

## Dealing with Roaches, Mice, and Rats

- Never allow your child to eat in the bedroom
- Store food and trash in closed containers
- Clean up all spills and crumbs as soon as possible
- Mop kitchen floors at least once a week
- Clean countertops every day
- Take out the trash daily and put a tight lid on the trash can
- Seal small cracks and holes in the home where pests can get in

### Extra Tips: Roaches

- Fix water leaks under sinks
- Do not use spray pesticides inside. They can make asthma worse and are dangerous for small kids.
- Use bait stations, gels, or boric acid powder under appliances and other places roaches may hide
- Make sure baits and other poisons are out of reach of children

### Extra Tips: Mice and Rats

- Keep clutter off floors so mice won't build nests. Mice love warmth and corners.
- Do not get a cat. It might make your child's asthma worse.
- Use snap traps under appliances and sinks or where you see droppings
- Trim shrubs well and keep yard free of litter