FAMILY GOALS FOR MANAGING ASTHMA

- Fill all of your child’s prescriptions today! Get refills every month as needed.
- Follow your child’s Asthma Action Plan.
- Visit your primary care provider every 3 months to talk about asthma.
- Tell people who take care of your child how to take care of your child’s asthma.
- If your child is at school, make sure the school nurse has a copy of the Asthma Action Plan.
- Make sure the school nurse has access to your child’s medication.
- Cover your child’s pillow with the special dust mite cover that we gave you.
- Other special goals:
  ______________________________________________________
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For more information visit us: www.impact-dc.org

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