



## **PSYCHOLOGY EXTERNSHIP EXPERIENCES 2016-2017**

Children's National Health Systems (Children's National) offers several externship experiences in child clinical and pediatric psychology to students enrolled in doctoral programs in psychology. Attached are descriptions of opportunities that are being offered in the 2016-2017 academic year, with information about how to apply for each position. **Descriptions of opportunities in neuropsychology are available under separate cover.**

**The deadline for applications is February 1, 2016.** Applications may be submitted electronically or in paper form and individual supervisors will indicate their preference in the descriptions below. Due to the high volume of calls received in the past, we request that you not call to confirm the status of your application. We participate with the Consortium under the Greater Washington Area Directors of Clinical Training. **The call date for offers is March 11<sup>th</sup>, 2016, beginning at 9 am.**

### **THE INSTITUTION**

Children's National is a non-profit institution incorporated in 1870. The mission of Children's National is to be preeminent in providing pediatric healthcare services that enhance the health and well-being of children regionally, nationally, and internationally. Through leadership and innovation, Children's National strives to create solutions to pediatric healthcare problems.

The hospital on Children's main campus is located in Washington DC, adjacent to the Washington Hospital Center, National Rehabilitation Hospital, the Washington V.A. Hospital, Catholic University and Howard University. It is easily accessible from suburban areas. In addition, Children's National has satellite outpatient clinics in Washington D.C., Maryland and Virginia, and is part of a complex of healthcare facilities for the entire Washington metropolitan area. Further information about the hospital and its programs is available at our website ([www.childrensnational.org](http://www.childrensnational.org)).

Psychology and Behavioral Health, led by Dr. Adelaide Robb, and Neuropsychology, led by Dr. Gerry Gioia, are both Divisions within the Center for Neurosciences and Behavioral Medicine, which is directed by Dr. Roger Packer, a neurologist. Other divisions in this center include Psychiatry, Neurology, Neurosurgery, Developmental Pediatrics, Genetics and Metabolism, Hearing and Speech, and Physical Medicine and Rehabilitation. This Center for Excellence structure was designed to stimulate multidisciplinary collaboration, in terms of both patient care and research, among disciplines and specialties with common interests.

There are presently 35 faculty-level psychologists at Children's National who engage in training, clinical service, and research in a variety specialty areas, including Adolescent Medicine, Child Protection Services, Neonatology, Endocrinology, Hematology/Oncology,

Pulmonary Medicine, Food Allergy, Neurology, Neurosurgery, Obesity, Psychiatry, and Developmental Psychology. Psychology and Neuropsychology faculty are involved in virtually all of the other Centers of Excellence. Facilities at the Hospital include outpatient clinics, the Freddie Mac Foundation Child & Adolescent Protection Center, Child and Adolescent inpatient units, library, auditorium, laboratories and research space. In addition, Psychology occupies outpatient offices in 4 suburban satellite clinics (Laurel, Maryland; Rockville, Maryland; Fairfax, Virginia; Spring Valley, D.C.).

Children's National is the pediatric teaching hospital for the George Washington University School of Medicine and Health Sciences. Psychologists at Children's National hold academic appointments in the Department of Psychiatry and Behavioral Sciences and the Department of Pediatrics at the medical school. Children's National offers a variety of training programs in various medical specialties, all of which are overseen by the medical staff. The Division of Psychology and the Division of Neuropsychology conduct post-doctoral, internship and practicum-level training for psychology students.

## CHILD DEVELOPMENT PROGRAM

**Description:** Clinical and Developmental Psychology doctoral students are welcome to apply for an externship in the Child Development Clinic. The position offers supervised training in evaluation of infants and young children referred for developmental and behavioral problems, primarily in the range of birth to age three years. Preschool age children who are known to have developmental delay or intellectual disability are also evaluated. The extern may choose the preferred age range (infants or toddlers) on which to focus. The presenting problems include but are not limited to complications around the time of birth (e.g. extreme prematurity, birth asphyxia), primary motor delay (infants), primary language delay (toddlers), and social/communication disorders or autism spectrum disorder. The children may have complex medical conditions, underlying neurologic disorders, and/or genetic disorders. The extern will be exposed to children from a wide range of ethnic and cultural backgrounds and socioeconomic conditions.

The extern will learn to conduct structured interviews of parents, administer standardized tests such as the Bayley Scales of Infant Development (2<sup>nd</sup> and 3<sup>rd</sup> ed), Differential Ability Scales (DAS-II), Autism Diagnostic Observation Scales (ADOS-2) and the Vineland Adaptive Behavior Scales, integrate information from community resources and the medical record, help formulate a therapeutic plan, provide parent feedback, and write the assessment report. The extern will also learn how to cope with common behavior problems for this age range. All patients evaluated on a given day are discussed at case conference at the end of the day. An opportunity to join developmental rounds in the NICU is also available.

**Qualifications:** Formal coursework in child development and assessment is expected. Some assessment experience is preferred.

**Time Requirement:** A commitment of 16 hours a week is expected. The specific days will be worked out to suit the extern's schedule.

**Number of Positions Being Offered:** 5 externs will be recruited for this position.

**Location:** Children's National Medical Center – 111 Michigan Avenue, N.W.

**To Apply:** Send a current CV with a list of relevant coursework, a letter of interest, and two letters of recommendation.

Tara Brennan, Psy.D.  
Training Director, Child Development Program  
Children's National Medical Center  
111 Michigan Avenue, NW  
Washington, DC 20010  
(202) 476-3640  
[tbrennan@cnmc.org](mailto:tbrennan@cnmc.org)

## **FAIRFAX HYPERACTIVITY, ATTENTION, AND LEARNING PROBLEMS (HALP) CLINIC**

The Fairfax Hyperactivity, Attention, and Learning Problems (HALP) Clinic is a an evaluation and treatment program for children with a variety of school problems, including Attention Deficit Hyperactivity Disorder (ADHD), Learning Disorders, and Disruptive Behavior Disorders. Externs learn to administer, score, and interpret a standardized battery of tests. Reports are written on a weekly basis. In addition, externs have the opportunity to observe and conduct structured diagnostic interviews and feedback sessions. With regard to treatment, externs conduct therapy under the close supervision of a licensed clinical psychologist. Children who come to our clinic for treatment present with a wide range of difficulties (e.g., behavioral issues, affective disorders, anxiety disorders). Externs generally carry a caseload of 2-3 therapy clients at any one time.

Applicants interested in this externship site should be available on Tuesdays and Fridays from 8:30am-5pm. Supervision is provided by Lisa A. Efron, Ph.D.

**Qualifications:** Formal coursework in child assessment and therapy is required.

**Time Requirement:** 16 hours/week from September through May.

**Location:** Fairfax Satellite of Children's National – 3023 Hamaker Court Ste. 300, Fairfax, Virginia.

**To Apply:** Email a curriculum vitae and two letters of recommendation to:

[lefron@childrensnational.org](mailto:lefron@childrensnational.org)

## **CHILD AND ADOLESCENT ANXIETY PROGRAM (CAAP)**

**Program Overview:** The Child and Adolescent Anxiety Program (CAAP) at CNMC provides care to children and adolescents with anxiety, and their families. The majority of youth treated are school-aged children (6-18 years), though younger children are sometimes seen as well. Externs will gain experience in assessment and treatment of anxiety disorders in children and adolescents. Experience with group therapy and working with children and adolescents with medical illness may be a possibility as well. In addition to formal in-person supervision, opportunities for didactics include psychiatry grand rounds, clinical seminars and case conferences within the hospital (depending on the day of the externship).

**Qualifications:** Formal coursework in child assessment and intervention, as well as prior practicum experience in child/adolescent therapy is required. Preference will be given to advanced doctoral students.

**Time Requirement:** One day per week; start date may be negotiable

**Number of Positions Being Offered:** One extern will be recruited for this externship

**Location:** Children's National Medical Center – 111 Michigan Avenue, NW

**To Apply:** Please e-mail a letter of interest, CV/resume, and two letters of recommendation to:

Mi-Young Ryee, PhD

[mryee@cnmc.org](mailto:mryee@cnmc.org)

**Externship in Clinical Psychology**  
**The READY Clinic...**  
**Re-Engaging Adolescents and Youth in Comprehensive**  
**Mental Healthcare**

**Description:** The READY Clinic was designed to provide outpatient services to children and adolescents with moderate to severely impairing psychiatric disorders. In addition to intensive individual therapy, clients and families typically attend parent- training meetings, participate in family therapy and receive school consultation services (e.g., ongoing collaboration with key school personnel, participation in IEP meetings). Throughout the summer, many clients participate in group therapy as well.

Externs receive experience in conducting diagnostic interviews identifying treatment goals, writing treatment plans and delivering empirically validated interventions (typically cognitive/behavioral therapy) with patients and their families. Strong emphasis is placed on learning how to engage reluctant clients in therapy, how to effectively involve family members in sessions and how to identify and negotiate barriers to treatment. Given symptom severity, externs receive considerable experience in collaborating with referring psychiatrists and in conducting risk assessments. Externs will typically carry a caseload of 6-8 clients. All clinical activities are under the direct supervision of Dr. Michele Dadson, a clinical psychologist.

**Qualifications:** Formal coursework in child psychopathology and cognitive behavioral therapy required. Previous experience conducting therapy with children and adolescents strongly preferred.

**Location:** Children's National Medical Center  
3023 Hamaker Court Ste. 300  
Fairfax, VA 22031

**Number of Positions Being Offered:** Up to 4 externs will be recruited for this position.

**To Apply:** Send a letter of interest, two letters of recommendation and CV/resume to Michele Dadson **via email at** [mdadson@childrensnational.org](mailto:mdadson@childrensnational.org).

**Time Requirements:** September 2015- May 2016. Tuesdays and Thursdays (12 noon-8pm).

Summer externship positions available as well

Michele Dadson, Ph.D.  
Children's National Medical Center  
Department of Psychiatry and Behavioral Sciences  
Michigan Avenue, NW  
Washington, DC 20010  
(202) 476-3861

## EXTERNSHIP IN ADOLESCENT MEDICINE

### Eating Disorders Clinic

The Department of Adolescent and Young Adult Medicine is especially designed to meet the health care needs of adolescent patients ages 12-21. Outpatient referrals are received from schools, private physicians, and the patients and parents themselves.

**Description:** The externship in Adolescent Medicine offers a range of didactic and practicum experiences, with a particular focus on eating disorder patients. The extern works as a multidisciplinary team member in the Eating Disorders Clinic located at the Spring Valley satellite of Children's National (4900 Mass. Ave. NW). The extern works closely with the department's clinical psychologist, who provides weekly individual as well as group supervision. Specific activities include diagnostic evaluations, individual psychotherapy, and some parent counseling. The extern gains experience in providing short-term diagnostic and treatment services as well as in conducting more intensive, long-term psychotherapy. Although all activities are supervised by the psychologist, the extern is encouraged to work autonomously and to be actively involved with other multidisciplinary team members who share in each patient's care. Most of the eating disorders patients present with comorbid problems such as depression, anxiety disorders, family conflicts.

This externship experience does not include formal psychological testing, other than diagnostic interviewing, self-report measures, and parent questionnaires. The extern's specific interests and training needs are considered as case assignments are made. Didactic opportunities include weekly Eating Disorders Team meetings and case conferences, and an optional weekly two hour teaching conference covering broader topics in adolescent development and psychological/medical care. Overall, Adolescent Medicine is an energetic and psychologically-minded department where mental health practitioners are valued highly. The atmosphere provides a rich training opportunity for any extern interested in understanding and treating the challenging population of adolescent patients, particularly those with eating disorders.

**Qualifications:** Clinical experience, particularly with children and adolescents, is highly desirable. Preference will be given to more advanced doctoral students.

**Time Requirement:** 16 hours/week Sept-May. Summer clerkships are sometimes available as well.

**Number of Positions Being Offered:** 3 externs will be recruited for this externship.

**Location:** Spring Valley satellite of Children's National – 4900 Massachusetts Avenue, N.W.

**To Apply:** *Send a letter of interest; CV/resume; at least two letters of recommendation, and a stamped, self-addressed envelope to:*

Darlene M. Atkins, Ph.D.  
Director, Eating Disorders Clinic  
Children's National Medical Center  
4900 Massachusetts Avenue, NW Washington, DC 20016  
Or: [datkins@cnmc.org](mailto:datkins@cnmc.org)  
202-476-21

## CLINICAL EXTERNSHIP IN ALLERGY AND IMMUNOLOGY

**Description:** This externship is ideally suited for advanced practicum students seeking comprehensive training in pediatric psychology. The Division of Allergy and Immunology at Children's National provides services to a diverse population of children and adolescents who are diagnosed with food allergies, eosinophilic esophagitis, asthma, eczema, urticaria, and immunodeficiency disorders. The primary mental health concerns among this population are anxiety related to allergen exposure, adherence, adjustment concerns, and feeding problems. The allergy and immunology team is multidisciplinary, so externs will routinely interact and consult with physicians and nurses. Clinical activities will be under the direct supervision of Linda Herbert, PhD.

This externship offers clinical and didactic opportunities, including:

1. Consultation/liaison services and procedural support during oral food challenge, new diagnosis, and follow up appointments
2. Consultation/liaison services for children with primary immunodeficiency disorders and their parents
2. Outpatient therapy services with an emphasis on cognitive/behavioral approaches
3. Allergy, immunology, and psychology rounds and didactics
4. Psychosocial program development

**Qualifications:** Applicants must be in at least the third year of a doctoral program and have had some experience in child assessment or treatment, with a documented interest in gaining experience in a medical/pediatric setting. Experience with pediatric populations is desired, but not required.

**Time Requirement:** 16 hours/week; Wednesdays and Fridays. It is anticipated that this will be a 1 year externship from July 2016-June 2017.

**Number of positions being offered:** 1

**Location:** Children's National Medical Center (111 Michigan Avenue NW)

**To Apply:** Please email a letter of interest, curriculum vitae, and two letters of reference to:

Linda Herbert, Ph.D.

(202) 476-4552

[lherbert@childrensnational.org](mailto:lherbert@childrensnational.org)



## CHILD AND ADOLESCENT DIABETES EXTERNSHIP

**Description:** Advanced clinical psychology doctoral students are encouraged to apply to work with the Diabetes Team's Psychology Service. The diabetes team is multidisciplinary and includes physicians, nurse educators, dietitians, and psychologists. Team members see every child newly diagnosed with diabetes, as well as work with individual families to assist with medical and behavioral management of the illness. This externship offers clinical, research, and didactic opportunities. Potential experiences are as follows:

1. Outpatient psychotherapy with children and families- typical caseload 3-5 weekly patients. Common referral issues include difficulty adjusting to diabetes diagnosis, poor adherence to medical regimen, anxiety, depression, parent-adolescent conflict, and family communication difficulties.
2. Consultation, education, and counseling with families of children newly diagnosed with diabetes. This includes addressing the impact of being diagnosed with a life long illness and assisting the family with strategies for managing diabetes. Outpatient education is provided for all families in a group format.
3. Consultation during outpatient diabetes clinic appointments. Attending diabetes clinic may include participant-observation experiences with physicians, nurse educators, and dietitians working with children/families. Brief psychological consultations may be requested during clinic as well.
4. Co-leading behavioral and psychosocial group for parents and teens with diabetes.
5. Providing consultation/treatment to children with diabetes who have been hospitalized. Potential duties include reviewing medical records, interviewing children and families, case conceptualization, and providing feedback (verbal and chart notes) to medical team.
6. Conducting evaluations for patients and families prior to transitioning to insulin pump therapy.
7. Research opportunities are available including: (1) investigating issues related to diabetes management in young children, (2) participating in weekly research lab meetings, and (3) discussing relevant research regarding diabetes management in children and teenagers with type 1 and type 2 diabetes.

Opportunities for didactics depend on days of week of externship and include (a) multidisciplinary diabetes team meetings, (b) diabetes psychology service clinical rounds, (c) clinical research meetings, (d) psychiatry grand rounds, and (e) pediatric grand rounds.

**Qualifications:** Formal coursework in child assessment and child psychopathology/treatment is required. Prior practicum experience in child or adolescent therapy is also required.

**Time Requirements:** 16 hours/week. Available days for externship include Tuesdays, Wednesdays, and Thursdays.

**Number of positions being offered:** 2 positions will be offered

**To Apply:** Please email a letter of interest, curriculum vitae, and two letters of reference to:

Lauren Clary, Ph.D.  
(202) 476-2231/[lclary@cnmc.org](mailto:lclary@cnmc.org)

**CLINICAL EXTERNSHIP IN PEDIATRIC PSYCHOLOGY**  
**Departments of Hematology/Oncology and Blood and Marrow Transplantation**  
**Center for Cancer and Blood Disorders**

**Description:** This externship is ideally suited for advanced practicum students seeking comprehensive training in pediatric psychology. Externs will spend two days per week providing psychological services to children and adolescents with cancer or other blood disorders and their families. Clinical activities will be under the direct supervision of Drs. Steven Hardy and Amanda Thompson, pediatric psychologists.

The Center for Cancer and Blood Disorders at Children's National Medical Center includes both outpatient and inpatient services for children diagnosed with cancer, sickle cell disease, hemophilia, severe aplastic anemia, and other malignant and non-malignant disorders. Physicians, psychologists, physical therapists, nurses, social workers and other psychosocial team members work collaboratively to address the complex problems faced by these patients and their families. Presenting issues include coping and adjustment with diagnosis and treatment, anxiety (generalized, anticipatory, and procedural), depression, behavior problems, nonadherence to medical treatment, pain exacerbated by psychological stressors, and grief/loss.

The externship consists of clinical training in pediatric psycho-oncology, direct clinical care of patients and families, participation in multidisciplinary rounds and a weekly psychology seminar, and, as desired, participation in new and ongoing clinical programs and research at Children's National. Clinical activities include inpatient consultation/liaison and outpatient therapy, with an emphasis on cognitive/behavioral and family systems approaches, and brief neurocognitive assessment. Opportunities to participate in our Long-term Follow-up Clinic for survivors of childhood cancer are also available.

**Qualifications:** Formal coursework in child development as well as clinical experience with children and adolescents are required. Experience with medically ill populations is desired, but not required.

**Time Requirements:** Tuesdays/Thursdays from August or September through May (16hrs/week)

**Location:** Children's National Medical Center  
111 Michigan Avenue, NW  
Washington, DC 20010

**Number of Positions Being Offered:** Up to 2 externs will be recruited for this position

**To Apply:** Email a letter of interest, CV, and at least two letters of recommendation to Steven Hardy, PhD at [sjhardy@childrensnational.org](mailto:sjhardy@childrensnational.org) or mail application materials to:

Steven J. Hardy, PhD  
Children's National Medical Center  
111 Michigan Avenue NW  
W4-600, Divisions of Hematology and Oncology  
Washington DC 20010

## EXTERNSHIP IN BEHAVIORAL PAIN MEDICINE

**Description:** Children's National Health System is offering advanced externships for the 2016-2017 academic year in the Division of Pain Medicine. The Pain Medicine Program is a multidisciplinary team specializing in management of acute and chronic pain. Physicians, psychologists, physical therapists, and nurses work together as a multidisciplinary team and collaborate with social workers, psychiatrists, and community providers (pediatricians, schools, etc.) to facilitate and implement rehabilitative therapy.

The externships are designed for doctoral level clinical psychology students interested in advancing their experiences within an academic medical center or pediatric setting. Both positions consist of clinical experience/training in pediatric psychology, pain management, supervision, research, seminars, and didactics. Opportunities exist for presentation of research at local and national conferences. Applicants have the opportunity to choose a particular track of interest within the Behavioral Pain Medicine Program.

**Pediatric Pain Management Track:** This position consists of primary training in our outpatient chronic pain clinic, treating youth with a wide range of chronic pain problems including, but not limited to headaches, abdominal pain, complex regional pain syndrome, myofascial pain, autonomic disorders, and other somatoform disorders. Clinical activities include multidisciplinary intake evaluations, outpatient treatment (with a primary focus on cognitive, behavioral, family systems, and mindfulness techniques), collaboration with schools, and care coordination. The extern will also gain experience in inpatient consultation/liaison work with patients admitted for chronic and acute pain.

**Neurology & Concussion Track:** The extern will work within the interdisciplinary team consisting of neurologists, physical therapists, medical residents and fellows to conduct interdisciplinary evaluations and team consults to develop treatment plan necessary to restore functioning and prevent disability associated with chronic headaches. On alternate weeks, externs will provide evaluations for patients with a range of physical, behavioral/emotional, and sleep disturbance symptoms following a concussion (mild brain injury). The extern will work as an integral member of the treatment team and will have ongoing collaborations with neuropsychologists, neurologists, physical therapists, schools, and other health care providers within the Neuropsychology Division. Clinical activities among both Neurology and concussion tracks will include evaluations, consultations, and short-term therapy. Theoretical orientations utilized include an integrative approach involving cognitive and behavioral, family systems, acceptance and commitment therapy, and other mindfulness approaches.

**Qualifications:** Applicants must be in at least the third year of a doctoral program and had some experience in child and adolescent therapy with documented interest in gaining advanced experience in a medical/pediatric setting.

**Time Requirement:** It is anticipated that these will be a 1 year externship from July 2016 – June 2017. 16/hours per week. *Specific days TBD within the Pediatric Pain Management Track; Alternating Tuesdays and Wednesdays are required for the Neurology & Concussion Track.*

**Number of positions being offered:** 2-3 externs will be recruited for this externship.

**Location:** Children's National Health System – 111 Michigan Ave., N.W. – Both tracks may require some clinical activities at the Satellite locations (Rockville & Fairfax)

**To Apply:** Please specify your preferred track in your letter of interest, curriculum vitae, and two letters of reference directly from recommenders to [lagray@cnmc.org](mailto:lagray@cnmc.org).

Laura S. Gray, Ph.D.

Division of Pain Medicine

202-476-1211

[lagray@cnmc.org](mailto:lagray@cnmc.org).

## THE PEDIATRIC SLEEP DISORDERS PROGRAM

**Description:** The Pediatric Sleep Disorders Program consists of weekly outpatient clinics, a four-bed state of the art sleep laboratory, and a research program. Sleep disorders affect children and their families at all stages of development and are increasingly recognized as important causes of affective, behavioral and attentional dysregulation. There are more than 75 empirically defined sleep disorders of which approximately 30 occur in childhood and adolescence. The DSM-V addresses a small subset of these disorders. Sleep medicine is a relatively young field and didactic training available for mental health and health care professionals is extremely limited. On average medical schools and psychology program provide less than one hour of training in sleep mechanisms and sleep disorders. Children's National has one of the few dedicated comprehensive pediatric sleep disorders programs in the world, with equal weight given to training, research and clinical service.

Diagnosing and treating sleep is complex and requires a broad assessment of the patient. There are several categories of sleep problems. Several primary sleep disorders are caused by abnormalities in brain mechanisms and learned behavior that is not compatible with making the transition from wake to sleep. There are also numerous sleep disorders associated with underlying medical conditions and psychopathology. Developmental changes in sleep propensity and cognitive and affective functioning are also critical components of diagnosing sleep disorders. Effective treatment of pediatric sleep disorders often involves providing specific behavioral recommendations to improve sleep hygiene, as well as appropriate referrals for other medical follow-up. Parents of children who have disrupted sleep are often experiencing significant distress and are typically fairly motivated to achieve behavioral change for their child and within the family. Another exciting aspect of sleep medicine is that it is a multidisciplinary field with psychologists, psychiatrists, pulmonologists and neurologists as the key players. Other disciplines that refer and participate in sleep programs include developmental behavioral pediatrics, psychiatry, neonatology, otolaryngology, and dentistry.

Externs participating in this program will receive didactic training in the normal development of sleep, neurophysiological mechanisms regulating sleep and wake states and diagnosis and management of sleep disorders. Didactic training consists of one hour a week of the Sleep Seminar Series, which includes a set of core lectures on basic sleep topics, special topics in sleep, case presentations and journal club. Trainees are expected to serve as presenters for at least one of the sessions during the academic year. Guided readings in pediatric sleep medicine will also be provided. Part of the didactic experience will include observation of the scoring and interpretation of polysomnographic records.

Externs will become increasingly independent in managing their own caseload after demonstrating some expertise in the diagnosis and treatment of sleep disorders. The program follows a consultation model and also includes opportunities for long-term psychotherapy with patients and families who would benefit from validated intervention programs.

There are two weekly sleep clinics (8a-5p, Tuesdays and Thursdays. A combined Sleep and Pulmonary Behavioral Medicine externship experience is another option for advanced externs (see the description of the Pulmonary Behavioral Medicine Externship Program). All clinical work will be

supervised by Danny Lewin, Ph.D., Attending and Supervisor of the Pediatric Sleep Disorders Program, and Judith Owens, M.D., Director, Sleep Disorders Medicine, Department of Pulmonary Medicine.

**Qualifications:** Because the clinic is advanced complexity and fast paced, clinical experience with children and/or adolescents and two years of practice are required. Preference will be given to more advanced doctoral students.

**Time Requirement:** Approximately 40 hours per month. Externships starting in the summer months are preferred.

**Number of Positions Being Offered:** 2-3 externs will be recruited for this practicum.

**Location:** Children's National Medical Center – 111 Michigan Avenue, N.W.

**To Apply:** Send a letter of interest; CV/resume; two letters of recommendation to:

Danny Lewin, Ph.D. (202) 476-6209  
Licensed Clinical Psychologist  
Attending and Supervisor, Pediatric Sleep Disorders Program  
Pulmonary Medicine  
Children's National Medical Center  
111 Michigan Avenue, NW 20010  
dlewin@cnmc.org

**CLINICAL EXTERNSHIP IN  
PEDIATRIC PULMONARY BEHAVIORAL MEDICINE  
Departments of Pulmonary and Sleep Medicine**

**Description:** This externship is ideally suited for advanced practicum students seeking comprehensive training in pediatric psychology. Externs will spend 1 day per week providing psychological services to children and adolescents with acute and chronic pulmonary diseases. Clinical activities will be under the direct supervision of Danny Lewin, Ph.D., a pediatric psychologist.

The Department of Pulmonology and Sleep Medicine provides outpatient and inpatient services for children diagnosed with chronic and acute respiratory conditions including Cystic Fibrosis, Asthma, chronic cough, as well as management of children with respiratory complications associated with other chronic illness (neuromuscular diseases, Sickle Cell).

Pulmonary diseases pose unique problems as they can be extremely debilitating and treatments can be burdensome. The impact on lifestyle is quite significant and can lead to stress responses, affective disturbances, and poor adherence. In some cases disease progression is quite rapid requiring organ transplant or end of life care.

The externship consists of clinical training in pediatric behavioral medicine, direct clinical care of patients and families, participation in multidisciplinary rounds. Clinical activities include inpatient consultation/liaison and outpatient therapy, with an emphasis on cognitive/behavioral and parent training approaches. Opportunities to participate in our long-term follow-up care are also available. The extern will provide diagnostic, consultation, and long-term treatment to patients with a focus on education, coping with chronic illness, treating psychogenic causes of respiratory illness, adherence, evaluation of co-morbid psychiatric and behavioral problems, parent training, and family coping.

**Qualifications:** Formal coursework in child development as well as clinical experience with children and adolescents are required. Experience with medically ill populations is desired, but not required.

**Time Requirements:** Tuesdays, from 8:00am to 5:00 starting in June, July or August (8-12 hours/week).

**Location:** Children's National Medical Center  
111 Michigan Avenue, NW  
Washington, DC 20010

**To Apply:** Send a letter of interest; CV/resume, and two letters of recommendation via Email or regular mail.

Danny Lewin, Ph.D. (202) 476-6209  
Licensed Clinical Psychologist  
Attending and Supervisor, Pediatric Sleep Disorders Program  
Pulmonary Medicine  
Children's National Medical Center  
111 Michigan Avenue, NW 20010  
dlewin@cnmc.org

## Primary Care Behavioral Health Services

**Description:** This externship placement involves providing mental health services to children, adolescents, young adults, and families receiving services at community-based primary care clinics. Psychologists co-located in these integrated care primary care clinics work with patients exhibiting a range of externalizing and internalizing disorders, families, and multi-disciplinary care teams.

The psychology externship with Primary Care Behavioral Health Services offers the opportunity to engage in the following opportunities. We will work with externs to tailor the experience to their interests:

- **Consultation within primary care:** The extern's primary role would be to provide brief, consultations to primary care providers and their patients around a range of mental health issues. The extern would work closely with both the primary care provider and the family during the triage and consultation process to ensure that issues are adequately addressed either within primary care or within the community.
- **Therapy within primary care:** The extern would carry a small caseload of short- to medium-term therapy cases that would be seen within the primary care clinic. The extern would also have the opportunity to conduct evidence-based therapeutic groups upon request.
- **Generations:** Generations is a comprehensive program for adolescent parents and their children, housed within the primary care clinic. The extern would conduct program intakes for new patients enrolled in the Generations program and provide brief mental health and developmental screens to teen parents and their children. The extern would also provide brief parent coaching and intervention strategies to teen parents, as needed, in consultation with Generations' psychologists and primary care providers. The extern could also participate in parenting and therapeutic groups, as a co-facilitator, when groups are available.
- **Research within primary care:** At the request of the extern and based upon the approval of the extern's academic advisor and externship supervisor, externs may gain research experience by contributing to existing projects or by developing a small, manageable independent project.

### **Required extern experiences include:**

1. Outpatient mental health consultation with child and adolescent primary care teams regarding general mental health concerns and developmental concerns about patients.
2. Outpatient mental health consultation with children, adolescent, young adults, and families regarding general mental health concerns. Consultation includes assessment of presenting issue, referral to appropriate mental health services, and in-session intervention as warranted.
3. Outpatient therapy with children, adolescent, young adults, and families regarding general mental health concerns.
4. Timely documentation of service provision in electronic medical record.

**Qualifications:** This is a fast paced externship requiring previous direct clinical experience with children and adolescents. Preference will be given to 3<sup>rd</sup> and 4<sup>th</sup> year doctoral students.

**Time Requirements:** 16 hours/week from September to May (earlier start date negotiable). Preferably, the candidate would be available for orientation and training during August. Specific days on-site to be coordinated with supervising psychologist.

**Number of Positions Being Offered:** 3 externs will be recruited for this externship. Extern placed at Adams Morgan Clinic must have at least intermediate proficiency in English/Spanish.

**Locations:** 1) Children's National Medical Center – main hospital, 111 Michigan Avenue, N.W., Washington, D.C., 2) Children's National Medical Center – Adams Morgan Clinic, 1630 Euclid St, N.W., Washington, D.C., 3) Additional clinic locations in DC may be available

**To Apply:** Please send a letter of interest, curriculum vitae, at least two letters of reference, writing samples (specifically, a de-identified therapy intake report) and your contact information, including email address, to:

Donna Marschall, Ph.D.  
Director, Primary Care Behavioral Health Services  
Department of Psychiatry and Behavioral Sciences  
Children's National Medical Center  
111 Michigan Avenue, N.W.  
Washington, D.C. 20010  
E-mail: [dmarscha@childrensnational.org](mailto:dmarscha@childrensnational.org)  
Tel: (202) 476-2309