCES

**2020-2021**

Children's National Hospital (Children's National) offers several externship experiences in child clinical and pediatric psychology to students enrolled in doctoral programs in psychology. Attached are descriptions of opportunities that are being offered in the 2020-2021 academic year, with information about how to apply for each position. **Descriptions of opportunities in neuropsychology are available under separate cover.**

**The deadline for applications is February 1, 2020.** Applications may be submitted electronically or in paper form and individual supervisors will indicate their preference in the descriptions below. Due to the high volume of calls received in the past, we request that you not call to confirm the status of your application.

### THE INSTITUTION

Children's National is a non-profit institution incorporated in 1870. The mission of Children's National is to be preeminent in providing pediatric healthcare services that enhance the health and well-being of children regionally, nationally, and internationally. Through leadership and innovation, Children's National strives to create solutions to pediatric healthcare problems.

The hospital on Children's main campus is located in Washington DC, adjacent to the Washington Hospital Center, National Rehabilitation Hospital, the Washington V.A. Hospital, Catholic University and Howard University. It is easily accessible from suburban areas. In addition, Children's National has satellite outpatient clinics in Washington D.C., Maryland and Virginia, and is part of a complex of healthcare facilities for the entire Washington metropolitan area. Further information about the hospital and its programs is available at our website ([www.childrensnational.org](http://www.childrensnational.org)).

Psychology and Behavioral Health, led by Dr. Randi Streisand, is a Division within the Center for Neurosciences and Behavioral Medicine, which is directed by Dr. Roger Packer, a neurologist. Other divisions in this center include Neuropsychology, Psychiatry, Neurology, Neurosurgery, Developmental Pediatrics, Genetics and Metabolism, Hearing and Speech, and Physical Medicine and Rehabilitation. This Center for Excellence structure was designed to stimulate multidisciplinary collaboration, in terms of both patient care and research, among disciplines and specialties with common interests.

Faculty-level psychologists at Children's National who engage in training, clinical service, and research in a variety of specialty areas, including Neonatology, Endocrinology, Hematology/Oncology, Pulmonary Medicine, Food Allergy, Neurology, Neurosurgery, Obesity, Psychiatry, and Developmental Psychology. Psychology and Neuropsychology faculty are involved in virtually all of the other Centers of Excellence. Facilities at the hospital

include outpatient clinics, the Freddie Mac Foundation Child & Adolescent Protection Center, Child and Adolescent inpatient units, library, auditorium, laboratories and research space. In addition, Psychology occupies outpatient offices in 4 suburban satellite clinics (Laurel, Maryland; Rockville, Maryland; Fairfax, Virginia; Tenleytown, D.C.).

Children's National is the pediatric teaching hospital for the George Washington University School of Medicine and Health Sciences. Psychologists at Children's National hold academic appointments in the Department of Psychiatry and Behavioral Sciences and the Department of Pediatrics at the medical school. Children's National offers a variety of training programs in various medical specialties, all of which are overseen by the medical staff. The Division of Psychology conducts post-doctoral, internship and practicum-level training for psychology students.

**CLINICAL EXTERNSHIP IN PEDIATRIC ANXIETY AND MOOD DISORDERS**  
**Division of Psychology and Behavioral Health**  
**Outpatient Psychology Department**

**Description:** This externship is ideally suited for advanced practicum students seeking further training in outpatient psychology from childhood to adolescence. The extern will spend one day, each, per week providing outpatient services through the Anxiety Disorders Program and the Mood Disorders Program at Children's National Hospital (CNH), under the direct clinical supervision of Lilia Mucka, PhD and Erin Sadler, PsyD, respectively.

The Mood Disorders Program at CNH provides outpatient services to children and adolescents with mood disorders (e.g. major depression, pediatric bipolar disorder, disruptive mood dysregulation disorder), and their families. Externs will gain experience in assessment and treatment of mood disorders through individual, family, and group therapy (optional). Additional externship opportunities include working with children with medical illnesses and histories of trauma.

The Anxiety Disorders Program at CNH provides care to children and adolescents with anxiety disorders (e.g. generalized anxiety, OCD, tics, separation and social anxiety), and their families. The majority of youth treated are school-aged children (6-18 years), though younger children are sometimes seen as well. Externs will gain experience in assessment and treatment of anxiety disorders in children and adolescents. Experience with group therapy and working with children and adolescents with medical illness may be a possibility as well.

In addition to formal, in-person supervision, externs within the both Anxiety and Mood Disorders Program will also have the opportunity participate in case conferences with child psychiatrists, attend behavioral health grand rounds, and clinical seminars (depending on the day of the externship).

**Qualifications:** Applicants must be in at least the third year of a doctoral program, have completed formal coursework in child development and treatment, and have had prior practicum experience with child and adolescent assessment and therapy. Preference will be given to advanced doctoral students.

**Number of Positions Being Offered:** One extern will be recruited for this externship.

**Time Requirement:** 16 hours/week. Available days include, Monday, Tuesday, Wednesday, or Thursday, at the main campus in DC.\* The specific days will be worked out to suit the extern's schedule and externship requirements. It is anticipated that this externship will run through June 2021.

**Location:** Children's National Hospital, 111 Michigan Avenue, NW Washington, DC 20010  
\*Note that the clinic is anticipated to move to Takoma Park DC in early 2020 (metro accessible)

**To Apply:** Send a letter of interest; CV/resume, and two letters of recommendation via email.

**Lilia Mucka, PhD**  
Licensed Clinical Psychologist  
Children's National Hospital  
[lmucka2@childrensnational.org](mailto:lmucka2@childrensnational.org)

**Erin M. Sadler, PsyD**  
Licensed Clinical Psychologist  
Children's National Hospital  
[esadler@childrensnational.org](mailto:esadler@childrensnational.org)

## CLINICAL EXTERNSHIP IN PEDIATRIC PSYCHOLOGY

### Divisions of Hematology, Oncology, and Blood and Marrow Transplantation

#### Center for Cancer and Blood Disorders

**Description:** This externship is ideally suited for advanced clinical students seeking comprehensive training in pediatric psychology. Externs will spend two days per week providing psychological services to children and adolescents with cancer or blood disorders and their families. Clinical activities will be carried out under the direct supervision of Drs. Steven Hardy, Dana Footer, and Megan Connolly (pediatric psychologists).

The Center for Cancer and Blood Disorders at Children's National Medical Center includes both outpatient and inpatient services for children diagnosed with cancer, sickle cell disease, hemophilia, severe aplastic anemia, and other malignant and non-malignant disorders. Physicians, psychologists, physical therapists, nurses, social workers and other psychosocial team members work collaboratively to address the complex problems faced by these patients and their families. Presenting issues include coping and adjustment with diagnosis and treatment, anxiety (generalized, anticipatory, and procedural), depression, behavior problems, nonadherence to medical treatment, pain exacerbated by psychological stressors, and grief/loss.

The externship consists of clinical training in pediatric psycho-oncology, direct clinical care of patients and families, participation in multidisciplinary rounds and a weekly psychology seminar, and, as desired, participation in new and ongoing clinical programs and research at Children's National. Clinical activities, which emphasize cognitive/behavioral and family systems approaches, include: (1) inpatient and outpatient consultation/liaison services (2) outpatient therapy and (3) mental health screening programs. Externs will also participate in our multidisciplinary Long-term Follow-up Clinics for survivors of childhood cancer and children who have undergone stem cell transplant to treat malignant and non-malignant diseases and Sickle Cell Disease Integrative Clinic for pain management.

**Qualifications:** Formal coursework in child development as well as clinical experience with children and adolescents are required. Experience working clinically with medically ill populations is preferred, but not required.

**Time Requirements:** 2 days per week (Tuesdays and Thursdays are preferred) from August or September through May (16hrs/week)

**Location:** Children's National Hospital  
111 Michigan Avenue, NW  
Washington, DC 20010

**Number of Positions Being Offered:** Up to 3 externs will be recruited for this position

**To Apply:** Email a letter of interest, CV, and at least two letters of recommendation to Dana Footer, PsyD at [dfooter@childrensnational.org](mailto:dfooter@childrensnational.org)

## **BEHAVIORAL MEDICINE: CONSULTATION, PRE-SURGICAL EVALUATIONS, AND TREATMENT WITH THE OBESITY AND CRANIOFACIAL TEAMS**

**Description:** The Obesity and Craniofacial externship will provide advanced training in 2 medical specialty clinics. Under the supervision of two pediatric psychologists (Dr. Randi Streisand and Dr. Eleanor Mackey), the extern will work in both the craniofacial clinic and obesity program.

The Craniofacial Clinic is a fascinating and rewarding experience. Psychology externs conduct psychosocial consultations of children with a variety of medical concerns. Young children through young adults are seen, with much training in child development taking place. Immediate suggestions/feedback are provided to families as appropriate (i.e., recommendations for managing challenging behavior, encouraging good sleep hygiene), and referrals for assessment or ongoing psychological treatment are provided when needed. After the brief consultation with the family, the extern will review the case with the attending psychologist and then will write up a short consultation reply and participate in the team conference with other disciplines (e.g., ENT, genetics, cranial facial surgeons, dentistry, and speech and language specialists). This service is located at the main hospital on Tuesday afternoons from 1-4:30 pm.

Within the obesity program, the extern will assist in the pre-surgical psychological evaluation of candidates for bariatric surgery. This involves in depth clinical assessment with an interview, KSADS, brief cognitive testing, and self-report measures, as well as coordinating/consulting with the surgery team and preparing an in-depth report and recommendations for care. The extern will complete pre-surgical evaluations on Tuesday mornings prior to craniofacial clinic. For externs that would like to have a 2 day a week externship experience, Thursdays are located at the main hospital or at the Friendship Heights satellite clinic and include consults with follow-up surgery patients and additional pre-operative evaluation.

There is also the potential for taking on 1-2 outpatient cases that are pediatric/medical specialty in focus, involvement in ongoing research, participation in didactics, outpatient therapy or post-surgical consult cases, and involvement with a larger team of pediatric psychologists and trainees. Overall, the externship will include training in consult/liaison, individual outpatient therapy, and brief assessment with a wide range of clients with varying presentations and ages.

**Qualifications:** Applicants must be in at least the third year of a doctoral program and have had some experience in child assessment or treatment, with a documented interest in gaining experience in a medical/pediatric setting.

**Time Requirement:** Either 1 or 2 days a week with Tuesdays being a required day and Thursday as an optional day. It is anticipated that this will be a 1-year externship from July 2020-June 2021.

**Number of positions being offered:** 1 extern will be recruited for this externship.

**Location:** Children's National Medical Center - 111 Michigan Avenue, NW

**To Apply:** Please email a letter of interest, curriculum vitae, and 2 letters of reference to: Eleanor Mackey, Ph.D. (202) 476-5307 at [emackey@cnmc.org](mailto:emackey@cnmc.org).

## **COMBINED CLINICAL EXTERNSHIP IN GASTROENTEROLOGY AND COMPREHENSIVE PEDIATRIC EPILEPSY PROGRAM**

**Description:** This externship is ideally suited for advanced practicum students seeking comprehensive training in pediatric psychology. The extern will spend one day per week with the Division of Gastroenterology and one day per week with the Epilepsy Program, under direct supervision of Shayna Coburn, Ph.D. and Stephanie Merwin, Ph.D., respectively.

The Division of Gastroenterology treats children with a wide range of conditions such as inflammatory bowel disease, functional abdominal pain, and eosinophilic esophagitis. Within the Division, the Celiac Disease Program offers multidisciplinary services to children and adolescents with celiac disease, an autoimmune condition that requires a strict gluten-free diet as the primary treatment. The extern would be part of a treatment team alongside physicians, nurses, educators, and dietitians. Common referral issues include health and symptom-related anxiety, adjustment to medical diagnoses, poor treatment adherence, mood and behavioral disorders, and eating/feeding-related difficulties. Potential experiences include: Consultations in the multidisciplinary celiac disease clinic (Fridays, 8am-5pm), outpatient therapy, psychosocial skills groups, and research opportunities.

The Comprehensive Pediatric Epilepsy Program (CPEP) provides care to children and adolescents with a wide range of epilepsy syndromes. Young children, adolescents, and young adults are seen through the Epilepsy Clinic and referral issues often include coping with epilepsy diagnosis and treatment, family stress, behavioral issues, ADHD, developmental delays, anxiety, and depression. Opportunities will include brief in-clinic consultations based upon mental health screening and provider referral (Mondays 8:00 am -2:00 pm), intake assessment with patients newly diagnosed with epilepsy, and individual and family outpatient therapy. Additional opportunities are available based upon the extern's interests and day of externship including program development, didactics, and research on effectiveness and feasibility of mental health screening in Epilepsy Clinic.

**Qualifications:** Prior experience in child or adolescent therapy is required. Preference will be given to students in at least their 3<sup>rd</sup> year. Experience with medically ill populations is desired, but not required.

**Time Requirement:** 8-16 hours/week; days are negotiable based on extern's availability and interests. (see locations/days below).

**Number of positions being offered:** One extern will be recruited for this position.

**Locations:** To be determined based on extern's schedule.

- 111 Michigan Avenue NW, Washington, DC 20010 (Mondays - Epilepsy, Wednesdays - Gastroenterology or Epilepsy)
- 6833 4<sup>th</sup> St NW, Washington, DC 20012 (Wednesdays- Epilepsy, possibly Fridays)
- 9850 Key West Ave., Rockville, MD 20850 (Thursdays- Gastroenterology)
- 5028 Wisconsin Ave, NW, Washington, DC 20016 (Fridays-Gastro/Celiac Clinic)

**To Apply:** Please email a letter of interest, curriculum vitae, and two letters of reference to:

Shayna Coburn, Ph.D.  
Division of Gastroenterology  
[scoburn@childrensnational.org](mailto:scoburn@childrensnational.org)

Stephanie Merwin, Ph.D.  
Comprehensive Pediatric Epilepsy Program  
[smewin@childrensnational.org](mailto:smewin@childrensnational.org)

## **COMBINED CLINICAL EXTERNSHIP IN ALLERGY/IMMUNOLOGY AND GASTROENTEROLOGY**

**2020-2021**

**Description:** This externship is ideally suited for advanced practicum students seeking further training in pediatric psychology. The extern will spend one day each with the Division of Gastroenterology and the Division of Allergy and Immunology at Children's National Hospital (CNH), under the direct clinical supervision of Linda Herbert, PhD, Ashley Ramos, PhD, and Shayna Coburn, PhD.

The Division of Allergy and Immunology at CNH provides services to a diverse population of children and adolescents who are diagnosed with food allergies, eosinophilic esophagitis, asthma, eczema, urticaria, and immunodeficiency disorders. The primary mental health concerns among this population are anxiety related to allergen exposure, adherence, adjustment concerns, and feeding problems. The allergy and immunology team is multidisciplinary, so externs will routinely interact and consult with physicians and nurses. This externship offers experience with outpatient therapy services with an emphasis on cognitive/behavioral approaches and psychosocial program development.

Within the Division of Gastroenterology, the Celiac Disease Program is dedicated to providing multidisciplinary services to children and adolescents with celiac disease, an autoimmune condition that requires a strict gluten-free diet as the primary treatment. Children attending the celiac disease clinic (Fridays) receive consultations from physicians, nurse educators, dietitians, and psychologists. Common referral issues include anxiety about gluten exposure, adjustment to the gluten-free diet, anxiety, depression, and disordered eating. Outpatient therapy may also be provided to patients from the larger Division of Gastroenterology, such as inflammatory bowel disease, functional abdominal pain, and eosinophilic esophagitis. Potential experiences include: Consultations in the multidisciplinary Celiac disease clinic (Fridays, 8am-5pm), outpatient therapy, psychosocial skills groups, and research opportunities.

**Qualifications:** Applicants must be in at least the third year of a doctoral program and have prior practicum experience with child and adolescent assessment and therapy. Experience with pediatric populations is desired, but not required. Preference will be given to advanced doctoral students.

**Number of Positions Being Offered:** One extern will be recruited for this externship

**Time Requirement:** 16 hours/week. The Allergy/Immunology Program is held on Tuesdays at the Friendship Heights ROC. The Celiac Program is held on Thursdays at the Montgomery County ROC or Fridays (clinic) at the Friendship Heights ROC.

**Locations:** Children's National Hospital (Friendship Heights: 5028 Wisconsin Ave, NW, Washington, DC 20016; Montgomery County: 9850 Key West Ave., Rockville, MD 20850)

**To Apply:** Please send a letter of interest, CV/resume, and two letters of recommendation via email.

Linda Herbert, PhD  
Licensed Clinical Psychologist  
[lherbert@childrensnational.org](mailto:lherbert@childrensnational.org)

Shayna Coburn, PhD  
Licensed Clinical Psychologist  
[scoburn@childrensnational.org](mailto:scoburn@childrensnational.org)

## COMBINED CLINICAL EXTERNSHIP IN PEDIATRIC OBESITY, PULMONARY BEHAVIORAL AND SLEEP MEDICINE

### Departments of Psychology, Pulmonary and Sleep Medicine

**Description:** This externship is ideally suited for advanced practicum students seeking comprehensive training in multiple pediatric psychology specialty areas. Externs will spend 1 day each week providing outpatient services for obesity and other chronic illnesses through the Pediatric Psychology Service. For the second day of this externship trainees will be able to choose from experiences within the Pediatric Sleep Disorders or Pulmonary Behavioral Medicine Programs; they may select a focus on either sleep medicine or pulmonary medicine exclusively or opt to participate in activities across both specialties. Clinical activities will be under the direct supervision of Sarah Hornack, Ph.D. and Danny Lewin, Ph.D., pediatric psychologists.

The Pediatric Psychology Service provides outpatient services for children with a variety of presenting problems associated with newly-diagnosed or chronic medical conditions (e.g., illness adjustment and coping, treatment adherence) as well as more general issues related to attention, behavior, mood, and anxiety in medical illness populations. A large number of referrals come from the obesity clinic and the extern will gain experience with long-term and short-term, targeted therapy assisting patients with behavior change around weight loss efforts. Other training opportunities include providing in-clinic consultation, co-leading psychoeducational and supportive groups for the management of pediatric obesity and co-leading a manualized program for promoting positive body image.

The Pediatric Sleep Disorders Program offers a weekly multidisciplinary clinic on Thursdays and allows externs the opportunity to gain expertise in the diagnosis and treatment of sleep disorders through clinic consultation, long-term therapy with children and families, and didactic experiences including optional Sleep Seminar Series, observation scoring and interpretation of polysomnographic records and other validated measures of sleep. The Pulmonary Behavioral Medicine Program provides outpatient and inpatient services for children diagnosed with chronic and acute respiratory conditions including cystic fibrosis, asthma, chronic cough, as well as management of children with respiratory complications associated with other chronic illness (neuromuscular diseases, Sickle Cell). Externs will be involved in direct patient care through consultation/liaison and outpatient therapy, and will have the opportunity to participate in multidisciplinary rounds. Both programs are described elsewhere in this brochure in greater detail. Applicants should refer to these descriptions and indicate in their cover letter whether they are particularly interested in one track or would like to pursue a combination of experiences through both programs.

The externship consists of clinical training in pediatric behavioral medicine and direct clinical care of patients and families. Each of the aforementioned roles will also provide externs with experience in working as part of a multidisciplinary medical team. Clinical activities will vary depending on the extern's track selection, but will likely include long- and short-term outpatient therapy, group therapy, and inpatient consultation/liaison, with an emphasis on cognitive/behavioral and parent training approaches.

**Qualifications:** Applicants must be in at least the third year of a doctoral program and have had some experience in child assessment or treatment, with a documented interest in gaining experience in a medical/pediatric setting.

**Time Requirement:** 16 hours/ week. The Pediatric Psychology Service rotation is held on Mondays, Wednesdays or Thursdays, the sleep rotation is on Thursdays, and the pulmonary rotation is on Tuesdays. It is anticipated that this will be a 1 year externship from July 2019 – June 2021 (start and end dates are flexible).

**Location:** Children's National Hospital, 111 Michigan Avenue, NW Washington, DC 20010

Send a letter of interest; CV/resume, and two letters of recommendation via email or regular mail.

**To Apply:** Send a letter of interest; CV/resume, and two letters of recommendation via email or regular mail to Sarah Hornack, Ph.D., Children's National Hospital, 111 Michigan Avenue, NW 20010, [shornack@childrensnational.org](mailto:shornack@childrensnational.org), (202) 476-3398

**PEDIATRIC SLEEP MEDICINE CLINIC**  
**Departments of Psychology, Pulmonary and Sleep Medicine**

**Description:** This externship is ideally suited for advanced practicum students (3<sup>rd</sup> or 4<sup>th</sup> year) with a least one year of clinical child experience who are seeking comprehensive training in sleep medicine and pediatric psychology. Externs will spend one day each week (Thursday) providing comprehensive assessment, follow-up consultation and psychotherapy to out-patients with sleep disorders and co-morbid behavior regulation problems and psychopathology. Clinical activities will be under the direct supervision of Danny Lewin, Ph.D., D.ABSM, pediatric psychologist and board certified sleep specialist.

The Pediatric Sleep Disorders Program offers externs the opportunity to gain expertise in the diagnosis and treatment of sleep disorders through clinic consultation, long-term therapy with children and families, didactic experiences (option Sleep Seminar Series and observation of the scoring and interpretation of several types of sleep assessment tools including polysomnographic records and actigraphy). Supervised research in sleep and circadian science is optional. Sleep and circadian regulation are complex domains of cutting-edge clinical science that require special training in context of a specialized sleep clinic. Training focuses on the 70+ sleep disorders and basic circadian and sleep regulation, evaluation of complex cases that often involve sleep disturbances and comorbid medical, psychiatric and developmental disorders as well as evidenced based treatment for sleep disorders. In addition to leading comprehensive assessment of sleep problems, externs take on short and long-term psychotherapy patients with chronic sleep disturbance as well as sleep and psychiatric disorders using evidence-based therapies including, CBT, ACT and mindfulness medicine. In addition to group and individual supervision, externs provide and receive peer supervision among a very diverse group of specialties including more advanced psychology trainees, sleep medicine physicians and fellows (from disciplines including pediatrics, neurology, pulmonary critical care, family medicine, internal medicine) and psychiatry.

**Qualifications:** Applicants must be in at least the third year of a doctoral program and have had one full year in pediatric rotation involving both assessment and treatment, with a documented interest in gaining experience in a medical/pediatric setting.

**Time Requirement:** 8-10 hours/ week (clinic 8 hours; report writing/didactics 2 hours). The Pediatric Sleep Medicine rotation is held on Thursdays. This is a 1 year externship from July 2020 – June 2020.

**Location:** Children's National Hospital, 111 Michigan Avenue, NW Washington, DC 20010

**To Apply:** Send a letter of interest; CV/resume, and two letters of recommendation via email to Danny Lewin, Ph.D.

Division of Pulmonary and Sleep Medicine

Children's National Hospital

111 Michigan Avenue, NW 20010

[dlewin@childrensnational.org](mailto:dlewin@childrensnational.org)

(202) 476-6209

**CLINICAL EXTERNSHIP IN  
PEDIATRIC PULMONARY BEHAVIORAL MEDICINE**

**Departments of Pulmonary and Sleep Medicine**

**Description:** This externship is ideally suited for advanced practicum students seeking comprehensive training in pediatric psychology. Externs will spend 1 day per week providing psychological services to children and adolescents with acute and chronic pulmonary diseases. Clinical activities will be under the direct supervision of attending doctor, Danny Lewin, Ph.D., a pediatric psychologist and a post-doctoral fellow, Casey Lawless, Ph.D., a pediatric psychologist and CF specialist.

The Department of Pulmonology and Sleep Medicine provides outpatient and inpatient services for children diagnosed with chronic and acute respiratory conditions including Cystic Fibrosis, Asthma, chronic cough, as well as management of children with respiratory complications associated with other chronic illness (neuromuscular diseases, Sickle Cell).

Pulmonary diseases pose unique problems as they can be extremely debilitating and treatments can be burdensome. The impact on lifestyle is quite significant and can lead to stress responses, affective disturbances, and poor adherence. In some cases, disease progression is quite rapid requiring organ transplant or end of life care.

The externship consists of clinical training in pediatric behavioral medicine, direct clinical care of patients and families, participation in multidisciplinary rounds. Clinical activities include inpatient consultation/liaison, outpatient mental health screening and brief assessment, and outpatient therapy, with an emphasis on cognitive/behavioral and parent training approaches. Common referral questions include treatment regimen adherence, adjustment to chronic illness and hospitalization, anxiety, behavioral challenges (e.g., procedure-related anxiety, pill swallowing difficulty, feeding difficulty), and somatic symptoms (e.g., psychogenic cough, vocal cord dysfunction).

**Qualifications:** Formal coursework in child development as well as at least a one year practicum involving assessment and treatment of children and/or adolescents are required. Experience with medically ill populations is desired, but not required.

**Time Requirements:** Tuesdays, from 8:00am to 5:00 starting in June, July or August (8-12 hours/week) for 12 months.

**Location:** Children's National Hospital; 111 Michigan Avenue, NW Washington, DC 20010

**To Apply:** Send a letter of interest; CV/resume, and two letters of recommendation via Email or regular mail.

Danny Lewin, Ph.D. (202) 476-6209

Licensed Clinical Psychologist

Attending and Supervisor, Pediatric Sleep Disorders Program

Pulmonary Medicine

Children's National Hospital

111 Michigan Avenue, NW 20010

[dlewin@childrensnational.org](mailto:dlewin@childrensnational.org)

## CHILD & ADOLESCENT BURN AND TRAUMA SURGERY EXTERNSHIP

**Background:** Burn injuries constitute a major concern in the pediatric age group with respect to morbidity and mortality. Injury events are disruptive and can have significant consequences. Injuries may threaten the life of the child or other family members, and involve acute hospitalization, invasive medical procedures such as wound dressing changes and skin grafting procedures, scarring, and the potential loss of functionality. Pediatric burns occur most often in young children under the age of 5 years, an age category in which children are particularly dependent on their parents. Burn events in preschool children often share many similarities in terms of burn etiology (i.e., scalds caused by hot fluids) and event circumstances (i.e., burn events occurring at home). Many parents of children with burn injuries experience posttraumatic stress.

**Externship Description:** Advanced clinical psychology doctoral students are encouraged to apply to work with the Burn Trauma Surgery Team's Psychology Service. This team is multidisciplinary and includes physicians, nurse practitioners, physical therapists, occupational therapists, social workers, dietitians, Child Life specialists, and psychologists. Team members work with individual families to assist with medical and behavioral management of the injury and recovery. This externship offers clinical and research experiences, as well as the opportunity to contribute to program development. Potential experiences are as follows:

1. Consultation with families of children with burn and other traumatic injuries. This includes meeting with families as part of their visits in the hospital's fast-paced outpatient burn clinic. Psychology provides psychoeducation regarding supporting adjustment, psychosocial screening, and brief interventions including pain management strategies as well as other behavioral and cognitive strategies. Attending clinic may provide observational and experiences with interdisciplinary team including physicians, nurse practitioners, occupational and physical therapists working with children/families.
2. Outpatient psychotherapy with children and families. Common referral questions include difficulty adjusting to injury, posttraumatic stress surrounding injury, poor adherence to medical regimen, anxiety, and depression. There are opportunities for training in conducting trauma-focused cognitive-behavioral therapy (TF-CBT).
3. Consultation and treatment with children who have experienced burn and other traumatic injuries during their inpatient hospitalization. Potential duties include reviewing medical records, interviewing children and families, case conceptualization, recommendations for treatment/referral, and providing feedback (verbal and chart notes) to medical team.
4. Assistance with and experience in participating and observing program development, with particular tasks including (1) developing a referral network and (2) developing standardized psychosocial assessment screening program.
5. Research opportunities may be available for interested and motivated candidates. Clinical research topics may include topics relating to family adjustment to injury and include skill building opportunities in literature reviews, preparing IRB protocols, obtaining consent, database management, and preparing presentations and manuscripts.
6. Formal didactic opportunities include multidisciplinary burn rounds, clinical research meetings, psychiatry grand rounds, and pediatric grand rounds. Didactic availability depends on the days of the week for externship.

**Qualifications:** Formal coursework in child assessment and child psychopathology/treatment is required. Prior practicum experience in child or adolescent therapy is also required; prior work on a multidisciplinary team preferred.

**Time Requirements:** 16 hours/week. Available days for externship include Mondays, Wednesdays, and Fridays.

**Number of positions being offered:** 1 position will be offered

**To Apply:** Please email a letter of interest, curriculum vitae, and two letters of reference to:

Carrie Tully, Ph.D., (202) 476-4546 / [ctully1@childrensnational.org](mailto:ctully1@childrensnational.org)

## CHILD AND ADOLESCENT DIABETES EXTERNSHIP

**Description:** Advanced clinical psychology doctoral students are encouraged to apply to work with the Diabetes Team's Psychology Service. The diabetes team is multidisciplinary and includes physicians, nurse educators, dietitians, and psychologists. Team members see every child newly diagnosed with diabetes, as well as work with individual families to assist with medical and behavioral management of the illness. This externship offers clinical, research, and didactic opportunities. Potential experiences are as follows:

1. Outpatient psychotherapy with children and families- typical caseload 4-6 weekly patients. Common referral issues include difficulty adjusting to diabetes diagnosis, poor adherence to medical regimen, anxiety, depression, parent-adolescent conflict, and family communication difficulties.
2. Consultation, education, and counseling with families of children newly diagnosed with diabetes. This includes addressing the impact of being diagnosed with a life long illness and assisting the family with strategies for managing diabetes. Outpatient education is provided for all families in a group format.
3. Consultation during outpatient diabetes and endocrine clinic appointments. Attending clinics may include participant-observation experiences with physicians, nurse educators, and dietitians working with children/families. Brief psychological consultations are often requested during clinic as well.
4. Co-leading behavioral and psychosocial group for parents and teens with diabetes as well as assisting with programming designed to help support families with diabetes (e.g., Family Night; Halloween Party and Candy Exchange, Off to College/Transition Workshop).
5. Providing consultation/treatment to children with diabetes who have been hospitalized. Potential duties include reviewing medical records, interviewing children and families, case conceptualization, and providing feedback (verbal and chart notes) to medical team.
6. Research opportunities are available including: (1) investigating issues related to diabetes management in young children, (2) participating in weekly research lab meetings, and (3) discussing relevant research regarding diabetes management in children and teenagers with type 1 and type 2 diabetes.

Opportunities for didactics depend on days of week of externship and include (a) multidisciplinary diabetes team meetings, (b) diabetes psychology service clinical rounds, (c) clinical research meetings, (d) psychiatry grand rounds, and (e) pediatric grand rounds.

**Qualifications:** Formal coursework in child assessment and child psychopathology and treatment is required. Prior practicum experience in child or adolescent therapy is also required.

**Time Requirements:** 16 hours/week. Available days for externship include Tuesdays, Wednesdays, and Thursdays.

**Number of positions being offered:** 2 positions will be offered

**To Apply:** Please **email** a letter of interest, curriculum vitae, and two letters of reference to: Lauren Clary, Ph.D. , (202) 476-2231, [LClary@childrensnational.org](mailto:LClary@childrensnational.org)

## **COMBINED CLINICAL EXTERNSHIP IN PEDIATRIC ANXIETY AND ALLERGY/IMMUNOLOGY**

**Description:** This externship is ideally suited for advanced practicum students seeking further training in outpatient psychology from early childhood to adolescence as well as comprehensive training in pediatric psychology. The extern will spend one day each with the Anxiety Disorders Program (ADP) and the Division of Allergy and Immunology at Children's National Hospital (CNH), under the direct clinical supervision of Mi-Young Ryee, PhD, Linda Herbert, PhD, and Ashley Ramos, PhD.

The Anxiety Disorders Program (ADP) at CNH provides care to children and adolescents with anxiety and their families. The majority of youth treated are school-aged children (6-18 years), though younger children are sometimes seen as well. Externs will gain experience in assessment and treatment of anxiety disorders in children and adolescents. Experience with group therapy and working with children and adolescents with medical illness may be a possibility as well. In addition to formal in-person supervision, there may be opportunities for ADP didactics including participating in multidisciplinary anxiety team meetings, psychiatry grand rounds, and clinical seminars (depending on the externship day).

The Division of Allergy and Immunology at CNH provides services to a diverse population of children and adolescents who are diagnosed with food allergies, eosinophilic esophagitis, asthma, eczema, urticaria, and immunodeficiency disorders. The primary mental health concerns among this population are anxiety related to allergen exposure, adherence, adjustment concerns, and feeding problems. The allergy and immunology team is multidisciplinary, so externs will routinely interact and consult with physicians and nurses. This externship offers experience with consultation/liaison services and procedural support during oral food challenge clinics, outpatient therapy services with an emphasis on cognitive/behavioral approaches, and psychosocial program development.

**Qualifications:** Applicants must be in at least the third year of a doctoral program and have completed formal coursework in child development and treatment, and prior practicum experience with child and adolescent assessment and therapy. Experience with pediatric populations is desired, but not required. Preference will be given to advanced doctoral students.

**Number of Positions Being Offered:** One extern will be recruited for this externship

**Time Requirement:** 16 hours/week. The Anxiety Disorder Program is held on Tuesdays at the Howard County ROC and the Allergy/Immunology Program is held on Wednesdays at the main campus

**Locations:** Children's National Hospital (Main Hospital: 111 Michigan Avenue NW 20010; Howard County Regional Outpatient Center: 7625 Maple Lawn Blvd Suite 230, Fulton, MD 20759)

**To Apply:** Please send a letter of interest, CV/resume, and two letters of recommendation via email.

Linda Herbert, PhD  
Licensed Clinical Psychologist  
[lherbert@childrensnational.org](mailto:lherbert@childrensnational.org)

Mi-Young Ryee, PhD  
Licensed Clinical Psychologist  
[mryee@childrensnational.org](mailto:mryee@childrensnational.org)

## EXTERNSHIP IN BEHAVIORAL PAIN MEDICINE

**Description:** This externship is ideally suited for advanced practicum students seeking specialized training within an academic medical center or pediatric setting. The Pain Medicine Program is a multidisciplinary team specializing in management of chronic pain conditions. Physicians, psychologists, physical therapists, and nurses work together as a team and collaborate with psychiatrists, social workers, and community providers (pediatricians, schools, etc.) to facilitate and implement rehabilitative therapy. Our behavioral team includes 3 pain psychologists and 1 fellow.

All tracks consist of clinical training in pediatric psychology, pain management, and supervision. Specialty seminars and didactics are available as well. Theoretical orientations utilized include an integrative approach involving cognitive and behavioral, acceptance and commitment therapy, and other mindfulness approaches. Opportunities exist for presentation of research at local and national conferences. Applicants have the opportunity to choose a particular track of interest and all tracks include interdisciplinary evaluation/consult clinics and short-term individual therapy.

**Pediatric Pain Management Track:** This position consists of primary training in our outpatient chronic pain clinic, treating youth with a wide range of chronic pain problems including, but not limited to headaches, abdominal pain, complex regional pain syndrome, myofascial pain, and autonomic disorders. Clinical activities include interdisciplinary intake evaluations, consultations, brief outpatient treatment, collaboration with schools, and care coordination. This track is available in multiple locations, including the Main Hospital in DC, Rockville, MD & Fairfax, VA. Supervisors: Kelsey Borner, PhD, Angela Fletcher, PsyD, and Laura Gray, PhD.

**Headache Track:** This position includes one day working as part of the interdisciplinary Chronic Headache team. Externs will work as part of the headache team along with neurologists to conduct interdisciplinary evaluations and team consults to develop treatment plans necessary to restore functioning and prevent disability associated with chronic headaches. Clinical activities include interdisciplinary intake evaluations, consultations, brief outpatient treatment, collaboration with schools, and care coordination. *Note -this track is dedicated to Wednesdays at the main hospital in Washington, DC.* Supervisor: Angela Fletcher, PsyD.

**Concussion Track:** One day per week, the extern will provide evaluations for patients with a range of physical, behavioral/emotional, and sleep disturbance symptoms following a concussion (mild traumatic brain injury). The extern will have the opportunity to collaborate with the other members of the team including neuropsychologists, neurologists, schools, and physical therapists. *Note -this track is dedicated to Tuesdays at the Shady Grove location.* Supervisor: Laura Gray, PhD.

**Qualifications:** Applicants must be in at least the third year of a doctoral program with experience in child and adolescent therapy and documented interest in gaining advanced experience in a medical/pediatric setting.

**Time Requirement:** Externships are 1-year and will occur from July 2018 – June 2019; anticipated 8 (1 day) -16 (2 days) hours per week. *Wednesdays are required for the Headache Clinic Track; Tuesdays are required for the Concussion Track. Other possible clinic days for the Pain Management Track are Tuesdays, Thursdays, & Fridays. Minimum 1 day per week required. Please note: Externs are encouraged to participate in 2 different tracks if interested. For example, an extern can dedicate 1 day to the headache track and 2<sup>nd</sup> day to pain management or concussion track.*

**Number of positions being offered:** 2-3 externs will be recruited for this externship.

**Location:** Children's National Hospital – 111 Michigan Ave., N.W. – *Some tracks may require clinic days at the Satellite locations (Rockville & Fairfax).*

**To Apply:** Please specify your preferred track in your letter of interest, curriculum vitae, and two letters of reference directly from recommenders to Laura S. Gray, PhD, Division of Pain Medicine:

[lagray@childrensnational.org](mailto:lagray@childrensnational.org).

## HIV SERVICES MENTAL HEALTH PROGRAM

**Description:** The HIV Services Mental Health Program provides psychological services to children, adolescents, young adults, and families living with HIV/AIDS. The Program is currently open to patients between ages 4 and 24 and their families. Our services are integrated with other medical care provided for patients and families to ensure that they receive comprehensive care in two outpatient clinics, Special Immunology Service and Burgess Clinics.

Patients living with HIV/AIDS often experience a variety of mental health issues including: anxiety, depression, bereavement, post-traumatic stress symptoms, substance abuse, relationship problems, difficulties with adjustment, and behavioral problems. Patients are routinely screened for areas of concern, and possible recommendations are discussed with families.

Mental health services are provided on an outpatient and medical inpatient basis. Patients and families may be referred for a number of pediatric issues including: medication adherence, pill swallowing, adjustment to illness, adjustment to hospitalization, and diagnosis disclosure/education. Treatment may include individual therapy, family therapy, parent training, and/or group therapy depending on the presenting problem. Psychiatry consultation and medication management are also available. Lastly, children and adolescents living with HIV undergo routine developmental and neuropsychological evaluations to monitor cognitive development and signs of HIV-related problems.

Extern experiences include:

1. Mental health and substance use screening
2. Consultation (outpatient and inpatient)
3. Outpatient therapy (individual and possibly group)
4. Psychological evaluation

**Qualifications:** This is a complex service requiring previous direct experience with children and adolescents. Preference will be given to advanced doctoral students with a strong knowledge of psychopathology and appropriate interventions. Formal course work and previous experience in child/adolescent assessment and therapy is required.

**Time Requirements:** 8-16 hours/per week from September to May. Preferably the candidate would be available for orientation and training in August. Specific days on-site will be coordinated with supervising psychologist.

**Number of Positions being offered:** One extern will be recruited for this externship.

**Location:** Children's National Hospital 111 Michigan Ave. N.W. Washington, DC 20010

**To Apply:** Please e-mail a letter of interest, curriculum vitae, and two letters of reference to Yaphet Bryant, PhD, Director of Mental Health Program-Ryan White Program  
E-mail: [ybryant@childrensnational.org](mailto:ybryant@childrensnational.org)

## CLINICAL EXTERNSHIP IN SOLID ORGAN TRANSPLANT

### Divisions of Nephrology and Cardiology

**Description:** This externship is ideally suited for advanced clinical psychology doctoral students seeking comprehensive training in pediatric psychology. Direct supervision will be provided by Kaushal Amatya, Ph.D, pediatric psychologist.

The divisions of nephrology and cardiology provide kidney and heart transplant services to children aged 0-17 and follow up care to patients up to age 21. The transplant teams are multidisciplinary and include physicians, nurse practitioners, nurse educators, dietitians, social workers, child life specialists, pharmacists, and psychologist. Psychological services include transplant readiness evaluations, adjustment to diagnosis and treatment, preparation for transplant, and follow up care for adjustment and adherence. Nonadherence to medications and medical recommendations is the primary presentation for therapeutic services. It is prevalent in significant portion of the transplant population and is associated with poor graft survival and shorter life expectancy. Psychosocial difficulties can lead to or contribute to nonadherence and need to be monitored regularly. Additionally, psychology is involved in dialysis clinic and provides services to children and adolescents receiving dialysis as renal replacement therapy.

This externship offers clinical, research, and didactic experiences as well as opportunities to contribute to program development. Potential experiences include:

- Consultations with families attending the multidisciplinary transplant clinics (Tuesdays and Thursdays, 8:30-12pm) and dialysis clinics (MWF 8am- 6pm)- externship schedule is flexible based on extern availability and interest and need for services. Psychology provides services including adherence and psychosocial screening and brief interventions to improve adherence, pain management, healthy diet/weight, sleep, and emotional/behavioral functioning.
- Outpatient therapy services for children and adolescents prior to or post-transplant.
- Consultations with patients and families in inpatient in the heart and kidney unit and the cardiac ICU.
- Formal didactic opportunities include multidisciplinary transplant and dialysis rounds, program development meetings, and pediatric grand rounds. Didactic availability depends on the days of the week for externship.
- Research opportunities: (1) investigating quality of life in pediatric dialysis and transplant patients (2) pre-transplant psychosocial functioning and association with nonadherence (3) transition readiness in adolescents and young adults.
- Assistance with and experience in participating and observing program development exist, with particular tasks including (1) developing a referral network and (2) developing standardized psychosocial assessment screening program.

**Qualifications:** Prior practicum experience in child or adolescent therapy is required. Preference will be given to doctoral students in at least their 3<sup>rd</sup> year. Experience with medically ill populations is desired, but not required.

**Time Requirement:** 8-16 hours/week; days are negotiable based on extern's availability and interests. It is anticipated that this will be a 1 year externship from July 2019-June 2020.

**Number of positions being offered:** One extern will be recruited for this position.

**Location:** 111 Michigan Avenue NW, Washington, DC 20010

**To Apply:** Please email a letter of interest, curriculum vitae, and two letters of reference to:  
Kaushal Amatya, Ph.D., Divisions of Nephrology and Cardiology, [kamatya@childrensnational.org](mailto:kamatya@childrensnational.org),  
(202) 476-5059

**CLINICAL EXTERNSHIP IN  
EARLY CHILDHOOD AND PEDIATRIC ANXIETY**

**Department of Psychology**

This externship is ideally suited for advanced practicum students seeking further training in outpatient psychology from early childhood to adolescence. The extern will spend one day each with the Infant and Toddler Mental Health Program and Child and Adolescent Anxiety Program (CAAP) at Children's National Hospital (CNH), under the direct clinical supervision of Leandra Godoy, PhD, Olivia Soutullo, PhD, and Mi-Young Ryee, PhD.

The Infant and Toddler Mental Health Program at Children's National provides outpatient care to young children (under age 6 years) and their families. Externs will gain experience working with children experiencing a variety of mental health disorders, including internalizing problems and externalizing problems. Externs will have opportunities for initial intake and ongoing treatment, including training and potential certification in Parent Child Interaction Therapy (PCIT).

The Anxiety Disorders Program (ADP) at CNH provides care to children and adolescents with anxiety, and their families. The majority of youth treated are school-aged children (6-18 years), though younger children are sometimes seen as well. Externs will gain experience in assessment and treatment of anxiety disorders in children and adolescents. Experience with group therapy and working with children and adolescents with medical illness may be a possibility as well.

In addition to formal in-person supervision, opportunities for didactics include weekly case conferences with child psychiatrists, psychiatry grand rounds, and clinical seminars (depending on the day of the externship).

**Qualifications:** Applicants must be in at least the third year of a doctoral program, have completed formal coursework in child development and treatment, and have had prior practicum experience with child and adolescent assessment and therapy. Preference will be given to advanced doctoral students.

**Number of Positions Being Offered:** 1-2 externs will be recruited for this externship

**Time Requirement:** 8-16 hours/week. The Infant and Toddler Mental Health Program is held on Tuesdays and the Child and Adolescent Anxiety Program is held on Wednesdays. It is anticipated that this will be a 1 year externship from July 2019-June 2020.

**Location:** Children's National Hospital, Takoma Park Clinic  
\* Note that the outpatient Psychology Department clinic is anticipated to move to Takoma Park DC this spring (metro accessible)

**To Apply:** Please send a letter of interest; CV/resume, and two letters of recommendation via email.

Leandra Godoy, PhD  
Licensed Clinical Psychologist  
[lgodoy@childrensnational.org](mailto:lgodoy@childrensnational.org)

Mi-Young Ryee, PhD  
Licensed Clinical Psychologist  
[mryee@childrensnational.org](mailto:mryee@childrensnational.org)

Olivia Soutullo, PhD  
Licensed Clinical Psychologist  
[osoutullo@childrensnational.org](mailto:osoutullo@childrensnational.org)

## CHILD DEVELOPMENT PROGRAM

**Description:** Clinical and Developmental Psychology doctoral students are invited to apply for an externship in the Child Development Clinic. The position offers supervised training in evaluation of infants and young children referred for developmental and behavioral problems, primarily in the range of birth to age three years. The presenting problems include (but are not limited to) complications around the time of birth (e.g. extreme prematurity, birth asphyxia, etc.), motor delays, language delays, global developmental delay, intellectual disabilities, and autism spectrum disorder. Many of the children have complex medical conditions, underlying neurologic disorders, and/or genetic disorders. The extern will be exposed to children from a wide range of ethnic and cultural backgrounds and socioeconomic conditions.

Under direct supervision, the extern will conduct structured interviews of parents, administer standardized tests, such as the Bayley Scales of Infant Development 3<sup>rd</sup> edition, Differential Ability Scales (DAS-II), and the Vineland Adaptive Behavior Scales, in addition to scoring and interpreting parent- and teacher-report measures. In addition, the extern will have the opportunity to observe administration of the Autism Diagnostic Observation Schedule (ADOS-2) and learn to administer and score test items from the ADOS. Trainees and their supervisors will integrate information from community resources (including schools and early intervention programs) and medical records, help formulate a therapeutic plan, provide parent feedback, and write the assessment report. The extern will also learn about strategies and interventions to help with common behavior and developmental challenges for this age range. The extern will have the opportunity to present their case as part of afternoon rounds. An opportunity to join inpatient consultations, as well as developmental rounds in the NICU and/or CICU/HKU, is also available.

**Qualifications:** Formal coursework in child development and assessment is expected. Some assessment experience and strong writing skills are preferred.

**Time Requirement:** A commitment of 16 hours a week is expected. The specific days will be worked out to suit the extern's schedule.

**Number of Positions Being Offered:** 5 externs will be recruited for this position.

**Location:** Children's National Hospital – 111 Michigan Avenue, N.W., Suite 3800

**To Apply:** Please email a current CV, a letter of interest, and two letters of recommendation.

Tara Brennan, Psy.D.

[tbrennan@childrensnational.org](mailto:tbrennan@childrensnational.org)

## **HYPERACTIVITY, ATTENTION, AND LEARNING PROBLEMS (HALP) CLINIC**

**Description:** The Hyperactivity, Attention, and Learning Problems (HALP) Clinic is an evaluation and treatment program for children with a variety of school problems, including Attention Deficit Hyperactivity Disorder (ADHD), Learning Disorders, and Disruptive Behavior Disorders. Externs are trained to administer, score, and interpret a standardized battery of tests. Reports are written on a weekly basis. In addition, externs have the opportunity to observe and conduct structured diagnostic interviews and feedback sessions. With regard to treatment, externs conduct therapy under the close supervision of a licensed clinical psychologist. Children who come to our clinic for treatment present with a wide range of difficulties (e.g., behavioral issues, affective disorders, anxiety disorders). Externs generally carry a caseload of 2-3 therapy clients at any one time.

Applicants interested in this externship site should be available on Tuesdays and Fridays from 8:30am-5pm. Supervision is provided by Lisa A. Efron, Ph.D.

**Qualifications:** This is an advanced externship requiring previous direct clinical experience with children and adolescents. Preference will be given to doctoral students with formal coursework in assessment and therapy.

**Time Requirement:** 16 hours/week from September through May, with the option of starting in the summer to create a year-long training experience.

**Number of Positions Being Offered:** 2

**Location:** Fairfax Satellite of Children's National – 3023 Hamaker Court Ste. 300, Fairfax, Virginia.

**To Apply:** Email a curriculum vitae and two letters of recommendation to:  
[lefron@childrensnational.org](mailto:lefron@childrensnational.org)

## WHOLE BEAR CARE: PRIMARY CARE BEHAVIORAL HEALTH SERVICES

**Description:** This externship opportunity involves providing behavioral health services to children, adolescents, young adults, and families receiving services at community-based primary care clinics. Psychologists co-located in these integrated care clinics work with patients exhibiting a range of externalizing and internalizing disorders and with their families. Interactions with the multi-disciplinary care teams as well as other key professionals internal and external to Children's National (social workers, psychiatrists, medical specialists, school staff, community-based therapists) are also part of the training experience.

The psychology externship with Whole Bear Care offers the opportunity to engage in the following experiences. We will work with externs to tailor the experience to their interests:

**Consultation within primary care:** The extern's primary role is to provide consultation to patients and their primary care providers around a range of mental health issues. The extern will work closely with both the family and primary care provider during the triage and consultation process to ensure that issues are adequately addressed either within primary care or within the community.

**Therapy within primary care:** The extern will carry an ongoing caseload of 2-4 short- to medium-term therapy cases seen within the primary care clinic. Types of cases can be tailored to the extern's interests. Some previous interests have included parent training, ADHD, anxiety and mood treatment, sleep interventions, medication adherence, and providing services in Spanish.

### **Required extern experiences include:**

1. Outpatient behavioral health consultation with children, adolescent, young adults, and families regarding general mental health concerns. Consultation includes assessment of presenting issue, referral to appropriate mental health services, and in-session intervention as warranted.
2. Outpatient behavioral health consultation with primary care teams regarding general mental health concerns and developmental concerns about patients.
3. Outpatient therapy with children, adolescent, young adults, and families regarding general mental health concerns.
4. Timely documentation of service provision in electronic medical record.

**Qualifications:** This is a *fast paced* externship requiring previous direct clinical experience with children and adolescents. Preference will be given to advanced doctoral students (3<sup>rd</sup> yr or higher) with a strong knowledge of psychopathology and appropriate interventions. Trainees who are bilingual (English-Spanish) and are interested in providing behavioral health services in Spanish can engage in language development training opportunities and will receive supervision by bilingual psychologists.

**Time Requirements:** 16 hours/week from September to May (earlier start date negotiable). Preferably, the candidate would be available for orientation and training during August. Specific days on-site to be coordinated with supervising psychologist.

**Number of Positions Being Offered:** 6 externs will be recruited for this externship.

**Locations:** 1) Children's Health Center - Shaw Metro, 614 S Street, NW DC 2) Children's Health Center-Anacostia, 2101 Martin Luther King, Jr. Ave SE, Washington, D.C., 3) Children's Health Center at THEARC, 1801 Mississippi Ave SE Washington, DC 4) CP&A Foggy Bottom Office, 2021 K Street NW Washington, DC 5) Children's Health Center-Columbia Heights, 3336 14<sup>th</sup> St, NW Washington, DC

**To Apply:** Please email a letter of interest, curriculum vitae, at least two letters of reference to: Avanté Smack, Ph.D, Psychologist, Whole Bear Care: Primary Care Behavioral Health Services

E-mail: [asmack@childrensnational.org](mailto:asmack@childrensnational.org)

## CHILD INPATIENT PSYCHIATRY EXTERNSHIP

**Description:** The Inpatient Psychiatry Externship is ideally suited for a trainee who enjoys working in a fast-paced, multidisciplinary team environment with youth with emotional and behavioral dysregulation. This externship opportunity involves providing therapeutic services to children and early adolescents (14 and under) while they are on a short-stay inpatient child psychiatric unit (CPU). The CPU is a 12-bed unit for children who have been deemed a danger to themselves or others. Patients generally have a history of self-injury, suicidal behavior, severe aggression, psychosis, or difficulties with emotional and behavioral dysregulation. Externs will have the opportunity to work with a wide variety of patients with complex presentations. The average length of stay for patients is between 5-7 days. The extern will collaborate with a dynamic multi-disciplinary team with psychiatry, medical trainees, child psychiatric specialists, nursing, expressive therapy, and social work. Dialectical Behavior Therapy and Cognitive Behavioral Therapy techniques are generally utilized to achieve stabilization and create safety plans. The extern will be directly supervised by the attending psychologist, Deborah Zlotnik, Ph.D. and will also work closely with the attending psychiatrist. The psychology externship with inpatient psychiatry offers the opportunity to engage in the following experiences:

- Carry a caseload of two patients. The extern will be responsible for conducting diagnostic interviews, short-term individual therapy, creating behavior plans, crisis management, safety planning, and coordinating with our case management team. The extern should also attend family meetings when possible.
- The extern will attend patient rounds and have the opportunity to participate in the therapeutic milieu.
- The extern will lead or co-lead 1-2 groups teaching cognitive behavior therapy (CBT), Dialectical Behavior Therapy (DBT), and social skills.
- The extern will have 2 hours of supervision.
- The extern will have an opportunity to learn DBT techniques.

**Qualifications:** This is a *fast paced* externship requiring previous direct clinical experience with children and adolescents. Preference will be given to advanced doctoral students (3<sup>rd</sup> year or higher) with a strong knowledge of psychopathology and appropriate interventions. An ideal applicant will have familiarity with CBT and DBT skills.

**Time Requirements:** 16 hours/week from July to June, start date flexible. Specific days on-site to be coordinated with supervising psychologist.

**Number of Positions Being Offered:** 1 extern will be recruited for this externship.

**Locations:** Children's National Hospital – Main Hospital, 111 Michigan Avenue, N.W., Washington, D.C.

**To Apply:** Please email a letter of interest, curriculum vitae, at least two letters of reference to:

**Deborah Zlotnik, Ph.D.,**

Licensed Faculty Psychologist, Inpatient Psychiatry

E-mail: [Dzlotnik@childrensnational.org](mailto:Dzlotnik@childrensnational.org)