

Having an ElectroCardioGram: (ECG)



Hi! My name is Peter.

I am going to have a special heart test today called an ECG.

ECG stands for **ElectroCardioGram.**

An ECG measures my heart beats.



I will meet a technician.

She is nice to me and my parents.

She helps me get ready.



This is the ECG machine that is like a computer.
It will check my heart beat.



First, I will take off or unbutton my shirt. I have my favorite
toy with me, my bear named Teddy.



Then, the technician will put 13 sticky leads on my body.



The sticky leads do not hurt.
They feel sticky and cool.



This is what the sticky leads look like up close.



After they are put on my body, the technician will place a clip with an ECG wire on each sticky lead, NOT on my skin.



This is what the clips and wires on the sticky leads look like.

I can feel the wires laying on my chest and belly.

This does not hurt.



First, I will be **VERY STILL.**

I will be still, **like a statue**, for 5 minutes.



Then, the technician takes off the clips with wires.

The technician or my parents and I can take off the sticky leads.



After they come off, I will wait to see the heart doctor.

After I see the doctor, I will put my shirt back on.

Teddy and I are all done.

Time to go!

To schedule an appointment with the **cardiology department**, contact the Cardiology scheduling office:

Phone: 202-476-2090

To request **Child Life support** for your child's cardiology visit, contact the Family Services Department:

Phone: 202-476-3070.

For additional **autism specific support or resources**, contact The Autism Behavioral Communication (ABC) support program:

Phone: 202-476-2884

E-mail: ABCconsultteam@childrensnational.org

Created by:

Eileen Walters, BSN, RN, CPN

Program Manager, Autism Behavioral Communication Support

Judith S. Ross CCLS, CEIM

Certified Child Life Specialist/ Infant Massage Educator

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