

# Children's National Congenital Zika Virus Program

202-476-7409

The Children's National Health System clinical **Congenital Zika Virus Program** provides the most advanced diagnostics and consultation for your pregnant and infant patients with concerns about a possible exposure to the Zika virus. Our program is a leader in international Zika-related research, giving us access to the latest Zika findings to help you and your patients.

Physicians from the Fetal Medicine Institute and the Division of Infectious Disease will provide your patient with comprehensive assessments and expert personalized recommendations based on the most recent findings and guidelines.

Once your patient is referred into the program, the multi-specialty team will provide:

- Streamlined blood testing
- Advanced fetal and newborn neuroimaging
- Comprehensive consultation
- Coordinated multidisciplinary diagnosis and management tailored to each individual

If you, any of your pregnant patients, or parents of your newborn patients have questions or concerns about a possible Zika virus exposure, the Congenital Zika Virus Program is available to help you address this issue and support you with your patients' condition management plans. Call us at **202-476-7409** or email [fetalmedicine@childrensnational.org](mailto:fetalmedicine@childrensnational.org).



# REFERRAL GUIDELINES Children's National Congenital Zika Virus Program



**If you have concerns that your patient may have been exposed to the Zika virus, please consult the guidelines below to assess when to refer to the Congenital Zika Virus Program.**

*(6/3/16: Guidelines will continue to be updated as new information becomes available)*

**The Congenital Zika Virus Program** will work with you to streamline and coordinate all testing and schedule all follow-ups for your patients.

Please call 202-476-7409 to refer a patient who fits any of the following criteria:

## Pregnant women who:

- have traveled to a Zika-affected area<sup>1</sup> (with or without symptoms<sup>2</sup>)
- have had a sexual encounter with a partner with confirmed Zika (with or without symptoms) or who traveled to a Zika-affected area<sup>1</sup>
- have not traveled to a Zika-affected area<sup>1</sup> nor had a sexual encounter with a partner who traveled but who have a history of mosquito bite(s) and have symptoms consistent with Zika<sup>2</sup>
- have fetal ultrasound studies that show a falling head circumference, microcephaly, or intracranial calcifications

## Infants who:

- were born to a mother who had a positive or inconclusive test result for Zika
- were born to a mother who traveled to or resided in an area<sup>1</sup> with Zika virus transmission during pregnancy
- have microcephaly or intracranial calcifications (diagnosed pre- or postnatally)
- have symptoms of Zika<sup>2</sup> in the first two weeks of life not explained by another etiology

<sup>1</sup> An updated list of Zika affected areas can be found here: [cdc.gov/zika/geo/index.html](http://cdc.gov/zika/geo/index.html)

<sup>2</sup> Symptoms of Zika include: fever, rash, joint pain, redness of the eyes, or headache and muscle pain