



OUR COMMITMENT

The Parent Navigator Program seeks to inform, educate, support, and empower families to be strong partners with providers in advocating for their child's medical, educational, and social well-being. Parent Navigators provide guidance and support to families about how to access services, work with providers, and manage the various aspects of special needs care giving.

Parent Navigators are parents of children with special needs.

"We've been there. We know what it's like to be overloaded with medical information, talk with so many doctors, and have to race to never ending appointments. It's tiring and overwhelming. But through it all, we've learned how to turn frustrations into advocacy. For families, taking caring of our kids in the best possible way is what we care about most."

Let us share what we have learned while we learn from you.

TALK TO US.
202-476-2900

Pnavigator@cnmc.org

Parent Navigator Program

Children's National Medical Center

111 Michigan Ave., NW
Washington, DC 20010

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★ ★ ★ Government of the District of Columbia
Adrian M. Fenty, Mayor



PARENT NAVIGATOR PROGRAM



UNDERSTAND | SUPPORT | ADVOCATE

We support families who have children with chronic medical conditions and special healthcare needs



202-476-2900

PURPOSE



Children's National understands that parenting a child with special needs is a remarkable journey, one filled with daily challenges, uncertainty, and successes.

The Parent Navigator Program

helps to reduce family stress by connecting caregivers to **Resources**, assisting with **Coordinating Care**, finding **Educational Tools** for parents and children, and providing **Emotional Support** so that managing your child's healthcare journey is a little easier.



SERVICES & BENEFITS

Helping parents of exceptional children help themselves.

Resource Assistance:

- Adolescent activities
- Assistive technologies
- Camps
- Childcare
- Grants
- Legal advice
- Respite
- Sibling activities
- Support groups
- Therapy programs
- Transportation

Education Tools:

- Community workshops
- Education advocacy
- Educational information
- Health & diagnosis
- Insurance issues
- Navigating Children's National
- Parent/Doctor communication

Emotional Support:

- Doctor visit companionship
- Family outings
- Father supports
- Parent to parent buddies
- Sharing stories
- Support during hospitalizations

Care Coordination:

- Appointment assistance
- Care notebooks
- Coordinating multiple specialists



ELIGIBILITY



Families of children with special healthcare needs are eligible if they:

- ❖ See a pediatrician in a Children's Health Center or
- ❖ Are followed by the Complex Care Program at Children's National

And if the child's condition requires any of the following:

- ❖ Frequent doctor visits
- ❖ Home nursing care
- ❖ Multiple hospital stays
- ❖ Several specialty doctors
- ❖ Specialized education (IEP, IFSP)
- ❖ Therapy services (Physical Therapy, Occupational Therapy, Speech Therapy)
- ❖ Use of a wheelchair, ventilator, feeding tube, or any type of computer-aided technology

Direct eligibility questions to:

202-476-2900

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