

Preparing for school: Checklist for children with asthma

Medical assessment

- Determine asthma severity and control
- Review seasonality of symptoms
- Review risk with parent/guardian/patient

Treatment

- Adjust medication(s) if needed based on severity/control
- Asthma Action Plan
- Recommend MDI/spacer; review technique
- Consider student self-administration
- Provide refills (multiple, 90 days)
- Follow up every 3 mo for persistent asthma

School Exclusion Criteria

- Poorly controlled asthma
- Multiple admissions in the past during viral season
- Other high risk co-morbid conditions

School Setting

- Social distancing
- Masks and handwashing
- Establish communication with school health suite

COVID 19 Screening

- Respiratory symptoms above baseline
- Loss of smell, loss of taste – more specific
- Fever – low sensitivity
- Malaise, body aches, URI symptoms, GI symptoms – non-specific
- Any positive contacts in last 2 weeks?

Social Determinants

- Changes or loss of insurance
- Medication access/ caregiver training during distance learning period