



Ready or Not, Here They Come!

Emergency
Preparedness for the
Community Pediatrician

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Faculty Disclosure Information

- In the past 12 months, I have no relevant financial relationships with the manufacturer(s) of any commercial product(s) and/or providers of commercial services discussed in this CME activity.
- I do not intend to discuss an unapproved/investigative use of a commercial product device in my presentation.
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Outline

- Everyday Readiness
- Disaster Readiness
- Community Readiness
- CNMC Resources

Why be “Pediatric Ready?”

- DC has potential for mass casualty/disaster as well as large influx of families for tourism
- Families often seek care at closest facility
- Need to be ready everyday in order to be ready for mass casualty/disasters

Pediatric Readiness



Office Readiness



Office Readiness

- Office emergencies are common
 - 1x month to 1x week
- Primary care provider serves as entry to emergency care system
- AAP recommends partnering with EMS and hospital-based emergency providers to ensure optimal emergency care and disaster readiness for children

AAP Recommendations

- Office-based self assessment
- Emergency Equipment and medications
- Staff training (BLS/ALS, PALS, ENPC)
- Pre-assign roles for your “resuscitation team”
- Practice roles in office mock codes
- EMS – facilitate transfer to local ED
- Patient and family education

Preparation for Emergencies in the Offices of Pediatricians and Pediatric Primary Care Providers. Committee on Pediatric Emergency Medicine. Pediatrics 2007.

Office Readiness Resources

- Training
 - PALS:
childrensnational.org/pals
 - ENPC: ena.org/ENPC
- Office simulation
 - simulation@childrensnational.org
- Transfer to EMS
 - (202)476-LIFE



Emergency Department Readiness



National Pediatric Readiness Project

- “A national multi-phase quality improvement initiative to ensure all U.S. emergency departments have the essential guidelines and resources in place to provide effective emergency care to children”



American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™

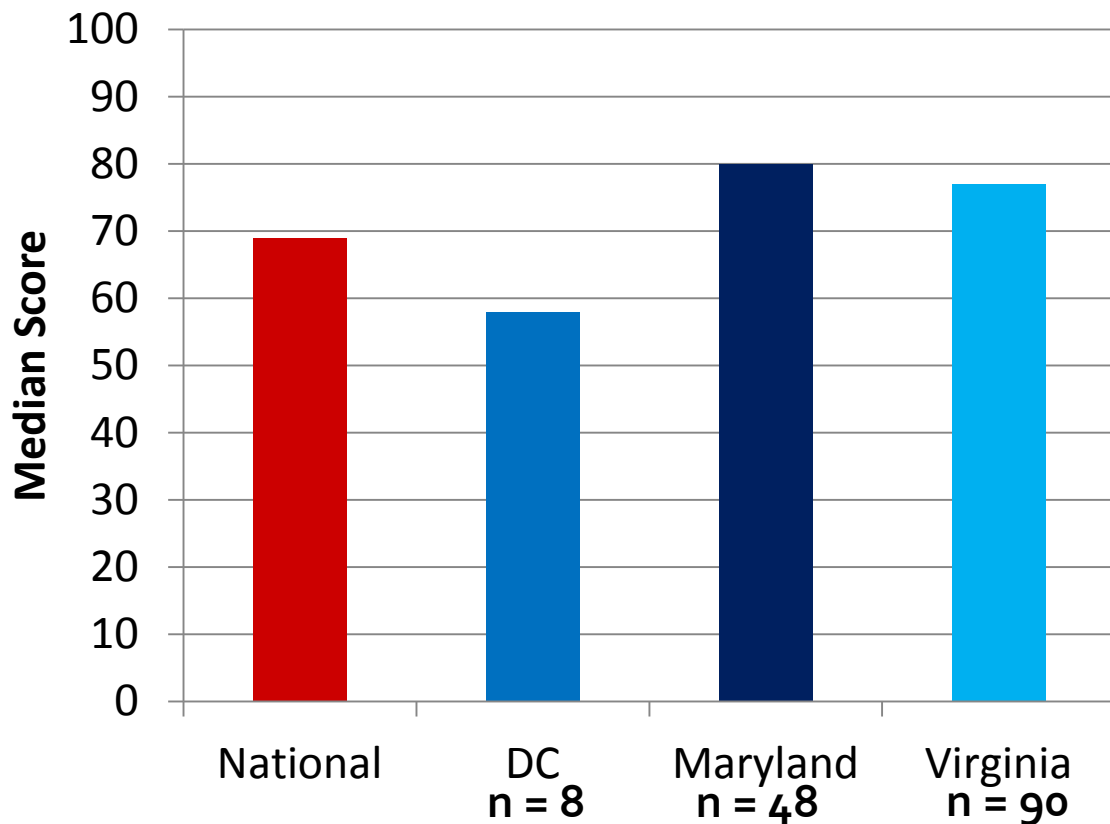


National Pediatric Readiness Project

- Electronic self-assessment questionnaire mailed to ALL U.S. emergency departments in 2013
 - Staffing
 - QI processes
 - Equipment
 - Safety
 - Policies & procedures
 - Administration & coordination



National Pediatric Readiness Project



Pediatric Readiness – Key Results

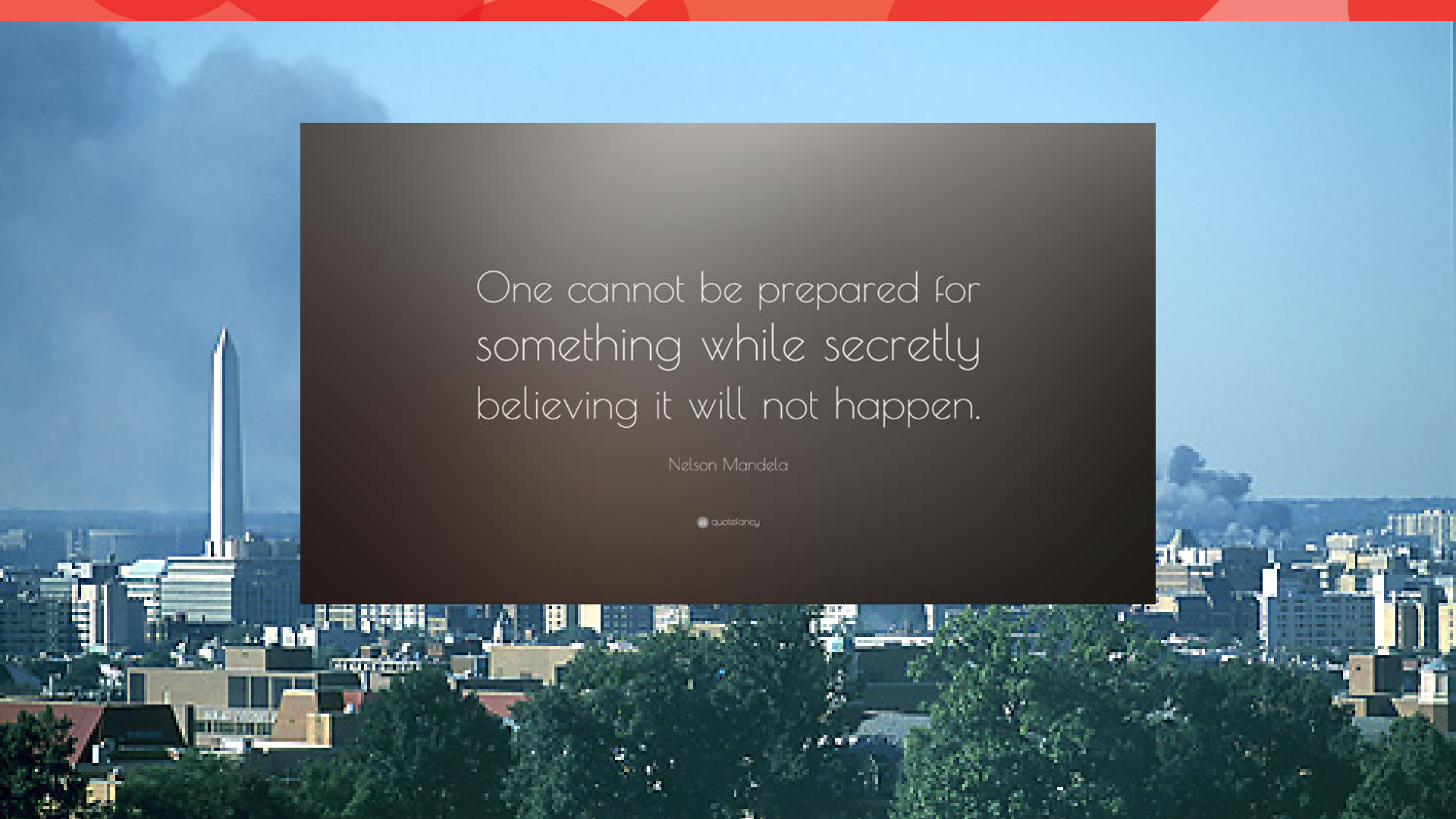
- Only 47% of EDs have disaster plans that include children
- 58% of EDs have pediatric quality indicators
- EDs with Pediatric Emergency Care Coordinator had higher scores overall and in several key areas

Pediatric Readiness – Next Steps

- EMSC Quality Improvement Collaborative
 - DC participating in national effort to ensure all EDs are ready to take care of children
- CNMC ED Outreach
 - Partnering with local EDs to improve quality of pediatric emergency care
 - Shared pathways for pediatric asthma

Disaster Readiness





One cannot be prepared for
something while secretly
believing it will not happen.

Nelson Mandela

 quote fancy

Everyday Readiness = Disaster Readiness

- Mitigate risk
- Ensure financial stability
- Strengthen the medial home
- Promote community health

What does Disaster Planning really mean?

Preparation

**Emergency
Preparedness**

**Mitigation/
Protection**



Response

**Disaster
Management**

Recovery

Applying principles of Disaster Planning to the office

Office drills

Emergency
Preparedness

MOUs/Insurance



EMS/Hospital
Activation

Disaster
Management

Staff debrief

Office Preparedness – Top 10 list

1. Create an office disaster kit
2. Inventory essential supplies
3. Consider drafting an MOU for alternate practice site
4. Protect office files
5. Review insurance coverage
6. Prepare office employees
7. Create a disaster communications plan
8. Drill evacuation plans
9. Collaborate with other local practices and local hospital
10. Develop a personal preparedness plan



Building community resilience: DC-PMRC

- **The Project** - To improve resilience for the pediatric population DC during emergencies
- **The Problem** - No pediatric-specific MRC exists
- **The Plan** - Develop a pediatric MRC that engages the community for pediatric emergency preparedness; Coordinate outreach events and collaborate with existing MRCs in DC

What is the Medical Reserve Corp



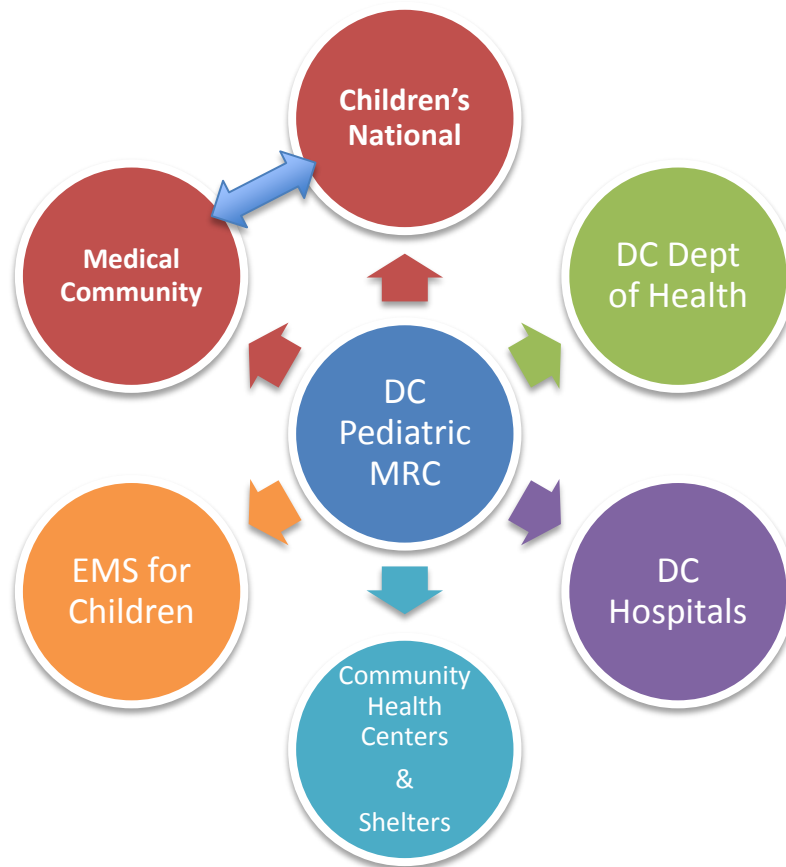
Mission statement

The mission of the Washington, DC Pediatric Medical Reserve Corps (DC-PMRC) is to provide specialized pediatric support services to the DC community in preparation for, response to, and recovery from disaster, pandemic and mass-casualty events involving children and families.

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Coordination and Collaboration



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