

## Children's National: CASD CHAT

### CASD and Ivymount Help Kids Gain Job Skills

CASD and the [Ivymount School](#) have a partnership that gives students with autism real-world work experience at CASD. Watch the video below to learn about this exciting program.



### Calendar of Events

August 2019\*

#### Nationwide

**AMC Sensory Friendly Films: Dora and the Lost City of Gold**

**AMC Theatres Nationwide**

**Saturday, August 10th**

The program provides a special opportunity for families to enjoy their favorite films in a

safe and accepting environment. The auditoriums dedicated to the program have their lights up, the sound turned down and audience members are invited to get up and dance, walk, shout, or sing! Please check your local theatre listings for specific show times. For more information, please visit, [www.amctheatres.com/programs/sensory-friendly-films](http://www.amctheatres.com/programs/sensory-friendly-films)

### **My Way Matinee: Dora and the Lost City of Gold**

**Regal Theatres Nationwide**

**Saturday, August 10th at 10:30am**

This program gives everyone the opportunity to experience a movie with the lights turned up and the volume turned down. Guests are free to express themselves by singing, crying, dancing, walking around, talking or shouting while enjoying Hollywood's latest films! All screenings for these sensory friendly movies will begin at 10:30am on the second and fourth Saturday of the month for a special discounted ticket price! For more information, please visit, <https://www.regmovies.com/static/en/us/promotions/my-way-matinee>

### **AMC Sensory Friendly Films: Fast and Furious Presents: Hobbs and Shaw**

**AMC Theatres Nationwide**

**Tuesday, August 13th**

The program provides a special opportunity for families to enjoy their favorite films in a safe and accepting environment. The auditoriums dedicated to the program have their lights up, the sound turned down and audience members are invited to get up and dance, walk, shout, or sing! Please check your local theatre listings for specific show times. For more information, please visit, [www.amctheatres.com/programs/sensory-friendly-films](http://www.amctheatres.com/programs/sensory-friendly-films)

### **AMC Sensory Friendly Films: The Angry Birds Movie 2**

**AMC Theatres Nationwide**

**Saturday, August 24th**

The program provides a special opportunity for families to enjoy their favorite films in a safe and accepting environment. The auditoriums dedicated to the program have their lights up, the sound turned down and audience members are invited to get up and dance, walk, shout, or sing! Please check your local theatre listings for specific show times. For more information, please visit, [www.amctheatres.com/programs/sensory-friendly-films](http://www.amctheatres.com/programs/sensory-friendly-films)

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### **AMC Sensory Friendly Films: Scary Stories to Tell in the Dark**

**AMC Theatres Nationwide**

**Tuesday, August 27th**

The program provides a special opportunity for families to enjoy their favorite films in a safe and accepting environment. The auditoriums dedicated to the program have their lights up, the sound turned down and audience members are invited to get up and

dance, walk, shout, or sing! Please check your local theatre listings for specific show times. For more information, please visit, [www.amctheatres.com/programs/sensory-friendly-films](http://www.amctheatres.com/programs/sensory-friendly-films)

### **Chuck E. Cheese's Sensory Sensitive Sundays**

#### **Chuck E. Cheese's Locations Nationwide**

**Sunday, September 1st**

Chuck E. Cheese's offers a sensory-friendly experience, two hours early, on the first Sunday of every month. The Sensory Sensitive Sundays experience includes: less crowding and noise, dimmed lighting, show and music turned off or down, limited appearances by Chuck E., and food and games are offered for a fee. For more information and for a list of participating locations, please visit, <https://www.chuckecheese.com/birthday-events/sensory-sensitive-sundays>

## **DC Metro Area**

### **Organization for Autism Research Webinar**

#### **Addressing Problem Behavior: A Successful Team Approach**

**Presented by Jane Barbin, PhD, BCBA-D, LBA**

**Monday, August 12th at 1pm**

Children with and without autism can demonstrate challenging behaviors that parents, school staff and other caregivers often find difficult to understand or change. In this webinar, Dr. Barbin will provide attendees with an understanding of the reasons these behaviors occur, the functional assessment process and potential intervention strategies (e.g., Behavior Intervention Plans) that can be incorporated into the classroom and extended to the home setting for improvement. She will discuss ways to increase positive, replacement behaviors and practical application of evidence-based procedures. She will also discuss ways to support the child's school team in developing an effective plan to pave the way for a successful school year. To register, click [HERE](#).

### **Sensory Friendly Storytime Little Falls Library**

**Bethesda, MD**

**Saturday, August 17th at 2pm**

Sensory Friendly Storytime is designed for children of all ages who prefer smaller groups due to sensory processing disorders. The program will last about 20 minutes and will be followed by social playtime with educational toys and an opportunity for parents to socialize. Participants are encouraged to bring their own noise reduction earmuffs and weighted items. The entire family is welcome to attend, including any neurotypical siblings. To register for the program, contact the Little Falls Library at 240-773-9520 or by email at [Leslie.Jarvis@montgomerycountymd.gov](mailto:Leslie.Jarvis@montgomerycountymd.gov). Please include the following information:

- Child's first and last name
- Age of child
- Parent/Guardian name
- Best phone number to reach parent/guardian
- Parent/Guardian email address

## **Baltimore, MD**

### **B&O Sensory Friendly Days**

**B&O Railroad Museum**

**Baltimore, MD**

**Sunday, August 18th at 10am**

The B&O offers Sensory Friendly Days for children and guests with Autism Spectrum Disorders (ASD) and sensory processing differences. The museum will be opening one hour early. This more accessible museum experience features added signage and modified lighting and sounds, as well as the presence of additional volunteers and staff to support visitors throughout their stay. Sensory kits will be stationed throughout the Museum's campus and will include feeling charts, break timers, fidgets, stress balls, and noise canceling headphones. If smaller crowds, specialized activities, less sound and light stimuli, and a designated quiet room will make it easier for you or your child to explore all that the B&O has to offer, this is the day for you! The event is free with general admission. To RSVP and receive the specialized sensory story, please contact Rebecca Funk at [RFunk@borail.org](mailto:RFunk@borail.org). For more information, please visit, <http://www.borail.org/sensory-days.aspx>

## **Philadelphia, PA**

### **Access to Science**

**Academy of Natural Sciences of Drexel University**

**Philadelphia, PA**

**Sunday, August 25th at 9am**

Visitors on the autism spectrum and their families are invited to experience the museum before the crowds. You can visit with the dinosaurs, explore the children's discovery center "Outside In", see the special Mythic Creatures exhibit and wander through the dioramas at your own pace. Pre-registration is required (same-day registration is available onsite). If you would like to attend, please contact our visitor services department at 215-299-1060, or [AccessToScience@ansp.org](mailto:AccessToScience@ansp.org). Please provide the following information: contact name, email, phone, total number of attendees, number of children and their ages. To ensure a positive experience, space is limited! To learn more, please visit: <https://ansp.org/programs-and-events/programs/access-to-science/>

\*Parents need to assess the appropriateness of any given event for their child. The sensory-friendly opportunities listed are appropriate for a broad range of ages, from children's activities to shows that are appropriate only for older teens or adults.



THE HSC HEALTH CARE SYSTEM  
The HSC Pediatric Center

## SEXUALITY & DEVELOPMENTAL DISABILITIES: A WORKSHOP FOR PARENTS AND GUARDIANS

Talking to our teens and kids about sexuality can be a difficult conversation. This workshop for parents will help you become more comfortable discussing this sensitive topic.

**Thursday, August 15, 2019 from 6:00pm – 8:00pm**

**The HSC Pediatric Center  
1731 Bunker Hill Rd. NE, Washington, DC 20017**

Parents and guardians only. RSVP is required. Space is limited to 12 people.

To RSVP or for more information, please contact:

Marsha Stepensky, M.S.Ed, BCBA  
MStepensky@HSCHealth.org  
202.461.3698



For more information, visit [hschealth.org](http://hschealth.org)



**Saturday, August 24th  
12:00 - 6:00 pm**

SplashDown Waterpark  
7500 Ben Lomond Park Drive  
Manassas, VA 20109

## **Sensory Friendly Day** at SplashDown Waterpark

**Water park modifications include:**  
Secluded pavilion area with shade & seating  
Sensory-Friendly water & sand activities  
and Quick Line for easy park entry.

Admission is \$11 per person.

*Must mention "Sensory-Friendly Day"  
at the ticket window.*





Saturday  
September 14, 2019  
from 9:00am - 3:00pm\*  
\*half day option available

Trinity University Gymnasium  
125 Michigan Avenue NE,  
Washington DC 20017



THE HSC HEALTH CARE SYSTEM



Join **The HSC Health Care System** in partnership with The HSC Pediatric Center's Kids in Action Program, for our annual **Adaptive Adventure Day!** Children and young adults with disabilities from ages 4 to 22 are invited to participate in **FREE adaptive sports**. All abilities are welcome. Lunch and water are provided.

- **Adaptive Boxing**
- **Boccia**
- **Kayaking**
- **Lacrosse**
- **Rugby**
- **Tennis**
- **Wheelchair Basketball**

To register or volunteer, please go to [hschealth.org/adaptive-adventure-day](https://hschealth.org/adaptive-adventure-day)

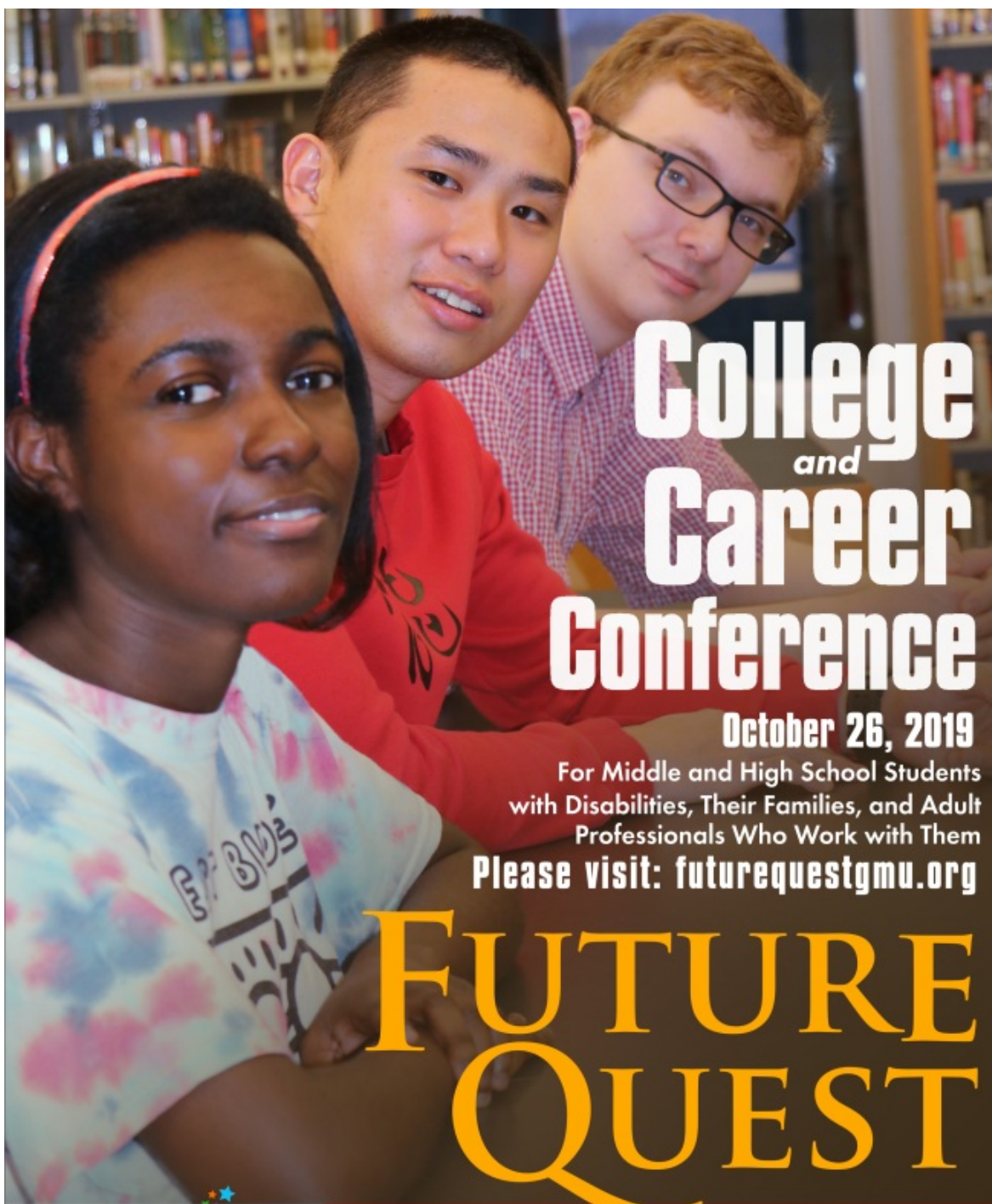
For questions, contact Robyn Winston Cohen at [rwinston@hschealth.org](mailto:rwinston@hschealth.org) or call 202-557-1851



@HSCHealthCare



@HSCKidsinAction



# College *and* Career Conference

**October 26, 2019**

For Middle and High School Students  
with Disabilities, Their Families, and Adult  
Professionals Who Work with Them

**Please visit: [futurequestgmu.org](http://futurequestgmu.org)**

# FUTURE QUEST



Sponsored by the Virginia Department of Education's Region IV Training & Technical Assistance Center and the Northern Virginia Transition Coalition [www.novatransition.org](http://www.novatransition.org)



The course is an interactive online parent training program based on the proven **Unstuck and On Target** curriculum and in-person training. Intended for parents and caregivers of verbal children with autism aged 8-11, the **Unstuck** course helps parents support their children's executive function so they can be more flexible and more easily reach goals.



### Learn more about:

- Brain-based executive function challenges
- Can't, Not Won't thinking
- Adapting for success
- Motivation strategies
- Verbal cues to build flexibility
- Identifying feelings
- Coping strategies
- Setting and reaching goals

### Features



Self-paced modules



Interactive practice exercises



Video tips by experts



Printable resources to use and share

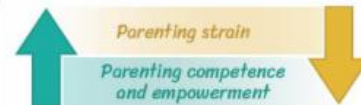


Real-life examples

### Does it work?

#### What the research says:

Yes! It works! Our research shows that the online parent course works as well as the in-person trainings.



#### What parents say:

*The 'Can't, Not Won't' has been transformative and it has shifted our entire mindset as a family, especially between me and my husband.*

*There were things I could take to the teacher and say, 'Let's try this,' and it was easy to share.*

*The flexible words were so helpful for my child in social situations. If she had a playdate, we would talk about Plan A and if that didn't work out how we would go with a Plan B.*

Development of **Unstuck and on Target: Course for Parents** and research reported on this website was supported by the National Institute of Mental Health of the National Institutes of Health under award number R44MH109193. The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health.