



Teen Patient Privacy Notice & Portal Access Information

Children's National Pediatricians & Associates

For teenagers 13 - 17 years old*

What your teen needs to know about privacy when they turn 13 years old

- You will need a parent or guardian with you for regular physicals and follow-ups until you are 18 years old.
- You can have a visit WITHOUT a parent or guardian if you would like to talk about:
 - Contraception
 - Pregnancy/ reproductive health concerns
 - Drugs and/or alcohol use
 - Mental health/emotional conditions
 - Sexually transmitted infections (STIs)
 - **Exceptions: Please note that we are required by law to inform your parent or guardian if you are in danger of harming yourself or others**
 - Treatment for these issues is confidential, but some non-Medicaid health insurance companies may notify a parent/guardian of the visit by mail.

What you and your teen need to know about portal access when your teen turns 13 years old

Once they turn 13 years old, a teen may be granted access to their own patient portal account. You and your teen should discuss whether the teen and parent(s) will have **DUAL** access or if your teen will have **SOLE** access.

First, what is a "patient portal"?

A patient portal is a convenient way for a patient to access their medical information and medical provider. You can view and download medical information such as your measurements, vaccine history and lab results. You can also send non-urgent, secure messages to your medical provider. Think of the patient portal as a way to "email" your provider's office in a secure way so that your information stays private. You can also send forms you may need completed, request an appointment and request medication refills.

Who can access the patient's portal account? What is sole vs. dual access?

Prior to age 13, a parent is allowed to be the only person who has access to their child's medical information. Once the patient turns 13, the teen becomes the primary person who is allowed access to their medical information. **The teen can choose to share their access with a parent or guardian, this is called DUAL access. Alternatively, the teen can choose to be the only person who has access, which is SOLE access. You can change between DUAL access and SOLE access at any time. [The teen and their parent/guardian must agree on whether there is dual or sole access to the teen's portal account.](#)** If the teen and their parent/guardian do not agree on access, no one will be granted access. Of course, you will still have traditional access via phone and paper.

Please feel free to ask questions at any time. We look forward to caring for your family for many years, and we appreciate your understanding of the special nature of the doctor-patient relationship during adolescence.

Sincerely,

Children's National Pediatricians & Associates

*Does not apply to patients with special needs.



Children's National.

Teen Portal Access Consent

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An informed teen is a healthy teen.

If you have questions about teen portal access, please talk to your provider at your upcoming visit. If you are ready to choose, please select one of the options below.

Today's Date _____

Teen Information:

Name _____

Date of Birth _____

Cell Phone _____

Teen does not have a cell phone

Email _____

Teen does not have an email

Parent/Guardian Information:

Name _____

Date of Birth _____

Cell Phone _____

Email _____

Relationship to Patient _____

Name _____

Date of Birth _____

Cell Phone _____

Email _____

Relationship to Patient _____

Select one of the below options:

**Note: If "No Access" is selected below, the portal account for all parties will be terminated within 24 business hours. Parents/guardians will still have traditional access to medical records via phone and paper.*

Dual Access (Both parents/guardians and teen can view the portal account)

Patient Signature _____

Parent/Guardian Signature _____

Sole Access (No one else other than the teen can view the portal account)

The teen does not authorize their parent/guardian access to their portal account. Access is automatically terminated for parents/guardians after the teen turns 13 years old.

Patient Signature _____

Parent/Guardian Signature _____

No Access (Both parents/guardians and teen do not agree on access to the portal account.)

All access to the patient's portal account will be terminated within 24 business hours.

Patient Signature _____

Parent/Guardian Signature _____

Will decide after discussion with provider

**Does not apply to patients with special needs.*