



Medical Staff

Peer Support Program

Get support from a colleague after an adverse event or when you feel emotionally depleted.

The Provider Well-Being Initiative is proud to announce the launch of the Medical Staff Peer Support Program. Talking to a Peer Supporter can help you stay strong and recover from a difficult clinical situation and find acceptance in the support of your colleagues. You don't have to worry alone.

Peer Supporters are respected colleagues with effective interpersonal skills who have been specially trained. A pool of more than 30 of your medical staff colleagues have volunteered to provide peer support as needed. Learn more about the program:

<https://cnmc.sharepoint.com/sites/employeeservices/SitePages/Wellness/Provider-Wellness.aspx>

You can initiate a referral – for yourself or a colleague – at any time and in any situation. There are three ways to initiate a Peer Support referral, and someone will be in touch within 72 hours.

1. **Complete the confidential online form** on the Provider Well-Being intranet page.
<https://cnmc.sharepoint.com/sites/employeeservices/SitePages/Wellness/Provider-Wellness.aspx>
2. **Call 202-476-4842** to reach the On-Call Peer Support Medical Administrator Monday-Friday 9am-4pm.
3. **Email PeerSupport@childrensnational.org** and include name of the involved medical staff and reason for referral.



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