COVID-19 Updates
March 23, 2020
Opening Remarks

Kurt Newman
CEO Updates

Thank you for your continued dedication to our patients!
COVID Situation Update 3.23.20
Roberta DeBiasi
International Situation, as of 3/22/2020

CFR

<table>
<thead>
<tr>
<th>Region</th>
<th>Cases (confirmed)</th>
<th>Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Globally</strong></td>
<td>292 142</td>
<td>12 784</td>
</tr>
<tr>
<td>Western Pacific Region</td>
<td>94 787</td>
<td>3438</td>
</tr>
<tr>
<td>European Region</td>
<td>151 293</td>
<td>7425</td>
</tr>
<tr>
<td>South-East Asia Region</td>
<td>1257</td>
<td>45</td>
</tr>
<tr>
<td>Eastern Mediterranean Region</td>
<td>23 669</td>
<td>1596</td>
</tr>
<tr>
<td>Region of the Americas</td>
<td>19 685</td>
<td>252</td>
</tr>
<tr>
<td>African Region</td>
<td>739</td>
<td>20</td>
</tr>
</tbody>
</table>

China 4.0%
Italy 9.0%
Figure 2. Epidemic curve of confirmed COVID-19, by date of report and WHO region through 21 March 2020

Note that the apparent decrease in number of cases may be due to a reporting bias during the weekend.
COVID-19: U.S. at a Glance*

- Total cases: 15,219
- Total deaths: 201
- Jurisdictions reporting cases: 54 (50 states, District of Columbia, Puerto Rico, Guam, and US Virgin Islands)

* Data include both confirmed and presumptive positive cases of COVID-19 reported to CDC or tested at CDC since January 21, 2020, with the exception of testing results for persons repatriated to the United States from Wuhan, China and Japan. State and local public health departments are now testing and publicly reporting their cases. In the event of a discrepancy between CDC cases and cases reported by state and local public health officials, data reported by states should be considered the most up to date.

Cases of COVID-19 Reported in the US, by Source of Exposure**†

<table>
<thead>
<tr>
<th>Source of Exposure</th>
<th>Cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>Travel-related</td>
<td>337</td>
</tr>
<tr>
<td>Close contact</td>
<td>321</td>
</tr>
<tr>
<td>Under investigation</td>
<td>14,561</td>
</tr>
<tr>
<td><strong>Total cases</strong></td>
<td><strong>15,219</strong></td>
</tr>
</tbody>
</table>
United States Updates, as of 3/22/2020 4pm
<table>
<thead>
<tr>
<th>Region</th>
<th>Number of Confirmed Case</th>
<th>Number of Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>District of Columbia</td>
<td>120 (22)</td>
<td>2</td>
</tr>
<tr>
<td>Maryland</td>
<td>249 (55)</td>
<td>3</td>
</tr>
<tr>
<td>Virginia</td>
<td>221 (63)</td>
<td>6</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>590 (140)</strong></td>
<td><strong>11</strong></td>
</tr>
</tbody>
</table>
Regional Situation (DC, MD, VA) – as of 3.23.20 0100 AM

Cases of DC/MD/VA

- Daily New
- Cumulative

Children's National™
Pediatric Drive Up/ Walk Up
Specimen Collection

Dr. Cora-Bramble
COVID-19 Drive Up/Walk Up Specimen Collection

Ellie Hamburger
Reviewing the Testing Process

- Who should I refer for testing?

- What should patients and families expect at a testing site?

- Where do results go and how are positive test results managed?

- Key resources for primary care providers
Specimen Collection Site

- **Location:** Trinity University
  D.C. 125 Michigan Ave NE
  Washington, D.C.
- **Hours:** 10:00 AM-2:00 PM
- **Staff:** Children’s National physicians, volunteer staff, and Spanish and Amharic interpreters (remote interpreters available for other languages)
Patient Referral Criteria for Drive Up / Walk Up Testing

• Only pediatric patients up to age 22
• Patients demonstrating only MILD symptoms of COVID-19
• NO Patients who are ill and need examination
DETAILED CRITERIA
Patients who have mild COVID-19 symptoms with or without known exposure AND are:

1. Vulnerable patients
2. Patients who live with or who have unavoidable daily contact with vulnerable household members or caretakers
3. Patients who need testing to return to workplace or who have household members who do
4. Others who, in your judgment, need to be tested
GROUP 1: Who Are Vulnerable Patients?

- Immunocompromised patients (including sickle cell)
- Special needs patients with chronic respiratory compromise
- Patients with chronic, potentially compromising conditions such as: persistent asthma, other chronic respiratory illness, significant cardiac condition or history, diabetes
- Babies less than 12 months old (corrected if premature)
GROUP 2: Patients who live with or who have unavoidable daily contact with...

• Siblings, other household members or caretakers who themselves meet vulnerable patient criteria

• Household members or caretakers over 60 years old
GROUP 3: Those With Workplace Needs…

• Teen/young adult with mild symptoms of COVID-19 or household member who needs to ensure symptomatic child is negative to avoid interruption of work.
IMPORTANT REMINDERS

• Providers are **not onsite** to provide care for sick children.

• If patients have moderate to severe COVID-19 symptoms and need a patient visit, they should be routed to the appropriate care environment (telemedicine visit, primary care, or emergency department).
Steps for Referring Patient

1. **Confirm that the patient requires testing** (via telephonic, telemedicine, or in-office visit) - using suggested criteria listed on the referral form as a guide.

2. **Fill out the online Covid-19 Referral Form.** Submission of form automatically triggers confirmation email to the guardian and to you. The guardian will need to show this email on their phone or printed hard copy to gain entry to the collection site.

3. **Ensure other necessary paperwork is filled out (Quest form, consent forms).** This can be done by the referring provider and given to the patient in the office, sent securely for the patient to print, or filled out by the patient at the testing site.
What Does My Patient Need to Bring or Complete at the Site?

- **Covid-19 Referral Form** – patient must arrive with this form
  Submission of the form automatically triggers a secure confirmation email to the guardian and to you. The guardian will need to show this email on their phone or show a printed copy of the completed form to gain entry to the collection site.

- **Parent photo ID** – must bring

- **Parent consent (provided in English & Spanish) and Quest form** - can be completed on site. Arriving with completed paper forms may improve flow through the site.
COVID-19 Referral Form

Provider Referral for COVID-19 Specimen Collection

Date of Referral

Physician Information (including NPI)

ChildrensNational.org/coronatestforms
COVID-19 Referral Form

Patient Information

- Patient Name
  - First Name
  - Last Name

- Patient Date of Birth

Guardian Information

- Guardian Email
- Confirm Guardian Email

- Guardian Home Phone
- Guardian Cell phone
COVID-19 Referral Form

There are a limited number of appointments available. Please refer your patients for one of these times:
Monday, March 23, 10 a.m. - Noon

Please approve the following patient for walk-up/drive-up COVID-19 testing. Patient has met the following criteria:

- Patient has symptoms of mild illness with or without known COVID-19 exposure and fits into any of the following groups:
  - Immunocompromised
  - Special needs patient
  - Patients with chronic significant cardiac conditions
  - Babies less than 1
  - Patients (teens and notification/consent)

Signature*

Use your mouse or finger to draw your signature above

Submit Form
<table>
<thead>
<tr>
<th>ESSENTIAL:</th>
<th>NON-ESSENTIAL:</th>
</tr>
</thead>
<tbody>
<tr>
<td>patient name, phone, address, physician name and NPI</td>
<td>patient SSN, insurance info</td>
</tr>
</tbody>
</table>

**ACCOUNT #**
What Should Patients Expect at the Site?

Specimen Collection Process

- **Family is greeted by staff** at drive-up entrance who check for referral form and provide forms for completion (Quest form, consent, HIPAA)
- **Patient proceeds to checkpoint** where all forms are examined for completion
- **Patient proceeds to sampling tents**
- **Drive-up patients stay in car** for the whole process
- **Walk-ups walk to a special walk-up tent**

*From checkpoint to exit, takes 3-5 minutes*
Managing Test Results

• Results go to Quest and are currently estimated to take 3-5 days to complete
• Results will be entered into Cerner at the hospital AND faxed to referring provider
• What if I don’t get the results?
  ➢ Referring provider can call Quest and request results, using the unique account number on the form: 53002083 (not your practice account number)

Quest Laboratories will report positive test results to the appropriate DOH
What about false negatives?

• There is evidence that the test can be negative early in the course
• This argues against testing asymptomatic contacts
• Probably safest to remind parents to observe strict cleaning and hygiene in the household and to maintain social isolation/quarantine.
What Should I Tell My Patient Who Tests Positive?

- Stay home, observing quarantine
- Call back with escalating symptoms
- Resources for management:
COVID-19 Resources for Primary Care Providers

ChildrensNational.org/covid19

• **Resources to share with families**, including a Kid’s Guide to Coronavirus and guidance on handwashing, social distancing, household cleaning, etc.

• **Resources for providers and practice care teams**, including AAP guidance, coding tips ER phone numbers, local DOH links, additional information on local testing sites, key contact information

• **CNH & PHN Grand Rounds recordings and documents**, including Telemedicine During COVID-19 and other updates
COVID-19 Drive Up/ Walk Up Specimen Collection
Children’s National Hospital has a drive up/walk up specimen collection site for coronavirus (COVID-19) at Trinity University D.C. 125 Michigan Ave NE Washington, D.C. Specimen collection is available only for pediatric patients up to age 22 as referred by the primary care physician. Only children with referrals will be tested.

REFER A PATIENT FOR TESTING
ChildrensNational.org/covidtestforms
We are a learning community – now more than ever

Please share your experience, expertise, questions, and suggestions:

PHN@childrensnational.org
QUESTIONS?
American Academy of Pediatrics
Resources & Advocacy

Lee Beers
American Academy of Pediatrics COVID-19 Response and Member Support

- Public Web Page (updated daily)
- Clinical guidance
- Information on Personal Protective Equipment (PPE)
- Telemedicine and telephone care resources
- Coding information
- Information for families
- Physician wellness tips
- Webinars

Member emails and information
- AAP News
- AAP Daily Briefing
- Letters from President

• COVID-19 ECHO Project
  - Register by 3/24, target launch 3/30
AAP Policy and Advocacy

Federal Advocacy

- Increased access to and federal funding for Medicaid and CHIP
- Increased, reliable PPE availability
- Telehealth payment and access
- Additional resources and flexibility for federal nutrition programs
- Paid family leave
- Elimination of cost-sharing for coronavirus testing for all families
- Inclusion of children in clinical trials

Additional activities

- Support to states in local policy and advocacy efforts
- Public messaging about the impacts of COVID-19 on pediatricians, children and family
- Email address for member inquiries regarding COVID-19: COVID-19@aap.org
Sean Marotta
@smmarotta

Well, I know one piece of medical advice I won't be following in these times, and it is the American Academy of Pediatrics' guidelines on screen time.

❤ 967   12:33 PM - Mar 13, 2020
Closing for PHN and Referring Physician Portion of the Meeting
Operational Updates

Parking
• Reminder: staff who may park off site now have access to park on-site temporarily

Transportation
• Changing rapidly in our area
• Staff are encouraged to visit sites such as Metro and plan their commute
• We continue to evaluate any changes to our shuttles
HR Updates

- Childcare Updates
Questions and Closing

Kurt Newman