

Center for Autism Spectrum Disorders

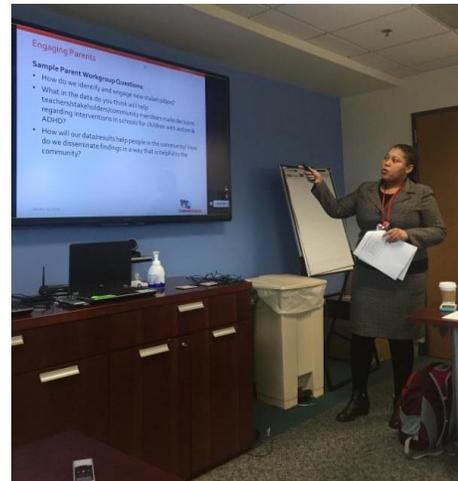
www.childrensnational.org/CASD



Children's National: CASD CHAT

CASD Presents at School Health Collaborative Meeting

In January, members of the CASD research team, CASD's director, Dr. Lauren Kenworthy, clinical psychologist and CASD faculty member, Dr. Cara Pugliese, and Community Outreach Coordinator, Yetta Myrick, were invited to present at the Child Health Advocacy Institute's (CHAI) School Health Collaborative Meeting. This session provided an overview of CASD's school-based intervention programs, "Unstuck and On Target", "On Target for Life", and "Flexible Futures", and provided tips on how to engage teachers and families.



Yetta Myrick presenting at CHAI's School Health Collaborative Meeting

CASD would like to thank the CHAI team for the opportunity to present its school-based research to the larger Children's National community. To learn more about CHAI, please visit, <https://childrensnational.org/advocacy-and-outreach/child-health-advocacy-institute>.



8TH ANNUAL
**DIAMONDS
IN THE ROUGH**
CONFERENCE

March 9–10, 2018



Lauren Kenworthy, PhD

Please join CASD's Director, Dr. Lauren Kenworthy, at the 2018 Diamonds in the Rough Conference! This is the DC area's special learning needs training event.

Dr. Kenworthy will present "Unstuck and On Target: Improving Executive Function, On-Task and Flexible Behavior" on Saturday, March 10th from 10:30-11:45am. This presentation is for professionals and parents who work with children with autism, ADHD, traumatic brain injury and other disorders linked to executive dysfunction (EF). She will introduce you to tools you can use today that help you identify when a child is having trouble with EF, so that you can better distinguish a "can't" from a "won't" and therefore intervene more effectively.

To register, please visit www.diamondsintheroughconference.com

Now Recruiting...

CASD Preschool Social Skills and Flexibility Group

CASD will once again be offering a preschool social skills and flexibility group, scheduled for March-July 2018. The group is designed for children ages 3-5 with autism spectrum disorder, who have generally age-appropriate language skills (able to speak in flexible sentences), but who struggle to play cooperatively with others and adapt to unexpected events and changes. The group will meet on Tuesdays, 3:15-4:15 pm at our clinic in Rockville and includes both a direct intervention group for the children, run by a speech/language pathologist, and a parent group, run by a psychologist. Interested families should contact Dr. Allison Ratto at aratto@childrensnational.org or 301-765-5596.



CASD's Speech and Language Pathologist, Abigail Brandt, MA, CCC-SLP, leading the preschool group.

Calendar of Events

February 2018

AJE Special Education Thursdays

Understanding DC's Ombudsman for Public Education And What You Need to Know AS A Parent in Special Education

Guest: Joyanna Smith, DC Ombudsman for Public Education

Thursday, February 8th at 12:30pm

These 30 minute sessions are available online one Thursday a month to give parents and professionals: information, education and a better understanding of DC special education issues in a "bite-size" format. For more information, please visit, <http://www.aje-dc.org/programs-3/special-education-thursdays/>

AMC Sensory Friendly Films: Peter Rabbit

AMC Theatres Nationwide**Saturday, February 10th at 10am**

The program provides a special opportunity for families to enjoy their favorite films in a safe and accepting environment. The auditoriums dedicated to the program have their lights up, the sound turned down and audience members are invited to get up and dance, walk, shout, or sing! For more information, please visit, www.amctheatres.com/programs/sensory-friendly-films

My Way Matinee: Peter Rabbit**Regal Theatres Nationwide****Saturday, February 10th at 10:30am**

The program is sensory friendly, with the sound lowered and lights brighter. For more information, please visit, <http://www.regmovies.com/MyWayMatinee>

The Kennedy Center Sensory Friendly Performances: Digging Up Dessa**The John F. Kennedy Center for the Performing Arts****Washington, DC****Sunday, February 11th at 1:30pm**

Sensory friendly performances are designed to create a performing arts experience that is welcoming to all families with children with autism or with other disabilities that create sensory sensitivities. Accommodations for these performances include: lower sound level, especially for startling or loud sounds; lights remain on at a low level in the theater during the performance; a reduction of strobe lighting or lighting focused on the audience; patrons are free to talk and leave their seats during the performance; designated quiet areas within the theater; space throughout the theater for standing and movement; limited crowds and visitors at the Kennedy Center during the day and timing of the performance; and Kennedy Center staff trained to be inviting and accommodating to families' needs. To purchase tickets for a sensory friendly performance, please call the Instant-Charge Service Desk at 202-476-8528 (voice) or visit, <https://www.kennedy-center.org/pages/accessibility/sensory>

Partnership for Extraordinary Minds (XMinds): Little Miss Precise: One Woman's Journey of Self-Discovery**Silver Spring, MD****Thursday, February 15th at 7pm**

Join XMinds as they host Annie, who will talk about growing up on the spectrum and learning to thrive as an autistic adult. Hear how she finally discovered the reason for her intense creative interests, social and sensory struggles, and precise attention to detail - and what she wishes her parents and teachers had known when she was younger.

Advance registration is recommended. Cost: \$15 for non-members. For more information, please visit, <http://www.xminds.org/event-2781253>

Kid in Action: Only Make Believe**The HSC Pediatric Center****Washington, DC****Saturday, February 17th at 10am**

Join Kids in Action as they host Only Make Believe, a non-profit organization that creates and performs interactive theatre for children in hospitals and care facilities. Performances at The HSC Pediatric Center are designed for children with varying abilities. Only Make Believe allows participants to take a break from their everyday obstacles, express themselves in their own way, and "let loose" in a safe environment.

Advance registration required. Email Robyn Jenn Preyers, CTRS at jpreyers@hschealth.org. For more information, please visit, <http://www.hschealth.org/medical-programs-therapy/services-programs/adaptive-sports>

The Kennedy Center Sensory Friendly Performances: NSO Family Concert: Let's Remix the Classix!

The John F. Kennedy Center for the Performing Arts

Washington, DC

Sunday, February 18th at 2pm

Sensory friendly performances are designed to create a performing arts experience that is welcoming to all families with children with autism or with other disabilities that create sensory sensitivities. Accommodations for these performances include: lower sound level, especially for startling or loud sounds; lights remain on at a low level in the theater during the performance; a reduction of strobe lighting or lighting focused on the audience; patrons are free to talk and leave their seats during the performance; designated quiet areas within the theater; space throughout the theater for standing and movement; limited crowds and visitors at the Kennedy Center during the day and timing of the performance; and Kennedy Center staff trained to be inviting and accommodating to families' needs. To purchase tickets for a sensory friendly performance, please call the Instant-Charge Service Desk at 202-476-8528 (voice) or visit, <https://www.kennedy-center.org/pages/accessibility/sensory>

World Cafe: A Convening on Sex Education and Creating Healthy Relationships for DC Youth with Disabilities

Washington, DC

Wednesday, February 21th at 9am

SchoolTalk, Edlavich DCJCC and the District of Columbia Association for Special Education invite all stakeholders, self-advocates, community members, family members, educators and anyone ready to be "change agents" regarding Sex Education & Healthy Relationships for Youth with Disabilities, to join a dynamic discussions and creative problem-solving to help our DC youth with disabilities develop productive, independent and healthy lives and relationships. To register, please visit, <http://thejdc.convio.net/site/Calendar?id=154043&view=Detail>

AMC Sensory Friendly Films: Peter Rabbit

AMC Theatres Nationwide

Saturday, February 24th at 10am

The program provides a special opportunity for families to enjoy their favorite films in a safe and accepting environment. The auditoriums dedicated to the program have their lights up, the sound turned down and audience members are invited to get up and dance, walk, shout, or sing! For more information, please visit, www.amctheatres.com/programs/sensory-friendly-films

Call for Applications



Autism Campus Inclusion 2018 Applications Now Open!

The Autistic Self Advocacy Network (ASAN) is now accepting applications for the 2018 Autism Campus Inclusion (ACI) Summer Leadership Academy! The ACI Summer Leadership Academy prepares autistic students to do disability advocacy at their colleges. Accepted students will travel to Washington, DC and participate in advocacy training from June 16th to June 23rd, 2018. ACI participants learn about making student groups, understanding disability policy, and talking to people in the government. ASAN pays for travel and rooms for all Academy students.

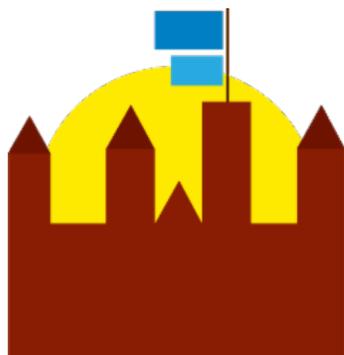
Applicants must be on the Autism Spectrum, live in the United States or Puerto Rico, and be college students with at least one year left before graduating. Students in TPSID programs (Transition and Postsecondary Programs for Students with Intellectual Disabilities), 2-year community colleges, 4-year colleges, and graduate schools can apply. ASAN especially wants you to apply if you are:

- a student of color
- LGBT
- low-income or on SSI
- a student with an intellectual disability
- an AAC user

Scholarship applications can be found [here](#). To apply, please send a completed application by Sunday, February 25th, 2018 to Reid Caplan at rcaplan@autisticadvocacy.org.

Questions about the program and the application process should be directed to Reid Caplan, Leadership Programs Coordinator for ASAN, at rcaplan@autisticadvocacy.org.

You May Be Interested...



MORNING
AT THE MUSEUM



Smithsonian Institution

Morning at the Museum, a project of the Smithsonian Institution's Accessibility Program and the Smithsonian Museums, invites visitors with cognitive and sensory disabilities to

the Smithsonian Institution museums one hour prior to the official museum opening time so that participants can take advantage of the quiet and calm museum environment. Check out the article from Smithsonian Magazine, "[How Museums Are Becoming More Sensory-Friendly For Those with Autism](#)".

For more information and to register for future Morning at the Museum programs, please contact Ashley Grady at access@si.edu.

Mindfulness and Self-Care Parenting Group For Parents of Children with Autism Spectrum Disorder

*Learn mindfulness techniques and coping strategies
to help manage parental stress*



Group will meet Tuesdays from 5:00-6:00
March 6th, 2018 to April 10th, 2018
Children's National Health System (Main Campus)

For more information contact:
Serene Habayeb, M.A. (Group Leader)
shabayeb@childrensnational.org
202-476-3779
Supervisor: Eleanor Mackey, Ph.D.



6th Annual

IVYMOUNT SPECIAL NEEDS RESOURCE FAIR

**SUNDAY, MARCH 11, 2018
NOON - 3 P.M.**

**IVYMOUNT'S SIXTH ANNUAL RESOURCE FAIR
WILL HOST OVER 50 EXHIBITORS WHOSE
ORGANIZATIONS PROVIDE A VARIETY OF
SERVICES AND RESOURCES TO CHILDREN
AND YOUNG ADULTS WITH SPECIAL NEEDS
AND THEIR FAMILIES IN THE DC
METROPOLITAN AREA.**

**THE IVYMOUNT SCHOOL
11614 SEVEN LOCKS ROAD, ROCKVILLE, MD
THIS EVENT IS FREE AND OPEN TO THE PUBLIC**



**IVYMOUNT
SCHOOL & PROGRAMS**

Exceptional Programs for Exceptional Students



Participate in Online Research On Eating Habits of Children

Who can participate?

- Parent of a child aged 5-15 years who is:
 - A) on the autism spectrum
 - OR
 - B) typically developing
 - AND
 - C) not taking any medication or experiencing a condition that affects appetite

What do you do?

- Complete online behavioral surveys

How long does it take?

- 30-55 minutes, whenever you like!

Is there payment?

- Yes! Participants receive a \$10 Amazon gift card.

If interested, contact:

Emily Richard

emilyrichard@gwu.edu

202-994-0756

Children's National, Center for Autism Spectrum Disorders,
15245 Shady Grove Road, Suite 350, Rockville, MD 20850

[SafeUnsubscribe™ {recipient's email}](#)

[Forward This Email to a Friend](#) | [Update Profile](#) | [About our service provider](#)

Sent by autism@cnmc.org in collaboration with

Constant Contact 

Try it free today

